COVID-19 VACCINE

VIDANT HEALTH™

What to Expect at Your Appointment to Get Vaccinated for COVID-19

Prepare ample time to go through the lines while socially distancing. Dress with the weather in mind. We encourage community members to please be patient and prepare for longer walks.

As you arrive to the vaccination site be prepared to stop at the following check points:

1. Symptom Screening

You will be screened for the following symptoms

- fever or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea
- night sweats

If you have received any non-COVID-19 vaccine in the past 14 days

2. Appointment Check

Appointments are required and Walk-Ins are not accepted at this time.

Before Vaccination

- Cover your mouth and nose with a mask while you are in public.
- Do not touch your eyes, nose, or mouth.
- Stay at least 6 feet away from others while inside and in lines.
- Plan your wardrobe beforehand. Wear short sleeves so that the health care professional giving you the shot can easily access your upper arm or consider wearing an undershirt in case you have to remove your outer long-sleeve shirt.

During Vaccination

- While it will be your choice which arm to choose for your injection, get the injection in your non-dominant arm. If your arm does get sore you'll notice it less in your non-dominant arm.
- You should receive a vaccination card or printout that tells you what COVID-19 vaccine you received, the date you received it, and where you received it.
- You should receive a paper or electronic version of a fact sheet that tells you more about the specific COVID-19 vaccine you are being offered. Each authorized COVID-19 vaccine has its own fact sheet that contains information to help you understand the risks and benefits of receiving that specific vaccine.

After Vaccination

- Be prepared to wait 15 minutes after your injection for observation.
- With most COVID-19 vaccines, you will need two doses in order for them to work. After receiving your first dose, another appointment should be made three weeks after to receive your second dose.
- Sign up for v-safe, a free, smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. V-safe also reminds you to get your second dose if you need one. Learn more at **www.cdc.gov/vsafe.**

20-VH-819 01/21