



Vidant Beaufort Hospital's 2012 Community Health Needs Assessment

Why Assess Our Community's Needs?

Every four years, health departments across North Carolina, including Beaufort County Health Department, are required to conduct a community health assessment. The purpose of the assessment is to look at the county's true and perceived health needs and available resources. These results will aid in determining health priorities for the upcoming four years.

While every effort was made to include resources from a wide variety of disciplines, we acknowledge some areas may have been overlooked.

Please contact Kelli Russell at (252) 940-6528 or kelli.russell@bchd.net for inclusion in upcoming reports.

THE INFORMATION CONTAINED IN THIS DOCUMENT IS ACCURATE AS OF JULY 2011.

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Section I

Partnership Information

THE FOLLOWING PARTNERS CAME TOGETHER TO PRODUCE
THE 2011 COMMUNITY HEALTH ASSESSMENT.

<u>Partner</u>	<u>Contact Information</u>
Beaufort County Health Department	1436 Highland Drive, Washington (252) 946-1902 www.bchd.net
Beaufort County Medical Center (now known as University Health Systems- Beaufort Hospital)	628 East 12th Street, Washington (252) 975-4100 www.beaufortregionalhealthsystem.org
Beaufort County Cooperative Extension	115-A Airport Road, Washington (252) 946-0111 www.beaufort.ces.ncsu.edu
Beaufort County Schools	321 Smaw Road, Washington (252) 946-6593 www.beaufort.k12.nc.us
Beaufort County Schools Child Nutrition	1010 Pennsylvania Avenue, Washington (252) 946-2012
Beaufort/Hyde Partnership for Children	979 Washington Square Mall, Washington (252) 975-4647

<u>Partner</u>	<u>Contact Information</u>
Beaufort-Martin-Tyrrell-Washington Teen Tobacco Prevention Program	210 W. Liberty Street, Williamston (252) 793-1681 www.realityunfiltered.com
Grace Martin Harwell Senior Center	310 West Main Street, Washington (252) 975-9368
Metropolitan Community Health Services	402 North Market Street, Washington (252) 946-1668 www.metropolitancommunity.org/ Health_Services/
Mid-East Commission Area Agency on Aging	1385 John Small Avenue, Washington (252) 946-8043 www.mideastcom.org
Seniors Center Belhaven	274 East Main Street, Belhaven (252) 943-2992 www.belhavenseniors.org
Washington Beaufort County Chamber of Commerce	102 Stewart Parkway, Washington (252) 946-9168 www.wbcchamber.com
City of Washington Parks and Recreation Department	310 West Main Street, Washington (252) 975-9300 www.washington-nc.gov





Section II

The Assessment Process

Beaufort County Health Department and the Community Partners listed in Section I have teamed together for numerous years to produce a Community Health Assessment (CHA) every four years. For the 2011 CHA, team members were recruited from various agencies in January 2011.

The team first met February 15, 2011 to review the purpose of CHA's, review the 2007 CHA, and review the timeline of our project. Team members can be found on page four.

On March 14, 2011, the team assembled to design and edit the Community Opinion Survey that would be used to gather secondary data. Once the group decided on the final draft, copies were printed and distributed for team members to begin collecting data. Survey dates ran from April 9, 2011 to May 18, 2011. Of the 1,100 surveys gathered, 52 surveys were omitted, as some were incomplete or were not from Beaufort County residents. Results of the survey can be found beginning on page 49.

The team met on May 17, 2011 to collect completed surveys, discuss progress, discuss data input and which data should be analyzed.

On July 12, 2011, team members met to review the primary draft of the CHA, including secondary survey data. Numerous edits were made to make the document easier to understand.

The team assembled August 16, 2011 to review primary data. A review was completed on the way secondary data would be shared and edits were made to the draft Community Health Assessment document. New and emerging issues that affect Beaufort County residents health were discussed.

On October 17, 2011, members from the Beaufort County Resource Connection, which recently merged membership with the Beaufort County Human Services Coalition, met and received a presentation on all data gathered. The group, which consists of key leaders in our community, were asked to prioritize the top ten health concerns based on the information they received through the presentation. The group determined the top ten issues to be:

1. Mental Health Issues
2. Child Care and Parenting
3. Weight Management
4. Obesity
5. Domestic Violence
6. Elder Care
7. Preparing for Emergencies and Disasters
8. Teen Pregnancy Prevention
9. Cancer
10. Transportation

The following day, October 18, 2011, the same presentation was given to members of the Community Health Assessment Team. The group participated in discussion about the top ten priority areas chosen by the key leaders. The team decided that based on the actual need, the survey responses, and the prioritized list, that the top five areas of concern to be recommended to Beaufort County Health Department's Management Team should be:

1. Cancer
2. Chronic Disease
3. Weight Management and Obesity
4. Mental Health Issues
5. Preparing for Emergencies and Disasters

Beaufort County Health Department's Management Team met October 27, 2011. The team decided that the areas of concern which will be the main focus for upcoming years are:

1. **Chronic Disease**
2. **Weight Management and Obesity**
3. **Cancer**

Below: Reviewing the draft CHA at the August 18th meeting.



SURVEY LOCATIONS

- ◆ Agape Medical Center
- ◆ Beaufort County Children's Summit
- ◆ Beaufort County Health Department
- ◆ Beaufort County Human Services Coalition
- ◆ Beaufort County Resource Connection
- ◆ Beaufort Regional Health System & Partners
- ◆ Bojangles #9 of Washington
- ◆ Carolina Pregnancy Center
- ◆ Department of Social Services
- ◆ Dollar General- Belhaven
- ◆ Eagles Wings
- ◆ Environmental Health Department
- ◆ Farmers Market
- ◆ Fire Department
- ◆ Grace Martin Harwell Senior Center
- ◆ H&R Block
- ◆ JobLink
- ◆ Lifestyles Medical Fitness Center
- ◆ PCS Health Fair
- ◆ Piggly Wiggly- Aurora
- ◆ Sheriff's Office
- ◆ St. John Housing
- ◆ Wal-Mart
- ◆ Washington Pediatrics
- ◆ Washington Waterfront
- ◆ WIC Office

These locations throughout Beaufort County are where the surveys were administered to collect the primary data found within this document. Different members of the CHA team took surveys to their places of business for community members to have the opportunity to complete. Additionally, members of the team went to various locations throughout the county and asked citizens to take the time to fill out the survey. As the completed surveys were collected, the information found in them was entered into a computer database program called *Epi-Info*. After all the information was entered, members of the CHA team

began sorting through the data to report the findings. For every 100 surveys that were entered into *Epi-Info*, a report with the demographical information was ran. The demographical information collected on the surveys was compared to Beaufort County, this was done in an effort to make sure that each population was accurately represented in the opinions of the surveys. The data that was found can be found in the Community Opinion Survey Results section.



Section III

Understanding Beaufort County

DEMOGRAPHIC & GEOGRAPHIC INFO

Population Size		
Year	Beaufort County	North Carolina
1999	45,001	7,949,362
2000	44,997	8,079,383
2001	45,014	8,203,451
2002	45,026	8,316,617
2003	45,080	8,416,451
2004	45,161	8,531,283
2005	45,463	8,531,283
2006	45,891	8,866,977
2007	45,853	9,064,074
2008	46,343	9,247,134
2009	46,414	9,380,884

Source: Bridged-race population estimates; North Carolina State Center for Health Statistics; www.schs.state.nc.us/SCHS/data/population/nchspop.cfm

Male Population by Age (2009 Estimates)

	NC #	Beaufort County #	NC %	Beaufort County %
Under 5	339,738	1,526	7.4%	6.9%
5 to 9	327,684	1,529	7.1%	6.9%
10 to 14	308,326	1,369	6.7%	6.2%
15 to 19	331,810	1,339	7.2%	6.1%
20 to 24	352,186	1,192	7.7%	5.4%
25 to 29	318,747	1,245	6.9%	5.6%
30 to 34	297,877	1,051	6.5%	4.8%
35 to 39	329,377	1,161	7.2%	5.3%
40 to 44	324,252	1,352	7.1%	6.1%
45 to 49	336,379	1,544	7.3%	7.0%
50 to 54	311,837	1,656	6.8%	7.5%
55 to 59	274,939	1,757	6.0%	8.0%
60 to 64	238,302	1,710	5.2%	7.8%
65 to 69	173,430	1,316	3.8%	6.0%
70 to 74	124,516	922	2.7%	4.2%
75 to 79	92,419	679	2.0%	3.1%
80 to 84	64,111	445	1.4%	2.0%
85 +	44,255	263	1.0%	1.2%
Total:	4,590,185	22,056	100.0%	100.0%

Female Population by Age (2009 Estimates)

	NC #	Beaufort County #	NC %	Beaufort County %
Under 5	325,099	1,478	6.8%	6.1%
5 to 9	313,507	1,489	6.5%	6.1%
10 to 14	292,826	1,336	6.1%	5.5%
15 to 19	313,702	1,318	6.5%	5.4%
20 to 24	315,417	1,153	6.6%	4.7%
25 to 29	312,056	1,171	6.5%	4.8%
30 to 34	306,767	1,139	6.4%	4.7%
35 to 39	333,088	1,388	7.0%	5.7%
40 to 44	331,509	1,358	6.9%	5.6%
45 to 49	352,478	1,713	7.4%	7.0%
50 to 54	333,787	1,936	7.0%	7.9%
55 to 59	302,483	1,892	6.3%	7.8%
60 to 64	264,686	1,995	5.5%	8.2%
65 to 69	200,405	1,552	4.2%	6.4%
70 to 74	155,629	1,138	3.2%	4.7%
75 to 79	128,360	897	2.7%	3.7%
80 to 84	104,188	686	2.2%	2.8%
85 +	104,712	719	2.2%	3.0%
Total:	4,790,699	24,358	100%	100%

Source: Bridged-race population estimates; North Carolina State Center for Health Statistics; www.schs.state.nc.us/SCHS/data/population/ncchspop.cfm

Total Population-Age Estimates for 2009				
Number			Percent	
	NC	Beaufort County	NC	Beaufort County
Under 5	664,837	3,004	7.1%	6.5%
5 to 9	641,191	3,018	6.8%	6.5%
10 to 14	601,152	2,705	6.4%	5.8%
15 to 19	645,512	2,657	6.9%	5.7%
20 to 24	667,603	2,345	7.1%	5.1%
25 to 29	630,803	2,416	6.7%	5.2%
30 to 34	604,644	2,190	6.4%	4.7%
35 to 39	662,465	2,549	7.1%	5.5%
40 to 44	655,761	2,710	7.0%	5.8%
45 to 49	688,857	3,257	7.3%	7.0%
50 to 54	645,624	3,592	6.9%	7.7%
55 to 59	577,422	3,649	6.2%	7.9%
60 to 64	502,988	3,705	5.4%	8.0%
65 to 69	373,835	2,868	4.0%	6.2%
70 to 74	280,145	2,060	3.0%	4.4%
75 to 79	220,779	1,576	2.4%	3.4%
80 to 84	168,299	1,131	1.8%	2.4%
85 +	148,967	982	1.6%	2.1%
Total:	9,380,884	46,414	100%	100%

Source: Bridged-race population estimates; North Carolina State Center for Health Statistics; www.schs.state.nc.us/SCHS/data/population/nchspop.cfm

Households

Total Households, 2005-2009	19,248
Median Household Income, 2009	\$38,829
Average Household Size	2.36

Source: <http://quickfacts.census.gov/qfd/states/37/37013.html>

Median Age by Township

Aurora	39.9
Bath	60.0
Belhaven	44.0
Blounts Creek	36.6
Chocowinity	36.6
Edward	36.6
Pantego	26.7
Pinetown	36.6
Washington	39.8

Overall County Median 43.5

Source: www.factfinder.gov

According to the 2010 census, there were 47,759 people living in Beaufort County. In 2010, the racial make up of the county was:

- ♦ 68.2% White
- ♦ 25.6% Black or African American
- ♦ 0.4% American Indian and Alaska Native
- ♦ 0.3% Asian
- ♦ 6.6% considered themselves Hispanic or Latino of any race

Source: <http://quickfacts.census.gov/qfd/states/37/37013.html>

[Registered Voters]

Democrats	15,995
Republicans	9,683
Unaffiliated	6,167
Libertarians	31

Estimates of Uninsured, 2008-2009						
	Ages 0-18		Ages 18-64		Ages 65+	
	Number	Percent	Number	Percent	Number	Percent
Beaufort County	1,287	11.9%	6,331	23.5%	7,618	20.2%
North Carolina	282,000	11.5%	1,326,000	23.2%	1,608,000	19.7%

Source: http://nciom.org/wp-content/uploads/2010/08/County-Level_Estimates_08-09.pdf

Education Levels of Beaufort County Adults

Less than 9th grade	5.4%
9-12 grade, no diploma	12.7%
High school diploma	38%
Some college, no diploma	18%
Associates degree	8.5%
Bachelors degree	11.8%
Graduate/professional degree	5.6%

Source: www.factfinder.gov

Surrounding Counties

NE: Washington
 E: Hyde
 SE: Pamlico
 SW: Craven
 W: Pitt
 NW: Martin

POLITICAL INFORMATION

County Officials

Senator	Stan White
NC General Assembly 1 st	Representative Bill Cook
Congressional District	Congressman G.K. Butterfield
3 rd Congressional District	Congressman Walter B. Jones
Sheriff	Alan Jordan
Register of Deeds	Jennifer Leggett
County Attorney	William P. Mayo
County Manager	Paul Spruill
Assistant County Manager/Finance Officer	Randall Woodruff <i>*effective September 2011</i>
Clerk of Boards	Jim W. Chrisman
	Sharon Singleton

County Commissioners

Chairman	Jerry Langley
Vice Chairman	Stan Deatherage
Member	Ed Booth
Member	Robert Cayton
Member	Al Klemm
Member	Jay McRoy
Member	Hood Richardson

Mayors

Aurora	Clif Williams
Bath	James Latham
Belhaven	Adam O'Neal
Chocowinity	James Mobley
Pantego	Glenda Jackson
Washington	Archie Jennings
Washington Park	Thomas Richter

Board of Health

Dr. Stan Cohen	Veterinarian, Board of Health Chair
Mrs. Betty Jo Tetterton	General Public, Board of Health Vice Chair
Mr. Michael Bell	Engineer
Reverend Robert Cayton	Commissioner
Dr. Mike Crawford	Physician
Dr. Mac Jones, III	Dentist
Dr. Dennis O'Neal	Optometrist
Mrs. Carol Preston	Pharmacist
Mr. Bill Sprenkle Mr.	General Public
Mitchell St. Clair	General Public
Mrs. Ginny Williams	Registered Nurse

Health Department Management

Roxanne Holloman, REHS, MA	Health Director
Sara Graham, BS	Business Officer
Stacey Harris, REHS	Environmental Health Supervisor
Lynn House, RD, MS	WIC Director
Carol Kinnion, RN	Director of Nursing
Vanessa Morere, RN	Public Health Nurse Supervisor
Kelli Russell, MPH, RHEd	Human Services Planner
Shelia Sauls	Administrative Assistant

HISTORIC INFORMATION

In 1696 Bath County was formed in Eastern North Carolina. By 1705 Bath County had been divided into three precincts, Pamtecough, Wickham, and Archdale. By 1712 the precincts were considered populous enough to become counties. Pamtecough became Beaufort, Wickham became Hyde, and Archdale became Craven. Beaufort County would come to include towns such as, Aurora, Bath, Belhaven, Chocowinity, Pantego, and Washington. Beaufort County has a rich historical past with each town boasting a bit of history all their own.

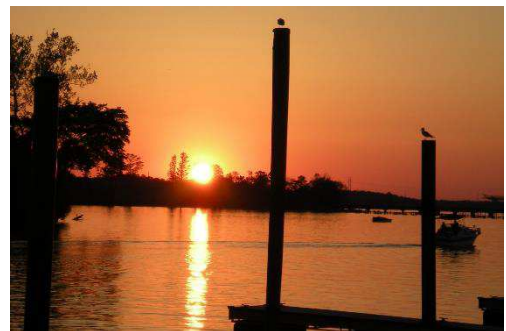
The settlement of Washington was laid out in 1775 by Colonel James Bonner. Washington was named after the first president of the United States, General George Washington. This is the reason that Washington is known as the “Original Washington.” Washington bears the scars of the Civil War in a downtown home that still holds a cannonball shot by a Confederate ship. Despite war and two fires that destroyed much of the town Washington has persevered and thrived to become what we know and love today. Washington is now home to much of the industry, recreation and population that are located in Beaufort County.

Beaufort County has the privilege of being home to North Carolina’s oldest town, Bath. Officially founded in 1705, Bath was the first port of entry into N.C. In its early years the streets and docks of Bath were buzzing with everyone from Royal Governors to Pirates. Edward Teach better known as Blackbeard was said to have married a local and settled for a while in Bath. Today Bath is home to several historic sites such as the Palmer-Marsh House, and the Bonner House.

Aurora, founded in 1880 is the youngest town in Beaufort County. Aurora is most known for its geological history. Numerous items that can attest to this can be seen at the Aurora Fossil Museum. In fact everything from the jaw of a Giant Megatoothed shark to the skull of a whale and walrus can be seen here. Aurora is also home to one of the largest phosphate mines in the world, PCS. PCS also serves as one of the largest employers in Beaufort County.

Belhaven was once known as a busy industrial town that was home to several lumber companies and a branch of the Norfolk Southern Railroad. The vice-president of Norfolk Southern even made his home in Belhaven, River Forest Manor. The house is still standing today and serves as an inn, restaurant and marina. Eighteen shipwrecks have been identified by the North Carolina State Historic Preservation office at the Belhaven waterfront.

Beaufort County is now home to more than 46,000 residents. No matter what part of Beaufort County that you’re in, you are sure to see a beautiful setting that blends the old with the new. The past the present and the future all work together to create the place that so many love and enjoy.



Above: Washington Waterfront

EDUCATIONAL INFORMATION

2009-2010 School Dropout Rates for Grades 7-12 (Excluding Expulsions)

	Number	Rate
Beaufort County		
Schools	113	3.40%
North Carolina	16,804	3.75%

*Beaufort County
Schools dropout rate
for grades 7-12
was lower than
the North Carolina
state average.*

2009-2010 Enrollment Data

Bath Elementary*	623
B C Community College	1,860
B C Early College High	104
B C Ed Tech*	78
Chocowinity Middle School*	430
Chocowinity Primary School*	575
Eastern Elementary*	524
Emmanuel Christian School*	35
John Cotton Tayloe School*	646
John Small Elementary School*	557
Northeast Elementary School*	575
Northside High School*	469
Phoenix Center	10
PS Jones Middle School*	772
Pungo Christian Academy*	178
S.W. Snowden School*	218
Southside High School*	483
Terra Ceia Christian School*	201
Unity Christian Academy*	42
Washington High School*	963
Washington Montessori*	263

* Schools graded by Beaufort County Environmental Health

ENVIRONMENTAL HEALTH

Food & Lodging Inspections

2009	790
2010	857
2011 **	444

Onsite Wastewater

	New Installed	Repairs Installed	Applications Received
2009	155	116	803
2010	120	83	676
2011 **	52	57	348

** As of June 30, 2011

EDUCATIONAL DIRECTORY

School Name	Address	Telephone & Website
Bath Elementary Grades K-8	110 S King St. Bath, NC 27808	(252) 923-3251 http://beaufort.bath.schoolfusion.us
B C Community College	5337 Hwy. 264 E Washington, NC 27899	(252) 946-6194 http://www.beaufortccc.edu/
B C Early College High Grades 9-10	5337 Hwy. 264 East Washington, NC 27883	(252) 940-6227 http://beaufort.earlyhs.schoolfusion.us
B C Ed Tech Center Grades 6-12	820 North Bridge St. Washington, NC 27899	(252) 946-5382 http://beaufort.etc.schoolfusion.us
Chocowinity Middle Grades 5-8	3831 US Hwy. 17 S. Chocowinity, NC 27817	(252) 946-6191 http://beaufort.cms.schoolfusion.us
Chocowinity Primary Grades Pre K-4	606 Gray Rd. Chocowinity, NC 27817	(252) 946-3881 http://beaufort.cps.schoolfusion.us
Eastern Elementary Grades Pre K-1	947 Hudnell St. Washington, NC 27889	(252) 946-1611 http://beaufort.ees.schoolfusion.us
Emmanuel Christian School	3078 Hwy. 17 North Washington, NC 27889	(252) 946-3585
John C Tayloe Elementary Grades 2-3	910 Tarboro St. Washington, NC 27889	(252) 946-3350 http://beaufort.jct.schoolfusion.us
John Small School Grades 4-5	4103 N Market St. Ext. Washington, NC 27889	(252) 946-3941 http://beaufort.jss.schoolfusion.us
Northeast Elementary Grades Pre K-8	21000 US Hwy 264 East Pinetown, NC 27865	(252) 943-6545 http://beaufort.nes.schoolfusion.us
Northside High Grades 9-12	7868 Free Union Church Rd. Pinetown, NC 27865	(252) 943-6341 http://beaufort.nhs.schoolfusion.us
Phoenix Center	1312 John Small Ave. Washington, NC 27889	(252) 946-6390
P S Jones Middle Grades 6-8	4105 N Market St. Ext Washington, NC 27889	(252) 946-0874 http://beaufort.psj.schoolfusion.us
Pungo Christian Academy	1009 West Main St. Belhaven, NC 27810	(252) 943-2678
S W Snowden Elementary Grades Pre K-8	693 North 7 th St. Aurora, NC 27806	(252) 322-5351 http://beaufort.sws.schoolfusion.us
Southside High Grades 9-12	5700 Hwy. 33 East Chocowinity, NC 27817	(252) 940-1881 http://beaufort.shs.schoolfusion.us
Terra Ceia Christian School	4428 Christian School Rd. Pantego, NC 27860	(252) 943-2485 http://tccschool.com
Unity Christian Academy	1501 Haw Branch Rd. Chocowinity, NC 27817	(252) 946-5083
Washington High Grades 9-12	400 Slatestone Rd. Washington, NC 27889	(252) 946-0858 http://beaufort.whs.schoolfusion.us
Washington Montessori	2300 Old Bath Hwy. Washington, NC 27889	(252) 946-1977 http://www.wmpcs.org

CRIME STATISTICS

Beaufort County & North Carolina

Year	Offense	Beaufort County	North Carolina	BC Rate	NC Rate
2007	Murder	4	606	5.2	7.0
	Rape	11	2,325	22.8	26.8
	Robbery	54	13,437	106.8	154.6
	Aggravated Assault	167	25,389	335.7	292.2
	Burglary	467	106,883	1,035.9	1,230.1
	Larceny	965	228,727	2,593.7	2,632.3
	Motor Vehicle Theft	89	27,496	214.2	316.4
2008	Murder	1	603	2.9	6.8
	Rape	15	2,223	21.5	25.2
	Robbery	53	14,105	121.1	158.9
	Aggravated Assault	208	25,389	345.3	286.1
	Burglary	573	109,418	1,242.9	1,233.2
	Larceny	994	228,477	2,730.0	2,574.9
	Motor Vehicle Theft	94	26,254	188.4	295.8
2009	Murder	3	487	2.8	5.5
	Rape	8	2,244	33.6	25.2
	Robbery	37	11,627	111.2	131.0
	Aggravated Assault	158	22,891	318.8	255.5
	Burglary	494	211,265	1,101.9	1,184.7
	Larceny	891	19,646	2,668.1	2,356.8
	Motor Vehicle Theft	57	19,409	183.2	219.6
2010	Murder	5	468	N/A	N/A
	Rape	8	1,954	N/A	N/A
	Robbery	40	9,545	N/A	N/A
	Aggravated Assault	129	22,066	N/A	N/A
	Burglary	455	102,329	N/A	N/A
	Larceny	860	205,736	N/A	N/A
	Motor Vehicle Theft	37	17,503	N/A	N/A

Source: <http://crimereporting.ncdoj.gov/Reports.aspx>

Summary of Crime in Beaufort County

Offense Category	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
Murder	5	2	3	2	2		4	1	3	5
Rape	7	12	16	14	12	17	11	15	8	8
Robbery	44	48	37	57	33	48	54	53	37	40
Aggravated Assault	112	109	99	104	103	138	167	208	158	129
Burglary	451	494	627	410	452	391	467	573	494	455
Larceny	827	984	974	957	849	865	965	994	891	860
MV Theft	75	85	59	67	76	80	89	94	57	37
TOTAL	1,521	1,734	1,815	1,611	1,527	1,539	1,757	1,938	1,648	1,534

Source: <http://crimereporting.ncdoj.gov/Reports.aspx>

Employment

Beaufort County's economy is fortunate to have a mixture of small business, retail, sales and office, production, manufacturing, transportation, material moving, agriculture and tourism opportunities.

One of the largest assets to Beaufort County is PotashCorp in Aurora. The population of Aurora is well under 1000, yet Aurora is home to the largest vertically integrated phosphate mine and chemical facility in the world. As of 2011, there were over 1,100 people working at PotashCorp in Aurora. Beaufort County has strong manufacturing businesses that include Flanders Filters, Impressions Marketing Group, Couer Medical, Inc., Carver Machine Works, Caron Incorporated and more. Second to PotashCorp, regarding employment in the County, is Beaufort County Schools followed by our medical facility Beaufort Regional Health Systems (now University Health Systems-Beaufort Hospital).

According to Farm Service Agency Beaufort County has approximately 369 working farms in Beaufort County as of Fall 2011.

Another large supplier of jobs is Beaufort County Government. According to the Human Relations department of the county, there are 305 employees as of Spring 2007. Of these, 277 are considered to be permanent full time employees. The remaining 28 employees are considered to be permanent part time. EDIT—when hear back from Deloris!



Section IV

Beaufort County

Resource Guide



Resources



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*** Resources current as of July 1, 2011.

	Group	Location	Phone
Ambulance Services	Aurora		
	Beaufort County EMS	111 W. Second St. Washington, NC	946-2046
	Beaufort Regional Health System	628 E. 12th St. Washington, NC	975-4319
	Bertie Ambulance Service	152 E. Water St. Belhaven, NC	943-3775
	Blounts Creek		
	Broad Creek EMS Inc.	7214 Broad Creek Rd. Washington, NC	975-0900
	Care First Medical Transport	7483 U.S. 264 East Washington, NC	940-4442
	Coastal Medical Transport	118 Avon Ave. Washington, NC	946-1449
	Pamlico Beach		
	Pinetown Rescue & EMS	7262 N. Boyd Rd. Unit A Pinetown, NC	972-4999
	Tar Heel Medical Transport	425 Grimes Rd. Washington, NC	945-2722
	Tri-County Medical Transport	551 Hill Rd. Chocowinity, NC	974-7600
	White Oak Medical Transport	257 W. Pungo St. Belhaven, NC	943-8529
Audiology			
	Avada Audiology	1604 Carolina Ave. Washington, NC	940-0068
	Belton Hearing Care Center	848 Washington Plz. Washington, NC	974-1000
	Doctor's Hearing Care Center	520 E. 12th St. Washington, NC	974-0909
Chiropractors			
	Active Health Chiropractors	109 Bernard Ct. Washington, NC	975-6878
	Robert E. Lavictoire	818 W. 5th St. Washington, NC	946-0148
	Siegel Chiropractic Center	109 Avon Ave. Washington, NC	946-5101
	Washington Chiropractic Center	320 Hackney Ave. Washington, NC	975-4600
Clinics			
	Agape Community Health Clinic	120 MLK Dr. Washington, NC	940-0602
	Carolina Pregnancy Center	1312 John Small Ave. Washington, NC	946-8040
	Inner Banks Urgent Care	608 E. 12th St. Washington, NC	948-3200
	Unified Behavioral Health Inc.	214 W. 3rd St. Washington, NC	940-7260
Counseling			
	Pamlico Counseling Center	105 E. 3rd St. Washington, NC	975-2027
	Passages Counseling Center	323 W. 2nd St. Washington, NC	975-3111
	Tru Counseling & Consulting	751 W. 2nd St. Washington, NC	974-0322
Dermatology			
	Eastern Dermatology & Pathology	118 Avon Rd. Washington, NC	946-1340
	ECU Dermatology	1240 Cowell Farm Rd. Washington, NC	946-6221
Dialysis Services			
	Pamlico Dialysis Services	1983 W. 5th St. Washington, NC	975-5950

Electrologists	Washington Laser & Electrolysis	1035 Lizard Slip Rd. Washington, NC	927-3222
Family Practice	Aurora Medical Center	151 3rd St. Aurora, NC	322-4021
	Belhaven Family Practice	166. E. Water St. Belhaven, NC	943-6114
	Carolina East Medical Association Inc.	1201 Carolina Ave. Washington, NC	975-1111
	C.O. Boyette Medical Clinic	216 Haslin St. Belhaven, NC	943-6144
	Chocowinity Family Care	740 Bragaw Ln. Chocowinity, NC	946-9562
	Lighthouse Family Medicine	1005 N. Brown St. Washington, NC	948-1393
	Pungo Family Medicine	245 Allen St. Belhaven, NC	944-2218
	Washington Family Medicine Center	501 W. 15th St. Washington, NC	975-2667
Gastroenterology			
	Coastal GI Thomas Ruffolo	606 E. 12th St. Washington, NC	946-1573
Health Department			
	Beaufort County Health Department	1436 Highland Dr. Washington, NC	946-1902
Home Health Services			
	Ambicare	222 Stewart Pkwy. Washington, NC	940-0660
	Beaufort Regional Home Health	604. E. 12th St. Washington, NC	975-8330
	Comfort Keepers	South Charles Blvd. Greenville, NC	948-0099
	Extensions of Living	1385 John Small Ave. Washington,	948-0300
	Faith Home Care of N.C.	1201 Carolina Ave. Washington, NC	348-0052
	Golden Way Home Care	901 Hackney Ave. Washington, NC	946-2632
	Home Life Care Inc.	140 W. 5th St. Washington, NC	946-5730
	Maxim Healthcare	222 W. Stewart Pkwy. Washington,	975-2888
	Quality Home Staffing	1005 Brown St. Washington, NC	940-0705
	Rescare-Homecare	149 N. Market St. Washington, NC	975-7578
	STAARS	411 W. Main St. Washington, NC	946-7800
	Gentiva	906 W. 15th St. Washington, NC	946-7145
Hospitals	Community Home Care & Hospice	814 Washington Plz. Washington, NC	946-0312
	Beaufort County Medical Center	628 E. 12th St. Washington, NC	975-4100
	Pungo District Hospital	202 E. Water St. Washington, NC	943-2111

Internal Medicine	Agape Community Health Center	118 W. 4th St. Washington, NC	940-0602
	Pamlico Internal Medicine	1380 Cowell Farm Rd. Washington, NC	946-2101
Medical Supplies			
	Belhaven Medical Supply	467 Pamlico St. Belhaven, NC	943-3104
	Chocowinity Pharmacy	633 NC 33 West Chocowinity, NC	946-3000
	East Carolina Orthotics	1102 Brown St Washington, NC	940-1203
	O'Neal's Drug Store Inc.	230 E. Main St. Belhaven, NC	943-2643
	Pamlico Medical Equipment Co.	150 Pediatric Dr. Washington, NC	975-5116
	Pungo River Pharmacy	892 US 264 East Belhaven, NC	943-2307
Mental Health Services	Tayloe's Hospital Pharmacy	601 E. 12th St. Washington, NC	946-4113
	AAA	111 S. McNair St. Washington, NC	975-6113
	Beaufort County Developmental Center	1534 W. 5th St. Washington, NC	946-0151
	Beaufort County Medical Center Behavioral Health	628 E. 12th St. Washington, NC	975-4416
	East Coast Psychiatric Services	719 W. 15th St. Washington, NC	974-1331
	Life Inc.	103 Circle St. Washington, NC	946-4133
	Pamlico Psychiatric Services	1308 Highland Dr. Washington, NC	975-8838
Nephrology	Ray G. Silverstone Crisis Center	1379 Cowell Farm Rd. Washington, NC	975-8852
	Tideland Psychiatric Services	1308 Highland Dr. Washington, NC	946-3666
OB/GYN			
	Eastern Nephrology Associates	118 Avon Ave. Washington, NC	975-1789
Oncology			
	Washington Women's Care	615 E. 12th St. Washington, NC	946-6544
Ophthalmology	Obstetrics & Gynecology of Washington	1210 N. Brown St. Washington, NC	975-1188
	Marion L. Shepard Cancer Center	1209 Brown St. Washington, NC	940-4308
Orthopedics	Marion L. Cancer Center Radiation Oncology	1209 Brown St. Washington, NC	940-6621
	Washington Eye Clinic PA	639 W 15th St. Washington, NC	946-2171
	Doctors Vision Center	992 US 264 Bypass Belhaven, NC 1302 Brown St. Washington, NC	943-3801 946-7257
	Eye Care Center PA	1100 W. 15th St. Washington, NC	975-8040
	Birdsong Orthopedic Group	1207 Highland Dr. Washington, NC	946-6515
	George Miller Orthopedic Surgery	1207 Highland Dr. Washington, NC	946-6818

Otorhinolaryngology	Pitt Ear Nose and Throat-Head and Neck Surgery Inc.	1257 Highland Dr. Washington, NC	948-0751
Pediatrics	Washington Pediatrics	1206 Brown St. Washington, NC	946-4134
Physical Fitness	Dilday Fitness Center	144 W. Main St. Belhaven, NC	943-3829
	Fitness Unlimited & Tanning	622 W. 15th St. Washington, NC	975-7400
	Lifestyles Medical Fitness Center	1375 Cowell Farm Rd. Washington, NC	975-4236
	Moore Aquatic & Fitness	101 Airport Rd. Washington, NC	948-9420
	New Beginnings of Bayview	579 Breezy Shore Rd. Bath, NC	923-0791
Podiatry	Pamlico Podiatry	403 W. 15th St. Washington, NC	946-0324
	Roberson Foot Care	910 W. 15th St. Washington, NC	946-1181
Pulmonary	Washington Pulmonary Kenny Nall	1380 Cowell Farm Rd. Washington, NC	948-0900
Physical Therapy	Beaufort County Medical Center Outpatient Physical Therapy	1375 Cowell Farm Rd. Washington, NC	975-4395
	Carolina Physical Therapy Associates	1201 Carolina Ave. Washington, NC	975-0600
	Occupational Therapy Plus	405 W. 15 St. Washington, NC	975-1992
Radiology	Eastern Radiology	630 E. 11th St. Washington, NC	975-2343
Rheumatology	White Rheumatology Randal White	628 E. 12th St. Washington, NC	948-4990

Rest Homes	Autumnfield of Belhaven	1345 Seed Tick Neck Rd. Belhaven, NC	964-2490
	Clara Manor	1218 Pamlico St. Washington, NC	946-2481
	Golden Way Home Care Inc.	901 Hackney Ave. Washington, NC	946-2632
	Pantego Rest Home	143 Swamp Rd. Pantego, NC	944-0075
	Ridgewood Manor	1624 Highland Dr. Washington, NC	946-9570
	River Trace Nursing & Rehabilitation Center	250 Lover's Ln. Washington, NC	975-1636
	Sovereign Healthcare	1222 Pamlico St. Washington, NC	946-4334
	Tiffany Healthcare	1220 Pamlico St. Washington, NC	946-6617
	Washington Manor Rest Home	609 W. 2nd St. Washington, NC	946-1701
	Whispering Pines	3130 N. Market St. Washington, NC	948-0838
	Willow Manor	4288 U.S. Hwy. 17 Chocowinity, NC	946-2604
Surgery			
	Seaboard Surgical	615 E. 12th St. Washington, NC	946-0181
Transportation			
	Beaufort Area Transit System-BATS	1537 W. 5th St. Washington, NC	946-5778
Urgent Care			
	Inner Banks Urgent Care	608 E. 12th St. Washington, NC	948-3200
Urology			
	Washington Urology	1202 Brown St. Washington, NC	946-0136

	Doctor Name	Location	Phone
Dentist & Orthodontists	Chesson, J.H.	515 W. 15th St. Washington, NC	975-3709
	Edwards, Zeno L. III	1103 Brown St. Washington, NC	946-2988
	Elliot, David H. II	233 Allen St. Belhaven, NC	943-6262
	Howdy, Howdy & Jones	1103 Brown St. Washington, NC	946-3355
	Jackson, William F.	509 W. 15 th St. Washington, NC	946-7725
	Jones, Mac	103 W. Main St. Washington, NC	946-0144
	Manning, Kenneth P.	1401 N. Bridge St. Washington, NC	946-6162
	Mays, David C.	108 Minuteman Ln. Washington, NC	946-5121
	McCoy, Mark S.	234 W. Main St. Washington, NC	916-4403
	Rhodes, Angie S.	200 Patrick Ln. Chocowinity, NC	974-2300
	Rumley, Jeff	1103 N. Brown St. Washington, NC	946-4975
	Walker, James III	629 W. 15th St. Washington, NC	946-2134
Family Medicine			
	Brous, Nancy	740 Bragaw Ln. Chocowinity, NC	946-9562
	Callahan, Jack	151 3rd St. Aurora, NC	322-4021
	Lewis, David	501 W. 15th St. Washington, NC	975-2667
	Triche, Jessica	501 W. 15th St. Washington, NC	975-2667
	York, Liz	740 Bragaw Ln. Chocowinity, NC	946-9562
Internal Medicine			
	Beamer, Mark	245 Allen St. Belhaven, NC	944-2218
	Boyette, C.O.	216 Haslin St. Belhaven, NC	943-6114
	Conway, Mary	212 Stewart Pkwy. Washington, NC	940-1174
	Jones, Gregory L.	166 E. Water St. Belhaven, NC	943-6114
	Lacroix, Christopher	1380 Cowell Farm Rd. Washington, NC	946-2101
	Swarner, David R.	619 E. 12th St. Washington, NC	975-4308
	Teixeira, Fred	1380 Cowell Farm Rd. Washington, NC	946-2101
	Young, Richard	1380 Cowell Farm Rd. Washington, NC	946-2101
Mental Health			
	Garcia, Paul	1308 Highland Dr. Washington, NC	975-8838
	Lowry, Stephen	123 Short Dr. Washington, NC	946-3082
OB/GYN			
	Andrews, Thomas	1210 N. Brown St. Washington, NC	975-1188
	Calfee, Jennifer B.	1204 Brown St. Washington, NC	946-6544
	Peacock, Brenda S.	1204 Brown St. Washington, NC	946-1188
Oncology	Thompson, Jacqueline	1204 Brown St. Washington, NC	946-6544
	Crews, Jennie	1209 Brown St. Washington, NC	975-4308
Oncology			
	Inzerillo, John	1209 Brown St. Washington, NC	975-4308

Optometry	Harris, Allison H.	992 U.S 264 Bypass Belhaven, NC 1302 Brown St. Washington, NC	943-3801 946-7257
	Harris, Gary M.	1100 W. 15th St. Washington, NC	975-8040
	Harris, Kirk R.	992 U.S 264 Bypass Belhaven, NC 1302 Brown St. Washington, NC	943-3801 946-7257
	Klugh, Timothy R.	1100 W. 15th St. Washington, NC	975-8040
	Mehta, Nisa P.	639 W. 15th St. Washington, NC	946-2171
	O'Neal, Dennis A.	639 W. 15th St. Washington, NC	946-2171
	Padgett, Christopher L.	992 U.S 264 Bypass Belhaven, NC 1302 Brown St. Washington, NC	943-3801 946-7257
	Padgett, William	992 U.S 264 Bypass Belhaven, NC 1302 Brown St. Washington, NC	943-3801 946-7257
Orthopedic	Barwick, Jeff	1207 Highland Dr. Washington, NC	946-6515
	Miller, George	1207 Highland Dr. Washington, NC	946-6818
	Birdsong, Edward L.	1207 Highland Dr. Washington, NC	946-6515
Pediatric	Ainsworth, Deborah	1206 Brown St. Washington, NC	946-4134
	Birdsong, Debra	1206 Brown St. Washington, NC	946-4134
	Cook, Russell	1206 Brown St. Washington, NC	946-4131
	Karpinski, Mark	1206 Brown St. Washington, NC	946-4134
Podiatry	Lloyd, Laura A.	403 W. 15th St. Washington, NC	946-0324
	Rusevlyn, Ainsley	910 W. 15th St. Washington, NC	946-1181
	Seavers, Timothy A.	403 W. 15th St. Washington, NC	946-0324
Rheumatology	White, Randal	628 E. 12th St. Washington, NC	948-4990
Surgery	Coleman, J. Barr	615 E. 12th St. Washington, NC	946-0181
	Egbert, Michael	615 E. 12th St. Washington, NC	946-0181
	Richardson, Dan	615 E. 12th St. Washington, NC	946-0181
	Tipton, William	615 E. 12th St. Washington, NC	946-0181
Urgent Care	Cook, Elisabeth	608 E. 12th St. Washington, NC	948-3200
Urology	Crawford, Michael	1202 Brown St. Washington, NC	946-0136
	Lobos, Michael	1202 Brown St. Washington, NC	946-0136

	Program Description	Time	Location	Phone
Cancer Screenings	Breast Cancer	Yearly	Marion L. Shepard Cancer Center	975-4308
	Prostate Cancer	Yearly	Marion L. Shepard Cancer Center	975-4308
	Skin Cancer	Yearly	Marion L. Shepard Cancer Center	975-4308
Cancer Support Groups	<p>Breast Cancer Support Group An opportunity for all ladies ranging from currently undergoing treatment to long time survivors to gain insight, encouragement, information and inspiration, and to talk with</p>	1st Tuesday of every month at 10:00am	Marion L. Shepard Cancer Center	975-4308
	<p>Caregiver Support Group Designed for individuals who are caring for someone they love who is fighting cancer, to join other who are facing the same questions and challenges that you are experiencing.</p>	3rd Tuesday of every month at 10:00am	Marion L. Shepard Cancer Center	975-4308
	<p>Conversations A time and place for people to gather who have any type of cancer. An opportunity to join others who might share some of your own experiences.</p>	4th Tuesday of every month at 10:00am	Marion L. Shepard Cancer Center	975-4308
	<p>Look Good.Feel Better A hands-on group session for adult female cancer survivors currently in treatment who are coping with the side effects of chemotherapy and/or radiation treatment.</p>	2nd Monday of every month at 2:00pm *Registration is required	Marion L. Shepard Cancer Center	975-4308
	<p>Restorative Yoga and Meditation A yoga class that emphasizes relaxation for the body, mind and spirit. Open to all cancer patients, survivors, and primary caregivers.</p>	Held every Monday at 6:00pm	Lifestyles Medical Fitness Center	975-4236
	<p>Therapeutic Massage One free therapeutic foot, hand or chair massage is available every week to all cancer survivors and primary caregivers.</p>	Call for Appointment	Marion L. Shepard Cancer Center	975-4308
Alcohol & Drug Support Groups	Alcoholics Anonymous "Living Sober"	Thursdays at 12:00pm	Westbrook Housing Authority	975-6113
	Alcoholics Anonymous "Serenity Meeting"	Saturdays at 12:00pm	Westbrook Housing Authority	975-6113
	Alcoholics Anonymous "Newcomers Meeting"	Sundays at 3:00pm	Westbrook Housing Authority	975-6113
	Alcoholics Anonymous-Belhaven	Saturdays at 8:00pm	First Christian Church	964-4609 943-3493
	Alcoholics Anonymous-Beaufort County	Fridays at 8:00pm	Trinity Episcopal Church-Chocowinity	945-6113
	Adult Children of Alcoholics	Fridays 6:30-7:30pm	Trinity Episcopal Church-Chocowinity	946-9958
	Narcotics Anonymous	Sundays at 8:00pm	Westbrook Housing Authority	945-7704

Other Support Groups	Diabetes Support Group	4th Wednesday of every month at 2:00pm	Chocowinity Family Care	946-9562
	Freedom From Smoking An eight week behavior modification program that provides you with support and a vast array of tools geared toward success	Typically held twice a year. *Registration is required.	Lifestyles Medical Fitness Center	975-4236
	LEARN (weight management) A 10 week program that teaches how to manage weight for a lifetime. Incorporates education regarding exercise, nutrition and life styles changes.	Typically held twice a year. *Registration is required.	Lifestyles Medical Fitness Center	975-4236
	Better Breathers Patient centered and community based opportunities to support patients with chronic lung disease and their families, friends, and support persons.	2nd Thursday of every month at 2:30pm	Lifestyles Medical Fitness Center	975-4236
	Bariatric Support Group A support class for people who have had or are interested in having bariatric surgery.	4th Monday of every month at 7:15pm	Lifestyles Medical Fitness Center	758-2224

Educational Opportunities	Breast Feeding Class Class designed to give expectant mothers the skills for successful breastfeeding including take-home material.	1st Saturday every other month from 9:00am – 12:00noon *Registration required.	Beaufort County Medical Center	975-4309
	Child Birthing Class Two night class focusing on preparing expectant mothers for labor and delivery; including signs of labor, timing contractions, at what point to come to the hospital and what to expect before, during and after child birth. Class provides take-home material and a tour of the nursery and birthing rooms.	1st and 2nd Thursday every other month from 6:30 – 9:00pm *Registration required.	Beaufort County Medical Center	975-4309
	Safe Sitters Teaches safe and nurturing childcare techniques, behavioral management skills and appropriate responses to medical emergencies including infant and child choking. Class fee is \$50.00.	Summer months from 9:00am – 3:30pm *Registration required.	Beaufort County Medical Center	975-4309
	Healthy Living With Cancer A four session program designed to help cancer survivors gain their well-being. Typically held twice every year and includes expert speakers at each class in the areas of oncology, nutrition, exercise and activity, and psychology.	Held twice a year at Lifestyles Medical Fitness Center. Call for upcoming classes *Registration required.	Marion L. Shepard Cancer Center	975-4308
	Knowledge is Power An educational series on topics including health interests for cancer survivors, caregivers and the community. Open to the public and dinner is provided.	Offered four times every year. *Registration required	Marion L. Shepard Cancer Center	975-4308
	Diabetes Education	4th Thursday of every month at 10:00am	Lifestyles Medical Fitness Center	975-4236

Programs for Seniors			
	Program	Time	Location
Walk-In Programs	Fitness Room/ Equipment	Monday-Friday 8:00-5:00	Grace Martin Harwell Senior Center
	Billiards	Monday-Friday 8:00-5:00	310 W Main St. Washington, NC
	Computer Access	Monday-Friday 8:00-5:00	Grace Martin Harwell Senior Center
	Cable TV	Monday-Friday 8:00-5:00	Grace Martin Harwell Senior Center
	Puzzles & Board Games	Monday-Friday 8:00-5:00	Grace Martin Harwell Senior Center
	Lending Library	Monday-Friday 8:00-5:00	Grace Martin Harwell Senior Center
On Site Programs	Yoga	Monday & Friday at 8:30am	Grace Martin Harwell Senior Center
	Tai Chi	Monday & Friday at 9:45am	Grace Martin Harwell Senior Center
	Buck's Bingo	Monday at 10:00am	Grace Martin Harwell Senior Center
	Sewing/Quilting	Monday at 1:00pm	Grace Martin Harwell Senior Center
	Aerobics	Tuesday & Thursday at 8:30am	Grace Martin Harwell Senior Center
	Painting	Tuesday at 9:30am	Grace Martin Harwell Senior Center
	Wii Games	Tuesday at 1:00pm	Grace Martin Harwell Senior Center
	Bridge	Thursday at 1:00pm	Grace Martin Harwell Senior Center
	Canasta	Thursday at 1:00pm	Grace Martin Harwell Senior Center
	AHOY Chair Exercise	Friday at 11:00am	Grace Martin Harwell Senior Center
	BOCCE	Friday at 9:00am	Bobby Andrews Rec.
	Hand/Foot Massages	First Friday of every month *Appointment Required	Grace Martin Harwell Senior Center
Evidence Based Programs & Classes	Exercising with Arthritis	Twice Yearly	Grace Martin Harwell Senior Center
	Chronic Disease Self-Management	Twice Yearly	Grace Martin Harwell Senior Center
	Living Healthy with Diabetes	Twice Yearly	Grace Martin Harwell Senior Center
	Walk with Ease	Twice Yearly	Grace Martin Harwell Senior Center
	A Matter of Balance	Twice Yearly	Grace Martin Harwell Senior Center
	AARP Drivers Safety	Twice Yearly	Grace Martin Harwell Senior Center
	Seasonal Craft Classes	Seasonal	Grace Martin Harwell Senior Center
	Knitting	Seasonal	Grace Martin Harwell Senior Center
	Line Dancing	Twice Yearly	Grace Martin Harwell Senior Center
Support Groups	AfterCare for Grief Management	3rd Tuesday of every month at 6:30pm	Grace Martin Harwell Senior Center
	Diabetic Support Group	3rd Tuesday of every month at 11:00am	310 W. Main St. Washington, NC
	Caregivers Support Group	4th Monday of every month at 5:30pm	Grace Martin Harwell Senior Center
	"Grand Ideas" Grandparents raising their grandkids	2nd Tuesday of every month at 9:00am	Flair by Sharon
Clubs	Pamlico Seniors	1st Wednesday	Grace Martin Harwell Senior Center
	Helping Hands Club	1st Thursday	Grace Martin Harwell Senior Center
	80 & Better Club	1st Monday	Grace Martin Harwell Senior Center

Services	Medicare D Counseling	*Appointment Required	Grace Martin Harwell Senior Center
	End of Life Counseling	*Appointment Required	Grace Martin Harwell Senior Center
	Reverse Mortgage	*Appointment Required	Grace Martin Harwell Senior Center
	AARP Tax Aid	February-April	Grace Martin Harwell Senior Center
	Blood Pressure Checks	Wednesdays from 8:00-10:00am	Grace Martin Harwell Senior Center
Other			
	Day Trips	Yearly	Grace Martin Harwell Senior Center
	Walking Programs with mystery trips	Yearly	Grace Martin Harwell Senior Center
	Cruises	Yearly	Grace Martin Harwell Senior Center
	Overnight bus trips	Yearly	Grace Martin Harwell Senior Center
	Senior Games	Yearly	Grace Martin Harwell Senior Center
For more information on programs for seniors contact the Grace Martin Harwell Senior Center at 252-975-9368			

Programs for Caregivers of Children

Program Description	Time
<p>Baby Basics Newborn Care A four-week, evidence-informed parent education series designed to increase parent/primary caregiver knowledge of how to care for a baby (0-4 months).</p>	Offered twice yearly. Registration required
<p>Baby Steps A fun, educational and supportive playgroup for parents/caregivers with children newborn to 13 months of age. Currently offered one time per month, participants guide their child in exploring developmentally appropriate activities while learning helpful parenting/caretaking techniques. Participants will also have the opportunity to meet and share information with other caregivers in a supportive environment.</p>	Registration required
<p>Beyond Baby Basics A 3-hour, evidenced-informed training session designed to move parent/primary caregiver knowledge beyond the focus of newborn care to caring for a baby 5-12 months of age.</p>	Offered twice yearly. Registration required
<p>Breast Pump Loaner Program Hospital grade breast pumps are loaned, free of charge, on a first-come, first-served basis to Beaufort and Hyde County residents who do not qualify for the WIC assistance program.</p>	Ongoing
<p>Buckle Up Kids Beaufort County Beaufort County's involvement with a national "Safe Kids" initiative to provide education to parents/primary caregivers on the proper child safety seat needed for their child's age/height/weight. First-time participants who meet eligibility requirements may qualify for a child safety seat at a reduced rate and will receive child passenger safety installation training at the seat is installed. Already installed child safety seats (car carriers, convertible car seats, and booster seats) can also be checked by a trained technician to ensure they are installed correctly.</p>	Ongoing
<p>Child Care Referrals Finding child care can be a difficult, time consuming task. Making one phone call to Child Connections will allow individuals seeking child care to learn which legally operating child care or preschool facilities have openings, what questions to ask when seeking high quality child care, and what to look for in a high quality, early learning environment.</p>	Ongoing
<p>Connect the Tots A fun, educational, supportive playgroup for parents/primary caregivers with preschool-aged children. This weekly activity provides an opportunity for children to hear stories, create artwork, sing, play and have snack time with their peers. Parents/primary caregivers have the opportunity to meet and share information with other caregivers in a supportive environment.</p>	For more information call
<p>Lending Library A twist on the regular public library, the "lending library" offers a variety of developmentally appropriate toys, books, and early educator resource materials designed to help parents and caregivers maximize their child's development from infancy through age 5.</p>	Ongoing Registration required
<p>Parents as Teachers An evidenced-based, home visitation program designed for pregnant women and families with children newborn to 5 years of age. Certified parent educators teach parents how to maximize their child's development and assist them with accessing necessary resources to support overall child and family well being.</p>	Ongoing Registration required
<p>Terrific Toddling Toddlers A 3-hour, evidenced-informed training session designed to move parent/primary caregiver knowledge beyond infancy to caring for a toddler 13-24 months of age.</p>	Offered twice yearly. Registration required

<p>Terrific Toddling Toddlers</p> <p>A 3-hour, evidenced-informed training session designed to move parent/primary caregiver knowledge beyond infancy to caring for a toddler 13-24 months of age.</p>	<p>Offered twice yearly. Registration required</p>
<p>Terrific Twos and Threes</p> <p>A 3-hour, evidenced-informed training session designed to enhance parent/primary caregiver knowledge of how to care for a child two or three years of age.</p>	<p>Offered twice yearly. Registration required</p>
<p>Toddler Time</p> <p>A fun, educational and supportive playgroup for parents/caregivers with children 14 to 24 months of age. Currently offered one time per month, participants guide their child in exploring developmentally appropriate activities while learning helpful parenting/caretaking techniques. Participants will also have the opportunity to meet and share information with other caregivers in a supportive environment.</p>	<p>Registration required</p>
<p>The Incredible Years</p> <p>A 14-week, evidenced-based parent/primary caregiver skill building opportunity with a focus on caring for preschool-aged children. This parent education series is instructed in English and Spanish.</p>	<p>Offered twice yearly. Registration required</p>
<p>Welcome Baby Bags</p> <p>An outreach initiative aimed at providing pregnant women residing in Beaufort or Hyde Counties with items and information related to searching for child care, building literacy skills in young children, information on bonding with baby, safe sleep and a variety of other important topics to promote healthy development.</p>	<p>Ongoing</p>

For More Information on Programs offered to primary caregivers of children please contact
Child Connections
(252)-975-4647
www.beaufortcountykids.org

Beaufort County Health Department Services

Description of Service

Breast & Cervical Cancer Control Program (BCCCP)

Cancer screenings are provided for low income women ages 50 to 64 who do not have Medicare Part B or Medicaid and who meet qualifying income criteria. Those seen for BCCCP will receive a pap smear, clinical breast exam, basic laboratory tests, and will be referred for a mammogram.

Child Service Coordination

Care coordination services are provided for eligible children who are at risk for or diagnosed with special needs. The program provides families with the opportunity to meet their maximum potential. A social worker works to identify and provide access to support services for children and their families through collaboration with other agencies. At risk children are eligible for services from birth to age 3. Children with diagnosed special needs are eligible from birth to age 5.

Emergency Preparedness

The Preparedness Coordinator works with community partners and the Health Director to develop an all-hazards emergency public health preparedness plan. During times of an emergency, Red Cross designated shelters may be opened by Beaufort County Emergency Management. Our Public Health Nurses are assigned to work in the designated Red Cross shelters. The Health Director and/or Preparedness Coordinator work in the county's Emergency Operations Center (EOC) to assist with carrying out the county's Emergency Plans.

Environmental Health

- On-site wastewater permits
 - Pool program
- Inspection and grading for food, lodging, and institutions
 - Inspection of tattoo parlors
 - Childhood lead program
 - Water samples
- Methamphetamine lab reoccupancy compliance
 - Well permits

Health Education and Promotion

Community education is provided to empower individuals to live healthier lifestyles.

Immunizations

Immunizations are given in order to prevent and control the spread of communicable disease. Immunizations are provided to children and adults on a walk-in basis. Required childhood immunizations are provided free of charge for all children. Charges for adult immunizations may vary based upon the vaccine requested.

Laboratory Services

Beaufort County Health Department's laboratory provides lab testing for all clinic programs. Laboratory tests provided to the general public are blood glucose screenings for non-diabetic patients, blood lead level testing for children less than 6 years of age, and sickle cell testing. These tests are offered Thursdays and Fridays 8:00am to 12:30pm and 1:00pm to 4:00pm by appointment.

Maternity Care Coordination

Case management, which includes counseling and support, is offered to pregnant women with Medicaid. A social worker follows clients during the prenatal and postpartum period, working to address issues such as financial concerns, transportation needs, and housing.

Pregnancy Testing

Pregnancy testing is offered Monday through Friday, 8:00am to 4:30pm by appointment. The visit includes lab work, results counseling, and referrals as needed.

<p>Prenatal Care</p> <p>Comprehensive prenatal care and support services are provided by our maternal health staff, which includes a Certified Nurse Midwife and a Women's Health Nurse Practitioner. Our goal is a healthy pregnancy client for each client and their baby.</p>
<p>RESPECT</p> <p>RESPECT involves two one on one counseling sessions designed to help you identify ways to reduce your risk of getting or transmitting HIV or other STD's. Participants who complete both sessions will be given an incentive.</p>
<p>STI's & HIV</p> <p>Free and confidential testing for sexually transmitted infections (STI's) and HIV is provided with an appointment.</p>
<p>Tuberculosis Control</p> <p>The Beaufort County Health Department provides diagnosis, treatment, and follow up for anyone with active tuberculosis at no charge to the client. Tuberculin skin tests are available to the general public for a fee.</p>
<p>Women, Infants & Children Supplemental Nutrition (WIC)</p> <p>WIC is a Special Supplemental Nutrition program for women who are pregnant, are breastfeeding until the baby is 12 months old, or had a baby in the past 6 months, as well as for infants and children up to 5 years old. WIC offers healthy foods, nutrition information, breastfeeding education, and counseling and referrals to other resources. You must meet the income guidelines and have a health risk to be eligible for WIC services.</p>
<p>Women's Preventative Health/Family Planning</p> <p>Counseling, education, preventive health physical exams, basic laboratory tests, and various methods of birth control are provided for women in their childbearing years.</p>
<p>Beaufort County Health Department is located at 1436 Highland Drive Washington, NC 27889 www.bchd.net Call 252-946-1902 for appointments or questions</p>

Additional Resources	<p>Carolina Pregnancy Center</p> <p>Serves pregnant women in Beaufort County by offering prenatal parenting classes, maternity clothes, baby clothes and other baby care related items.</p>	<p>1312 John Small Ave.</p> <p>Washington</p>	<p>252-946-8040</p>
	<p>Child Connections</p> <p>Child care.</p>	<p>979 Washington Square Mall</p> <p>Washington</p>	<p>252-975-4647</p>
	<p>Beaufort/Hyde Partnership for Children</p> <p>Early Childhood Issues/Education</p>	<p>979 Washington Square Mall</p>	<p>252-975-4647</p>
	<p>East Carolina Behavioral Health</p> <p>Works in partnership with people who face significant challenges related to substance abuse, mental illness, and/or developmental disability. Our commitment is to provide consistently excellent, person-centered, family-oriented services within a recovery based system that is flexible, accessible, and respects the individual's freedom of choice.</p>		<p>1-277-685-2415</p>
	<p>Beaufort County Department of Social Services</p> <p>A series of foster and adoptive parent training classes two to three times each year.</p>	<p>632 West 5th St.</p> <p>Washington</p>	<p>252-975-5500</p>

UNIVERSITY HEALTH SYSTEMS

Beaufort Hospital & Pungo Hospital

University Health Systems Beaufort Hospital joined the Greenville-based University Health Systems family on September 1, 2011. The hospital is a 142-bed acute healthcare facility with an active medical staff of over 50 physicians, representing over 30 specialties. University Health Systems has committed to spend \$21 million on capital improvements to the local hospital during the first five years of the agreement. Those funds will bring the hospital online with HealthSpan, the comprehensive medical record system used by UHS, and other capital projects, such as renovation of the Marion L. Shepard Cancer Center and expansion of the emergency department.

Basic Hospital Services

Medical
Surgical
Pediatrics
Intensive Care
Women's
Emergency

Marion L. Shepard Cancer Center

Chemotherapy
Blood and platelet transfusions
Radiation therapy

♦ 22-bed Inpatient Behavioral Health Unit



The hospital employs nearly 650 employees. There are a wide range of employment opportunities including but not limited to nursing, radiology technology, laboratory technology, physical therapists, environmental services, dietary, medical records and other clerical and administrative positions.

Insert Pungo's Info!!!



Section

Beaufort County

Health Information

Beaufort County is ranked 60th out of 100 counties in North Carolina with one being the healthiest ranking.

*Primary Care
Provider Rate:*

*NC: 859:1
Beaufort County: 986:1*

Source: www.countyhealthrankings.org

2009 LEADING CAUSES OF DEATH- BEAUFORT COUNTY

* Rates based on 100,000 per population

	Number of Deaths 2009	Death Rate* 2009	Number of Deaths 2005-2009	Death Rate* 2005-2009	Age-Adjusted Death Rate* 2005-2009
Total Deaths	551	1162.6	2,705	1163.9	924.1
Heart Disease	132	278.5	711	305.9	238.6
Cerebrovascular Disease	36	76	184	79.2	62
Cancer Total	122	257.4	622	267.6	202.4
Cancer of the Colon, Rectal, and Anus	9	19	45	19.4	14.9
Cancer of Breast	5	20	40	33	22.6
Cancer of Prostate	11	49	42	37.8	36.1
HIV Disease	2	4.2	16	6.9	6.8
Septicemia	6	12.7	21	9	7.2
Diabetes Mellitus	13	27.4	73	31.4	24.8
Pneumonia and Influenza	5	10.6	38	16.4	12.8
Chronic Lower Respiratory Diseases	26	54.9	119	51.2	40.2
Chronic Liver Disease and Cirrhosis	6	12.7	32	13.8	10.5
Nephritis, Nephrotic Syndrome, and Nephrosis	10	21.1	50	21.5	16.8
Unintentional Motor Vehicle Injuries	17	35.9	59	25.4	25.5
All Other Unintentional Injuries	18	38	85	36.6	32.3
Suicide	4	8.4	31	13.3	14
Homicide	4	8.4	15	6.5	7.4
Alzheimer's Disease	22	46.4	79	34	26.8

2009 LEADING CAUSES OF DEATH- NORTH CAROLINA

* Rates based on 100,000 per population

	Number of Deaths 2009	Death Rate* 2009	Number of Deaths 2005-2009	Death Rate* 2005- 2009	Age-Adjusted Death Rate* 2005-2009
Total Deaths	76,948	820.1	378,603	837.2	845.5
Heart Disease	17,133	182.6	86,920	192.2	194.7
Cerebrovascular Disease	4,391	46.8	22,600	50	51.3
Cancer Total	17,476	186.3	86,246	190.7	188.8
Cancer of the Colon, Rectal, and Anus	1,513	16.1	7,621	16.9	16.7
Cancer of Breast	1,188	24.8	6,257	27.3	24.2
Cancer of Prostate	849	18.5	4,306	19.3	26
HIV Disease	358	3.8	1,934	4.3	4.2
Septicemia	1,311	14	6,241	13.8	14
Diabetes Mellitus	2,107	22.5	10,906	24.1	24
Pneumonia and Influenza	1,719	18.3	8,632	19.1	19.7
Chronic Lower Respiratory Diseases	4,324	46.1	21,228	46.9	48
Chronic Liver Disease and Cirrhosis	932	9.9	4,356	9.6	9.2
Nephritis, Nephrotic Syndrome, and Nephrosis	1,827	19.5	8,449	18.7	19
Unintentional Motor Vehicle Injuries	1,394	14.9	8,027	17.8	17.6
All Other Unintentional Injuries	2,764	29.5	12,896	28.5	28.7
Suicide	1,161	12.4	5,483	12.1	11.9
Homicide	562	6	3,160	7	7
Alzheimer's Disease	2,645	28.2	12,386	27.4	28.8

Hospitalization Data Beaufort County	TOTAL CASES	DISCHARGE RATE	AVG. DAYS STAY	DAYS STAY RATE	TOTAL CHARGES	AVERAGE CHARGE PER CASE
INFECTIOUS & PARASITIC DISEASES	200	4.2	7.5	31.6	\$7,292,481	\$36,462
-- Septicemia	137	2.9	8.2	23.6	\$5,795,320	\$42,302
-- AIDS	12	0.3	9.4	2.4	\$411,853	\$34,321
MALIGNANT NEOPLASMS	213	4.5	7.3	33.0	\$8,510,999	\$39,958
-- Colon, Rectum, Anus	34	0.7	10.1	7.3	\$2,032,620	\$59,783
-- Trachea, Bronchus, Lung	25	0.5	9.6	5.1	\$1,363,336	\$54,533
-- Female Breast	6	0.1	3.5	0.4	\$131,805	\$21,968
-- Prostate	11	0.2	2.2	0.5	\$193,833	\$17,621
BENIGN, UNCERTAIN & OTHER NEOPLASMS	51	1.1	5.4	5.8	\$1,755,172	\$34,415
ENDOCRINE, METABOLIC & NUTRIT. DISEASES	339	7.2	4.3	30.5	\$7,057,871	\$20,820
-- Diabetes	129	2.7	4.2	11.4	\$2,066,242	\$16,017
BLOOD & HEMOPOETIC TISSUE DISEASES	98	2.1	3.9	8.1	\$1,684,213	\$17,186
NERVOUS SYSTEM & SENSE ORGAN DISEASES	93	2.0	4.9	9.6	\$2,110,580	\$22,694
CARDIOVASCULAR & CIRCULATORY DISEASES	1,097	23.1	4.3	100.5	\$33,083,566	\$30,158
-- Heart Disease	734	15.5	4.0	61.7	\$22,767,287	\$31,018
-- Cerebrovascular Disease	214	4.5	5.3	23.7	\$5,241,334	\$24,492
RESPIRATORY DISEASES	470	9.9	5.0	49.6	\$9,401,325	\$20,003
-- Pneumonia/Influenza	167	3.5	4.6	16.3	\$2,513,954	\$15,054
-- Chronic Obstructive Pulmonary Disease	159	3.4	3.4	11.4	\$1,544,030	\$9,711
DIGESTIVE SYSTEM DISEASES	599	12.6	4.9	62.3	\$12,924,624	\$21,577
-- Chronic Liver Disease/ Cirrhosis	14	0.3	5.4	1.6	\$642,979	\$45,927
GENITOURINARY DISEASES	225	4.7	4.8	22.6	\$4,519,015	\$20,085
-- Nephritis, Nephrosis, Nephrotic Syndromes	59	1.2	7.1	8.9	\$1,739,739	\$29,487
PREGNANCY & CHILDBIRTH	727	15.3	2.5	37.7	\$6,623,003	\$9,110
SKIN & SUBCUTANEOUS TISSUE DISEASES	116	2.4	4.7	11.6	\$1,512,632	\$13,040
MUSCULOSKELETAL SYSTEM DISEASES	399	8.4	3.6	30.2	\$16,930,691	\$42,433
-- Arthropathies and Related Disorders	227	4.8	3.2	15.5	\$7,656,550	\$33,729
CONGENITAL MALFORMATIONS	17	0.4	9.9	3.6	\$1,162,864	\$68,404
PERINATAL COMPLICATIONS	39	0.8	14.3	11.7	\$1,891,284	\$48,494
SYMPTOMS, SIGNS & ILL-DEFINED CONDITIONS	283	6.0	2.2	13.1	\$3,020,657	\$10,674
INJURIES & POISONING	475	10.0	5.6	55.7	\$16,985,663	\$35,759
OTHER DIAGNOSES (INCL. MENTAL DISORDERS)	446	9.4	8.8	82.4	\$8,867,934	\$19,883
ALL CONDITIONS	5,887	124.2	4.8	599.5	\$145,334,573	\$24,687

* Rates based on 1,000 per population & Excludes Newborns and Discharges from out-of-state hospitals

Hospitalization Data North Carolina	TOTAL CASES	DISCHARGE RATE	AVG. DAYS STAY	DAYS STAY RATE	TOTAL CHARGES	AVERAGE CHARGE PER CASE
INFECTIOUS & PARASITIC DISEASES	37,542	4	7.3	29.1	\$1,249,219,532	\$33,281
-- Septicemia	23,362	2.5	8.4	21.0	\$952,434,053	\$40,774
-- AIDS	1,670	0.2	8.8	1.6	\$60,107,392	\$36,036
MALIGNANT NEOPLASMS	31,825	3.4	6.8	23.0	\$1,188,912,912	\$37,358
-- Colon, Rectum, Anus	3,841	0.4	8.1	3.3	\$156,914,619	\$40,853
-- Trachea, Bronchus, Lung	4,489	0.5	7.0	3.4	\$161,350,727	\$35,944
-- Female Breast	1,698	0.2	2.8	0.5	\$36,538,812	\$21,519
-- Prostate	2,727	0.3	2.3	0.7	\$68,369,384	\$25,071
BENIGN, UNCERTAIN & OTHER NEOPLASMS	9,639	1.0	3.8	3.9	\$250,463,273	\$25,984
ENDOCRINE, METABOLIC & NUTRIT. DISEASES	38,660	4.1	4.1	17.0	\$725,878,233	\$18,779
-- Diabetes	16,642	1.8	4.7	8.4	\$318,424,354	\$19,136
BLOOD & HEMOPOETIC TISSUE DISEASES	13,104	1.4	4.4	6.2	\$252,385,322	\$19,263
NERVOUS SYSTEM & SENSE ORGAN DISEASES	18,262	1.9	5.1	9.9	\$404,827,690	\$22,174
CARDIOVASCULAR & CIRCULATORY DISEASES	160,376	17.1	4.7	80.4	\$5,228,249,111	\$32,605
-- Heart Disease	107,137	11.4	4.7	53.5	\$3,755,289,120	\$35,056
-- Cerebrovascular Disease	28,758	3.1	4.7	14.5	\$742,345,102	\$25,817
RESPIRATORY DISEASES	98,281	10.5	5.5	57.7	\$2,226,241,021	\$22,657
-- Pneumonia/Influenza	33,137	3.5	5.2	18.2	\$645,773,897	\$19,492
-- Chronic Obstructive Pulmonary Disease	31,572	3.4	4.1	13.7	\$470,008,579	\$14,888
DIGESTIVE SYSTEM DISEASES	91,249	9.7	4.9	48.1	\$2,144,757,568	\$23,509
-- Chronic Liver Disease/ Cirrhosis	2,391	0.3	6.2	1.6	\$74,670,992	\$31,243
GENITOURINARY DISEASES	44,904	4.8	4.3	20.4	\$805,879,344	\$17,948
-- Nephritis, Nephrosis, Nephrotic Syndromes	13,081	1.4	5.8	8.1	\$296,261,829	\$22,648
PREGNANCY & CHILDBIRTH	129,940	13.8	2.7	36.8	\$1,195,174,153	\$9,198
SKIN & SUBCUTANEOUS TISSUE DISEASES	17,271	1.8	5.1	9.4	\$290,481,185	\$16,822
MUSCULOSKELETAL SYSTEM DISEASES	57,415	6.1	3.8	23.2	\$2,334,346,619	\$40,664
-- Arthropathies and Related Disorders	29,650	3.2	3.6	11.4	\$1,105,295,352	\$37,282
CONGENITAL MALFORMATIONS	3,469	0.4	7.6	2.8	\$224,417,889	\$64,692
PERINATAL COMPLICATIONS	4,243	0.5	11.5	5.2	\$158,614,581	\$37,383
SYMPTOMS, SIGNS & ILL-DEFINED CONDITIONS	47,490	5.1	2.8	14.1	\$653,913,273	\$13,772
INJURIES & POISONING	77,739	8.3	5.7	46.9	\$2,648,041,103	\$34,074
OTHER DIAGNOSES (INCL. MENTAL DISORDERS)	83,489	8.9	7.9	70.0	\$1,377,919,859	\$16,516
ALL CONDITIONS	964,898	102.8	4.9	504.2	\$23,359,722,665	\$24,214

* Rates based on 1,000 per population & Excludes Newborns and Discharges from out-of-state hospitals

2006-2008 Life Expectancies by Age, Race and Sex in Beaufort County

Life expectancy is the average number of additional years that someone at a given age would be expected to live if current mortality conditions remained constant throughout their lifetime.

		Sex		Race	
Age Group	Total	Male	Female	White	African American
<1	76.2	73.1	79.1	76.8	74.1
1-4	75.6	72.6	78.4	76.2	73.7
5-9	71.6	68.6	74.4	72.2	69.7
10-14	66.7	63.8	69.4	67.3	64.7
15-19	61.8	59.0	64.4	62.3	60.0
20-24	56.9	54.1	59.4	57.4	55.0
25-29	52.2	49.6	54.7	52.8	50.3
30-34	47.6	45.2	49.8	48.2	45.6
35-39	43.0	40.8	45.0	43.6	41.1
40-44	38.6	36.6	40.3	39.1	36.8
45-49	34.3	32.2	36.1	34.8	32.6
50-54	30.2	28.5	31.7	30.7	28.6
55-59	26.0	24.3	27.5	26.4	24.7
60-64	22.3	20.8	23.4	22.4	21.5
65-69	18.5	17.2	19.6	18.6	18.2
70-74	14.9	13.7	15.8	14.9	15.0
75-79	11.8	10.7	12.5	11.6	12.4
80-84	8.8	8.0	9.4	8.4	10.3
85+	7.1	6.7	7.3	6.5	9.4

Source: <http://www.schs.state.nc.us/SCHS/data/lifexpectancy/>

2006-2008 Life Expectancies by Age, Race and Sex in North Carolina

Life expectancy is the average number of additional years that someone at a given age would be expected to live if current mortality conditions remained constant throughout their lifetime.

				Race					
		Sex		White			African American		
Age	Total	Male	Female	Total	Male	Female	Total	Male	Female
<1	77.3	74.5	80.0	78.1	75.5	80.7	73.8	70.1	77.2
1-4	76.9	74.2	79.5	77.6	75.1	80.1	73.8	70.1	77.2
5-9	73.0	70.2	75.6	73.7	71.1	76.2	70.0	66.3	73.3
10-14	68.0	65.3	70.7	68.7	66.2	71.2	65.0	61.4	68.3
15-19	63.1	60.4	65.7	63.8	61.2	66.3	60.1	56.4	63.4
20-24	58.3	55.7	60.8	59.0	56.5	61.4	55.3	51.7	58.5
25-29	53.6	51.1	56.0	54.3	51.9	56.5	50.7	47.2	53.7
30-34	48.9	46.5	51.1	49.5	47.3	51.7	46.0	42.7	48.9
35-39	44.2	41.8	46.3	44.8	42.6	46.8	41.4	38.2	44.1
40-44	39.5	37.2	41.6	40.1	38.0	42.1	36.9	33.7	39.5
45-49	35.0	32.8	37.0	35.5	33.5	37.4	32.5	29.4	35.1
50-54	30.6	28.5	32.5	31.1	29.1	32.8	28.3	25.4	30.8
55-59	26.4	24.5	28.1	26.8	25.0	28.4	24.4	21.7	26.7
60-64	22.4	20.6	23.9	22.7	21.0	24.1	20.8	18.3	22.7
65-69	18.6	17.0	19.9	18.8	17.3	20.0	17.5	15.3	19.1
70-74	15.1	13.8	16.2	15.2	13.9	16.2	14.6	12.7	15.8
75-79	12.0	10.9	12.8	12.0	11.0	12.7	11.8	10.4	12.7
80-84	9.4	8.6	9.8	9.3	8.5	9.7	9.6	8.6	10.1
85+	7.2	6.8	7.4	7.1	6.7	7.3	7.8	7.3	8.0

Source: <http://www.schs.state.nc.us/SCHS/data/lifexpectancy/>

CANCER

	Number of Cases		Rate	
	Beaufort Co.	NC	Beaufort Co.	NC
Colon/Rectum	183	21,349	60.0	46.8
Lung/Bronchus	265	34,881	82.7	76.3
Female Breast	243	38,098	147.5	151.9
Prostate	215	32,943	147.8	158.8
All Cancers	1,582	227,397	147.8	495.2

2004-2008 Cancer Incidence Rates per 100,000 age adjusted to the 2000 census

Source: <http://www.schs.state.nc.us/SCHS/CCR/incidence/2008/5yearRates.pdf>

2009 PROTECTIVE SERVICES DATA

**All as of 2009, unless otherwise noted	Beaufort Co.	N.C.
Number of Abuse and Neglect Reports Investigated (number)	794	124,894
Number of Abuse and Neglect Reports Investigated (rate per 1,000)	69.0	56.1
Child Abuse and Neglect Reports Substantiated (number)	7211,252	
Children in Foster Care (number)	94	
Infant Mortality (rate per 1,000)	3.4	7.9
Infant Mortality (number)	2	1,006
Percent of Children (12-36 mos.) found to have elevated blood lead levels (in 2007)	0.7%	0.6%
Percent of Children screened for elevated blood levels (in 2007)	74.4%	44.9%
Percent of Low Birth Weight Infants	11.6%	13.5%
Number of Child Abuse Homicides	0	33

** "Elevated Blood Lead Level" means a blood lead concentration of 10 micrograms per deciliter or greater determined by the lower of two consecutive blood tests within a six month period.

Source: <http://datacenter.kidscount.org/data/bystate/Default.aspx?state=NC>

REPRODUCTIVE HEALTH DATA

Reported Pregnancies by Rate

	Ages 20-24		Ages 25-29		Ages 30-34	
	NC	Beaufort Co.	NC	Beaufort Co.	NC	Beaufort Co.
2004	140.2	158.7	143.4	143.1	101.4	91.7
2005	135.9	158.0	145.4	135.4	102.5	87.8
2006	142.5	157.1	150.6	155.2	104.6	90.5
2007	138.8	171.2	148.3	159.8	106.8	97.5
2008	135.7	135.0	150.0	125.1	116.4	90.6
2009	131.4	156.5	137.4	111.2	101.9	91.5

Source: www.epi.state.nc.us/SCHS/data/vitalstats.cfm

Number			Rate		
		Beaufort Co.	NC	Beaufort Co.	NC
Births to Mothers less than 18 years of age	2005	25	4,774	4.4	3.9
	2006	38	4,860	6.4	3.8
	2007	33	5,013	5.5	3.8
Medicaid Births	2005	366	58,756	64.6	47.8
	2006	392	66,065	66.0	51.8
	2007	406	67,733	67.2	51.7
Born to WIC Mothers	2005	341	48,092	60.1	39.1
	2006	347	51,063	58.4	40.0
	2007	330	52,574	54.6	40.2
Mothers who smoked during pregnancy	2005	94	14,840	16.6	12.1
	2006	77	14,668	13.0	11.5
	2007	90	14,427	14.9	11.0
Mothers who visited health department during pregnancy	2005	335	25,693	59.1	20.9
	2006	345	27,101	58.1	21.2
	2007	375	27,744	62.1	21.2
Abortions per 1,000 pregnancies	2005	88	27,674	132.9	182.6
	2006	77	29,430	114.1	186.3
	2007	71	28,545	104.1	178.1

Source: <http://www.ncpublichealthcatch.com/ReportPortal/design/view.aspx>

Infant Death Rates (per 1,000 live births)

		White Infant Deaths	Minority Infant Deaths	Total Deaths
2009	Beaufort Co.	0	2	2
	N.C	487	519	1,006
2008	Beaufort Co.	0	2	2
	N.C	558	508	1,066
2007	Beaufort Co.	2	0	2
	N.C.	594	513	1,107
2006	Beaufort Co.	3	2	5
	N.C.	550	483	1,033

Number of Births

	Beaufort County	North Carolina
2000	641	120,247
2001	649	118,112
2002	631	117,307
2003	561	118,292
2004	594	119,773
2005	567	123,040
2006	594	127,646
2007	604	130,886
2008	560	130,758
2009	586	126,785
2010	549	122,302

Number of Very Low Birthweight Births (less than 1500 grams)

	Beaufort County	North Carolina
2000	15	2,309
2001	11	2,293
2002	10	2,175
2003	17	2,118
2004	8	2,291
2005	11	2,300
2006	9	2,346
2007	7	2,416
2008	11	2,296
2009	12	2,292

Number of Low Birthweight Births (less than 2500 grams)

	Beaufort County	North Carolina
2000	74	10,572
2001	68	10,579
2002	53	10,550
2003	50	10,647
2004	50	10,846
2005	66	11,353
2006	58	11,595
2007	62	12,100
2008	60	11,929
2009	68	11,484

AVG 2000 to 2004	12.20	2,237.20
AVG 2005 to 2009	10.00	2,330.00

AVG 2000 to 2004	59.00	10,638.80
AVG 2005 to 2009	62.80	11,692.20

Sexually Transmitted Infections Cases

♦ Beaufort County

	HIV	AIDS	Syphilis	Gonorrhea	Chlamydia
2006	7	5	1	80	188
2007	10	3	0	112	196
2008	11	7	0	75	227
2009	8	8	4	89	224
2010	4	2	2	75	233

♦ North Carolina

	HIV	AIDS	Syphilis	Gonorrhea	Chlamydia
2006	2,022	1,029	612	17,310	33,609
2007	2,010	918	569	16,666	30,612
2008	2,868	1,331	509	15,012	37,885
2009	1,769	1,116	937	14,811	43,734
2010	1,620	906	728	15,125	45,190

Sexually Transmitted Infections Rates

♦ Beaufort County

	HIV	AIDS	Syphilis	Gonorrhea	Chlamydia
2006	6.5	4.4	2.2	172.1	409.7
2007	21.8	8.7	0.0	244.3	427.5
2008	21.6	15.1	0.0	161.8	489.8
2009	12.9	17.2	8.6	191.8	482.6
2010	10.8	2.2	4.3	144.4	450.3

♦ North Carolina

	HIV	AIDS	Syphilis	Gonorrhea	Chlamydia
2006	18.5	10.0	6.8	195.2	379.1
2007	19.8	9.4	6.3	183.9	337.7
2008	19.6	10.1	5.5	162.3	409.7
2009	17.4	10.0	10.0	157.9	466.2
2010	15.9	8.5	7.7	150.9	449.5

Source: www.epi.state.nc.us/epi/hiv/stats.html

** All rates based on 100,000 population

Section VI

Community Opinion Survey

THE FOLLOWING ARE RESULTS FROM THE 2011 COMMUNITY OPINION SURVEY. THE SURVEY, WHICH CAN BE SEEN IN FULL IN APPENDIX A, WAS CONDUCTED THROUGHOUT BEAUFORT COUNTY APRIL 9 TO MAY 18, 2011.

1,048 BEAUFORT COUNTY RESIDENTS COMPLETED THE SURVEY.

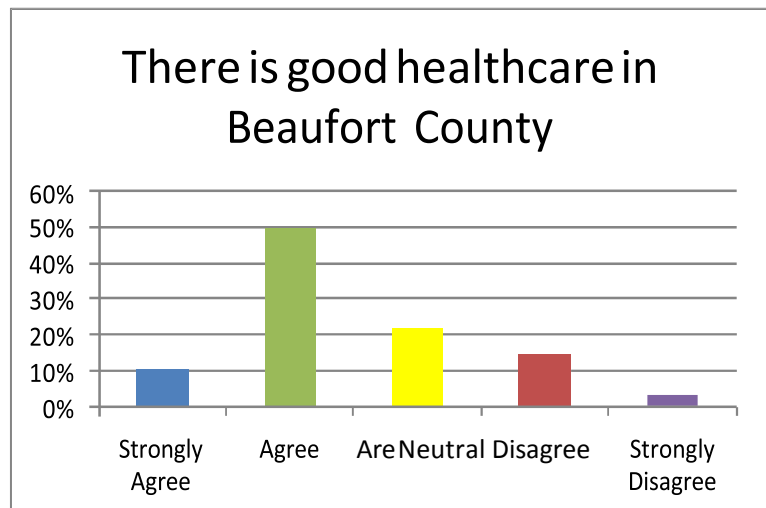
FOR A LIST OF SURVEY LOCATIONS, SEE PAGE EIGHT.

Question 1

There is good healthcare in Beaufort County

Question one of the 2011 Community Opinion Survey asked participants to choose if they strongly agree, agree, are neutral, disagree or strongly disagree with the following statement: *“There is good healthcare in Beaufort County.”*

According to survey results, 61% of respondents reported good healthcare in Beaufort County. In comparison, 17% did not agree good healthcare exists in Beaufort County.



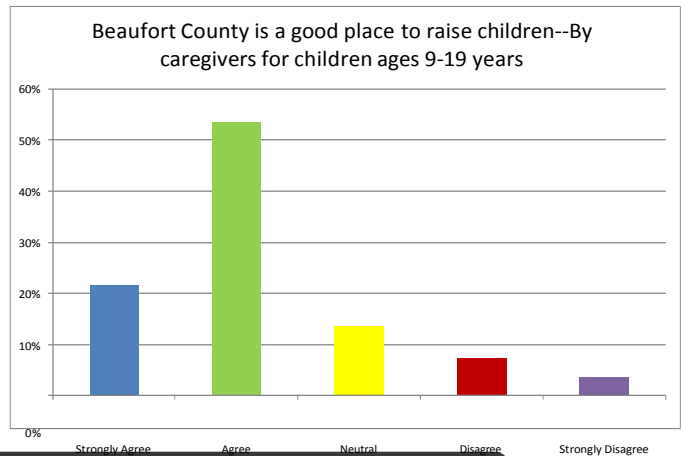
Question 2

Beaufort County is a good place to raise children

Question two of the 2011 Community Opinion Survey asked participants to tell if they strongly agree, agree, are neutral, disagree or strongly disagree with the following statement: “*Beaufort County is a good place to raise children.*”

The chart to the right shows the opinion of survey participants who are caregivers to children between the ages of 9 and 19 years.

In 2009, 11.5% of Beaufort County’s population were between the ages of 10 and 19 years.

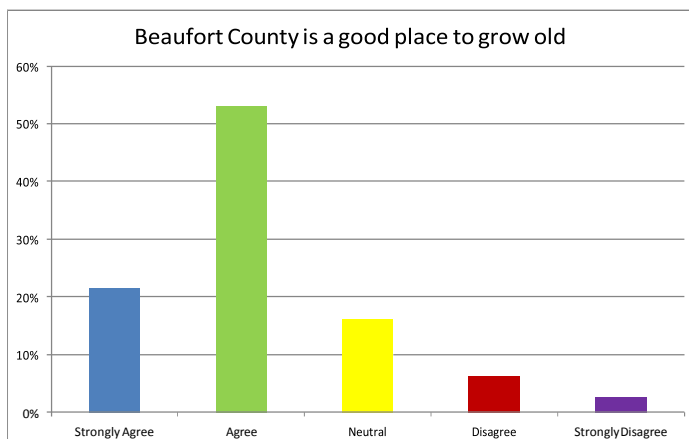


Most respondents agree that Beau/ort County is a good place to raise children and grow old.

Question 3

Beaufort County is a good place to grow old

Question three asked participants to tell if they strongly agree, agree, are neutral, disagree or strongly disagree with the following statement: “*Beaufort County is a good place to grow old.*”



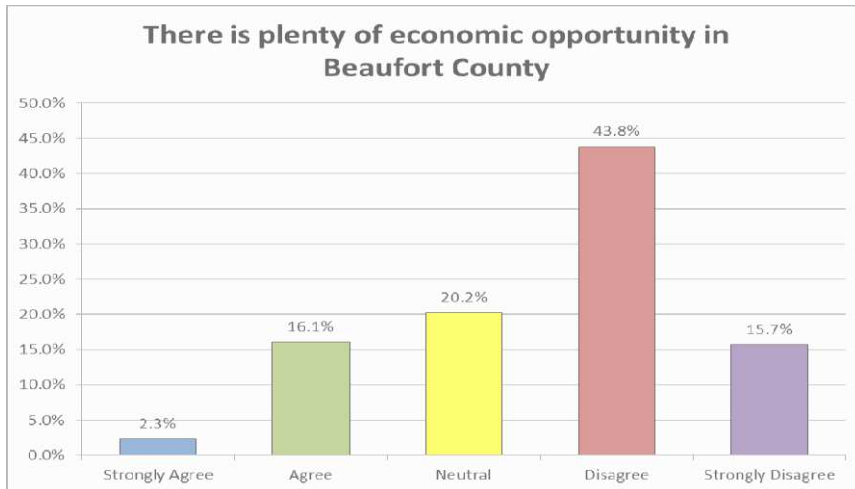
The chart to the left shows that almost three-fourths of survey participants feel Beaufort County is a good place to age.

According to the US Census Bureau’s 2009 Age Estimates, 31% of Beaufort County’s residents are age 60 years and older.

Question 4

There is plenty of economic opportunity in Beaufort County

Question four of the 2011 Community Opinion Survey asked how respondents felt about the comment “*There is plenty of Economic Opportunity in Beaufort County.*” Options included Strongly Disagree, Disagree, Are Neutral, Agree and Strongly Agree.



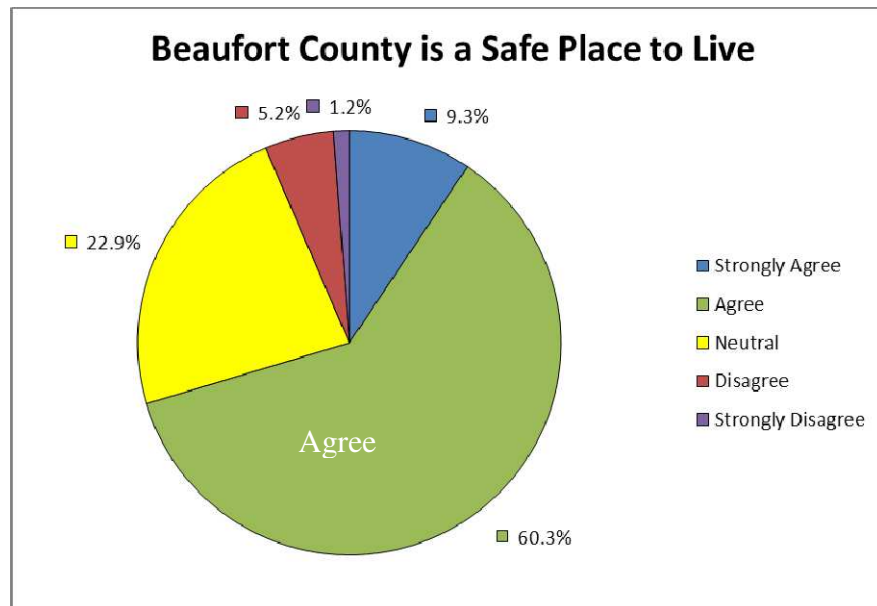
Most respondents disagree with the statement "There is plenty of economic opportunity in Beaufort County."

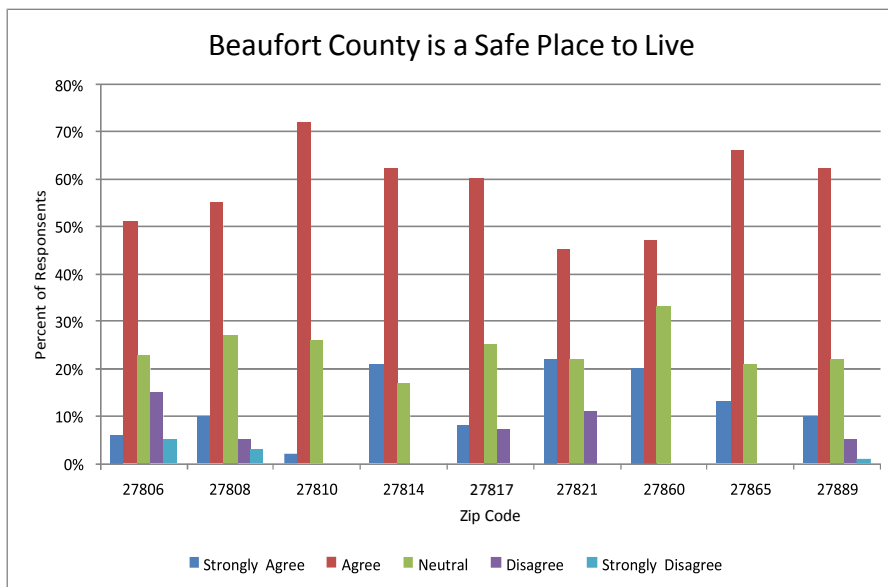
Question 5

Beaufort County is a safe place to live

Question five asked how respondents felt about the comment “*Beaufort County is a safe place to live.*” Options included Strongly Disagree, Disagree, Are Neutral, Agree and Strongly Agree.

According to survey results, more than half (60.3%) of respondents believe Beaufort County is a safe place to live. In addition, 9.3% said they strongly agreed with the statement. Only 6.4% of respondents disagreed or strongly disagreed.





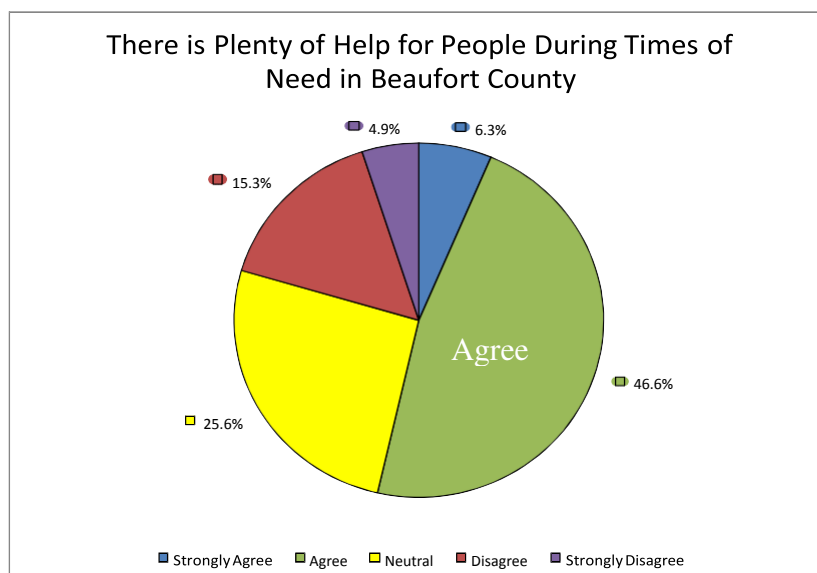
The majority of respondents in all zip codes agreed that Beaufort County is a safe place to live.

*** See page _____ for more information on Beaufort County Crime Data.

Question 6

There is plenty of help for people during times of need in Beaufort County

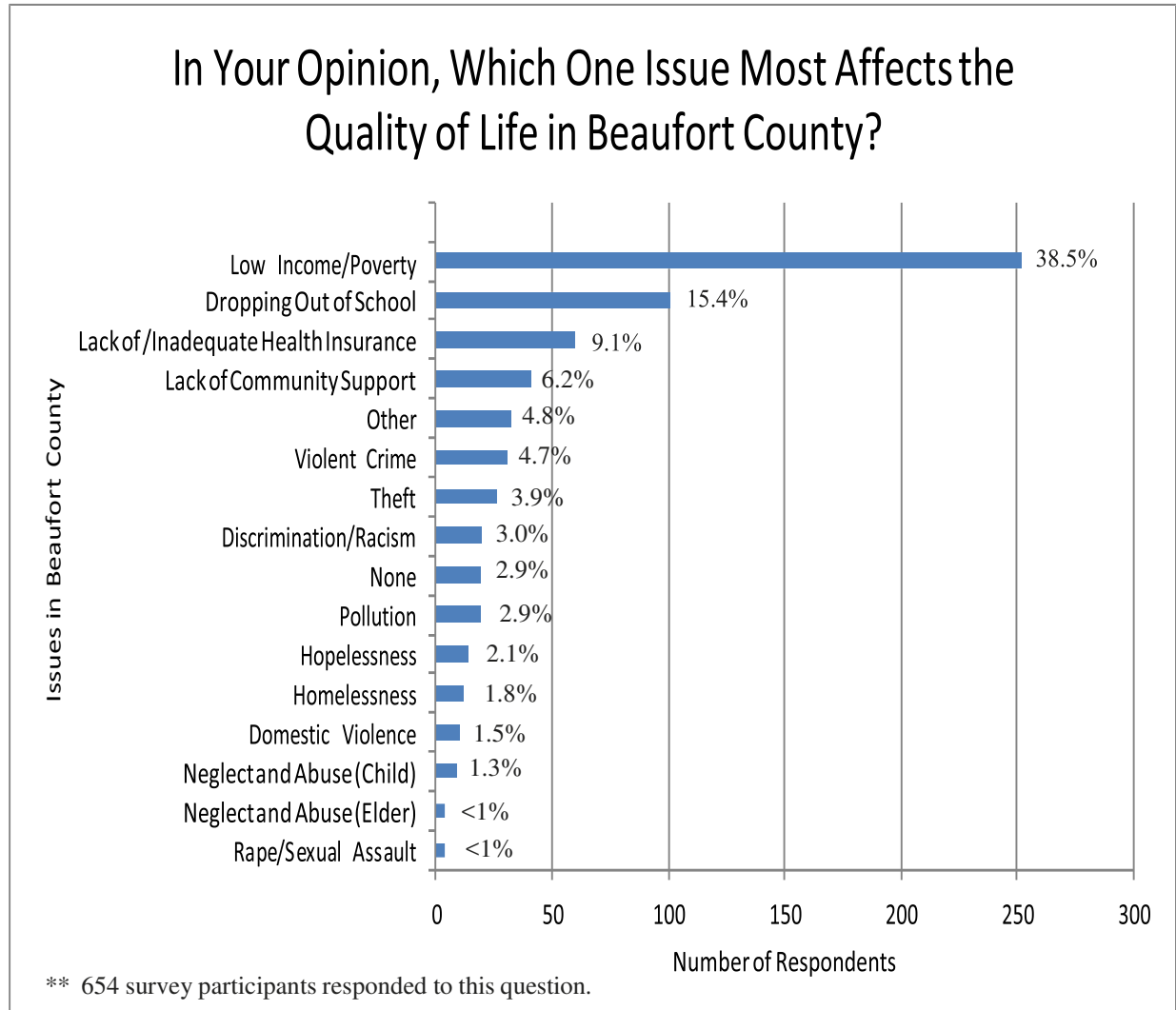
Question six asked how respondents felt about the comment “*There is plenty of help for people during times of need in Beaufort County .*” Options included Strongly Disagree, Disagree, Are Neutral, Agree and Strongly Agree.



According to the graph to the right, over half (52.9%) of surveyed residents agree or strongly agree that there is plenty of help for people during times of need in Beaufort County. However, 20.2% of those surveyed have a negative opinion and either disagree or strongly disagree with that statement while 25.6% are neutral.

Question 7

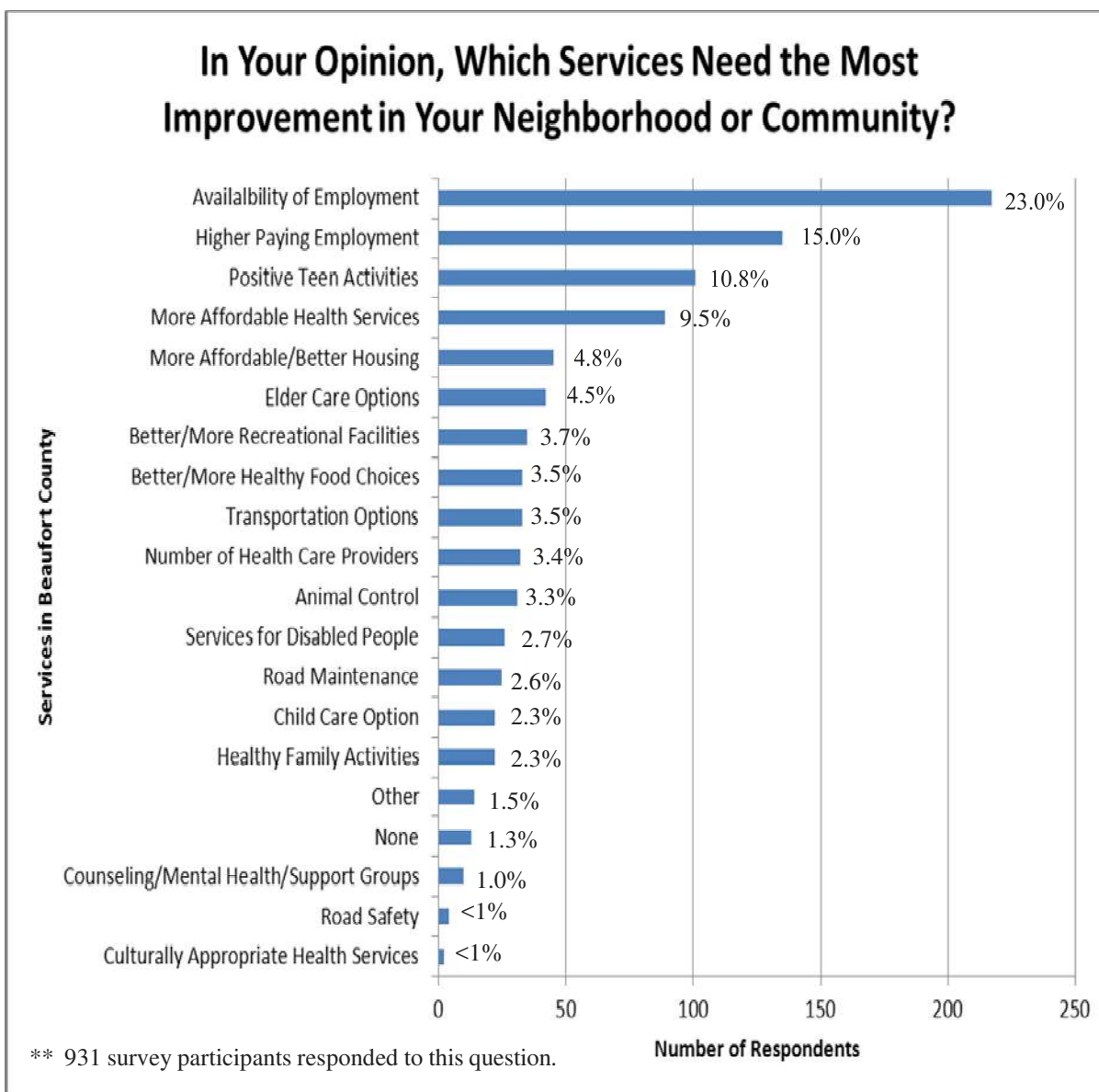
In your opinion, which one issue most affects the quality of life in Beaufort County?



According to the graph above, low income/poverty is by far the one issue that the majority of survey respondents chose that affects the quality of life in Beaufort County. Over 250 people (38.5%) selected low income/poverty as the top issue. The second issue chosen is dropping out of school (15.4%). The third issue is lack of/inadequate health insurance (9.1%). The two issues believed to least affect the quality of life are neglect and abuse towards elders and rape/sexual assault (each <1%).

Question 8

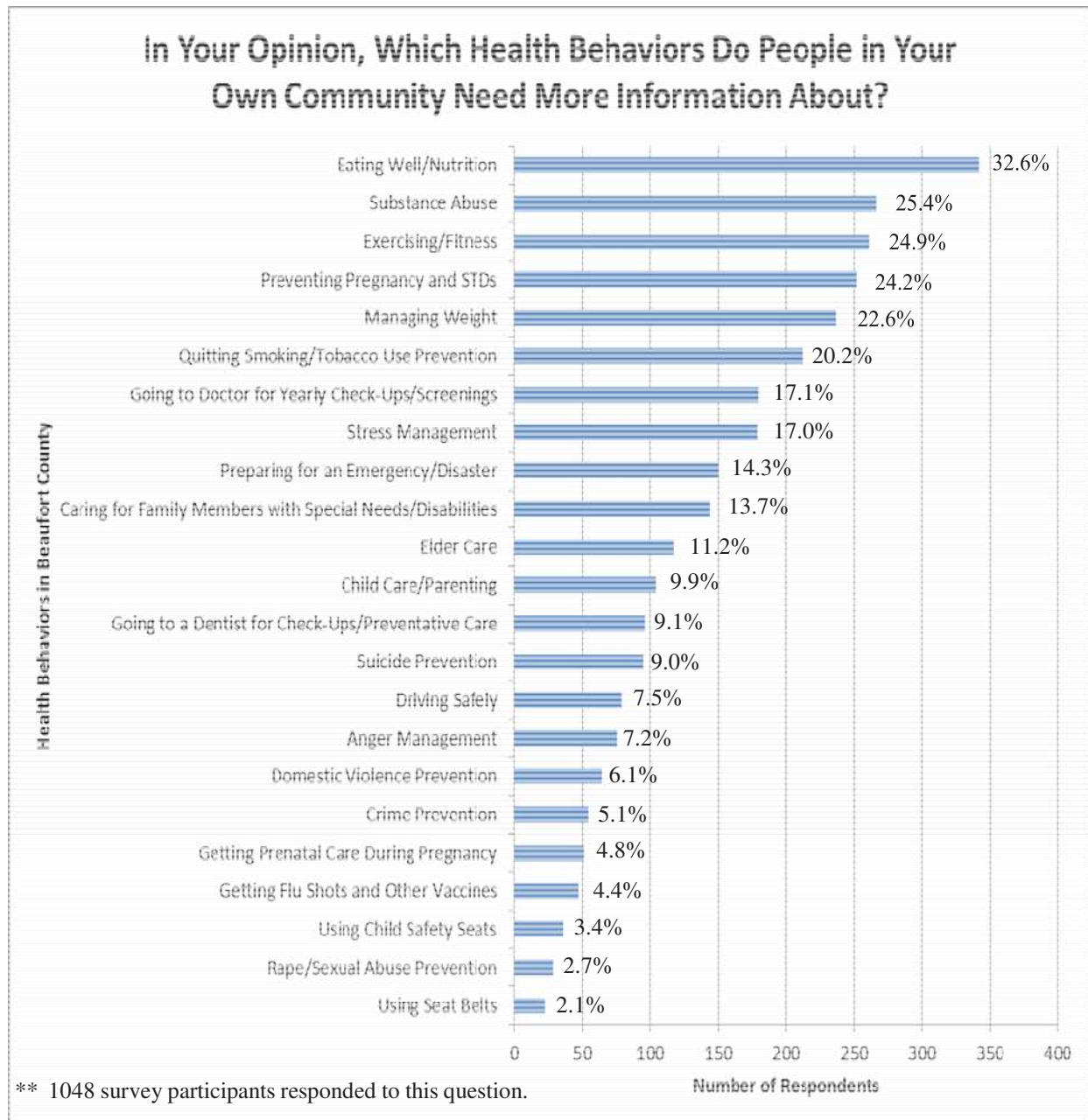
In your opinion, which services need the most improvement in your neighborhood or community?



The majority of survey respondents (217 people) reported that availability of employment was the services that needs the most improvement. The next services chosen most often was higher paying employment, with 135 selecting that response. The services selected the least were culturally appropriate health services and road safety.

Question 9

In your opinion, which health behaviors do people in your own community need more information about?

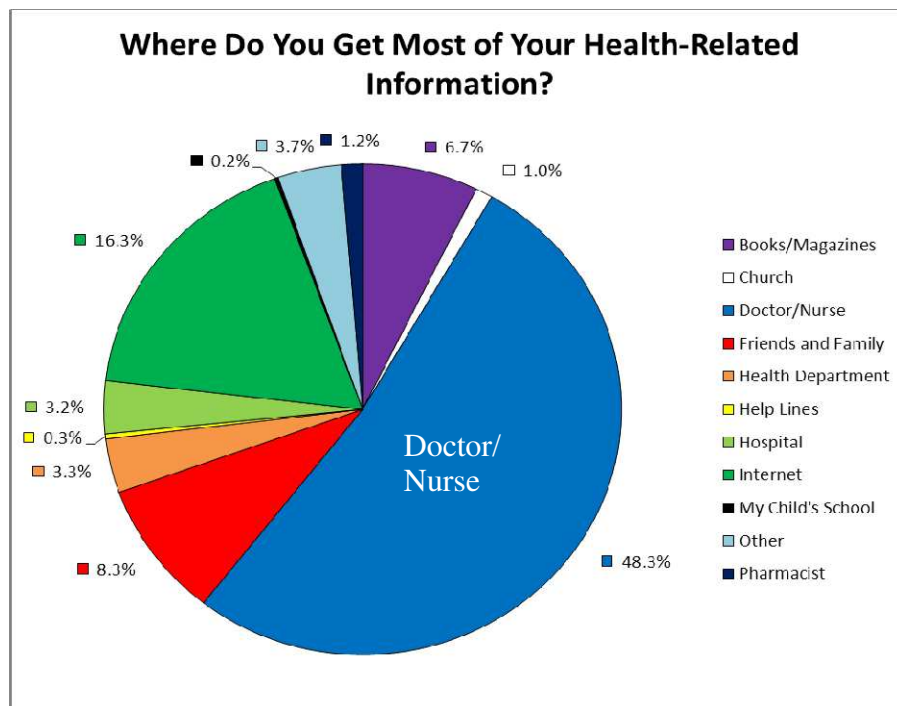


Question nine gave survey respondents the option of choosing three health behaviors they wanted members of their community to know more information about. As shown on the graph above, the majority of respondents (342 people) selected eating well/nutrition. There was also a space available on the survey for people to provide any other ideas not listed. Responses written included, but were not limited to, alcoholism, bullying, child safety, communication with the elderly, diabetes, dental health, and medication management.

Question 10

Where do you get most of your health-related information?

Question ten asked survey participants to choose the one method by which they receive most of their health-related information. Choices were doctors and nurses, pharmacists, hospitals, health departments, friends and family, church, their child's school, help lines, books and magazines, or the internet. "Other" was a choice available where methods could be listed.

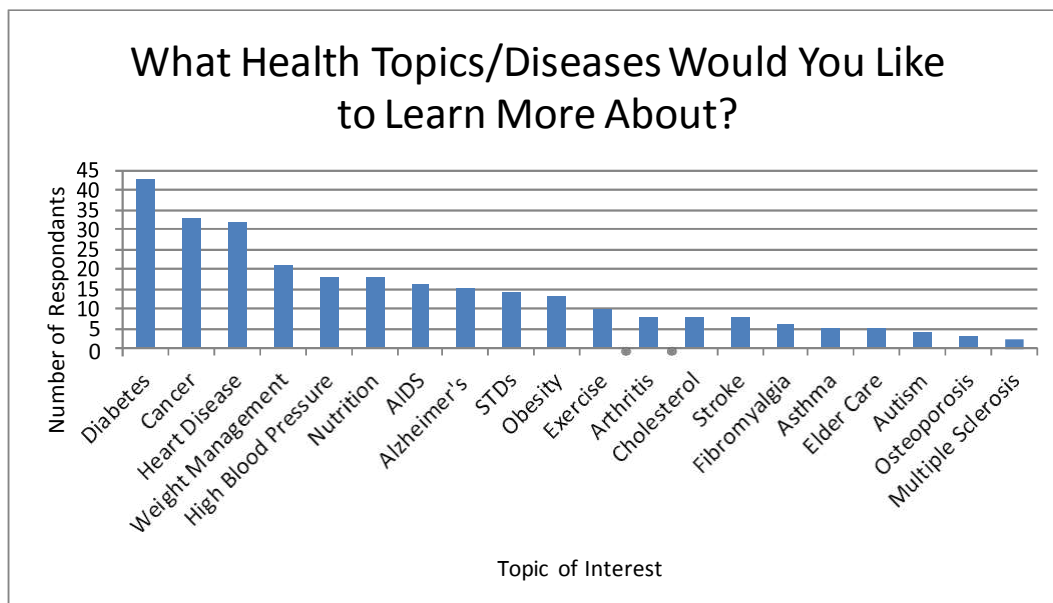


According to the graph, most of the respondents, 48.3%, get their information from a doctor or nurse. A small number also chose "other" and were given the option to list any additional methods of receiving health related information. Included among these were the television, Senior Center, mailings and Cooperative Extension.

Question 11

What health topics/diseases would you like to learn more about?

Question eleven of the 2011 Community Health Assessment Opinion Survey asked survey participants to write in suggestions of health topics and diseases they would like more information about.



More survey participants would like to know more about:

1. Diabetes
2. Cancer
3. Heart Disease

Question 12

Do you have children between the ages of 9 and 19 for which you are the caretaker?

Question twelve data has been omitted. The Community Health Assessment Partnership felt information was easily misinterpreted and would appear deceiving due to the fact data was not collected on caretakers of children between the ages of 0-8 years.

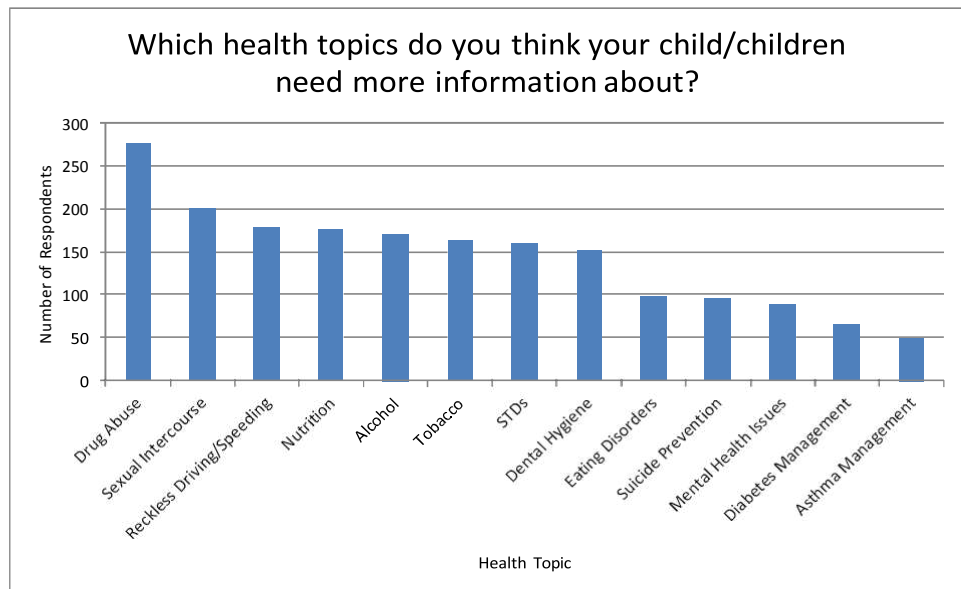
Question 13

Which of the following health topics do you think your child/children need more information about?

The results from this question reflect responses from individuals who are the caretaker of a child between the ages of 9 and 19 years.

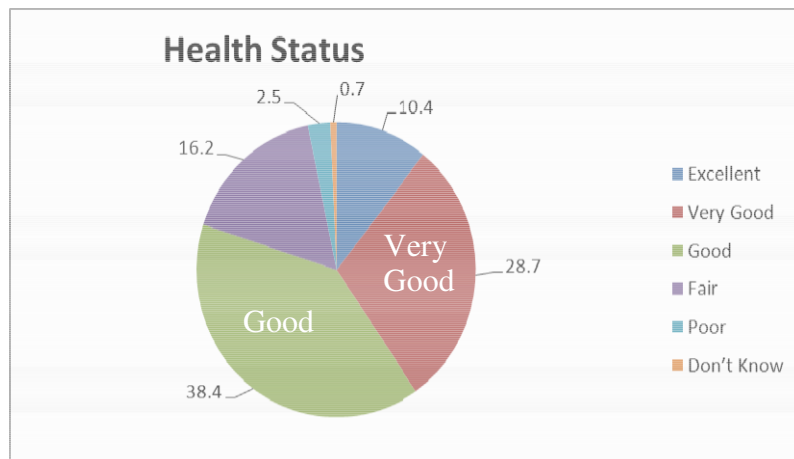
Most caretakers feel children need to know more about:

1. Drug Abuse
2. Sexual Intercourse
3. Reckless Driving/Speeding



Question 14

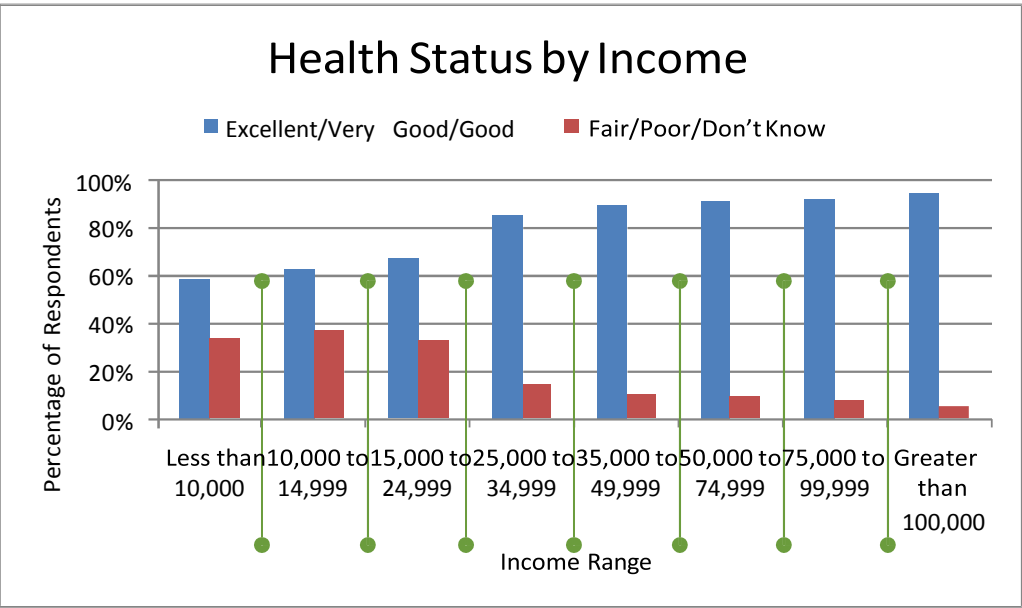
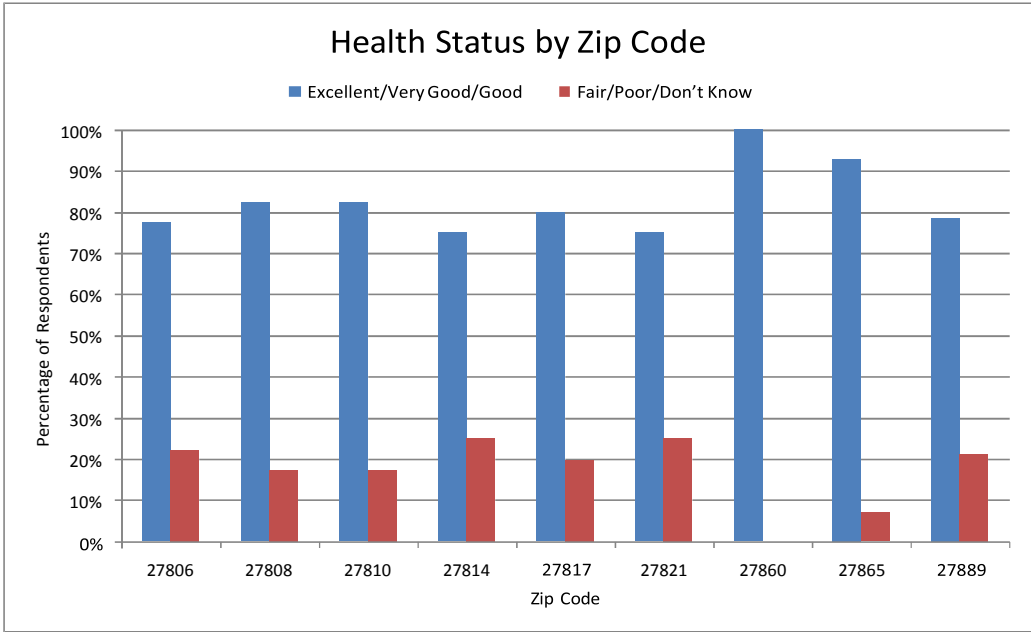
In general, your health is...



Of the 1,015 respondents, participants feel their health is...

- ◆ 10.4% — excellent
- ◆ 28.7% — very good
- ◆ 38.4% — good health
- ◆ 16.2% — fair
- ◆ 2.5% — poor health
- ◆ 0.7% — are unsure of their status

The majority of the respondents in Bath (27808), 34.1%, reported that their health status was very good. The majority of the respondents in Aurora (27806), Belhaven (27810), Blounts Creek (27814), Chocowinity (27817), Edward (27821), Pantego (27860), Pinetown (27865), and Washington (27889) reported that their health status was good.



It is perceived that lower incomes are associated with fair or poor health.

The majority of respondents who had a total household income of less than \$10,000 last year, before taxes, indicated an overall fair health status. The majority of respondents who had a total household income between \$10,000 and \$99,999 indicated an overall good health status. The majority of respondents who had a total household income of \$100,000 or more indicated a very good health status.

Question 15

Have you ever been told by a doctor, nurse or other health professional that you have any of the following health conditions?

	Yes	%
High Blood Pressure	418	39.9%
Overweight/Obesity	319	30.4%
High Cholesterol	293	27.9%
Depression or Anxiety	266	25.4%
Diabetes	169	16.1%
Asthma	122	11.6%
Osteoporosis	98	9.3%
Cancer	81	7.7%
Angina/Heart Disease	72	6.8%

The top three conditions respondents reported:

1. *High Blood Pressure*
2. *Overweight/Obesity*
3. *High Cholesterol*

The most prevalent health condition among respondents is high blood pressure followed by overweight/obesity and high cholesterol. Of the 1,047 respondents, 57 reported that they have been told by a health professional that they have one of the following health conditions, which were not listed in the survey:

- ◆ Acid Reflux
- ◆ Allergies
- ◆ Anemia
- ◆ Ankylosing Spondylitis
- ◆ Arthritis
- ◆ Atrial Fibrillation
- ◆ Attention Deficit Disorder
- ◆ Back Problems
- ◆ Bipolar Disorder
- ◆ Cataracts
- ◆ Chronic Obstructive Pulmonary Disease (COPD)
- ◆ Crohn's Disease
- ◆ Endometriosis
- ◆ Fibromyalgia
- ◆ Hepatitis C
- ◆ High Triglycerides
- ◆ Hypothyroidism
- ◆ Incontinence
- ◆ Kidney Disease
- ◆ Low Blood Pressure
- ◆ Mastocytosis
- ◆ Migraines
- ◆ Mitral Valve Prolapse
- ◆ Multiple Sclerosis (MS)
- ◆ Neuropathy
- ◆ Osteopenia
- ◆ Polymyalgia
- ◆ Reactive Airway Disease
- ◆ Tachycardia
- ◆ Underweight
- ◆ Uritis

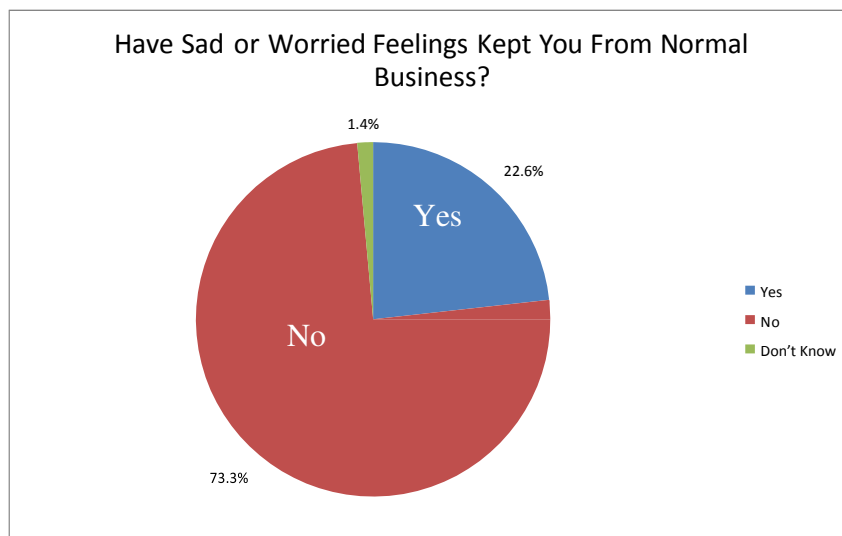
Question 16

In the past 30 days, have there been any days when feeling sad or worried kept you from going about your normal business?

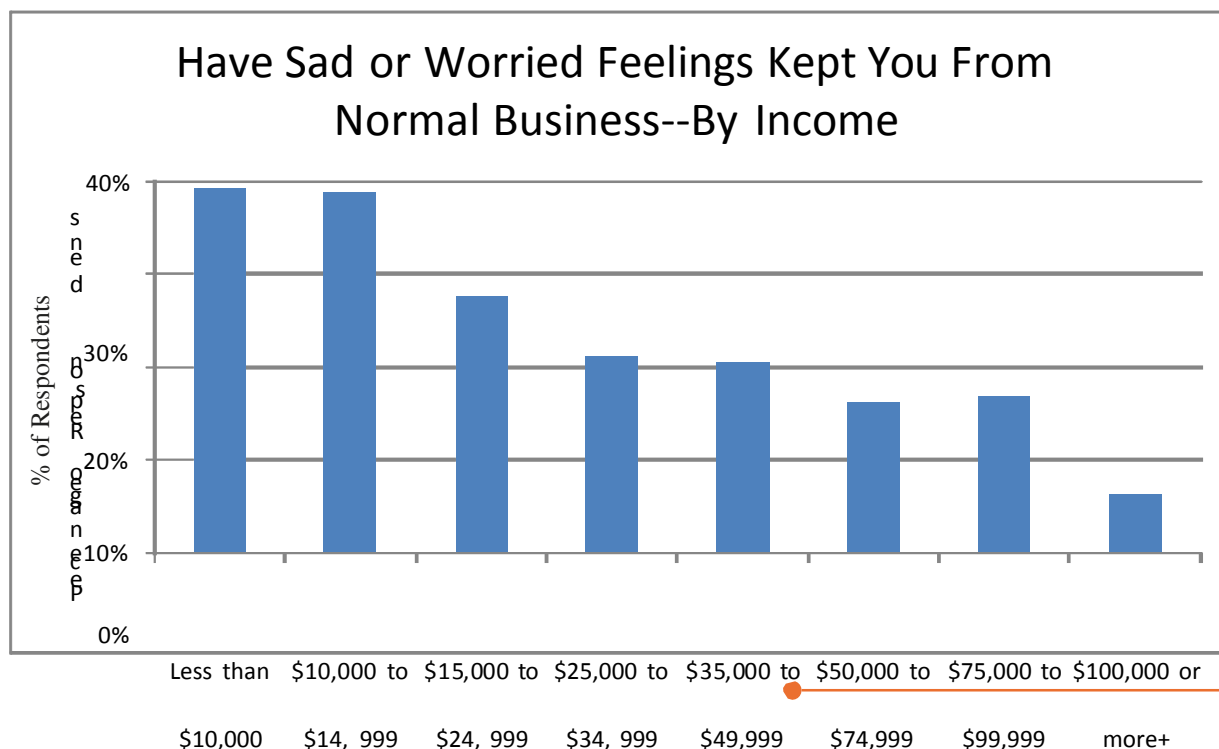
Question sixteen of the 2011 Community Health Assessment Opinion Survey asked participants if they had experienced days of sadness and worry keeping them from going about normal business over the last 30 days. Opinions for selection were “Yes”, “No”, and “Don’t Know”.

Almost one quarter of survey participants have had one or more days in the last month where feeling sad or worried has kept them from going about their normal business.

Based off the chart below, participants with higher incomes, tend to be less sad or worried.



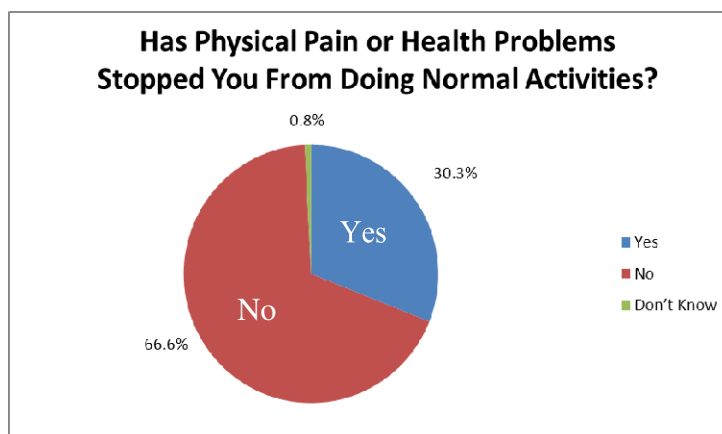
According to the US Census Bureau, the 2009 median household income in Beaufort County was \$38,829. The average household size was 2.36 people.



Question 17

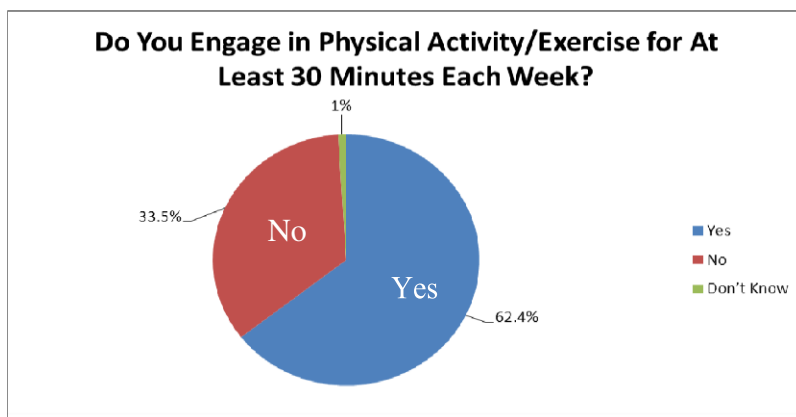
In the past 30 days, have you had any physical pain or health problems that made it hard for you to do your usual activities such as driving, working around the house, or going to work?

Of the 1,023 survey respondents 66.6% did not have any physical pain or health problems that made it hard for them to do their usual activities such as driving, working around the house, or going to work. 30.3% did experience physical pain or health problems that kept them from doing normal activities.



Question 18

During a normal week, other than in your regular job, do you engage in any physical activity or exercise that lasts at least a half an hour?

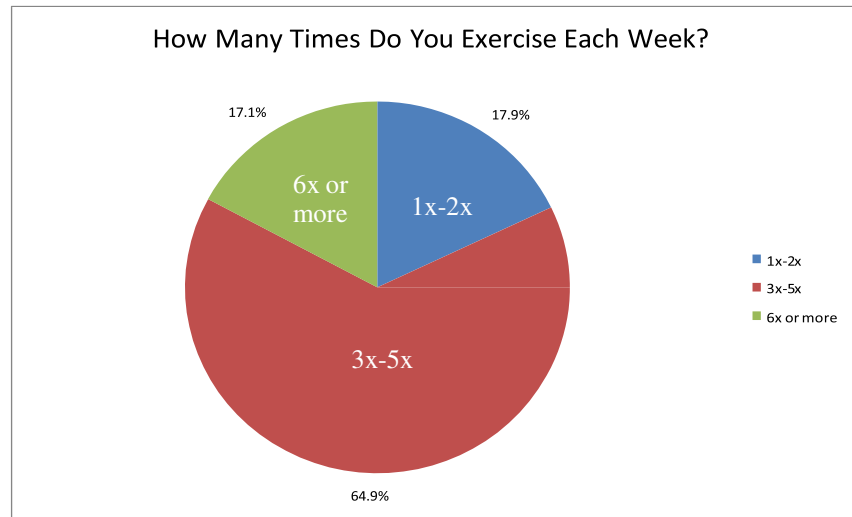


Of the 1,013 respondents, 62.4% do engage in physical activity/exercise for at least 30 minutes each week. 33.5% of respondents do not engage in physical activity/exercise for at least 30 minutes each week, and an additional 1% do not know if they engage in physical activity/exercise for at least 30 minutes during a normal week.

Question 19

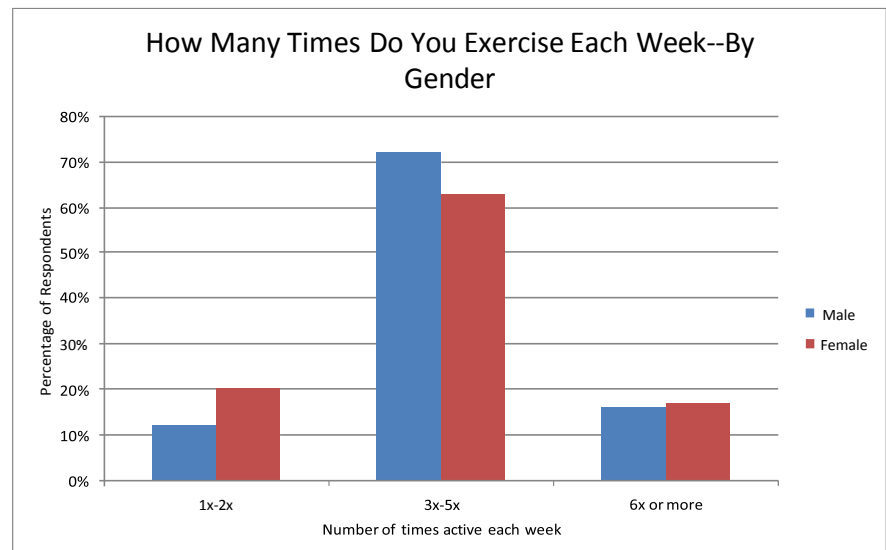
For those who exercise, how many times do you exercise or engage in physical activity during a normal week?

Of the 670 respondents who responded that they do engage in physical activity or exercise, almost two-thirds said they do so three to five times per week.



According to the Centers for Disease Control and Prevention, adults need 2.5 hours of moderate-intensity aerobic activity each week, and muscle-strengthening activities on 2 or more days a week that work all major muscle groups.

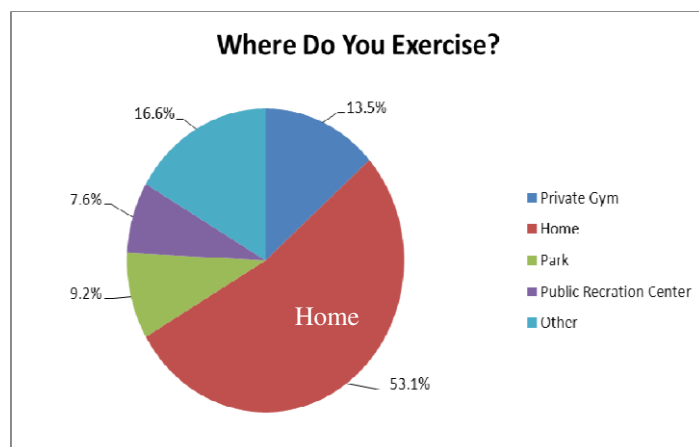
*Mosto/
those
surveyed
exercise
3-5 times
per
week.*



Results of the survey show that more male respondents exercise the recommended three to five times each week compared to females.

Question 20

For those who exercise, where do you go to exercise or engage in physical activity?



Question twenty asked survey respondents to tell where they exercise. Of the 1,044 respondents:

- ◆ 53.1% exercise at their home
- ◆ 13.5% exercise at a private gym
- ◆ 9.2% exercise at the park
- ◆ 7.6% exercise at the public recreation center
- ◆ The remaining 16.6% exercise at other locations not listed on the survey

Question 21

For those who do not exercise, what are the reasons for not exercising at least a half hour during a normal week?

<u>Why Do You Not Exercise?</u>	#	%
I don't have enough time to exercise	110	32.4%
I'm too tired to exercise	96	28.3%
I don't like to exercise	57	16.8%
I don't have access to a facility that has the things I need	51	15.0%
It costs too much to exercise	50	14.7%
My job is physical or hard labor	44	12.9%
I'm physically disabled	38	11.2%
I would need child care and I don't have it	35	10.3%
I don't know how to find exercise partners	20	5.8%
There is no safe place to exercise	12	3.5%
Exercise is not important to me	11	3.2%
I don't know	47	13.8%
Other	27	7.9%

According the survey results, 339 participants do not exercise at least a half hour during a normal week. Most respondents, 18%, reported that they do not exercise for at least 30 minutes during a normal week is because they do not have enough time. 28.3% of respondents reported that they are too tired to exercise and an additional 16.8% reported that they do not like to exercise.

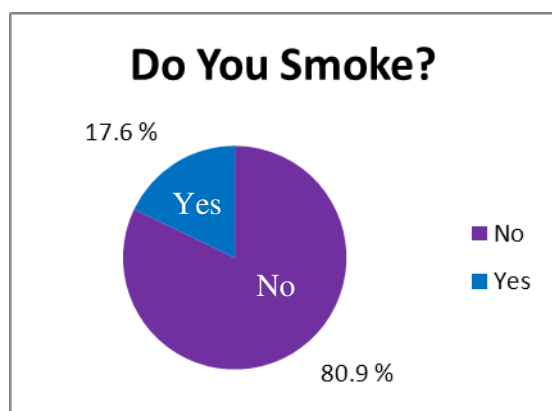
Question 22

How many cups per week of fruits, vegetables, and 100% fruit juice would you say you consume?

Question twenty two data has been omitted. The Community Health Assessment Partnership felt information was easily misinterpreted and would appear deceiving due to the likelihood of respondents answered consumption on a daily basis instead of weekly.

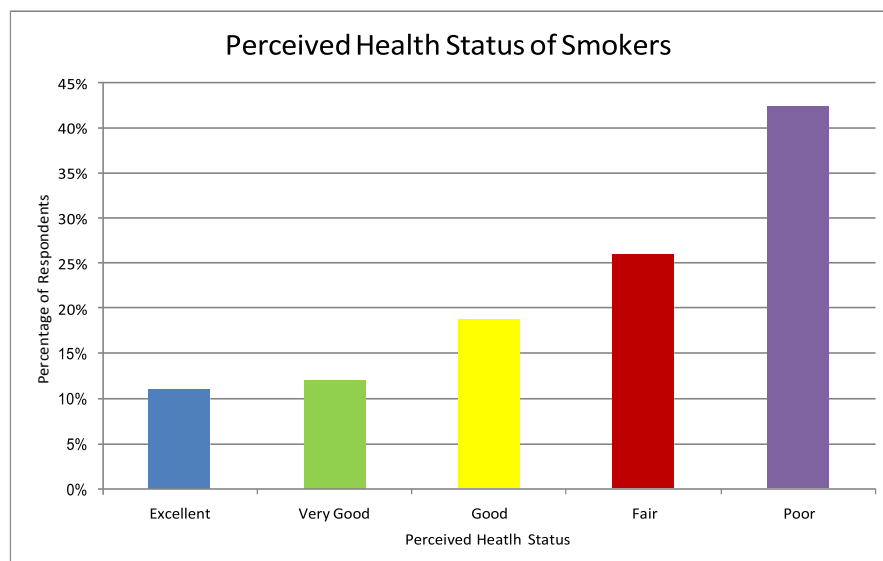
Question 23

Do you currently smoke?



Of the 1,031 who answered this question, 847 do not currently smoke, and 184 do smoke.

Of the survey respondents who said they are smokers, more than two-thirds described their current health status as fair or poor.



According to the Surgeon General, smoking causes many diseases and reduces the health of smokers in general

Question 24

For those who smoke, where would you go for help if you wanted to quit?

Question twenty four asked respondents who listed themselves as a smoker to select where they would go for help if they wanted to quit.

Of the 292 respondents,

- ♦ **10.7%** would seek advice from a doctor
- ♦ **2.4%** would seek help from a church
- ♦ **1.1%** would seek help from the health department
- ♦ **1.1%** would use the Quit Line NC
- ♦ **0.8%** would seek help from a pharmacy
- ♦ **0.5%** would seek help from a private counselor/therapist
- ♦ **6.5%** do not know where they would go for help
- ♦ **2.8%** of respondents do not want to quit smoking
- ♦ **2.3%** would seek help from resources other than those mentioned in the survey

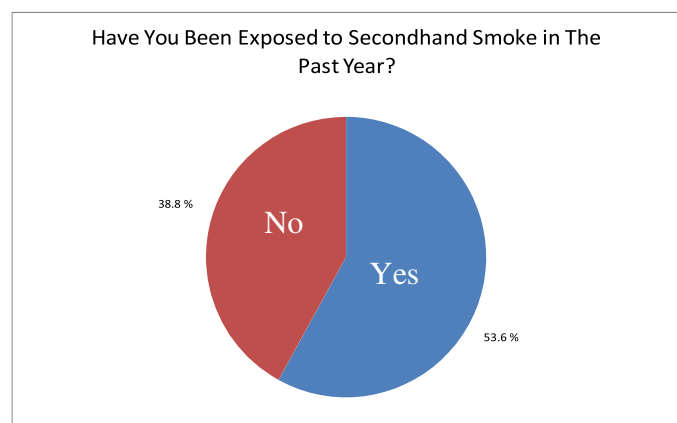
If you or someone
you know is
interested in
quitting, call:

1-800-QUIT-NOW

Question 25

Have you been exposed to secondhand smoke in the past year?

Of the 957 respondents who answered this question, 53.6% reported that they have been exposed to secondhand smoke in the past year.



Question 26

If exposed to secondhand smoke, where do you think you are exposed the most often?

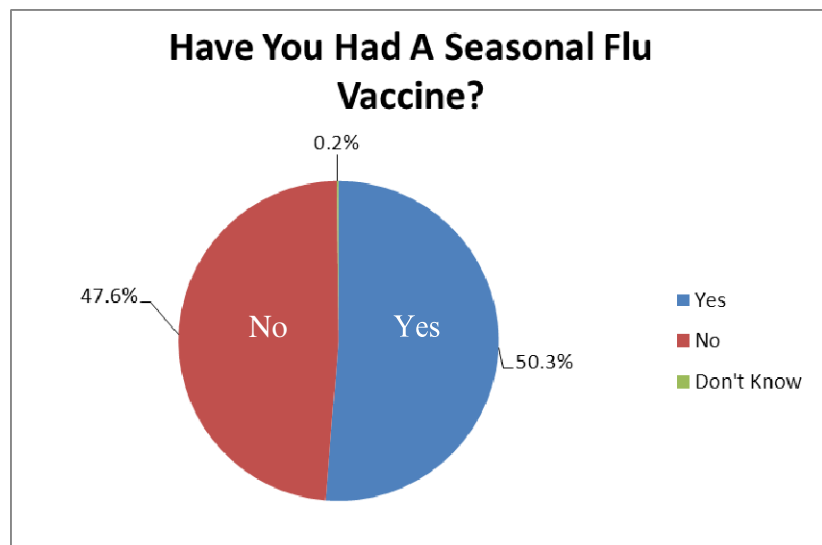
- ♦ 19.5% of respondents were exposed to secondhand smoke at their homes.
- ♦ 9.4% of respondents were exposed to secondhand smoke at their workplace.

As of January 2, 2010, House Bill 2 (S.L. 2009-27 [G. S. 130A-496]) went into effect requiring all restaurants, bars, and many lodging establishments to be smoke-free. The purpose of this law is to reduce the number of individuals who are exposed to secondhand smoke. Studies have shown that secondhand smoke is unsafe for smokers and nonsmokers to breathe and may cause cancer and heart disease.

Question 27

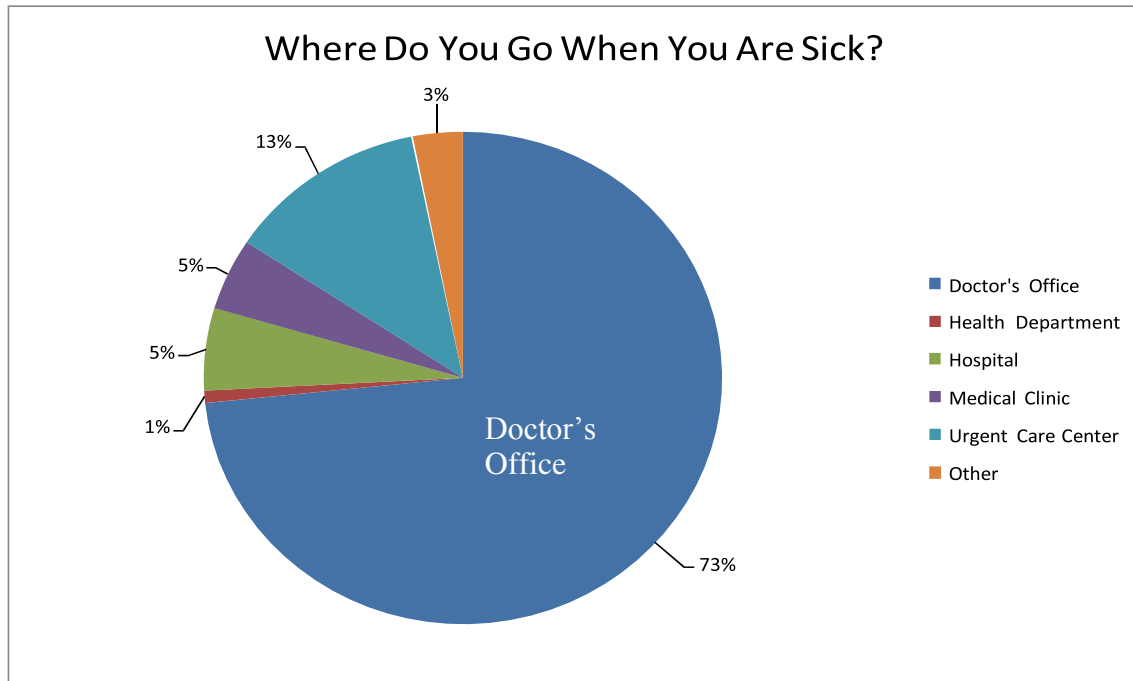
During the past 12 months, have you had a seasonal flu vaccine?

Of the 1,027 respondents who responded to question 27, 50.3% reported that they received a seasonal flu vaccine within the past 12 months. 47.6% of respondents indicated that they did not receive a seasonal flu vaccine during the past 12 months, and less than 1% of respondents did not know if they received a seasonal flu vaccine.



Question 28

Where do you go most often when you are sick?



Question twenty eight asked respondents to identify where they go most often when sick.

Of the 1,012 respondents:

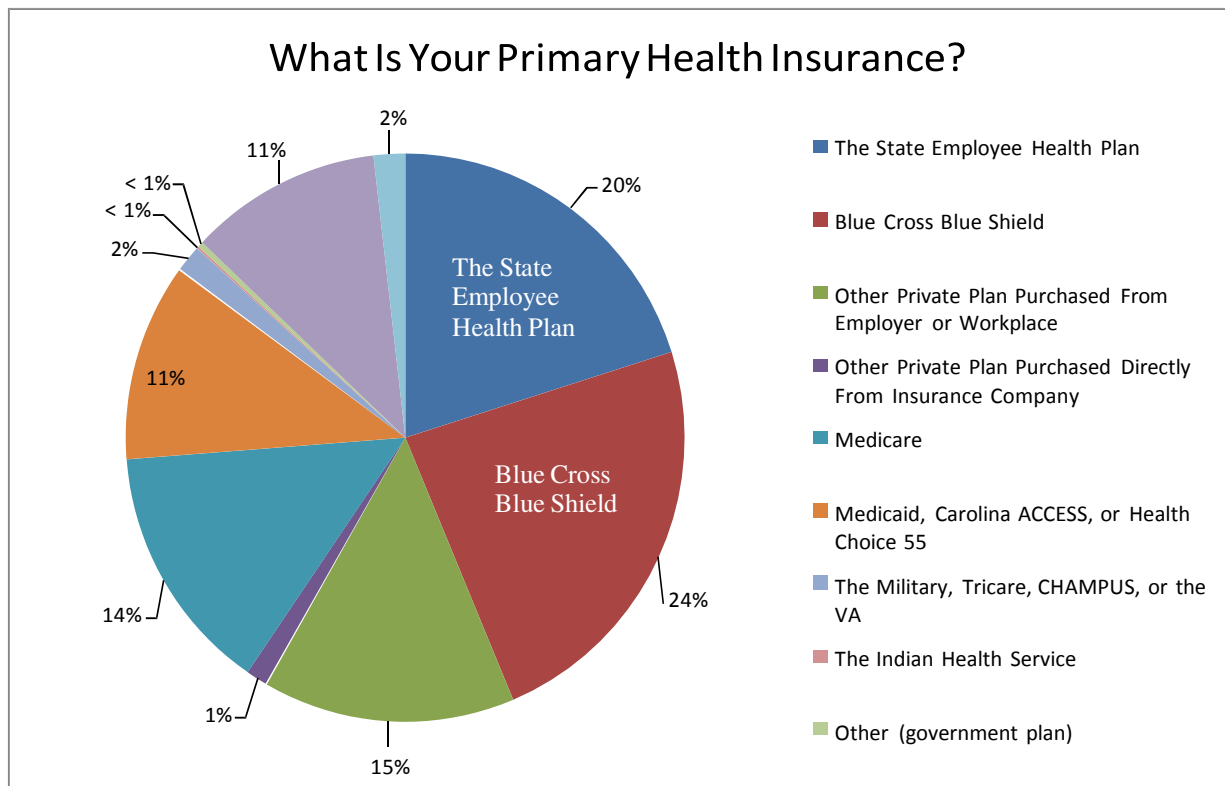
- ◆ 73.3% go to a doctor's office
- ◆ 5% of respondents go to an urgent care center
- ◆ 5.4% of respondents visit the hospital
- ◆ 4.7% of respondents visit a medical clinic
- ◆ 0.8% of respondents visit the health department when they are sick
- ◆ 3.2% of respondents visit a place other than those listed including:
 - ◆ Agape
 - ◆ Brody
 - ◆ Emergency Room
 - ◆ Family Clinic in Chocowinity
 - ◆ Hope Center
 - ◆ Pharmacy
 - ◆ Specialist
 - ◆ Stay home

Question 29

What is your primary health insurance plan?

Question twenty nine asked respondents to identify their primary health insurance plan.

While many participants mentioned multiple insurances for full coverage, participants were asked to identify only their primary insurance-the plan which pays the medical bills first or pays most of the medical bills.



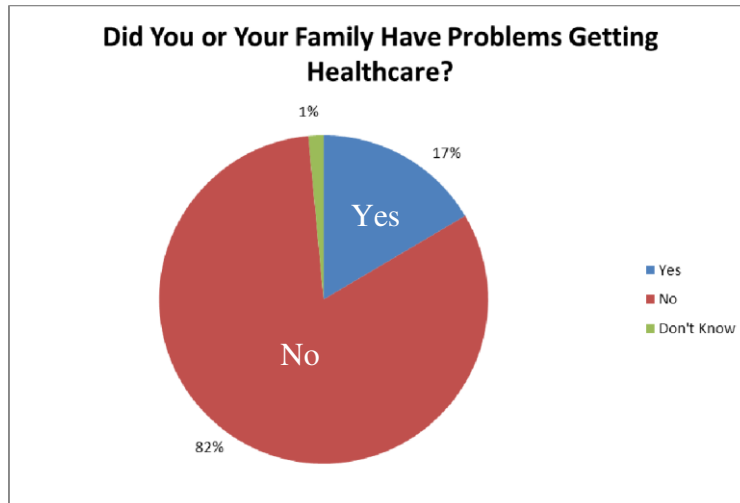
During 2008-2009, 23.5% of Beaufort County adults between the ages of 18 to 64 years were uninsured compared to 23.2% of the same ages across the state of North Carolina.

During 2008-2009, 11.9% of Beaufort County Children ages 0 to 18 years were uninsured compared to 11.5% of the same ages across the state of North Carolina.

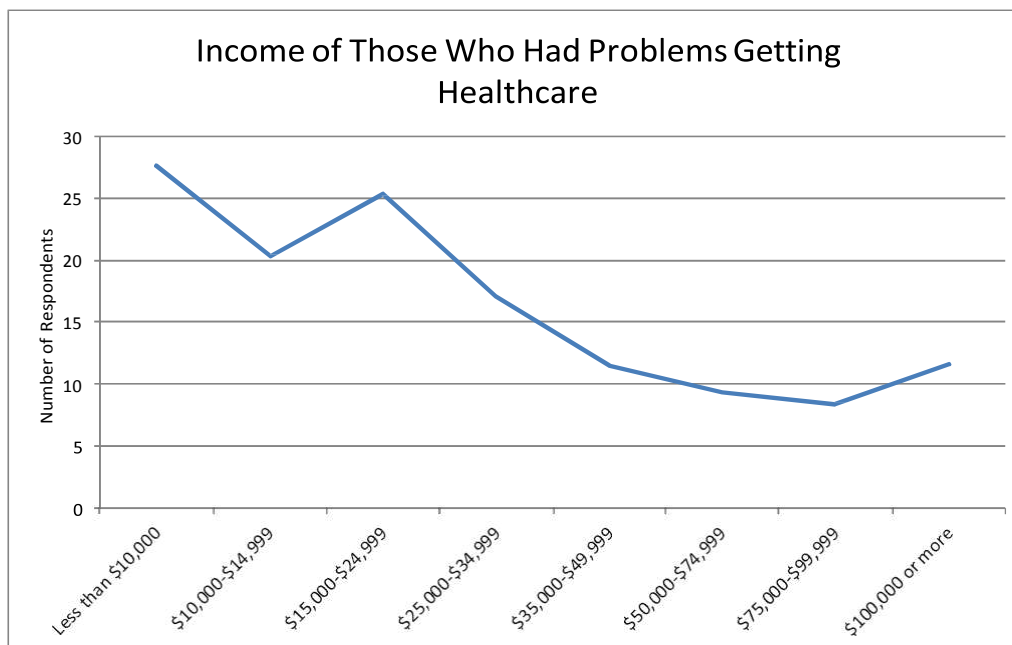
Beaufort County's uninsured rates are slightly higher than the statewide average.

Question 30

In the past 12 months, did you have a problem getting the health care you need for you personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility?



Of the 1,012 respondents to question thirty, 82% reported that they did not have problems getting the healthcare they needed for themselves and/or a family member in the past year. 17% of respondents indicated that they did have problems getting the healthcare they needed for themselves and/or a family member in the past year.

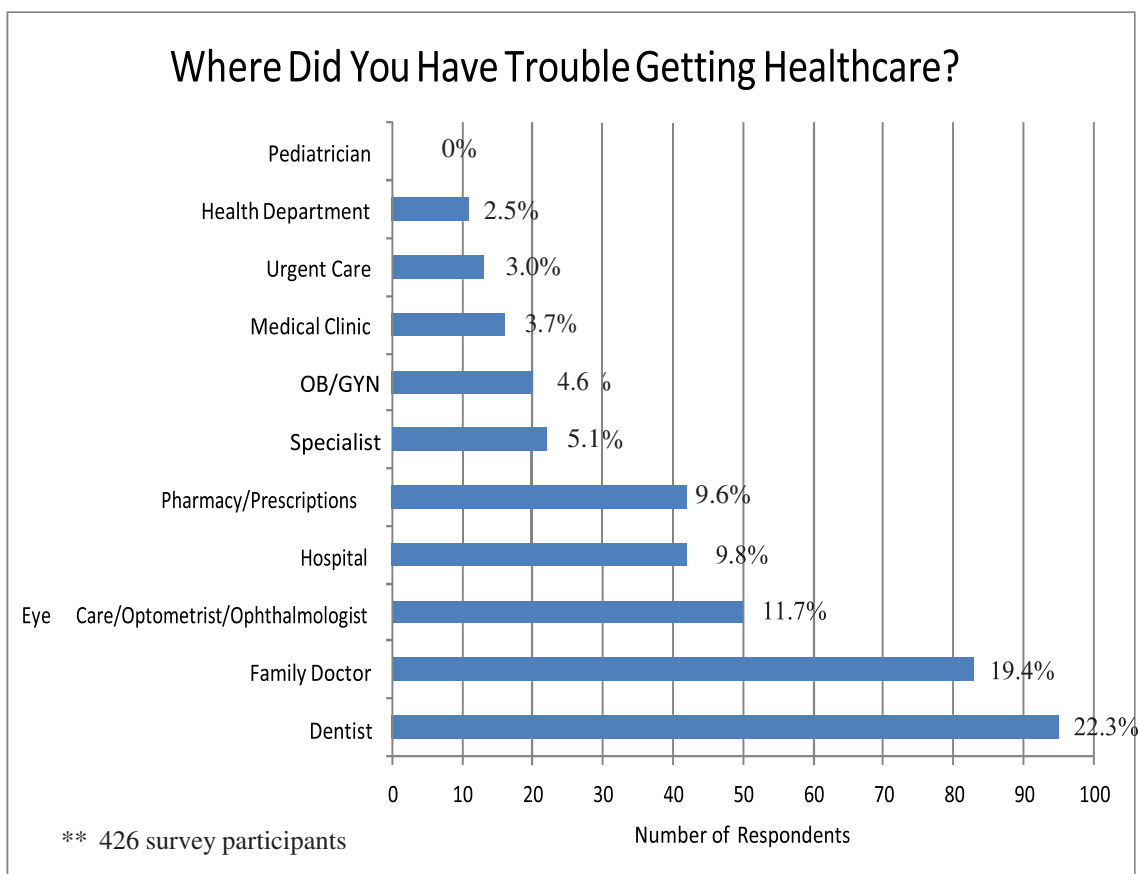


Based on survey results, respondents in the total household income bracket of less than \$10,000 most often had problems getting healthcare for themselves and/or a family member than any other income group. Respondents who had a total household income of \$75,000-\$99,000 had the least problems getting healthcare for themselves and/or a family member in the past 12 months.

Question 31

For those having difficulty with health care, what types of providers or facilities did you or your family member have trouble getting care from?

Question thirty one asked survey participants who said they had trouble getting healthcare in the past twelve months to list where they had problems getting healthcare.



33 survey respondents selected “Other” when asked to choose where they had trouble getting healthcare. Survey participants were asked to list where they had problems. The list included:

- ◆ Agape Health Clinic
- ◆ All
- ◆ Back Surgeon
- ◆ Cardiologist
- ◆ Dental Surgeon
- ◆ Dept. of Social Services
- ◆ Dermatologist
- ◆ Doctor Mary Conway
- ◆ Emergency Room
- ◆ Endocrinologist
- ◆ Gastroenterologist
- ◆ Hope Clinic
- ◆ Neurologist
- ◆ Nephrologist
- ◆ Orthopedist
- ◆ Pamlico Internal
- ◆ Pediatrician
- ◆ Psychiatrist
- ◆ Surgeon
- ◆ Urologist
- ◆ VA

Question 32

Which of these problems prevented you or your family member from getting the necessary health care?

Question thirty two asked those who had problems getting healthcare to describe the problem they had. The main problems of not receiving needed healthcare were lack of insurance or insurance not covering the needed healthcare.

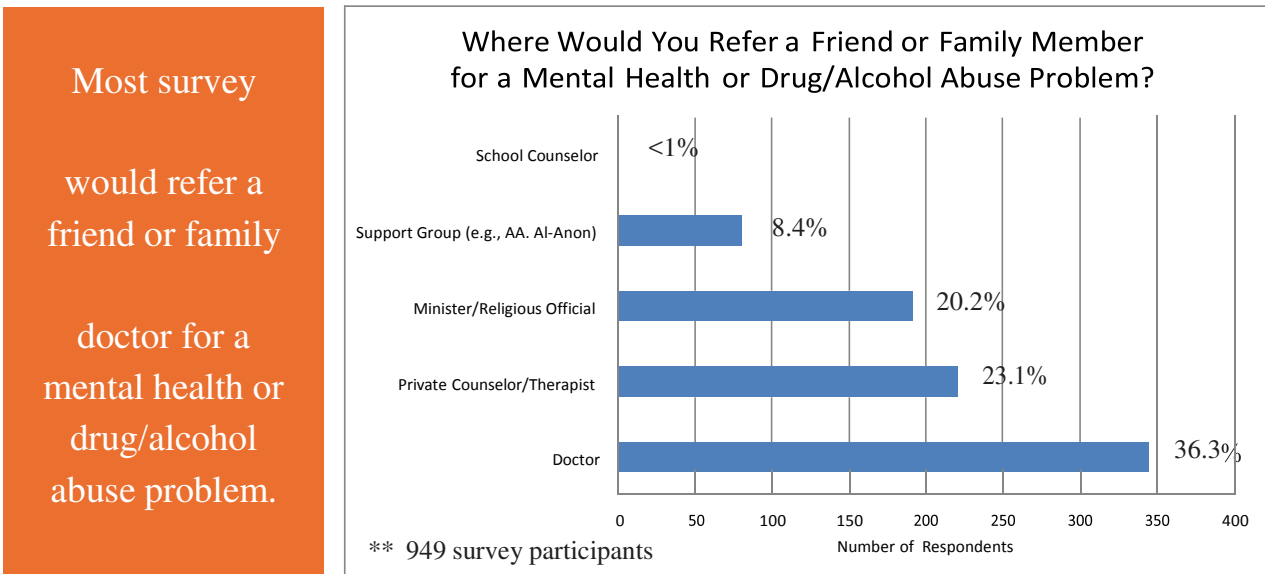
	#	%
No health insurance	124	38.4%
Insurance didn't cover what I/we needed	43	12.4%
My/our share of the cost was too high	32	9.2%
The wait was too long	25	7.2%
Doctor would not take my/our insurance or Medicaid	23	6.6%
Couldn't get an appointment	23	6.6%
Dentist would not take my/our insurance or Medicaid	15	4.3%
Pharmacy would not take my/our insurance or Medicaid	10	2.8%
No way to get there	10	2.8%
Didn't know where to go	8	2.3%
Hospital would not take my/our insurance	4	1.1%
Other	29	8.3%

Over twenty survey participants listed “Other” problems getting healthcare. Responses included:

- ◆ Couldn't get Medicaid
- ◆ Couldn't see a doctor in a timely manner
- ◆ Even with insurance, costs are too high
- ◆ Hard to find physician accepting patients
- ◆ Have flex plan, but have to have cash up front
- ◆ Lack of doctors
- ◆ Medicaid would not cover prescriptions
- ◆ Medicaid would not cover x-rays
- ◆ Needed pre-screening
- ◆ No call back, had to go to Urgent Care
- ◆ No dentist to do root canal
- ◆ No doctor in the area
- ◆ No money once I could go
- ◆ No pediatric ophthalmologist in the area
- ◆ No work
- ◆ Retired
- ◆ Too many patients
- ◆ Wanted payment upfront

Question 33

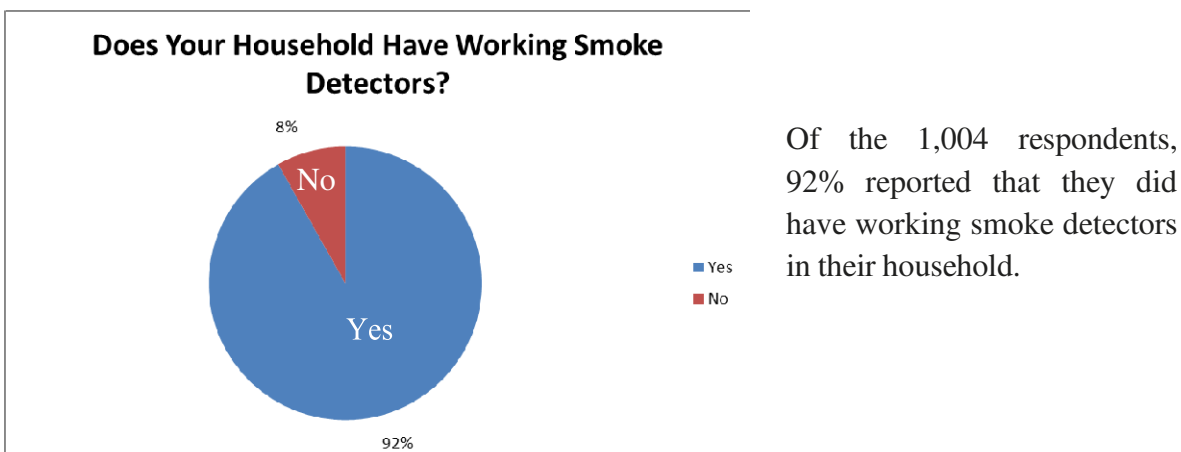
If a friend or family member needed counseling for a mental health or a drug/alcohol abuse problem, who is the first person you would tell them to talk to?



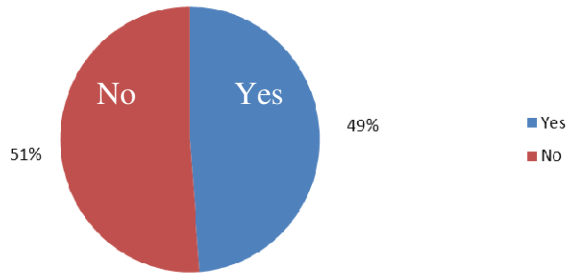
Question 34

Does your household have working smoke and carbon monoxide detectors?

Question thirty four asked respondents to identify if they had working smoke and carbon monoxide detectors.



Does Your Household Have Working Carbon Monoxide Detectors?



Of the 847 respondents, just under half, 49%, reported that they did have working carbon monoxide detectors in their households.

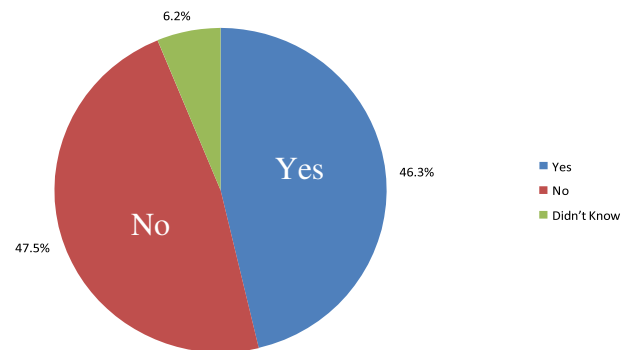
Carbon monoxide is an odorless, colorless gas that can cause sudden illness and death.

Question 35

Does your family have a basic emergency supply kit?

Question thirty five asked participants to identify if they had a basic emergency supply kit. The results were split.

Does Your Family Have a Basic Emergency Supply Kit?

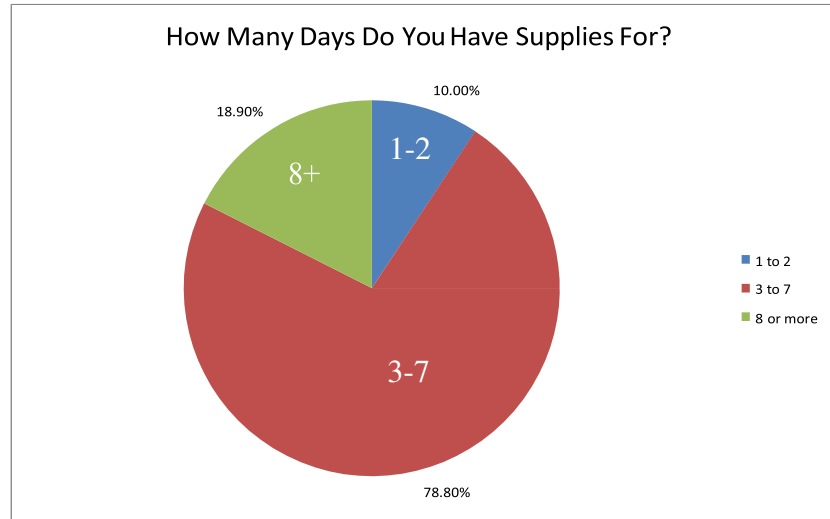


A basic emergency supply kit can prepare your family for emergencies. Plan to have at least 3 to 7 days of supplies including water, nonperishable food, personal supplies, and important documents.

Question 36

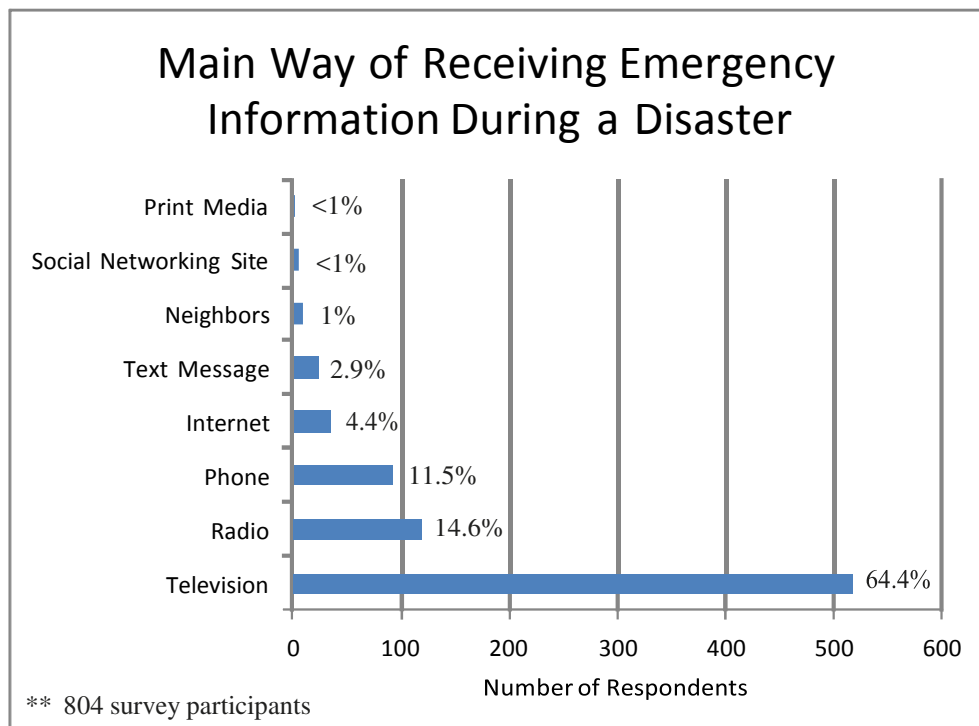
For those who have a supply kit, how many days do you have supplies for?

439 survey participants said they had a basic supply kit. Over three-fourths of respondents said they would have supplies lasting at a minimum of three days in the event of an emergency.



Question 37

What would be your main way of getting information from authorities in a large-scale disaster or emergency?

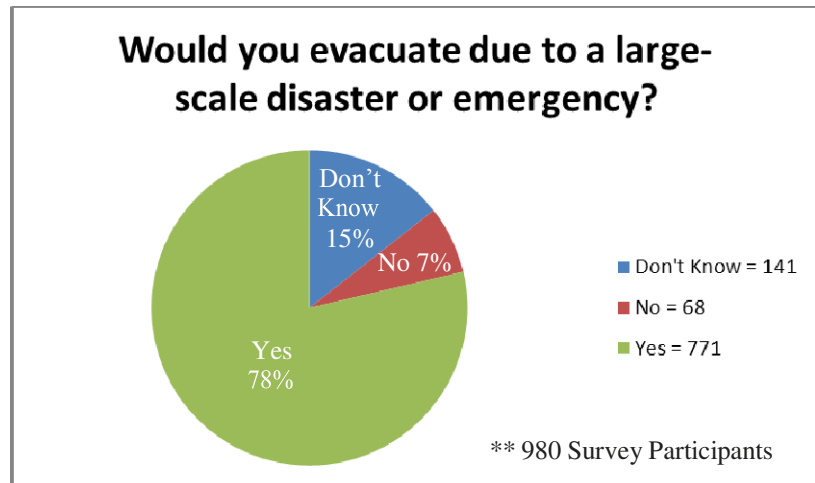


Battery operated radios can help you receive important information should electricity be unavailable and telephone lines down.

Question 38

If public authorities announced a mandatory evacuation from your neighborhood or community due to a large-scale disaster or emergency, would you evacuate?

The majority of Beaufort County respondents reported they would evacuate due to a large-scale disaster or emergency. However, more than 20% of respondents were unsure or would choose to stay.



Question 39

What would be the main reason you might not evacuate if asked to do so?

Why Would You Not Evacuate If Asked To Do So?

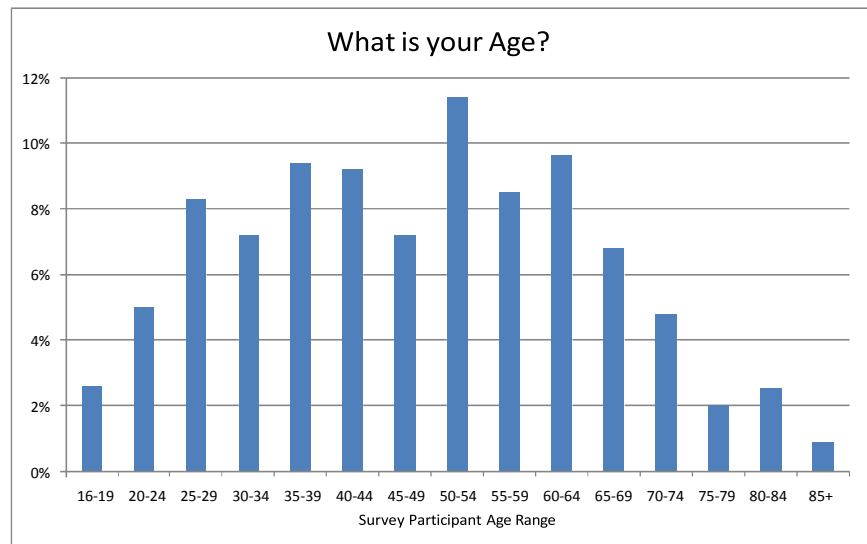
	Number	Percent
Health problems	11	3.3%
Concern about personal safety	17	5.1%
Concern about traffic jams and inability to get out	19	5.7%
Lack of transportation	37	11.2%
Concern about family safety	46	13.9%
Concern about leaving pets	69	20.9%
Concern about leaving property behind	77	23.4%
Don't know	53	16.1%

** 329 survey participants

Question 40

What is your age?

This graph shows the age distribution of survey participants.

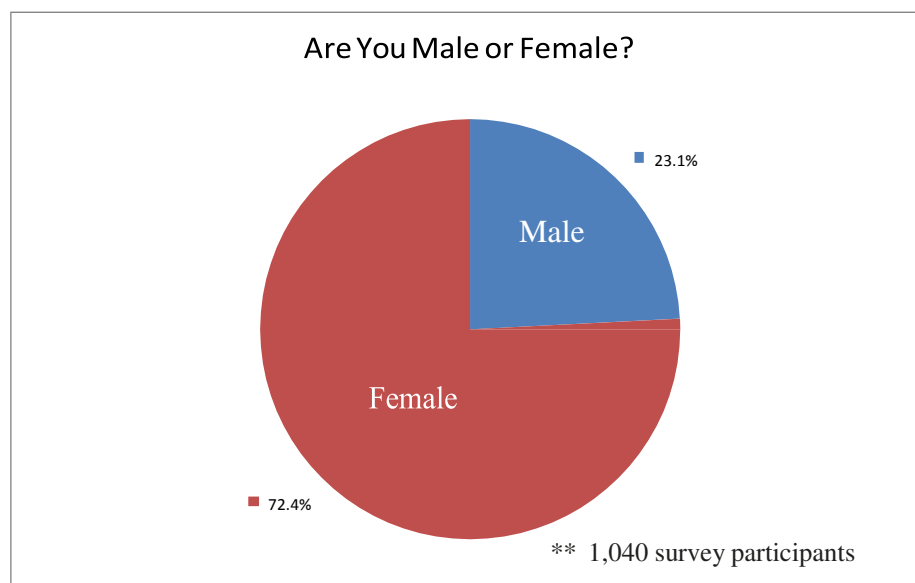


** 1,038 survey participants

Question 41

Are you male or female?

This chart shows that of the survey respondents who identified themselves as either male or female, almost three-fourths were female.



Question 42a.

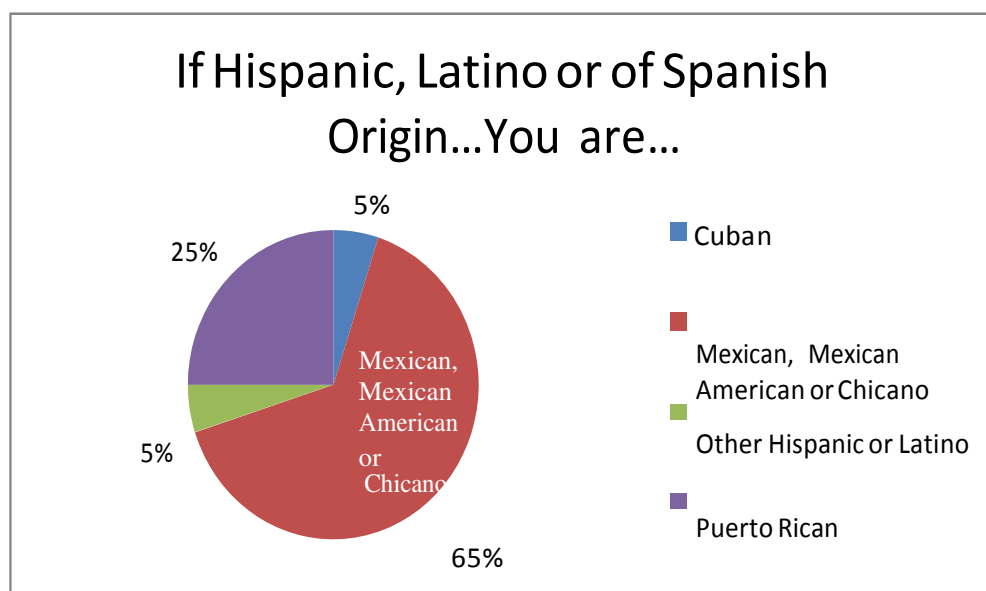
Are you of Hispanic, Latino, or Spanish origin?

Are you of Hispanic, Latino or Spanish origin?	Frequency	Percent
Did Not Answer	88	8.4%
No	932	89.1%
Yes	26	2.5%

Question 42b.

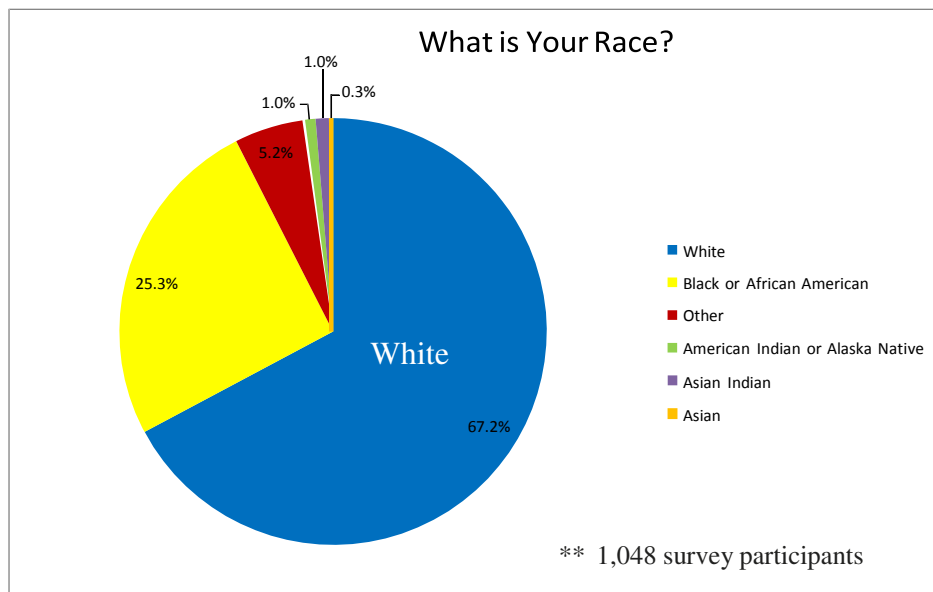
Of those Hispanic, Latino, or Spanish origin, are you..

- ♦ Mexican, Mexican American, or Chicano
- ♦ Puerto Rican
- ♦ Cuban
- ♦ Other



Question 43

What is your race? Please check all that apply.



The chart to the left shows that survey respondents mostly considered their race as white or black or African American.

Question 44a.

Do you speak a language other than English at home?

Do you speak a language other than English at home?	%
Yes	4.4%
No	90.2%
Did Not Answer	5.4%

Question 44b.

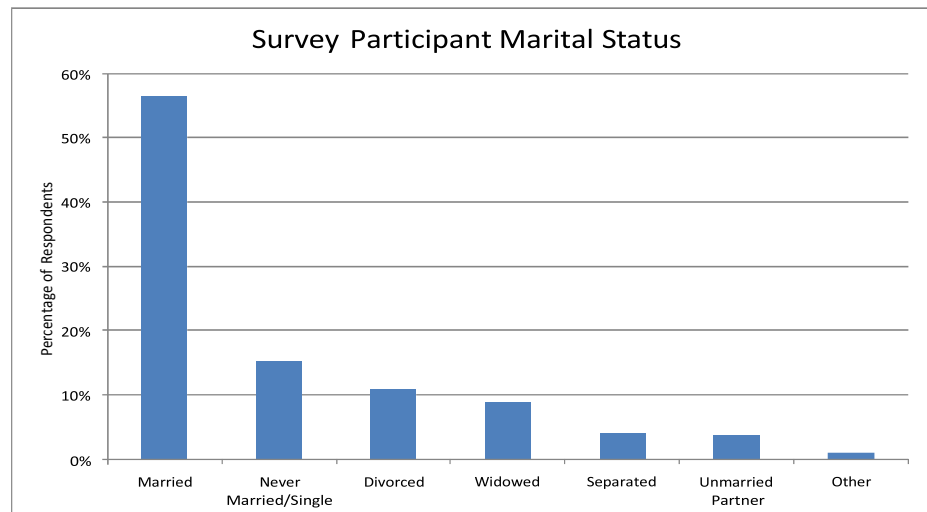
If you speak a language other than English at home, what language?

- ◆ Dutch (1)
- ◆ French (1)
- ◆ German (3)
- ◆ Hebrew (1)
- ◆ Italian (1)
- ◆ Portuguese (1)
- ◆ Puerto Rican (1)
- ◆ Romanian (1)
- ◆ Russian (1)
- ◆ Sign Language (1)
- ◆ Spanish (27)
- ◆ Ukrainian (1)
- ◆ Yiddish (1)

Question 45

What is your marital status?

Most survey participants are married.



Question 46

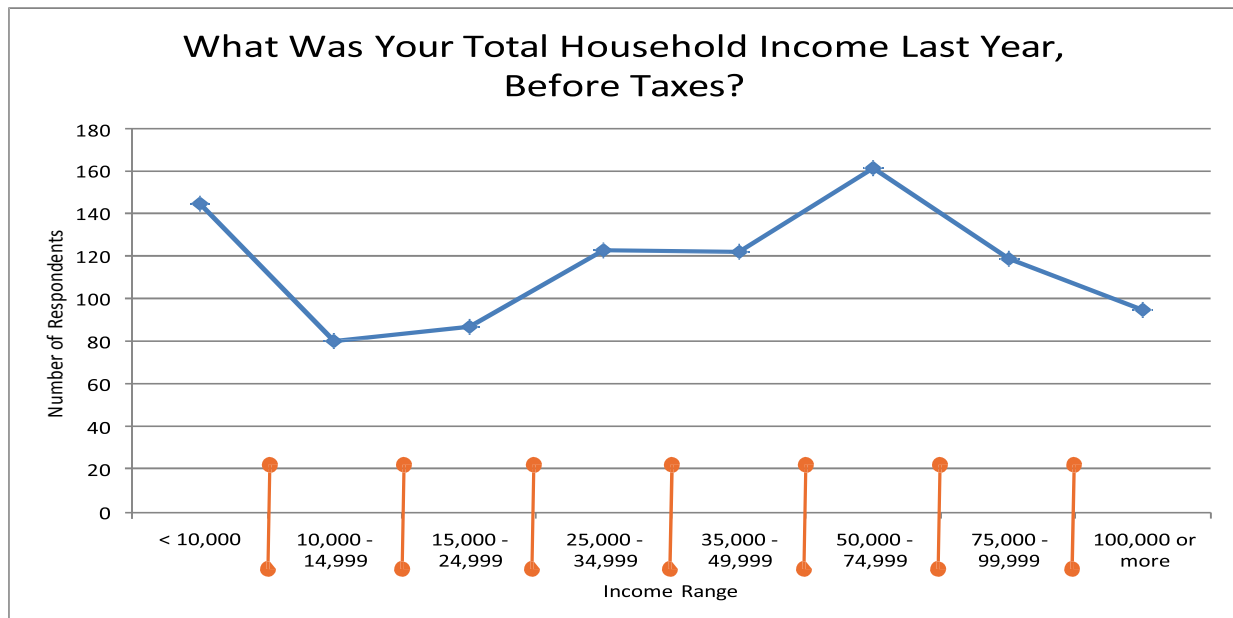
What is the highest level of school, college or vocational training you have finished?

	Percentage	Number
< 9th grade	2.1%	21
9th - 12th Grade, No Diploma	9.5%	94
High School Graduate or Equivalent	23.3%	231
Some College	20.4%	202
Associates Degree or Vocational Training	14.9%	148
Bachelors Degree	15.9%	158
Graduate or Professional Degree	12.5%	124
Other	1.4%	14

** 992 survey participants

Question 47

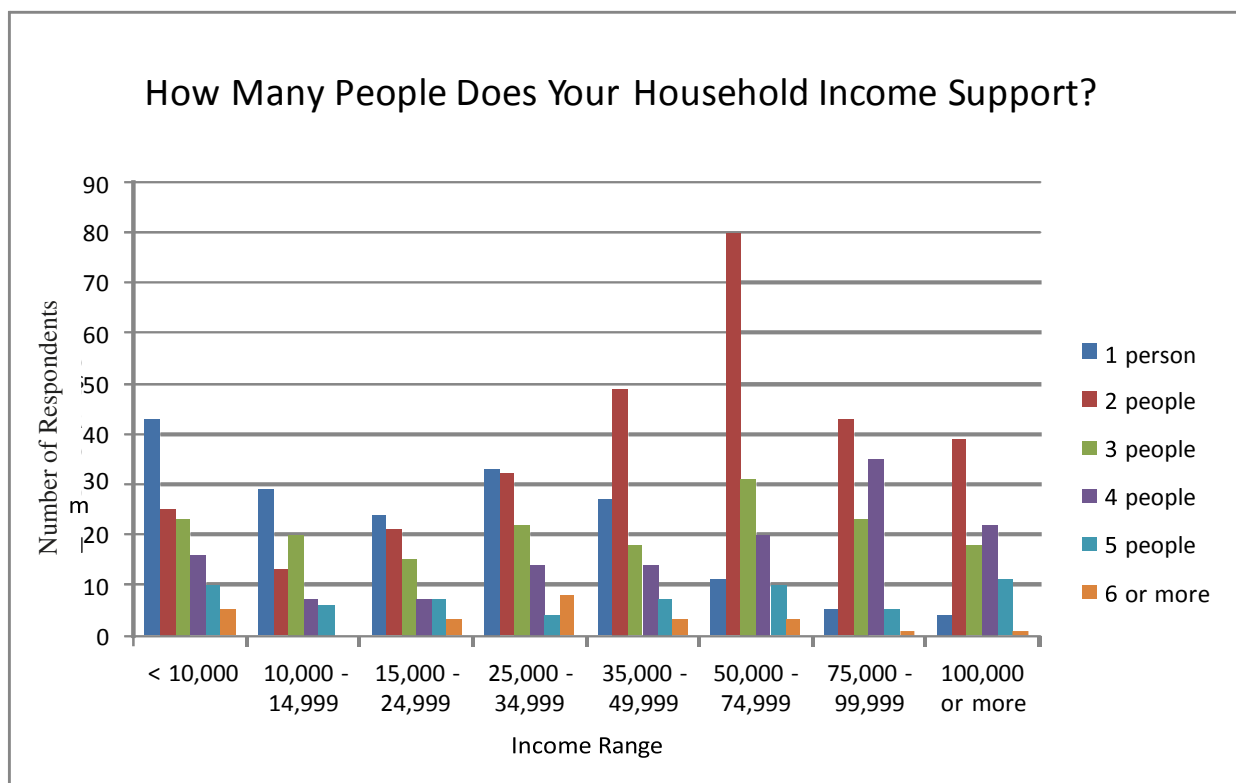
What was your total household income last year, before taxes?



The Median Household Income in 2009 was \$38,829.

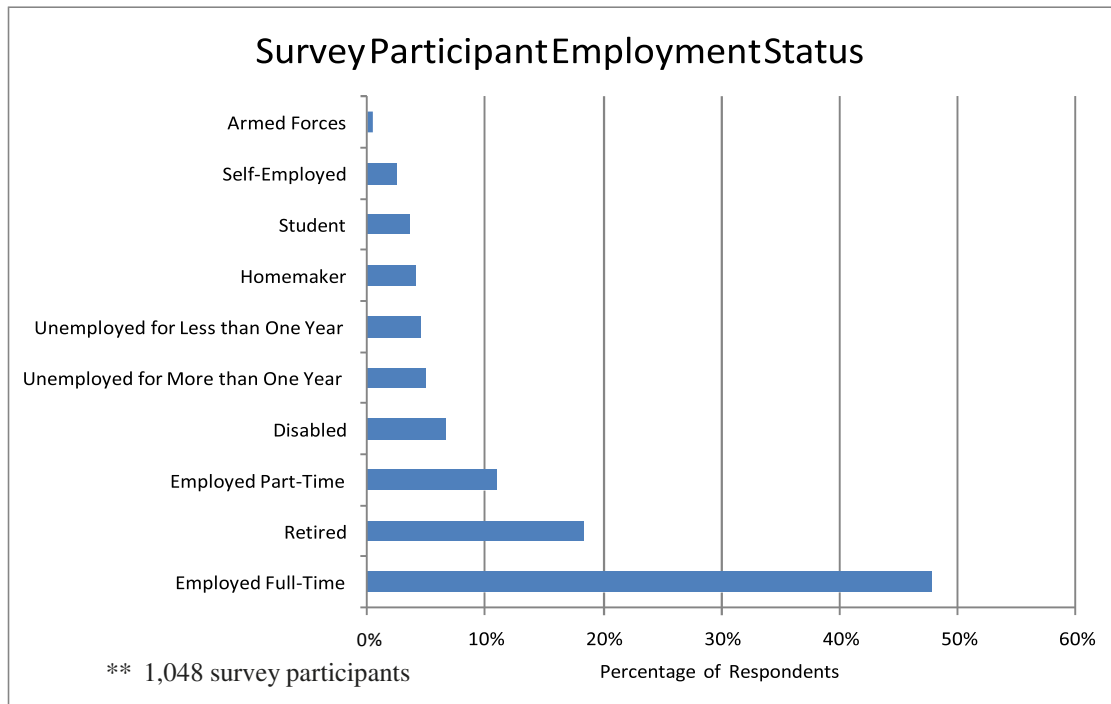
Question 48

How many people does your income support?



Question 49

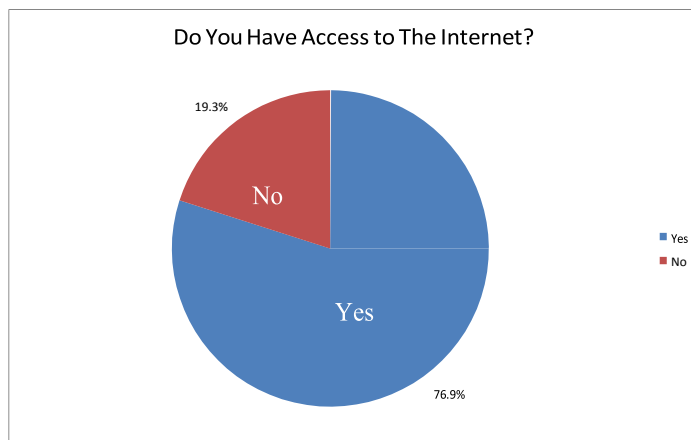
What is your employment status?



Almost half of the participants surveyed are employed full-time.

Question 50

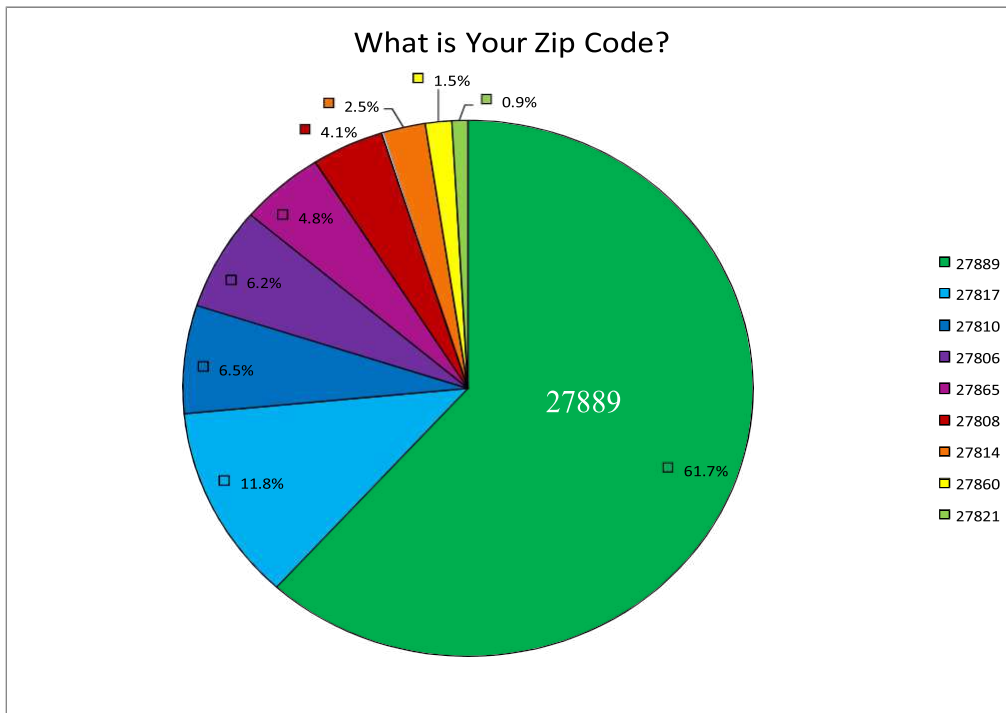
Do you have access to the internet?



*Over 75% o/survey
participants have
access to the internet.*

Question 51

What is your zip code?



Slightly over 60% of survey participants listed their zip code as 27889, Washington.

Zip Code	Location
27889	Washington
27817	Chocowinity
27810	Belhaven
27806	Aurora
27865	Pinetown
27808	Bath
27814	Blounts Creek
27860	Pantego
27821	Edward



Section VII

Beaufort County

In Comparison

Beaufort County is comparable to the North Carolina Counties of Lee, Montgomery and Person. These “peer counties” are considered similar based on the following criteria, which indicate different health needs or risk factors:

- ◆ Percentage of population less than 18 years old
- ◆ Percentage of population over 64 years old
- ◆ Percentage of non-white population
- ◆ Percentage of families with children (<18) living below the poverty level
- ◆ Total county population size

These comparisons are from the past five years of data.

Note: Rates or percentages which have a numerator value less than 20 are statistically unstable and have been shaded gray.

% Estimate of Uninsured Age 0-18

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2007	1,412	1,642	306,000	13.0	15.0	12.9
2009	1,287	1,483	282,000	11.9	13.6	11.5

Child Deaths (Ages 0-17) per 100,000 population

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2004	6	9	1,607	55.6	90.1	77.3
2005	10	11	1,614	93.5	111.3	76.6
2006	9	7	1,573	82.7	72.8	73.9
2007	4	8	1,649	37.1	80.5	76.4
2008	3	7	1,573	27.9	64.9	72.5

High School Dropout Rate

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2004	163	123	20,175	6.8	6.0	4.7
2005	134	130	22,180	5.7	6.3	5.0
2006	145	115	23,550	6.2	5.6	5.3
2007	135	111	22,434	5.8	5.4	5.0
2008	140	103	19,184	6.0	5.1	4.3

Teen Pregnancies per 1,000 Girls Ages 15-19

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2005	86	102	18,259	62.4	85.9	64.2
2006	106	106	19,192	75.8	88.1	65.5
2007	97	110	19,615	70.6	85.1	65.9
2008	99	112	19,398	72.8	84.5	64.2
2009	115	94	18,142	85.6	71.9	58.8

Diabetes Deaths per 100,000 population

Year	Indicator Raw Values			Age Adjusted Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2004	14	15	2,250	25.5	32.8	27.0
2005	14	16	2,255	24.0	41.3	26.4
2006	17	10	2,230	30.3	26.4	25.4
2007	13	14	2,150	21.8	40.3	23.8
2008	16	13	2,164	29.1	33.1	23.0

HIV Disease Deaths per 100,000 population

Year	Indicator Raw Values			Age Adjusted Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2004	1	1	406	1.5	2.9	4.7
2005	2	1	414	3.8	6.6	4.9
2006	4	N/A	425	8.9	3.5	4.8
2007	2	2	382	3.4	8.9	4.2
2008	6	2	355	13.6	9.6	3.8

Tuberculosis rate per 100,000 population

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2003	4	2	381	8.8	6.1	4.4
2004	N/A	2	363	N/A	5.3	4.5
2005	3	4	344	6.5	11.4	3.8
2006	6	6	336	13.3	17.5	4.6
2007	2	2	345	4.2	5.7	3.8
2008	2	1	335	4.3	4.0	3.6
2009	N/A	1	250	N/A	2.4	2.7

Dentists per 10,000 population

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2004	13	12	3,628	2.8	3.1	4.3
2005	16	11	3,772	3.5	3.0	4.4
2006	17	11	3,858	3.7	2.8	4.4
2007	18	11	3,921	3.9	2.6	4.3
2008	17	11	3,987	3.6	2.6	4.3

Percent Estimate of Uninsured Age 0-64

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2007	7,037	7,087	1,523,000	18.6	19.8	18.9
2009	7,618	7,494	1,608,000	20.2	20.9	19.7

Number of Fast Food Restaurants per 10,000 population

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2007	30	25	6,452	6.5	0.1	7.3

Physicians per 10,000 population

Year	Indicator Raw Values			Indicator Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2004	61	45	17,349	13.3	11.6	20.3
2005	65	41	17,934	14.1	10.7	20.7
2006	62	42	18,396	13.4	10.6	20.8
2007	62	41	18,913	13.5	10.2	20.9
2008	61	44	19,542	13.1	10.8	21.2

Suicide Deaths per 100,000 population

Year	Indicator Raw Values			Age Adjusted Rate		
	Beaufort Co.	Peer Avg.	N.C.	Beaufort Co.	Peer	N.C.
2004	7	5	1,021	13.4	16.4	11.9
2005	4	5	995	9.1	20.9	11.5
2006	11	5	1,093	25.6	23.6	12.3
2007	6	4	1,074	12.5	21.5	11.9
2008	6	4	1,160	14.7	19.0	12.5



Section VII

Priority Selection Results



Section VIII

Resources

- U.S. Department of Health and Human Services. The Health Consequences of Smoking: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2004 [accessed 2011 Mar 11].
- www.countyhealthrankings.org
- www.factfinder.gov
- www.epi.state.nc.us/SCHS/data/vitalstats.cfm
- www.epi.state.nc.us/epi/hiv/stats.html
- www.schs.state.nc.us/SCHS/data/population/nchspop.cfm
- <http://crimereporting.ncdoj.gov/Reports.aspx>
- <http://datacenter.kidscount.org/data/bystate/Default.aspx?state=NC>
- http://nciom.org/wp-content/uploads/2010/08/County-Level_Estimates_08-09.pdf
- <http://quickfacts.census.gov/qfd/states/37/37013.html>
- <http://www.epi.state.nc.us/SCHS/catch/>
- <http://www.ncpublichealthcatch.com/ReportPortal/design/view.aspx>
- <http://www.schs.state.nc.us/SCHS/CCR/incidence/2008/5yearRates.pdf>
- <http://www.schs.state.nc.us/SCHS/data/lifexpectancy/>
- Beaufort County Environmental Health: <http://www.bchd.net/services/environmental-health/>
- Beaufort County Government: <http://www.co.beaufort.nc.us/>
- Beaufort County Health Department: www.bchd.net
- Beaufort County Schools: <http://www.beaufort.k12.nc.us/>
- University Health Systems-Beaufort Hospital:
<http://www.beaufortregionalhealthsystem.org/>
- Washington Beaufort County Chamber of Commerce: <http://www.wbcchamber.com/>



Appendix A

Community Opinion Survey



Beaufort Healthy Carolinians

A Healthy Carolinians Partnership...

2011 Community Health Survey

Beaufort County

We appreciate your willingness to participate in the 2011 Community Health Survey. It is completely voluntary, and it should take no longer than 20 minutes to complete. Your answers will be completely confidential. The information you give us will not be linked to you in any way. The data we collect from these surveys will help us diagnose the health concerns of our residence in our county.

ELIGIBILITY

You must live in Beaufort County and be at least 16 years of age for your answers to be reflected in this survey's data. Thank you again for your time and commitment to help address health concerns in your county.

PART 1: QUALITY OF LIFE

Please tell us whether you: **strongly disagree, disagree, are neutral, agree, or strongly agree** with each of the next 6 statements. Please CIRCLE YOUR ANSWER.

1. "There is good healthcare in Beaufort County"

Consider the cost and quality, number of options, and availability of healthcare in the county.

Strongly Disagree Disagree Are Neutral Agree Strongly Agree

2. "Beaufort County is a good place to raise children"

Consider the quality and safety of schools and child care programs, after school programs, and places to play in this county.

Strongly Disagree Disagree Are Neutral Agree Strongly Agree

3. "Beaufort County is a good place to grow old"

Consider the county's elder-friendly housing, transportation to medical services, recreation, and services for the elderly.

Strongly Disagree Disagree Are Neutral Agree Strongly Agree

4. "There is plenty of economic opportunity in Beaufort County"

Consider the number and quality of jobs, job training/higher education opportunities, and availability of affordable housing in the county.

Strongly Disagree Disagree Are Neutral Agree Strongly Agree

5. "Beaufort County is a safe place to live"

Consider how safe you feel at home, in the workplace, in schools, at playgrounds, parks, and shopping centers in the county.

Strongly Disagree Disagree Are Neutral Agree Strongly Agree

6. "There is plenty of help for people during times of need in Beaufort County"

Consider social support in this county: neighbors, support groups, faith community outreach, community organizations, and emergency monetary assistance.

Strongly Disagree Disagree Are Neutral Agree Strongly Agree

PART 2: COMMUNITY IMPROVEMENT

The next set of questions will ask about community problems, issues, and services that are important to you. Remember your choices will not be linked to you in any way.

7. Please look at this list of community issues.

In your opinion, which ONE issue most affects the quality of life in Beaufort County?

(Please choose only one.)

- | | |
|--------------------------------------|---|
| Pollution (air, water, land) | ___ Neglect and abuse (Specify type) |
| Dropping out of school | Elder abuse |
| Low income/poverty | Child abuse |
| Homelessness | Domestic Violence |
| Lack of/ inadequate health insurance | ___ Violent crime (murder, assault, etc.) |
| Hopelessness | Theft |
| Discrimination/ racism | ___ Rape/sexual assault |
| Lack of community support | Other: _____ |
| | None |

8. In your opinion, which ONE of the following services needs the most improvement in your neighborhood or community? (Please choose only one.)

- | | |
|--|---|
| Animal control | Better/ more recreational facilities |
| Child care options | (pads, trails, community centers, etc.) |
| Elder care options | ___ Healthy family activities |
| Services for disabled people | Positive teen activities |
| More affordable health services | ___ Transportation options |
| Better/ more healthy food choices | ___ Availability of employment |
| More affordable/better housing | ___ Higher paying employment |
| Number of health care providers | Road maintenance |
| What kind? _____ | ___ Road safety |
| ___ Culturally appropriate health services | Other: _____ |
| ___ Counseling/ mental health/ | None |
| support groups | |

PART 3. HEALTH INFORMATION**9. In your opinion, which THREE health behaviors do people in your own community need more information about?***(Please suggest THREE)*

- | | | |
|--|---|--|
| <input type="checkbox"/> Eating well/ nutrition | <input type="checkbox"/> Using child safety seats | <input type="checkbox"/> Substance abuse prevention |
| <input type="checkbox"/> Exercising/ fitness | <input type="checkbox"/> Using seat belts | <i>(ex: drugs and alcohol)</i> |
| <input type="checkbox"/> Managing weight | <input type="checkbox"/> Driving safely | <input type="checkbox"/> Suicide prevention |
| <input type="checkbox"/> Going to a dentist for check-ups /preventive care | <input type="checkbox"/> Quitting smoking/Tobacco use prevention | <input type="checkbox"/> Stress management |
| <input type="checkbox"/> Going to the doctor for yearly check-ups and screenings | <input type="checkbox"/> Child care/ parenting | <input type="checkbox"/> Anger management |
| <input type="checkbox"/> Getting prenatal care during pregnancy | <input type="checkbox"/> Elder care | <input type="checkbox"/> Domestic violence prevention |
| <input type="checkbox"/> Getting flu shots and other vaccines | <input type="checkbox"/> Caring for family members with special needs/ disabilities | <input type="checkbox"/> Crime prevention |
| <input type="checkbox"/> Preparing for an emergency/ disaster | <input type="checkbox"/> Preventing pregnancy and sexually transmitted diseases <i>(safe sex)</i> | <input type="checkbox"/> Rape/ sexual abuse prevention |
| | | Other: _____ |
| | | None |

10. Where do you get most of your health-related information? *(Please choose only one.)*

- | | | |
|--|---|--|
| <input type="checkbox"/> Doctor/nurse | <input type="checkbox"/> Friends and family | <input type="checkbox"/> Books/magazines |
| <input type="checkbox"/> Pharmacist | <input type="checkbox"/> Church | <input type="checkbox"/> Internet |
| <input type="checkbox"/> Hospital | <input type="checkbox"/> My child's school | Other _____ |
| <input type="checkbox"/> Health department | <input type="checkbox"/> Helplines | |

11. What health topics/ diseases would you like to learn more about? *(Write in all suggestions.)***12. Do you have children between the ages of 9 and 19 for which you are the caretaker?***(Includes step-children, grandchildren, or other relatives.)*

Yes

☐ No *(skip to question #14)***13. Which of the following health topics do you think your child/children need more information about? *(Check all that apply.)***

- | | | |
|---|--|--|
| <input type="checkbox"/> Dental hygiene | <input type="checkbox"/> Reckless driving/speeding | <input type="checkbox"/> Alcohol |
| <input type="checkbox"/> Tobacco | <input type="checkbox"/> Eating Disorders | <input type="checkbox"/> Suicide prevention |
| <input type="checkbox"/> Drug Abuse | <input type="checkbox"/> Sexual intercourse | <input type="checkbox"/> Diabetes management |
| <input type="checkbox"/> Nutrition | <input type="checkbox"/> Mental health issues | Other _____ |
| <input type="checkbox"/> STDs | <input type="checkbox"/> Asthma management | |

PART 4: PERSONAL HEALTH**14. In general, your health is...** *(Choose onfr one.)*

_____Excellent	Fair
_____Very good	Poor
_____Good	Don't know

15. Have you ever been told by a doctor, nurse, or other health professional that you have any of the following health conditions? *(CIRCLE either YES, NO, or DON'T KNOW)*

Asthma	YES	NO	DONT KNOW
Depression or Anxiety	YES	NO	DONT KNOW
High Blood Pressure	YES	NO	DONT KNOW
High Cholesterol	YES	NO	DONT KNOW
Diabetes (not during pregnancy)	YES	NO	DONT KNOW

Osteroporosis	YES	NO	DONT KNOW
Overweight/ Obesity	YES	NO	DONT KNOW
Angina/ Heart Disease	YES	NO	DONT KNOW
Cancer	YES	NO	DONT KNOW
Other:			

16. In the past 30 days, have there been any days when feeling sad or worried kept you from going about your normal business?

Yes	No	Don't know
-----	----	------------

17. In the past 30 days, have you had any physical pain or health problems that made it hard for you to do your usual activities such as driving, working around the house, or going to work?

Yes	No	Don't know
-----	----	------------

18. During a normal week, other than in your regular job, do you engage in any physical activity or exercise that lasts at least a half an hour?

Yes	_____No (skip to question #21)	Don'tknow
-----	--------------------------------	-----------

19. Since you said yes, how many times do you exercise or engage in physical activity during a normal week?

_____ (Write number)

if you exercise more than once a day, count each separate pl ysical activiyy that lastsfor at least a half hour to be one "time."

20. Where do you go to exercise or engage in physical activity? (Check all that apply)

____ Private gym

Home

Park

Other: _____

Public Recreation Center

21. Since you said "no", what are the reasons you do not exercise for at least a half hour during a normal week? You can give as many of these reasons as you need to.

____ My job is physical or hard labor.

I don't like to exercise.

____ Exercise is not important to me.

It costs too much to exercise.

____ I don't have access to a facility that has the things I need, like a pool, golf course, or a track.

____ There is no safe place to exercise.

____ I don't have enough time to exercise.

____ I'm too tired to exercise.

____ I would need child care and I don't have it.

I don't know.

____ I don't know how to find exercise partners.

Other: _____

22. How many cups PER WEEK of fruits and vegetables would you say you eat?

(WRITE NUMBER of cups in the space provided. One apple or 12 baby carrots equal one cup.)

*Please do not include lettuce salad or potato products in your answer:*I eat _____ cups of fruit per week

I don't eat fruit

I eat _____ cups of vegetables per week

____ I don't eat vegetables

I drink _____ cups of 100% fruit juice per week

____ I don't drink 100% fruit juice

23. Do you currently smoke? (Include regular smoking in social settings.)

____ Yes

____ No (If no, skip to question #25)

24. Where would you go for help if you wanted to quit? (Please choose only one)

Quit Line NC

____ Health Department

Doctor

I don't know

Church

Other: _____

____ Pharmacy

____ I don't want to quit

____ Private counselor/therapist

25. Have you been exposed to secondhand smoke in the past year?

Yes

____ No (Skip to question #27)

____ Don't know (Skip to question #27)

26. If yes, where do you think you are exposed to secondhand smoke most often?

(Check *only one place*)

<input type="checkbox"/> Home	<input type="checkbox"/> School
<input type="checkbox"/> Workplace	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Hospitals	<input type="checkbox"/> I am not exposed to secondhand smoke.

27. During the past 12 months, have you had a seasonal flu vaccine?

☐ Yes
☐ No
☐ Don't know

PART 5. ACCESS TO CARE/ FAMILY HEALTH

28. Where do you go MOST OFTEN when you are sick? (Please choose *only one*)

<input type="checkbox"/> Doctor's office	<input type="checkbox"/> Medical Clinic
<input type="checkbox"/> Health department	<input type="checkbox"/> Urgent Care Center
<input type="checkbox"/> Hospital	<input type="checkbox"/> Other: _____
	—

29. What is your primary health insurance plan? This is the plan which pays the medical bills first or pays most of the medical bills?

<input type="checkbox"/> The State Employee Health Plan	<input type="checkbox"/> Medicaid, Carolina ACCESS or Health
<input type="checkbox"/> BlueCross and Blue Shield	<input type="checkbox"/> Choice 55
<input type="checkbox"/> Other private health insurance plan purchased from employer or workplace	<input type="checkbox"/> The military, Tricare, CHAMPUS, or the VA
<input type="checkbox"/> Other private health insurance plan purchased directly from an insurance company	<input type="checkbox"/> The Indian Health Service
<input type="checkbox"/> Medicare	<input type="checkbox"/> Other (government plan)
	<input type="checkbox"/> No health plan of any kind
	<input type="checkbox"/> Don't know

30. In the past 12 months, did you have a problem getting the health care you needed for personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility?

☐ Yes ☐ No (Skip to question #33) ☐ Don't know (Skip to question #33)

31. Since you said "yes," what type of provider or facility did you or your family member have trouble getting health care from? You can CHOOSE AS MANY of these as you need to. If there was a provider that you tried to see but we do not have listed here, please fill them in under "Other."

<input type="checkbox"/> Dentist	<input type="checkbox"/> Health department
<input type="checkbox"/> Family Doctor	<input type="checkbox"/> Hospital
<input type="checkbox"/> Eye care/ optometrist/ ophthalmologist	<input type="checkbox"/> Urgent Care Center
<input type="checkbox"/> Pharmacy/ prescriptions	<input type="checkbox"/> Medical Clinic
<input type="checkbox"/> Pediatrician	<input type="checkbox"/> Specialist (<i>Whattype?</i>) _____
<input type="checkbox"/> OB/GYN	Other: _____

32. Which of these problems prevented you or your family member from getting the necessary health care? You can CHOOSE AS MANY of these as you need to. If you had a problem that we do not have written here, please fill it in under "Other."

<input type="checkbox"/> No health insurance.	<input type="checkbox"/> Dentist would not take my/our insurance or Medicaid.
<input type="checkbox"/> Insurance didn't cover what I/we needed.	<input type="checkbox"/> No way to get there.
<input type="checkbox"/> My/our share of the cost (deductible/co-pay) was too high.	<input type="checkbox"/> Didn't know where to go.
<input type="checkbox"/> Doctor would not take my/our insurance or Medicaid.	<input type="checkbox"/> Couldn't get an appointment.
<input type="checkbox"/> Hospital would not take my/our insurance.	<input type="checkbox"/> The wait was too long.
<input type="checkbox"/> Pharmacy would not take my/our insurance or Medicaid.	Other: _____

33. If a friend or family member needed counseling for a mental health or a drug/alcohol abuse problem, who is the first person you would tell them to talk to?

<input type="checkbox"/> Private counselor or therapist	<input type="checkbox"/> Minister/religious official
<input type="checkbox"/> Doctor	<input type="checkbox"/> School counselor
<input type="checkbox"/> Support group (e.g., AA, Al-Anon)	<input type="checkbox"/> Don't know
	Other: _____

PART 6. EMERGENCY PREPAREDNESS

34. Does your household have working smoke and carbon monoxide detectors?

Smoke Detectors	Yes	No
Carbon Monoxide	Yes	No
<input type="checkbox"/> I don't know		

35. Does your family have a basic emergency supply kit?

(These kits include water; non-perishable food, any necessary prescriptions, first aid supplies, flashlight and batteries, non-electric can opener; blanket, etc.)

Yes

___ No (*Skip to question 37*)

___ Don't know (*Skip to question 37*)

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36. If yes, how many days do you have supplies for?

_____ (Write number of days)

37. What would be your main way of getting information from authorities in a large-scale disaster or emergency? (Check only one.)

Television	<input type="checkbox"/> Social networking site	Other: (describe)
Phone	<input type="checkbox"/> Neighbors	_____
Radio	<input type="checkbox"/> Text message (emergency alert system)	_____
Internet		
Print media (ex: newspaper)	<input type="checkbox"/> Don't know	

38. If public authorities announced a mandatory evacuation from your neighborhood or community due to a large-scale disaster or emergency, would you evacuate?☐ Yes (skip to question #40)

No

Don't know

39. What would be the main reason you might not evacuate if asked to do so? (Check only one.)

☐ Lack of transportation

☐ Concern about leaving property behind

☐ Concern about personal safety

☐ Concern about family safety

☐ Concern about leaving pets

☐ Concern about traffic jams and inability to get out

☐ Health problems (could not be moved)

☐ Don't know

☐ Other: (describe) _____

PART 7. DEMOGRAPHIC QUESTIONS**40. What is your age? (Mark age category.)**

16 - 19	35 - 39	55 - 59	75 - 79
20 - 24	40 - 44	60 - 64	80 - 84
25 - 29	45 - 49	65 - 69	85 or older
30 - 34	50 - 54	70 - 74	

41. Are you Male or Female?

Male

Female

42a. Are you of Hispanic, Latino, or Spanish origin?

____ Yes

____ No (*If no, skip to #43*)**42b. If yes, are you:**

____ Mexican, Mexican American, or Chicano

____ Puerto Rican

____ Cuban

____ Other Hispanic or Latino (please specify)_____

43. What is your race? Please check all that apply. (*If of the J; please write in your race.*)

____ White

____ Black or African American

____ American Indian or Alaska Native

____ Asian Indian

____ Asian

____ Pacific Islander

____ Other, my race is not listed here:_____

44a. Do you speak a language other than English at home? (*If no, skip to #45.*)

____ Yes

____ No

44b. If yes, what language do you speak at home?*Please write in language* _____**45. What is your marital status? Mark only one. No explanation needed for "other".**

____ Never Married/Single

____ Separated

____ Married

____ Divorced

____ Unmarried partner

____ Widowed

____ Other

46. What is the highest level of school, college or vocational training that you have finished? (Mark only one.)

- ☐ Less than 9th grade
☐ 9-12th grade, no diploma
☐ High school graduate (or equivalent)
☐ Associate's Degree or Vocational Training
☐ Some college (no degree)
☐ Bachelor's degree
☐ Graduate or professional degree
☐ Other: _____

47. What was your total household income last year, before taxes? Mark only one.

- | | |
|---|---|
| <input type="checkbox"/> Less than \$10,000 | <input type="checkbox"/> \$35,000 to \$49,999 |
| <input type="checkbox"/> \$10,000 to \$14,999 | <input type="checkbox"/> \$50,000 to \$74,999 |
| <input type="checkbox"/> \$15,000 to \$24,999 | <input type="checkbox"/> \$75,000 to \$99,999 |
| <input type="checkbox"/> \$25,000 to \$34,999 | <input type="checkbox"/> \$100,000 or more |

48. How many people does this income support?

(If you pay child support for a child that is not living with you, this still counts as someone living on your income.)

Please write number here _____

49. What is your employment status? Check all that apply.

- | | |
|--|--|
| <input type="checkbox"/> Employed full-time | <input type="checkbox"/> Disabled |
| <input type="checkbox"/> Employed part-time | <input type="checkbox"/> Student |
| <input type="checkbox"/> Retired | |
| <input type="checkbox"/> Homemaker | |
| <input type="checkbox"/> Armed forces | <input type="checkbox"/> Self-employed |
| <input type="checkbox"/> Unemployed for more than 1 year | <input type="checkbox"/> Unemployed for less than 1 year |

50. Do you have access to the Internet?

☐ Yes
 ☐ No
 ☐ Don't know

51. What is your zip code?

Write only the first 5 digits _____

THANK YOU SO MUCH FOR TAKING THE TIME TO COMPLETE THIS SURVEY!



Community Health Needs Assessment Addendums

Addendums A-D represent additions made by Vidant Beaufort Hospital and Vidant Pungo Hospital after the CHNA was printed.

Addendum A: Informational Gaps

Significant effort was made to gather a wide range of survey participants in varying areas of our service line. Upon generating reports on the data we did find that almost 75% of the survey participants were female. However, we did not feel that this figure could be necessarily defined as an 'information gap' and/or would effect the final data.

Addendum B: Input from the broad interests of the community.

The Community Health Needs Assessment (CHNA) team was very diligent in their efforts to have a diverse representation in the collection of data and narrowing of the focus areas from the CHNA surveys. The initial members of the CHNA team represented public health, our hospitals and physician practices, children and teen health, senior health services, local businesses, Department of Parks and Recreation, Beaufort County Schools and child nutrition. As explained in the CHNA report to the community, the data was prioritized by several groups including the Beaufort County Resource Connection. The Beaufort County Resource Connection gives Beaufort County residents easy access to the resources and information they need with intentions on making the community healthier and stronger. Access to resources and information is available to all residents, including medically underserved, low-income, and minority populations.

Beaufort County Health Department's management team was the last step in prioritizing the survey data. Their final decision on the top areas of concern for our service area was later presented to Vidant Beaufort and Vidant Pungo hospitals' Community Benefit Grants Review Committees. These committees evaluated the focus areas established by the Health Department to reflect Vidant Beaufort Hospital's and Vidant Pungo Hospital's individual major health concerns for our service areas. The Vidant Beaufort Hospital Grants Review Committee includes the Beaufort County Health Department director, the director of the Grace Martin Harwell Senior Center, a local pediatrician, the former director of Beaufort County Cooperative Extension, members of the Vidant Beaufort Hospital directors council as well as the president and senior director of growth and clinical services for Vidant Beaufort Hospital. The Vidant Pungo Hospital Grants Committee includes the president of the directors council, the hospital president, the Beaufort County Health Department, Economic Development, hospital foundation members and the director of human resources for the hospital.

Included below are the organizations that made up the Community Health Needs Assessment Team:

ORGANIZATION	TEAM MEMBER	TITLE
Beaufort County Health Department	Kelli Russell	Human Services Planner III
Beaufort County Health Department	Megan Price	Public Health Education Specialist
Beaufort County Health Department	Sherry Clark	Child Care Health Consultant
Beaufort County Health Department	Stacey Harris	Environmental Health Supervisor
Beaufort Regional Health System (Now Vidant Beaufort Hospital)	Amanda Sanders	Marketing & Public Relations
Beaufort County Cooperative Extension	Louise Hinsley	Extension Agent
Beaufort County Schools	Michele Oros	Grants Coordinator
Beaufort County Schools Child Nutrition	Gwen McBride	Nutrition Manager
Beaufort Hyde Partnership for Children	Catherine Keech	Child Care Resource Director
Beaufort-Martin-Tyrrell-Washington Teen Tobacco Prevention Program	Megan Hauser	Teen Tobacco Coordinator
Grace Martin Harwell Senior Center	Carolyn Everett	Special Populations Supervisor
Metropolitan Community Health Services	Victoria Rolinsky-Rader	Health Educator
Mid-East Commission Area Agency on Aging	Edwina Fyle	Aging Specialist
Seniors Center Belhaven	Marty Dail	Aging Specialist
City of Washington Parks and Recreation	Kristi Hardison	Events and Facilities Manager
Washington Beaufort County Chamber of Commerce	Robin McKeithan	Business Manager

*Traveling distance prohibited Vidant Pungo Hospital from being on the CHNA Committee. However, Jenny Brown, director of human resources and Arden Root, Foundation Coordinator were liaisons between Pungo Hospital and the CHNA Committee. Each provided feedback on meeting minutes and during the revision process of the CHNA document, as well as information needed regarding Pungo Hospital, their programs and their resources.

Addendum C: Individuals providing input who have special knowledge of public health.

Kelli Russell, MPH, RHED, Human Services Planner III with Beaufort County Health Department (BCHD.) Employed with BCHD for past 7 years and held multiple positions: Public Health Education Specialist, Health Education Supervisor, and Human Services Planner III. Coordinated 2007 Community Health Assessment and 2006, 2008, 2009, 2010 and 2012 SOTCH Reports. Currently serves county as Preparedness Coordinator and BCHD's Public Information Officer. Community organization participation: Beaufort County PAN, Healthy Carolinians (current Chair), BC Resource Connection and Eastern Regional Advisory Committee.

Roxanne Holloman, MA, REHS, Health Director for Beaufort County Health Department (BCHD) has enjoyed a 31 year career in public health. Before coming to BCHD in May 2000, she has worked in public health in positions of increasing responsibility in a variety of settings. Ms. Holloman attended the Management Academy for Public Health, the South East leadership Institute and the National Public Health Leadership Institute. In addition to directing a staff of 46, Ms. Holloman oversees a budget of \$3.1 million. She has experience with Lean Quality Improvement strategy for public health and is active in various Public Health organizations throughout the state.

Addendum D: Individuals providing input who is a leader or representative of underserved, low-income minority populations.

Megan Price, BS, Public Health Education Specialist with Beaufort County Health Department. Employed as PHES for 1.5 years. Assisted with 2011 Community Health Assessment. Currently serves as HIV/STI Educator and Chair of Beaufort County PAN Coalition.

Also representing this group was Victoria Rolinsky-Rader with Metropolitan Community Health Services, a local Federally Qualified Health Center and Gwen McBride with Beaufort County Schools Child Nutrition.