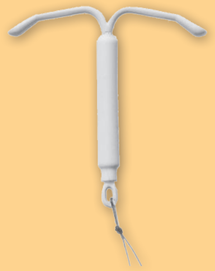
HOW WELL DOES BIRTH CONTROL WORK?

What is your chance of getting pregnant?

Really, really well

The Implant

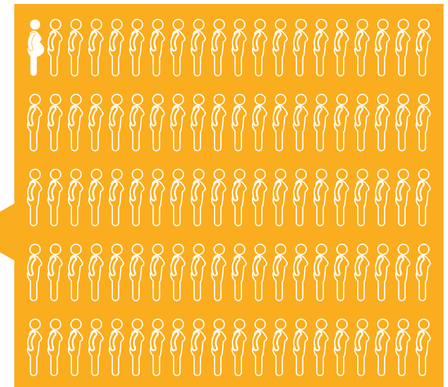


Hormonal IUDs

Non-hormonal IUD

Sterilization, for men and women

Works, hassle-free, for up to... 4 years | 3-6 years | 12 years | Forever



Less than 1 in 100 women

Pretty well

The Pill

The Patch

The Ring

The Shot

For it to work best, use it... Every. Single. Day. | Every week | Every month | Every 3 months

6-9 in 100 women, depending on method

Not as well

Withdrawal

Fertility Awareness

Use a condom with any other method for STI protection.

Internal Condom

Condom

For each of these methods to work, you or your partner have to use it every single time you have sex.

12-24 in 100 women, depending on method

FYI, without birth control, over 90 in 100 young women get pregnant in a year.

BEDSIDER Bedsider.org

Bixby Center for Global Reproductive Health

Beyond the Pill beyondthepill.ucsf.edu

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