



# VISITOR RESTRICTIONS

Thank you for trusting Vidant Health to care for you and your loved ones. The safety of our patients, visitors and team members is our top priority. As Vidant monitors and responds to the COVID-19 pandemic across North Carolina, we are taking steps to ensure the safety of all. Vidant remains vigilant with its screening process for all visitors, entry requirements and visitor restrictions by department. Vidant continues to closely track local data, including COVID-19 cases in our region and hospitals, and will adjust visitation restrictions accordingly.

In following the ADA (Americans with Disabilities Act) guidelines, visitors who need assistance due to a disability may have an additional individual with them when visiting a loved one in a Vidant Health facility to help navigate the current visitor guidelines.

All visitors will be screened and masked and asked to follow the entry requirements below.

Vidant is committed to accommodating safe, compassionate visitation and supporting patients' healing process.

## Visitor Screening Process:

1. Have you tested positive for COVID-19 within the past 14 days or waiting on the results of a COVID-19 test?
2. Have you had close contact with a person with confirmed or suspected COVID-19 in the last 14 days?
3. Have you had any of these symptoms in the past 48 hours:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
  - Any other symptoms of illness

If yes to any of the above - Visitor may not enter

## Entry Requirements:

1. Temperature check: Temperature must be under 100°F degrees
2. Masking: Wear a hospital-issued mask at all times in the building. Screeners will provide you a hospital mask if you do not have one. Cloth masks are not permitted.
3. Hand washing: Visitors must gel or use hand sanitizer on entry.
4. Social distancing: Avoid close contact with others.
5. Limit personal belongings during your visit.
6. Limit your visit to the patient room, and kindly do not go elsewhere in the hospital except for the Café.

## Visiting Hours and Restrictions by Department

All visitors must be screened and follow entry requirements:

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| Hospital Inpatient Departments, Including Surgical Inpatients                         | Open Hours at Vidant Medical Center<br>7 a.m. to 9 p.m. at all other hospitals | <ul style="list-style-type: none"> <li>One (1) healthy adult visitor screened and masked at all times. Visitor may not switch out with other visitors.</li> <li>Visitors must stay in patient's room unless visiting the café.</li> <li>One (1) healthy adult visitor may be designated to stay overnight. Overnight visitors may not switch out with other visitors.</li> </ul>  |
| Children's Hospital   | Open hours   | <ul style="list-style-type: none"> <li>Maynard Children's Hospital and pediatric patients at all inpatient Vidant facilities welcome two (2) adult caregivers of the child at the bedside. Four (4) designated adult caregivers are identified by the child's legal guardian on admission and are able to visit the bedside throughout the duration of the child's stay. Please note: only two (2) visitors are allowed at the bedside at any time.</li> <li>Sibling visits are not permitted at this time; the health care team will work with families to facilitate virtual sibling visits as appropriate.</li> <li>For pediatric palliative or end-of-life care, additional visitation will be considered with approval from leadership based on the needs of the child.</li> </ul> |
| Women's Center, Labor & Delivery, Maternity<br><i>(guidance may vary by location)</i> | Open hours   | <ul style="list-style-type: none"> <li>Four (4) designated adult visitors, including the labor partner, are identified on admission and are able to visit the bedside throughout the duration of the stay. Please note: only two (2) visitors are allowed at the bedside at any time.</li> </ul>  |
| Medical Practices and Outpatient Clinics  | During time of appointment   | <ul style="list-style-type: none"> <li>One (1) healthy adult visitor screened and masked at all times.</li> <li>Vidant kindly asks that patients bring visitors only if absolutely necessary.</li> </ul>  |
| Surgical Outpatient Procedures That Require Sedation or Anesthesia                    | Open hours   | <ul style="list-style-type: none"> <li>One (1) healthy adult visitor screened and masked at all times are allowed in waiting room as social distance requirements allow.</li> <li>Visitor may not wait visit the recovery area.</li> </ul>  |

### Exception to Visitor Restrictions Include:

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| Emergency Department  | Open hours<br>No visitors allowed in lobby | <ul style="list-style-type: none"> <li>No visitors allowed in lobby, waiting areas, hallways or curtain-only rooms.</li> <li>Patients who are minors, or who fall within ADA guidelines, or require a visitor for clinical care or safety, may have one (1) healthy adult visitor screened and masked at all times.</li> <li>One (1) healthy adult visitor screened and masked at all times allowed once patient is placed in a room.</li> </ul> |
| End-of-Life Patients in any Department<br>(Including COVID-Positive End-Of-Life Patients) | Open hours                                 | <ul style="list-style-type: none"> <li>Family members who are screened and masked may visit with guidance from care team and should call the unit for guidance.</li> <li>This includes end-of-life, terminal and palliative patients.</li> </ul>   |
| Inpatient Rehab Facility at Vidant Medical Center   | Open hours                                 | <ul style="list-style-type: none"> <li>Visitors who are screened and masked may visit with guidance from care team and should call the unit for guidance.</li> </ul>   |
| Behavioral Health   | No visitors allowed                        | <ul style="list-style-type: none"> <li>No visitors allowed. Ask unit for accommodations regarding virtual visits.</li> </ul>   |
| COVID-Positive Patients   | No visitors allowed                        | <ul style="list-style-type: none"> <li>No visitors allowed. Ask unit for accommodations regarding virtual visits.</li> </ul>   |

Thank you for helping us keep those we love safe.

