# Community Health Needs Assessment

**Beaufort County** 

2022



# **Contact Information**

Copies of the 2022 CHNA report can be found online at  $\underline{\text{www.bchd.net}}$  or  $\underline{\text{www.ecuhealth.org}}$ .

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# Acknowledgements

ECU Health Beaufort Hospital and Beaufort County Health Department would like to acknowledge the community members that participated in the 2022 Community Health Assessment. In addition, thank you to the community members and organizations that helped to promote the health assessment and collect survey data. Specials thanks to the partners and organization leaders who helped prioritize the data to determine and set Beaufort County's priority areas.

### **Executive Summary**

Beaufort County is pleased to present its 2022 Community Health Needs Assessment. This report provides an overview of the process and methods used to identify and prioritize significant health needs in Beaufort County. The service area for this report is defined as the geographical boundary of Beaufort County, North Carolina. Beaufort County is the fifth largest county in the state by total area and covers an area of 958 square miles, of which 827 square miles is land and 131 square miles is water.

#### Leadership

ECU Health Beaufort Hospital, a campus of ECU Health Medical Center, and Beaufort County Health Department collaborate to lead the Community Health Needs Assessment process in Beaufort County.

#### Leadership included:

- James Madson- Beaufort County Health Department Health Director
- JaNell Octigan

   Beaufort County Health Department

   Human Services Planner IV
- Pam Shadle ECU Health Beaufort Hospital Director of Marketing, Community Outreach, & Development
- Kelly Ange ECU Health Beaufort Hospital Community Health Improvement Coordinator
- Anna Parker Beaufort County Health Department Public Health Education Specialist

#### **Collaborative Process Summary**

March 2021-April 2021 – Secondary data received from state

April 2021- ECU Health Beaufort and Beaufort County Health Department met to develop strategy for survey distribution

April 2021- June 2021- Primary Data collected from Community Members

July 2021- August 2021 – Primary and secondary data analysis completed

September 2021 – Primary and secondary data ready to share

October 2021 – ECU Health Beaufort and Beaufort County Health Department leadership met to review data findings and determine stakeholder list

November 2021 - Stakeholder Prioritization meeting

February 2022 – Finalized Report

# **Key Findings**

Key findings from select questions on the community survey are integrated into this report by theme or topic area, with an emphasis on the most significant needs as evidenced by both primary and secondary data. This approach is intended to offer a meaningful understanding of health needs. The Community Health Needs Assessment survey examined areas including quality of life, health behaviors, health perceptions, preventive services, exercise, and access to care. A summary of full survey results (all 25 questions) can be found at <a href="www.bchd.net">www.bchd.net</a> or to request a copy contact JaNell Octigan at 252-940-5090 or <a href="Janell-Octigan@bchd.net">Janell-Octigan@bchd.net</a>.

#### **Health Priorities**

#### 1. Chronic Disease

- To include prevention and management
- Exercise and nutrition and weight

#### 2. Mental Health

- Substance Abuse
- Education, Prevention and Treatment

#### 3. Economy

- Transportation
- Affordable Housing/Substandard Housing
- Education
- Food Insecurity

#### 4. Vulnerable Populations

- · Minority Populations and Aging
- Low Income

#### **Next Steps**

ECU Health Beaufort Hospital will work with community partners and organizations, such as BC360 Leadership, Beaufort County Health Clergy, Healthy Congregations, Healthy Communities (BCH3C), Beaufort County Government, Beaufort County Health Department, Faith-based organizations, and more to implement action plans focused on the 2022 Health Priority Areas.

# **Chapter 1: Introduction**

#### **Description of County**

Beaufort County has a rich historical past with each town boasting its own bit of history. The settlement of Washington occurred in 1775 by Colonel James Bonner. Washington was named after the first president of the United States, General George Washington. This is the reason that Washington is known as the "Original Washington." Washington bears the scars of the Civil War in a downtown home that still holds a cannonball shot by a Confederate ship. Despite war and two fires that destroyed much of the town, Washington has persevered and thrived to become what we know and love today. Washington is now home to much of the industry, recreation, and population that is located in Beaufort County.

Beaufort County has the privilege of being home to North Carolina's oldest town, Bath. Officially founded in 1705, Bath was the first port of entry into N.C. In its early years, the streets and docks of Bath were buzzing with everyone from Royal Governors to Pirates. Edward Teach, better known as Blackbeard, was said to have married a local and settled for a while in Bath. Today Bath is home to several historic sites such as the Palmer-Marsh House and the Bonner House.

Aurora, founded in 1880 is the youngest town in Beaufort County. Aurora is most known for its geological history. Numerous items can attest to this and can be seen at the Aurora Fossil Museum. In fact, everything from the jaw of a giant mega-toothed shark, to the skull of a whale and walrus can be seen here. Aurora is also home to one of the largest phosphate mines in the world, PotashCorp Aurora. PotashCorp Aurora also serves as one of the largest employers in Beaufort County.

Belhaven was once known as a busy industrial town that was home to several lumber companies and a branch of the Norfolk Southern Railroad. The vice-president of Norfolk Southern even made his home in Belhaven, River Forest Manor. The house is still standing today and serves as an inn, restaurant, and marina. Eighteen shipwrecks at the Belhaven waterfront have been identified by the North Carolina State Historic Preservation office.

Beaufort County is home to more than 46,000 residents. No matter what part of Beaufort County that you're in, you are sure to see a beautiful setting that blends the old with the new. The past, the present, and the future all work together to create the place that so many love and enjoy.

#### Overview of Health ENC

Health ENC, a program of the Foundation for Health Leadership and Innovation (FHLI), a nonprofit organization focused on improving health in North Carolina. Health ENC is guided by representatives from local health departments, hospitals and community organizations. The collaborative serves 35 counties with 34 participating health departments and 31 participating hospitals. The collaborative uses a shared approach for primary and secondary data collection to produce a comprehensive Regional Community Health Needs Assessment every three years that can be used to partially satisfy requirements for North Carolina Local Health Department Accreditation and the Internal Revenue Service requirement under the Patient Protection and Affordable Care Act for charitable hospitals.

#### Overview of Community Health Needs Assessment Process

The Community Health Needs Assessment Process gathers population health data that county health departments, hospitals, community groups can use to

- Identify key health needs/issues in eastern North Carolina Communities
- Develop strategies and action plans based upon data aim to improve the quality of life
- Collaborate to maximize results by having a collective impact in the region
- Maintain local control and decision-making about the choice of health priorities and interventions, and
- Improve health, partnerships, and communication.

#### **Participating Health ENC Counties**

Health ENC serves the following counties: Beaufort, Bertie, Bladen, Camden, Carteret, Chowan, Craven, Cumberland, Currituck, Dare, Duplin, Edgecombe, Franklin, Gates, Greene, Halifax, Hertford, Hoke, Hyde, Johnston, Jones, Lenoir, Martin, Nash, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Sampson, Tyrrell, Washington, and Wayne Counties.

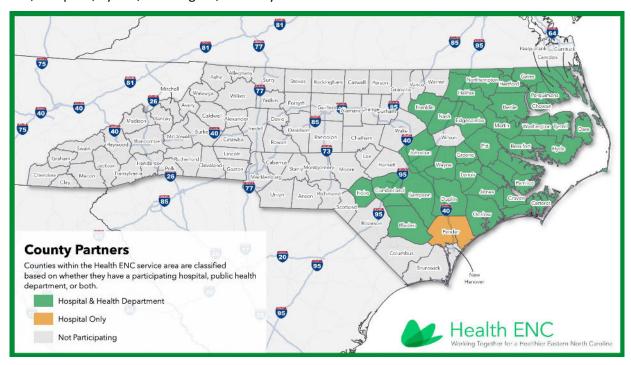


Figure 1 Health ENC Counties

#### Overview of Data Collection

Primary Data – Community Survey

#### Survey Methodology/Design

Health ENC Steering Committee structured the primary data collection for participating health departments and hospitals. The primary data used in the Community Health Needs Assessments included (1) a community survey that could be distributed online or by a paper submission and (2) focus group discussions in some counties. The Health ENC Steering Committee did not encourage focus groups for the 2021-2022 Community Health Needs Assessments because of the global COVID-19 pandemic. However, some counties were able to hold focus group discussions safely despite significant challenges in collecting enough survey responses to accurately represent their community's population.

#### Survey Design:

The Health ENC Steering Committee developed a primary survey to gather information from community members about their health concerns. A workgroup of Steering Committee members convened and examined survey questions utilized in the 2021 - 2022 Community Health Needs Assessment. The workgroup also examined data readily available from secondary data sources. The workgroup focused on developing survey questions to obtain data from community members which was not readily available in the secondary data or where secondary data was weak. In addition, workgroup members worked to combine questions where appropriate and to be more inclusive in the wording of response choices. The Steering Committee reviewed the sample survey questions and made a few additional revisions to assure the survey only contained questions where community input was needed to guide health priority selection and strategic action planning.

Once the survey questions were finalized, the Steering Committee decided on targets for each county. Because the survey was a convenience sample that was being conducted during a global pandemic (COVID-19), each county was asked to complete a minimum of 300 surveys with representation from as many community groups as possible to assure sufficient sampling to represent the full community. The target of 300 surveys per county was identified through previous work with data analysis vendors who examined each county's population and confirmed this number should provide an accurate reflection of the total county's population, if responses reflected the population demographics equally.

The surveys were made available to the public from April 1 – June 30, 2021. Surveys were made available in paper format and electronically using the REDcap software. Health ENC partners received feedback throughout the survey period on the age, gender, race/ethnicity, and language of survey respondents to assist them in promoting the surveys to various community members within their counties. At the completion of the survey period, 16,661 English surveys and 502 Spanish surveys were completed. Most counties did not have an equally distributed response to surveys to represent their entire county's population. As a result, survey responses should be considered as only one component of information utilized to select health priorities. The most underserved populations' feedback is not adequately reflected in most surveys. Health ENC partners were encouraged to include key stakeholders, who served these populations, in the health priority selection process to assure many of their clients' health needs were considered.

The community health assessment survey contained 25 questions and the survey was made available online and via paper. Survey responses were collected from April 1 – June 30, 2021. Social media outlets, website, public announcements, and the use of community partners were used to help encourage county feedback and participation.

#### Key Areas Examined

- Quality of life, health behaviors, health perceptions
- Preventative services, exercise, and access to care

#### County Responses

- 337 Total English (Total in Health ENC survey =16,661)
- 3 Total Spanish (Total in Health ENC survey =502)

#### **Secondary Data Sources**

The community health/community health needs assessment should provide a comprehensive source of the best available data to improve the lives of people. With a simple search from a smartphone one can access powerful data from reputable sources. The internet and broad-band connectivity have become essential tools for acquiring information and staying informed.

All data starts with a good data source and paying attention to the data sources is a critical factor in the decisions we make using data. Reputable data sources provide original data or complete transparency about the original source. The data source provides enough information about the data to provide context so that the data may be interpreted. The best data sources are current and reliable. Even if the data lag, and perhaps older than a year or more, data trends are often just as important for decision making as a single data point. Changes in definitions and methodology are documented and easily found with the data.

This assessment relies largely on data that are available from the following sources:

- Healthy North Carolina 2030 (HNC 2030) https://schs.dph.ncdhhs.gov/units/ldas/hnc.htm
- N.C. State Center for Health Statistics https://schs.dph.ncdhhs.gov/
- U.S. Census Bureau https://www.census.gov/
- County Health Rankings and Roadmaps <a href="https://www.countyhealthrankings.org/">https://www.countyhealthrankings.org/</a>

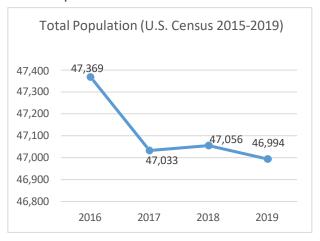
Additional data/data sources that were reviewed for this assessment can be found in the Appendices.

#### Limitations

- The data presented represents a snapshot of the population, economic and leading health and wellness issues in eastern NC communities.
- It includes primary data gathered from community surveys and secondary data from health and other sources.
- This information can be used as a guide for helping communities identify leading health issues in the Health ENC County Region.
- Other health issues, data and resources may be available that were not listed here that communities may wish to consider when establishing health priorities

# **Chapter 2: Demographic Profile**

#### **Total Population**



- From 2016 to 2019, Beaufort County's population decreased by .08%.
- In 2019, Beaufort County had a population estimate of 46,994.

Figure 2: ACS Demographic and Housing Estimates, ACS 2015-2019

#### **Minority Populations**

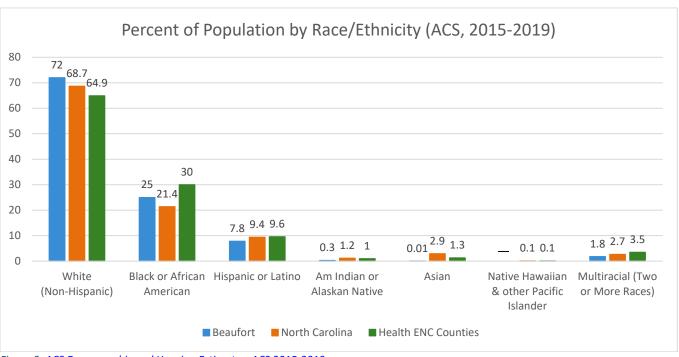


Figure 3: ACS Demographic and Housing Estimates, ACS 2015-2019

- Beaufort County has a much lower population that identify as Hispanic/Latino (7.8%) compared to NC (9.4%) and Health ENC Counties (9.6%).
- In Beaufort County, the White population accounts for 72.0% of the total population, with the Black or African American population accounting for 25.0% of the total population.

- The White population in Beaufort County (72.0%) is greater than the White population in both North Carolina (68.7%) and Health ENC counties (64.9%).
- The Black or African American population in Beaufort County (25.0%) is slightly higher than the Black or African American population in North Carolina (21.4%) but lower than the Health ENC counties (30.0%).

#### **Population Growth**

- The projected population growth for Beaufort County for 2029 is estimated to decline to 41,438 persons.
- According to the U.S. Census estimates, from 2010 to 2019, the total population of Beaufort County had decreased by an overall 2%.

Note: Population projection for 2029 comes from the <u>NC</u> <u>Office of State Mgmt and Budget Pop Projections</u>. All other population data is from the Census.

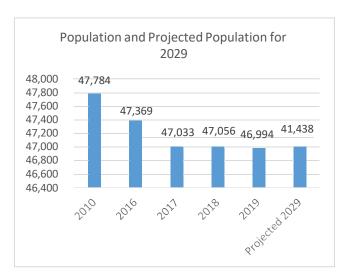


Figure 4: NC Office of State Mamt and Budget Pop Projections

#### **Birth Rates**

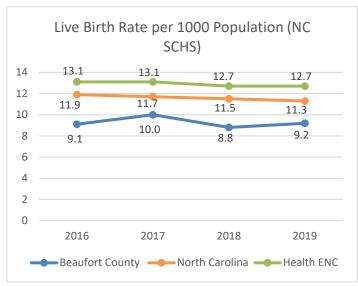


Figure 5: North Carolina Center for Health Statistics

Birth rates are important measures of population health. The birth rate is usually the dominant factor in determining the rate of population growth; however, population growth is also driven by the age structure of the population (e.g., deaths), immigration and emigration.

This figure illustrates that the birth rates have remained consistent over the measurement period.

In Beaufort County the birth rate is lower compared to the birth rate in North Carolina than in all Health ENC Counties.

#### Age Groups

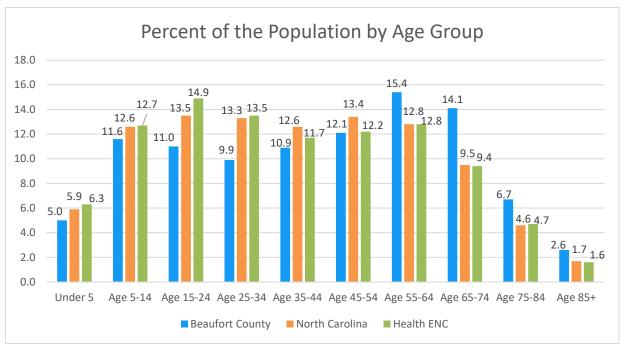


Figure 6: ACS Demographic and Housing Estimates, ACS 2015-2019

- In Beaufort County, the percent of people between the ages of 55-64 are higher (15.4%) than the Health ENC (12.8%) and North Carolina (12.8%).
- The percentage of those ages 25-34 (9.9%) in Beaufort County are lower than the Health ENC (13.5%) and North Carolina (13.3%). In addition, Beaufort County's percentage of those 35-44 is also lower than Health ENC (11.7%) and North Carolina (12.6%).

#### Military/Veteran Populations

#### **Military Populations**

- The percent of active duty military population in Beaufort County reported by the U.S. Census is null (0.0%).
- The Health ENC Counties (4.8%) are much higher than the overall percent of all counties in North Carolina (1.1%).

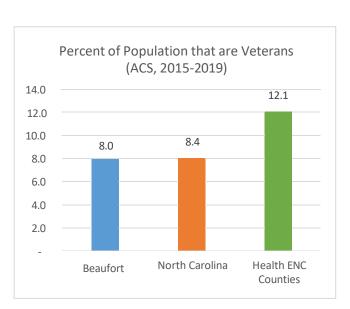


Figure 8: Explore Census Data

# Percent of Population in Military (ACS, 2015-2019) 6.0 5.0 4.8 4.0 3.0 2.0 1.1 1.0 Beaufort North Carolina Health ENC

Figure 7: Percent of Population in Military

#### **Veteran Populations**

The veteran population is given as a percent of the civilian population aged 18 years and older and this data is used for policy analyses, to develop programs, and to create budgets for veteran programs and facilities.

 Beaufort County had a veteran population of 8.0% in 2015-2019 period, compared to 8.4% for North Carolina and 12.1% for Health ENC counties.

#### Analysis of Demographic Data

Population data in this report does not reflect seasonal migrant workers, as well as the homeless population. Acquiring data for homeless population is difficult to obtain due to the lack of a clear definition of homelessness, as well as the mobility of this population. Migrant worker populations are hard to track as they come from various locations and are here for a short period of time.

At the time of this report, data did <u>not</u> reflect the impact of the <u>Coronavirus Pandemic</u> on the population as statistics from the U.S. Census were only reported up until 2019.

## **Chapter 3: Socioeconomic Profile**

#### NC Department of Commerce Tier Designation

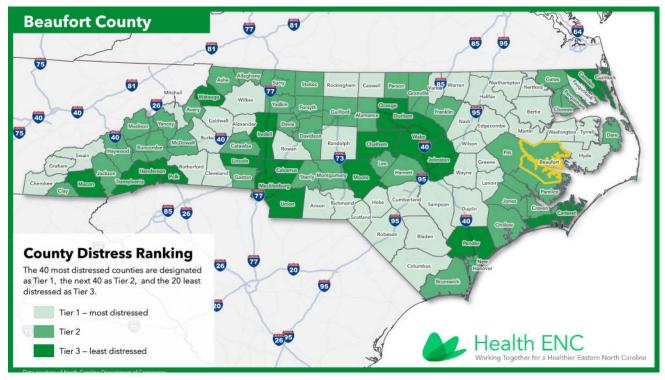


Figure 9: NC Tier Desgination

The North Carolina Department of Commerce annually ranks the state's 100 counties based on economic well-being and assigns each a Tier designation. The 40 most distressed counties are designated as Tier 1, the next 40 as Tier 2 and the 20 least distressed as Tier 3. In 2022, Beaufort County was assigned a Tier 2 designation.

The following four factors are used to calculate a County's Tier:

- Average unemployment rate
- Median household income
- Percentage growth in population
- Adjusted property tax base per capita

In 2022, Beaufort County was assigned a Tier 2 designation.

#### Income

Median household income reflects the relative affluence and prosperity of an area. Areas with higher median household incomes are likely to have a greater share of educated residents and lower unemployment rates.

This figure shows the median household income in Beaufort County (\$45,212), which is 17.2% lower than the median household income in North Carolina (\$54,602).

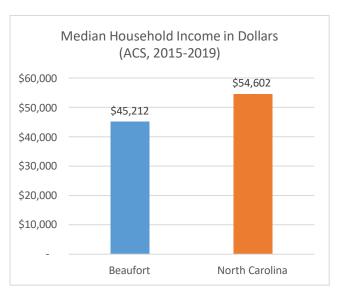


Figure 10: Median Income in the Past 12 Months, ACS 2015-2019

#### **Poverty**

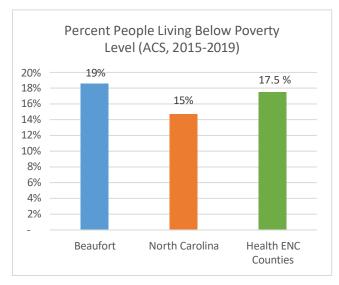


Figure 11: Poverty Status in the Past 12 Months, ACS 2015-2019

Federal poverty thresholds are set every year by the Census Bureau and vary by size of family and ages of family members. A high poverty rate is both a cause and a consequence of poor economic conditions.

As seen in this figure, 19.0% percent of the population in Beaufort County lives below the poverty level, which is higher than the rate for North Carolina (15.0% of the population) and the Health ENC region (17.5%).

#### Poverty by Race and Ethnicity

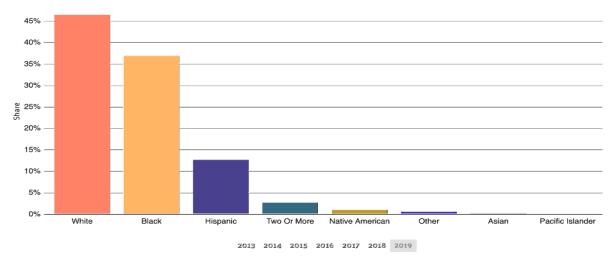


Figure 12: U.S. Census Bureau ACS 5-year Estimate - The above results are from 1 year data release for the year 2019. https://datausa.io/profile/geo/beaufort-county-nc#economy

The Census Bureau uses a family's size and the ages of family members to determine the household's money income threshold. If a family's total income is less than the family's threshold, then that family and every individual in it is considered to be living in poverty.

The most common racial or ethnic group living below the poverty line in Beaufort County, NC is White, followed by Black and Hispanic. However, there is a greater population of White (33,835) than Black (11,748) and Hispanic (3,665). 19% of Beaufort County's population lives in poverty, which is 8,928 people. The below chart depicts the rate of poverty among the 8,928 people living in poverty in Beaufort County.

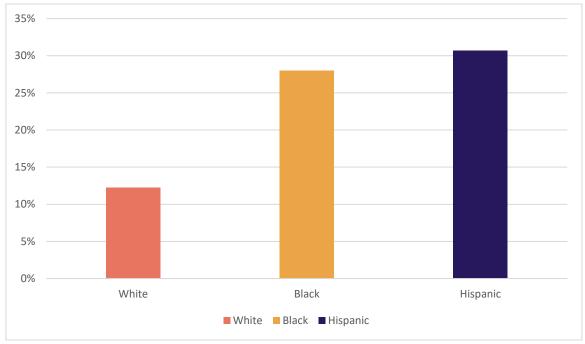


Figure 13

#### Children in Poverty

- The percent of children living in poverty is higher for Beaufort County when compared with N.C. and Health ENC Counties.
- Data from the American Community
   Survey indicated that during the
   2015-2019 period, the percent of children
   living in poverty in Beaufort County was
   29%, which is higher than North Carolina
   (21%) and Health ENC counties (25.5%).

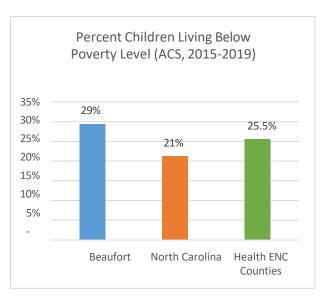


Figure 14: Poverty Status in the Past 12 Months, ACS 2015-2019

#### Older Adults in Poverty

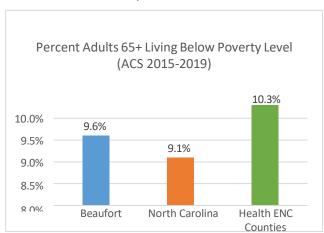


Figure 15: Poverty Status in the Past 12 Months, ACS 2015-2019

# Disabled People in Poverty

 The percent of disabled people living in poverty in Beaufort County (26%) is higher than the average percent of disabled people living in North Carolina (20%).

- The percent of older adults age 65+ years living in poverty is greater in Beaufort County (9.6%) than in North Carolina (9.1%), but lower than the percent of older adults living in poverty in Health ENC counties (10.3%).
- Seniors who live in poverty are an especially vulnerable group due to medical needs, social isolation and decreased physical mobility.

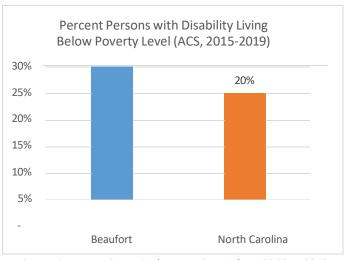


Figure 16: Poverty Status in the Past 12 Months, ACS 2015-2019

#### Housing

#### Median Monthly Housing Costs

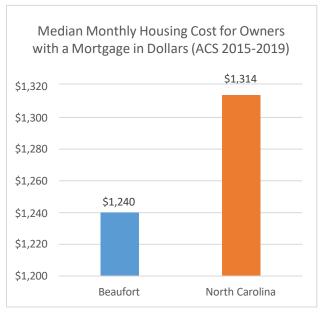


Figure 17: Financial Characteristics for Housing Units with a Mortgage, ACS 2015-2019

- The average household size in Beaufort County is 2.38 people per household (owners) and 2.34 people per household (renters), which is slightly lower than the North Carolina value of 2.57 people per household (owners) and 2.43 people per household (renters).
- The median monthly housing cost for homeowners in Beaufort County is \$1,240, which is lower than the North Carolina median monthly housing cost of \$1,314.

High costs of homeownership with a mortgage can strain both homeowners and the local housing market.

#### Median Monthly Housing Costs in Beaufort County and Surrounding Counties

This figure provides a snapshot of median monthly housing costs for owners with a mortgage for Beaufort and surrounding counties.

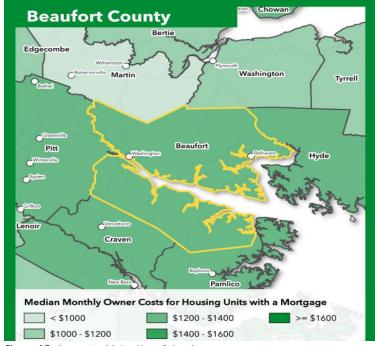


Figure 18: County Health Rankings & Roadmaps

Severe Housing Problems

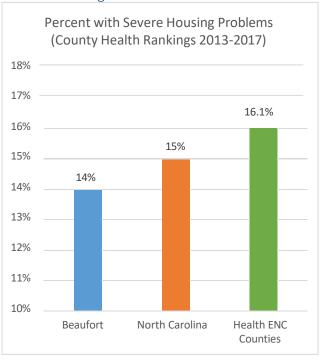


Figure 19: County Health Rankings

Safe and affordable housing is an essential component of healthy communities. The effects of housing problems are widespread and include at least one of the following problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities.

 In Beaufort County, 14.0% of households have severe housing problems compared to 15.0% in North Carolina and 16.1% in Health ENC Counties.

#### **Food Insecurity**

#### Households with SNAP Benefits

The Supplemental Nutrition Assistance Program (SNAP) is a federal assistance program that provides low-income families with electronic benefit transfers (EBTs) that can be used to purchase food. The goal of the program is to increase food security and reduce hunger by increasing access to nutritious food.

> The percent of households with SNAP benefits in Beaufort County is 16.0%, which is 3.0% higher than the state value of 13.0% and 0.7% lower than the Health ENC County region.

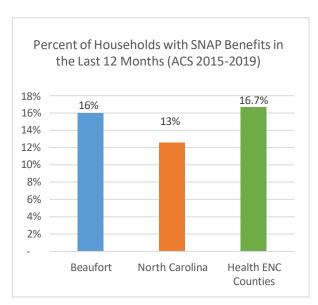


Figure 20: Food Stamps/Supplemental Nutrition Assistance Program (SNAP), ACS 2015-2019

#### Education

#### **Educational Attainment**

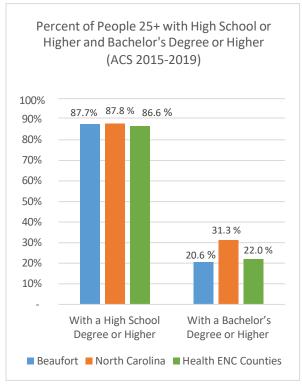


Figure 21: Educational Attainment, ACS 2015-2019

#### High School Dropout Rate

Individuals who dropout of high school are less likely to be employed. When compared to individuals who graduate high school and college, dropouts earn less income.

High school dropouts are generally less healthy and require more medical care. Additionally, increased high school dropout rates are linked to increased criminal activity and incarceration rates. These factors influence a community's economic, social, and civic health.

- Beaufort County's high school dropout rate is 1.6, which is higher than the North Carolina rate (1.5) and the Health ENC region (1.4).
- Beaufort Count's high school drop out rate has decreased from 3.2 in 2016-2017 to 1.6 in 2019-2020.

Graduating from high school is an important personal achievement and is essential for an individual's social and economic advancement. Graduation rates can also be an important indicator of the performance of an educational system. Having a bachelor's degree opens up career opportunities in a variety of fields and is often a prerequisite for higher-paying jobs.

- In Beaufort County the percent of population 25 or older with a high school degree or higher was nearly the same (87.7%) as the state (87.8%) but higher than the Health ENC region (86.6%).
- Percent of population with a Bachelor's degree or higher in Beaufort County was lower (20.6%) compared to N.C. (31.3%) and Health ENC region (22.0%).

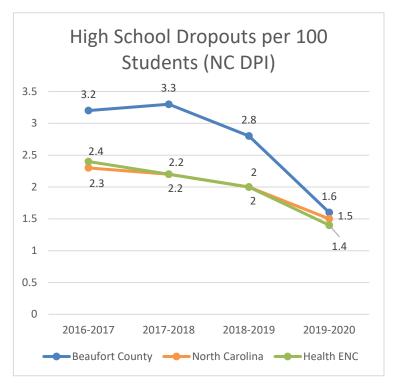


Figure 22: NC DPI: Discipline, ALP and Dropout Annual Reports

#### High School Suspension Rate

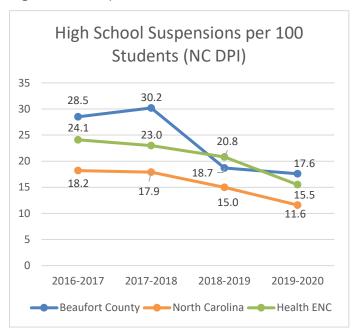


Figure 23: NC DPI: Discipline, ALP and Dropout Annual Reports

High school suspension is a form of discipline in which a student is temporarily removed from a classroom and/or school due to a violation of school conduct or code. Higher rates of suspension can be related to higher rates of antisocial or delinquent behaviors, which may further contribute to potential future involvement in the juvenile justice system.

Additionally, schools with higher suspension rates have higher rates of law or board of education violations and generally spend more money per student.

 Beaufort County's rate of high school suspension (17.6) is higher than North Carolina's rate (11.6) and Health ENC counties (15.5) in 2019-2020.

#### **Transportation**

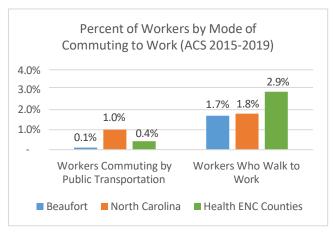


Figure 24: Commuting Characteristics, ACS 2015-2019

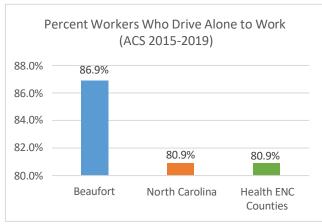
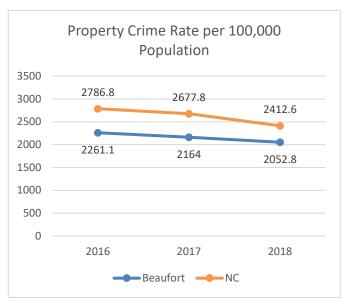


Figure 25: Means of Transportation to Work, ACS 2015-2019

Public transportation offers mobility, particularly to people without cars. Transit can help bridge the spatial divide between people and jobs, services, and training opportunities. Public transportation also reduces fuel consumption, minimizes air pollution, and relieves traffic congestion. Walking to work helps protect the environment, while also providing the benefit of daily exercise.

- In Beaufort County, an estimated 0.1% of workers commute to work by public transportation, compared to the state value of 1.0%.
- Approximately 1.7% of workers walk to work, slightly lower than the state value of 1.8%.
- An estimated 86.9% of workers 16 and older drive alone to work, compared to 80.9% in N.

#### **Crime and Safety**



- From 2016 to 2018, the property crime rate has decreased from 2261.1 to 2052.8 and still below the N.C. rate.
- Beaufort County property crime rate (2052.8) is lower than the N.C. property crime rate (2412.6).

Figure 26 NCSBI - Uniform Crime Reports

Both violent crime and property crime are used as indicators of a community's crime and safety. Violence negatively impacts communities by reducing productivity, decreasing property values and disrupting social services. Violent crime includes four offenses: murder and non-negligent manslaughter, rape, robbery, and aggravated assault. Property crime includes offenses of burglary, larceny-theft, motor vehicle theft, and arson.

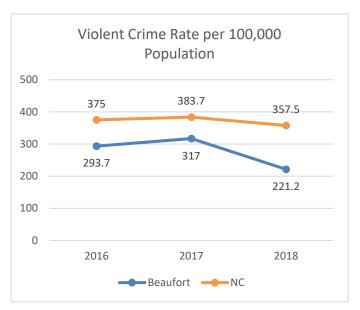
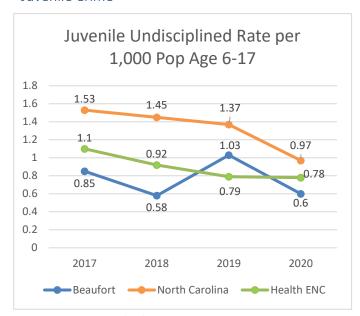


Figure 27 NCSBI - Uniform Crime Reports

- From 2016 2018, the violent crime rate in Beaufort County has decreased from 293.7 to 221.2.
- Beaufort County violent crime rate (221.2) is lower than the N.C. violent crime rate (357.5).

#### Juvenile Crime



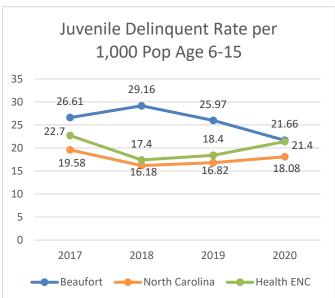


Figure 28 County Databooks

Figure 29 <u>County Databooks</u>

Youth who commit a crime may not gain the educational credentials necessary to secure employment and succeed later in life. Negative peer influences, history of abuse/neglect, mental health issues, and significant family problems increase the risk of juvenile arrest. The juvenile justice system aims to reduce juvenile delinquency through prevention, intervention, and treatment services.

Undisciplined rate describes juveniles who are unlawfully absent from school, regularly disobedient and beyond disciplinary control of the parent/guardian, are regularly found where it is unlawful for juveniles to be or have run away from home for more than 24 hours.

- The 2017 juvenile undisciplined rate in Beaufort County (0.85) was lower than the rate in North Carolina (1.53) and the Health ENC region (1.1).
- While the juvenile crime rate in Beaufort County increased from 2018 to 2019, the rate decreased from 1.03 in 2019 to 0.6 in 2020.
- The 2020 juvenile delinquent rate for Beaufort County (21.66) was higher than North Carolina (18.08) and the Health ENC region (21.4).
- Since 2018, the Beaufort County juvenile delinquent rate has been experiencing a decreasing trend, which is good.

#### Child Abuse

Child abuse includes physical, sexual and emotional abuse. All types of child abuse and neglect can have long lasting effects throughout life, damaging a child's sense of self, ability to have healthy relationships, and ability to function at home, at work, and at school.

- Child Abuse & Neglect Reports
   Investigated is the rate of children
   who had reports of possible child
   abuse and neglect.
- Beaufort County investigated child abuse rate (63.7) is higher than the N.C. investigated child abuse rate (45.2).

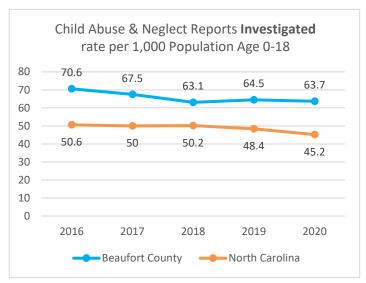
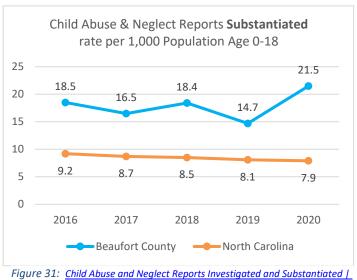


Figure 30: <u>Child Abuse and Neglect Reports Investigated and Substantiated | KIDS COUNT Data Center</u>



KIDS COUNT Data Center

- Child Abuses & Neglect Reports Substantiated is the rate of children that evidence of abuse and/or neglect was confirmed.
- The 2020 child abuse substantiated rate in Beaufort County (21.5) is higher than North Carolina (7.9).

A key in helping identify child abuse is being aware of the RED FLAGS for possible abuse and neglect.

- Socially withdrawn
- Dirty clothes, clothes inappropriate for weather, poor hygiene
- Failure to thrive, or a malnourished child
- Untreated medical problems/illness
- Severe dental cavities
- Developmental delay
- Self-abusive behaviors
- · Behavioral problems such as anxiety or aggression

Remember the 3 R's. Recognize. Respond. Report.

#### Incarceration

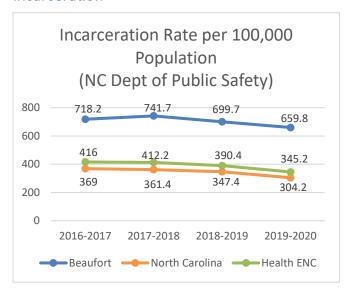


Figure 32: Incarceration Rate

According to the U.S. Bureau of Justice Statistics, approximately 1 out of 100 adults in the U.S. are in jail or prison. Conditions in jails and prisons can lead to an increased risk of infectious diseases, such as Tuberculosis and Hepatitis C, as well as assault from other inmates. After incarceration, individuals are likely to face a variety of social issues, such as employment discrimination, disruption of family relationships and repeat offenses.

- Since 2016, the incarceration rate in Beaufort County has decreased.
- The incarceration rate in Beaufort County is higher (659.8) than North Carolina (304.2) and Health ENC Counties (345.2).

#### Civic/Political Engagement

Exercising the right to vote allows a community to choose elected officials and hold them accountable. Voting ensures that all citizens have the opportunity to voice their opinions on issues, such as the use of tax dollars, civil rights and foreign policy. By voting, individuals shape their communities and influence the next generation of society. A high level of voter turnout indicates that citizens are involved and interested in who represents them in the political system.

 Beaufort County has a higher percent of residents who are of voting age (79.6%) than North Carolina (77.6%) and Health ENC Counties (77.1%).

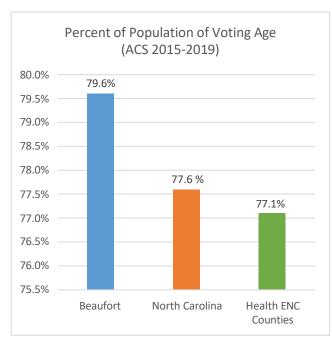


Figure 33: ACS Demographic and Housing Estimates

#### Analysis of Socioeconomic Profile

Beaufort County has a lack of public transportation. Being in a rural county creates difficulty when it comes to carpooling. Currently the only public transportation resource available is B.A.T.S (Beaufort Area Transport System). Through this system, individuals are able to schedule transportation for a fee, however there are stipulations to locations and use of the service. In addition, there are no scheduled routes for public transportation. This results in little to no one utilizing public transportation.

In 2019, Reducing the Risk (RTR) was implemented in Beaufort County Schools. This program works with 9<sup>th</sup> graders to educate adolescents on how to reduce teen pregnancy and sexual transmitted infections by increasing abstinence and the use of contraceptives. The parent/guardian involvement in the program is a vital piece of RTR, in which parents learn how to communicate with their teen in a healthy, positive way. RTR has always emphasized the education and empowerment of students, which can have a positive impact on high school dropout rates and teen pregnancy.

Department of social services commented that one contributing factor to the child abuse rates is the increased cases with substance use by parents or caretakers: including opioid, methamphetamine, fentanyl, and heroin.

In 2018, Beaufort County Schools received a Project Aware/Project Activate grant which is focused on supporting mental health. Schools also use Positive Behavior Interventions and Support (PBIS), which is an evidence-based framework that helps improve student behavior, academic success and overall school environment. If children met the criteria, they were identified as "at-risk" and home visits were conducted. Social workers and school counselors met consistently to evaluate data, update risk assessments for at-risk children, and discuss visits and communication with families. As of the publication of this CHNA, Beaufort County Schools continues to provide free breakfast and lunch for all students. During the summer, the Summer Feeding Program helps to supplement food for children whose sole meal each day is provided at school. If students are unable to pick up their food, food is delivered to them.

When a child's basic needs, such as access to food, clothes, safety and housing, are not met, the additional tasks of school and homework become less of a priority. Bright Futures helps provide stability and resources to meet students' baseline needs so they are able to have more stability and focus on their education.

# **Chapter 4: Clinical Care Profile**

#### **Health Insurance Coverage**

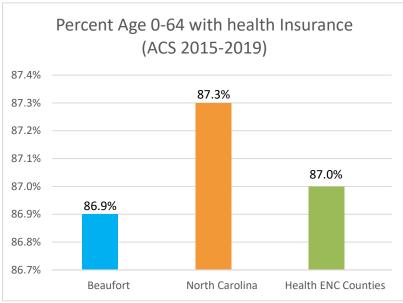


Figure 34: Health Insurance Coverage in the United States, ACS 2015-2019

Medical costs in the United States are very high. People without health insurance may not be able to afford medical treatment or prescription drugs. They are also less likely to get routine checkups and screenings, so if they do become ill they may not seek treatment until the condition is more advanced, and therefore more difficult and costly to treat.

- Over 13% of individuals, ages 0-64 years old, are uninsured in Beaufort County.
- The percent of individuals, ages 0-64 years old, that have health insurance coverage in Beaufort County is 86.9%, which is lower than the rate for North Carolina (87.3%) and the Health ENC counties (87.0%)

#### Government Health Insurance Only Coverage – Medicaid, Medicare, Tricare

This graph shows the percent of the population only receiving health insurance through Medicaid, Medicare, or military healthcare (TRICARE).

 In Beaufort County, 16.8% of the population reported receiving health insurance coverage through Medicaid, 6.5% Medicare and 0.2% Tricare.

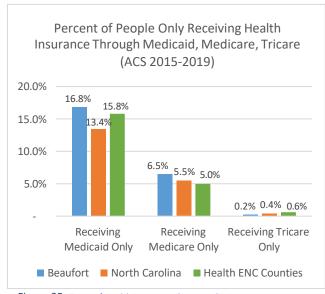


Figure 35: Types of Health Insurance Coverage by Age

#### **Primary Care Practitioners**

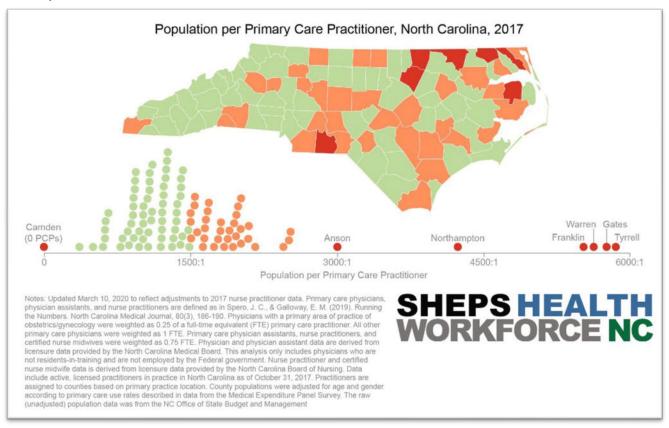


Figure 36: Population per Primary Care Practitioner, (Sheps Health Workforce NC)

Access to primary care is necessary to improving the health outcomes of communities. With the recent spread of the novel Coronavirus in North Carolina, primary care is critical, as it is an entry-point to further care. Many rural areas in North Carolina lack adequate access to primary care providers. The disparities in access between rural and metropolitan areas have continued to grow despite an overall increase of physicians in NC.

The NC Institute of Medicine (NCIOM) definition of primary care practitioner includes physicians, nurse practitioners (NPs), physician assistants (Pas) and certified nurse midwives (CNMs). In Figure 35, Beaufort County is shaded in green, a color that indicates the county is meeting the NCIOM target ratio of 1 primary care provider to every 1,500 people. This is largely due to coverage of Pitt County (in Greenville), however transportation may not allow equal access for Beaufort County residents.

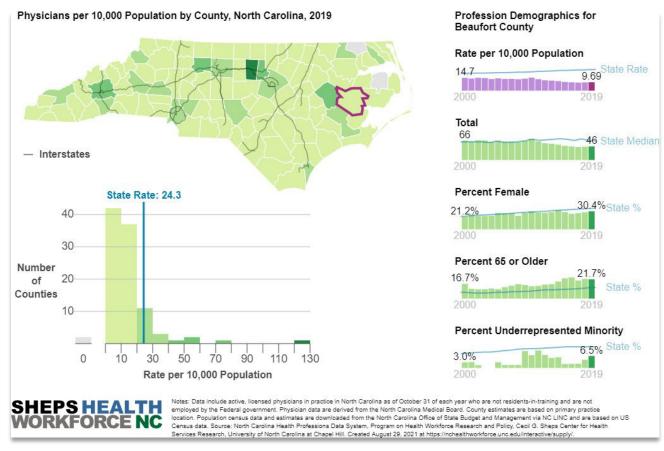


Figure 37: North Carolina Health Professions Data System, <u>Program on Health Workforce Research and Policy</u>, Cecil G. Sheps Center for Health Services Research, University of North Carolina at Chapel Hill. Created September 29, 2021 at <a href="https://nchealthworkforce.unc.edu/interactive/supply/">https://nchealthworkforce.unc.edu/interactive/supply/</a>

As shown in this figure, the number of physicians per 10,000 population in Beaufort County decreased from 14.7 physicians in 2000 to 9.69 in 2019, which is below the state rate of 24.3 per 10,000 population.

#### Mental Health

Although the mind and body are often viewed as being separate, mental and physical health are closely related. Good mental health can positively affect your physical health. In return, poor mental health can negatively affect your physical health.

In 2019, Beaufort County's mental health provider rate (750:1) was greater than the North Carolina rate (410:1). Therefore, there are less mental health providers per our county population. Beaufort County's Emergency Department visits rate for depression, anxiety, and suicidal ideation were all higher than North Carolina's rates. In addition, Beaufort County's prevalence of depression among people 18 years or older was 22% of the population.

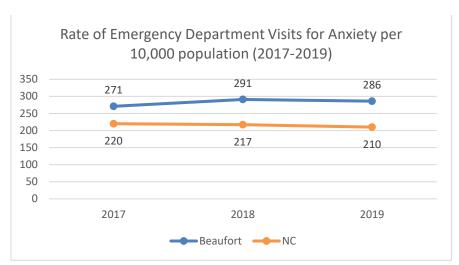


Figure 38 NC Detect

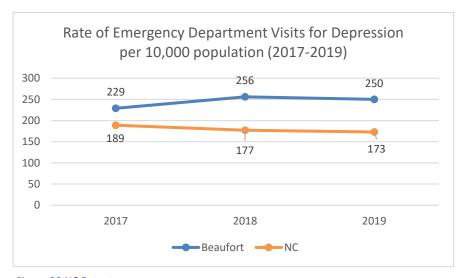


Figure 39 NC Detect

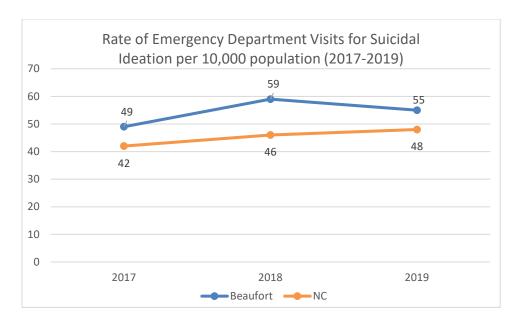
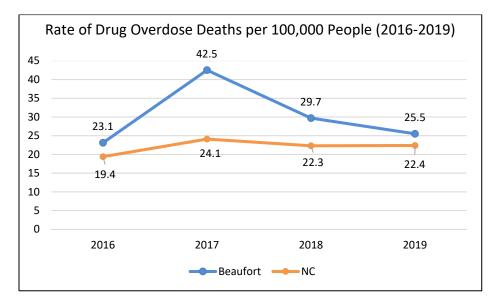


Figure 40 NC Detect

If you or someone you know is in need of treatment or mental health facilities, visit <a href="https://findtreatment.samhsa.gov/">https://findtreatment.samhsa.gov/</a> and enter your zip code to find facilities closest to you.

#### Substance Use

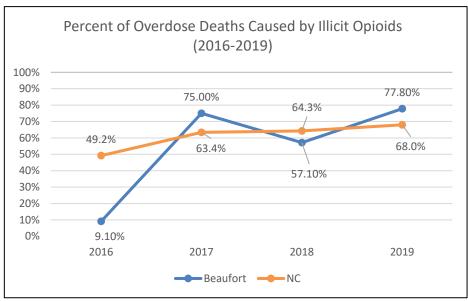
Since 2000, more than 28,000 North Carolinians lost their lives to drug overdose. This epidemic is devastating families and communities. It is overwhelming medical providers and is straining prevention and treatment efforts. The drug epidemic continues to affect North Carolina, including Beaufort County.



 Since 2016, Beaufort County has had a greater rate of drug overdose deaths, per 100,000 than North Carolina.

Figure 41 NCDHHS Dashboard

The above data includes deaths from all types of medications and drugs, including prescribed opioids, heroin, synthetic narcotics, fentanyl, cocaine, methamphetamine, and benzodiazepines.



In 2019, Beaufort
 County's percent of
 overdose deaths (77.8%)
 by illicit opioids was
 greater than North
 Carolina (68%).

Figure 42 NC Detect

Opioid-related overdose deaths with medications such as oxycodone and hydrocodone have been the main cause of overdose death. Illicit substances such as heroin, fentanyl and drugs that are similar to fentanyl have started to become a leading contributor to overdose deaths. The percent of deaths caused by illicit opioids was nine times greater in 2019 than in 2016. An alarming trend for Beaufort County.

#### Analysis of Clinical Care Profile

Beaufort County's Medicare coverage is higher than both North Carolina and ENC. Beaufort County is well known for being a retirement destination. Those who are retired tend to be eligible for Medicare coverage, which could explain the higher rate of Medicare coverage.

Beaufort County, like other rural counties, has had a hard time recruiting providers. Beaufort County is close in proximity to Greenville (Pitt County), which is home to Brody School of Medicine and ECU Health Medical Center. ECU Health Medical Center is the only Level 1 Trauma Center east of Interstate 95 which means it is the closest Level 1 Trauma Center for 29 counties in eastern North Carolina. The medical school combined with the teaching hospital provides clinicians more diverse medical practice opportunities. Thus, providers tend to establish practice in a more metropolitan area.

Over the past two years, ECU Health Beaufort Hospital and the local ECU Health Physicians have successfully recruited the following new providers to our area:

#### **Primary Care**

Letitia Meyer, FNP, ECU Health Family Medicine Aurora Alexander Corcoran, PA – C – ECU Health Multispecialty Clinic Belhaven Stephen Futh, PA-C – ECU Health Multispecialty Clinic Belhaven Franklin Niblock, MD – ECU Health Multispecialty Clinic Belhaven Stephanie Mills Ellis, FNP – ECU Health Multispecialty Clinic Belhaven Caddie Cowin, FNP – ECU Health Women's Care Washington

#### **Heart and Vascular**

Agnes Delaney, PA-C – ECU Health Heart and Vascular Washington Katie Maples, NP - ECU Health Heart and Vascular Washington

#### **Psychiatry**

Catherine Major, PMHNP – ECU Health Behavioral Health Washington Manoranjan Muthukanagaraj, MD - ECU Health Behavioral Health Washington

#### **General Surgery**

Phillip Bates, MD – ECU Health General Surgery Washington Matthew Romine, MD – ECU Health General Surgery Washington

#### **Orthopedics**

Christopher Deans, PA-C, ECU Health Orthopedics Washington

#### Urology

Jayme Perry , PA-C – ECU Health Urology Washington

In addition, Beaufort County residents experience additional barriers, such as a lack of transportation. Being in a rural county creates difficulty when it comes to carpooling. Currently the only public transportation resource available is B.A.T.S (Beaufort Area Transport System). Through this system, individuals are able to schedule transportation for a fee, however there are stipulations to locations and use of the service. In addition, there are no scheduled routes for public transportation. This results in little to no one utilizing public transportation.

### **Chapter 5: Chronic and Communicable Disease Profile**

### **Leading Causes of Death**

This table shows the top 10 leading causes of mortality in Beaufort County, North Carolina, and Health ENC Counties in 2019.

|      | Beaufort Cou                                     | nty    |        |      | North Caro  | lina   |        |      | Health ENC Co                                       | unties |        |
|------|--|--------|--------|------|---|--------|--------|------|---|--------|--------|
| Rank | Cause  | Deaths | Rate   | Rank | Cause   | Deaths | Rate   | Rank | Cause   | Deaths | Rate   |
| 1    | Heart Disease                                    | 130    | 276.63 | 1    | Cancer  | 19,963 | 190.34 | 1    | Heart Disease                                       | 4,546  | 210.2  |
| 2    | Cancer   | 130    | 276.63 | 2    | Heart Disease                                       | 19,661 | 187.46 | 2    | Cancer  | 4,345  | 200.91 |
|      | Cerebrovascular<br>Disease                       | 32     | 68.09  | 3    | Chronic Lower<br>Respiratory<br>Diseases            | 5,411  | 51.59  | 3    | Cerebrovascular<br>Disease                          | 1,215  | 56.18  |
|      | Chronic Lower<br>Respiratory Diseases            | 29     | 61.71  | 4    | Cerebrovascular<br>Disease                          | 5,203  | 49.61  | 4    | Chronic Lower<br>Respiratory<br>Diseases            | 1,114  | 51.51  |
|      | Alzheimer's Disease                              | 28     | 59.58  | 5    | Other<br>Unintentional<br>Injuries                  | 4,683  | 44.65  | 5    | Other<br>Unintentional<br>Injuries                  | 1,006  | 46.52  |
|      | Diabetes Mellitus                                | 25     | 53.2   | 6    | Alzheimer's<br>Disease                              | 4,508  | 42.98  | 6    | Alzheimer's<br>Disease                              | 918    | 42.45  |
| 7    | Other Unintentional<br>Injuries                  | 22     | 46.81  | 7    | Diabetes<br>Mellitus                                | 3,127  | 29.81  | 7    | Diabetes<br>Mellitus                                | 838    | 38.75  |
|      | Nephritis Nephrotic<br>Syndrome and<br>Nephrosis | 15     | 31.92  | 8    | Nephritis<br>Nephrotic<br>Syndrome and<br>Nephrosis | 2,121  | 20.22  | 8    | Nephritis<br>Nephrotic<br>Syndrome and<br>Nephrosis | 476    | 22.01  |
|      | Essential Primary<br>Hypertension                | 9      | 19.15  | 9    | Pneumonia and<br>Influenza                          | 1,730  | 16.49  | 9    | Motor Vehicle<br>Injuries                           | 460    | 21.27  |
|      | Motor Vehicle<br>Injuries                        | 9      | 19.15  | 10   | Motor Vehicle<br>Injuries                           | 1,608  | 15.33  | 10   | Pneumonia and<br>Influenza                          | 382    | 17.66  |

Figure 43: Leading causes of death are calculated based on the crude number of deaths per 100,000 population in 2019

Deaths: North Carolina State Center for Health Statistics 2019 Vital Statistics Public Use Data Files, downloaded from the Odum Institute for Research in Social Science at UNC-Chapel Hill Dataverse web site, May 2021. Population: National Center for Health Statistics 2019 Bridged-Race Population Estimates (<a href="https://www.cdc.gov/nchs/nvss/bridged\_race.htm">https://www.cdc.gov/nchs/nvss/bridged\_race.htm</a>
Analysis by ECU Department of Public Health, Health Systems Research and Development

As shown, death rates for many of the conditions listed are higher for Beaufort County than the state and the Health ENC County Region rates.

Beaufort County rates for the 10 causes of death were higher than the North Carolina rates for the same cause of death. When compared to Health ENC County Region rates, Beaufort County had a higher death rate for 9 out of 10 of the conditions above.

#### Injury and Death Data

The Injury and Violence Prevention Branch Surveillance Unit tracks injury and violence data by tracking emergency department, hospital discharge and mortality statistics. The purpose of this is to track the risk factors and incidence of fatal and nonfatal injuries. This information is available to anyone interested or involved with injury and violence prevention in the state.

### Leading Causes of Injury Death

| 2016 to 2019<br>BEAUFORT |                           |     |  |  |  |  |
|--------------------------|---------------------------|-----|--|--|--|--|
| Rank                     | Cause                     | #   |  |  |  |  |
| 1                        | Poisoning - Unintentional | 49  |  |  |  |  |
| 2                        | MVT - Unintentional       | 35  |  |  |  |  |
| 2                        | Fall - Unintentional      | 34  |  |  |  |  |
| 4                        | Firearm - Self-Inflicted  | 25  |  |  |  |  |
| 5                        | Firearm - Assault         | 10  |  |  |  |  |
| OTAL                     |                           | 203 |  |  |  |  |

Figure 44: N.C. DPH: IVP Branch: Data and Surveillance

#### Leading Causes of Injury Hospitalization

| Rank | Cause                       | #   |
|------|-----------------------------|-----|
| 1    | Fall - Unintentional        | 557 |
| 2    | MVT - Unintentional         | 172 |
| 3    | Poisoning - Unintentional   | 97  |
| 4    | Poisoning - Self-Inflicted  | 52  |
| 5    | Unspecified - Unintentional | 32  |

Figure 45: N.C. DPH: IVP Branch: Data and Surveillance

- Poisoning Unintentional: This refers to the cause of injury and death by harmful effects of a drug or toxin by ingesting, inhaling or injection in which the intent was accidental.
- MVT Unintentional: This refers to the cause of injury and death that occurred on a public motorway and the intent was accidental.
- Fall Unintentional: Reason for injury and death resulted from striking a surface because of gravity in which was accidental.
- 4. **Firearm Self-Inflicted**: Reason for injury and death was caused from bullets from handguns, shotguns, and rifles by the individual who was injured.
- 5. **Firearm -Assault**: Injuries from penetrating-force injuries from bullets from handguns, shotguns, and rifles by another individual.
- 1. **Fall Unintentional**: Reason for hospitalization was due to an injury from a fall that was accidental.
- 2. **MVT- Unintentional**: Reason for hospitalization was due to a motor vehicle traffic that was not accidental in nature.
- Poisoning Unintentional: Reason for hospitalization
  was due to the harmful effects of ingestion, inhalation
  or injection of a drug or toxin where the intent was
  accidental. It is important to note this does not include
  harmful effects from normal uses of medications such
  as adverse side effects of drugs that was correctly
  administered.
- 4. **Poisoning Self Inflicted**: Reason for hospitalization was due to the harmful effects of ingestion, inhalation or injection of a drug or toxin where the intent was deliberate or self-directed violence.
- 5. **Unspecified Unintentional**: The cause of the injury was not documented but the injury was described as an accident.

# Leading Causes of Injury Emergency Department Visits

| Rank | BEAUFORT<br>Cause                        | #     |
|------|--|-------|
| 1    | Fall - Unintentional                     | 4.649 |
| 2    | Unspecified - Unintentional              | 2,469 |
| 3    | MVT - Unintentional                      | 1,979 |
| 4    | Struck By/Against - Unintentional        | 1,376 |
| 5    | Natural/Environmental -<br>Unintentional | 732   |

Figure 46: N.C. DPH: IVP Branch: Data and Surveillance

- 1. **Fall- Unintentional**: Cause of the injury was due to a fall that was accidental.
- 2. **Unspecified Unintentional**: The cause of the injury that resulted in an ED visit was not documented adequately but it was accidental in nature.
- 3. **MVT- Unintentional**: Reason for hospitalization was due to a motor vehicle traffic that was accidental in nature.
- 4. **Struck By/ Against Unintentional**: This refers to an injury that was caused by being struck by a human, animal or other object that is not a vehicle or machinery that was accidental in nature.
- Natural/Environmental -Unintentional: Injuries
  resulting from exposure to adverse natural and
  environmental conditions such as severe heat or cold,
  animal or insect bites.

#### Top Ten Reportable Communicable Diseases

Preventing and controlling the spread of communicable diseases are a top concern among communities. The top communicable diseases as reported by NC DHHS in Beaufort County in 2018 are shown below.

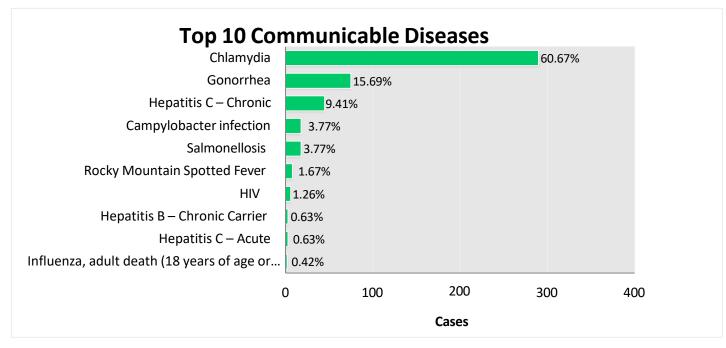


Figure 47: <u>Top 10 Communicable Diseases</u>

Chlamydia ranked highest among percent of cases reported. Chlamydia is a common STD that can infect both men and women. It can cause serious, permanent damage to a woman's reproductive system.

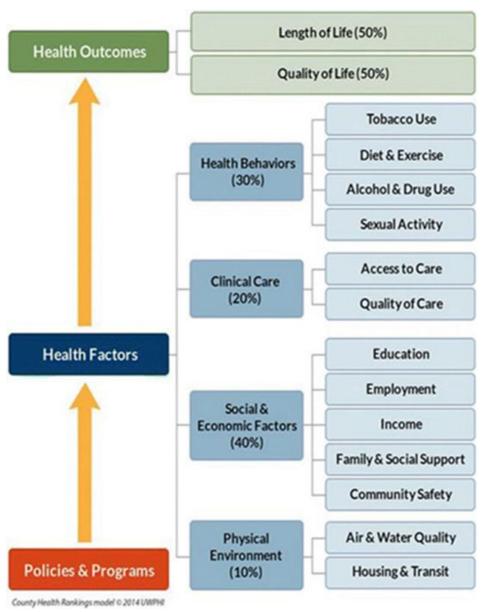
#### Analysis of Chronic and Communicable Disease Profile

Beaufort County Health Department implemented a program in which testing for chlamydia was able to be done using a urine sample, which was a less invasive method for men, than previous methods. The change in testing methods led to more individuals, specifically men, being more open to being tested and therefore identified more cases.

Reducing the Risk was implemented in Beaufort County Schools in 2018. This program works with 9<sup>th</sup> graders to educate adolescents on how to reduce teen pregnancy and sexually transmitted infections by increasing abstinence and the use of barrier methods and contraceptives, as well as informing students of resources available to them, such as STD screenings.

### **Chapter 6: County Health Ranking Indicators**

### Population Health Model



The County Health Rankings are based on a model of community health that emphasizes the many factors that influence how long and how well we live. The Rankings use more than 30 measures that help communities understand how healthy their residents are today (health outcomes) and what will impact their health in the future (health factors). Explore the Model to learn more about these measures and how they fit together to provide a profile of community health

Figure 48: County Health Rankings https://www.countyhealthrankings.org/

- Health Outcomes shed light on how healthy a county is now. This focuses on the physical and mental well-being of residents in a community by quantifying the length and quality of life.
- Health Factors are areas that have an impact on our Health Outcomes. Health Factors can be modified with the intent to improve the quality of life and length of life. These measures are indicators of how healthy our community can be in future years.
- The Rankings provides county-level data on health behavior, clinical care, social and economic and physical environment factors.

### **Chapter 7: HNC 2030 Indicator Rankings by Health ENC Regions**

The County Health Rankings contain many "indicators" or measures that can be used to identify problem areas (areas to explore) and areas where a county is making progress (areas of strength). As shown below, the areas shaded in green are doing well or trending upwards; areas shaded in blue are areas where a community may want to focus efforts.

|                                      | Beaufort |
|--------------------------------------|----------|
| Health Outcomes                      |          |
| Premature Death                      | 10,200   |
| Low Birth Weight                     | 10%      |
| Health Factors                       |          |
| Health Behaviors                     |          |
| Adult Smoking                        | 22%      |
| Adult Obesity                        | 45%      |
| Alcohol-impaired driving deaths      | 15%      |
| Sexual Transmitted Diseases          | 615.9    |
| Clinical Care                        |          |
| Uninsured                            | 13%      |
| Mammography Screening                | 55%      |
| Flu vaccinations                     | 55%      |
| Preventable Hospital Stays           | 3,549    |
| Social & Economic Fact               | ors      |
| Unemployment                         | 4.60%    |
| Children in Poverty                  | 30%      |
| Children in single parent households | 39%      |
| Violent Crime                        | 298      |
| Injury Deaths                        | 107      |
| Physical Environmen                  | t        |
| Severe Housing Problems              | 15%      |
| Air Pollution - particulate matter   | 7.3      |

Figure 49: Health Rankings

Please visit the County Health Rankings website to see more indicators/measures and a full description. You can also use the dashboard to see how your county ranks to other counties in the US.

Premature death is based on Years of Potential Life Lost Rate;

Sexually Transmitted Diseases or Infections are number of newly diagnosed Chlamydia cases per 100,000

### **Chapter 8: Survey Findings**

Top 3 Quality of Life Issues identified in the community survey:

- 22.73% (248) responded Low income/Poverty
- 16.32% (178) responded Drugs/Alcohol (substance abuse) and,
- 11.73% (128) responded Lack of Affordable Housing

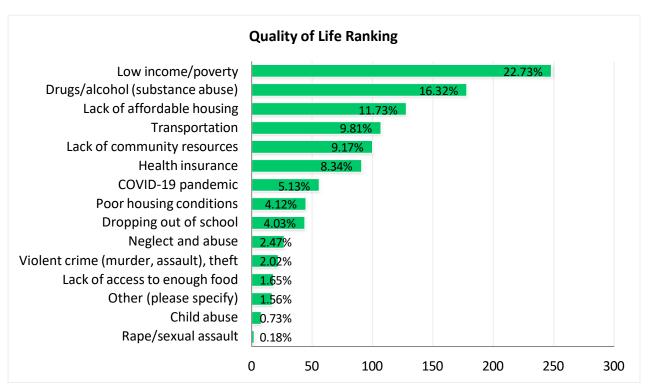


Figure 50: Beaufort County Quality of Life Ranking

To see the results to all community survey questions, please click the link above and select your county.

Figure 50 below shows how people responded to certain questions when asked about how they feel or view issues that support a safe and healthy lifestyle in their county specifically, Beaufort County.

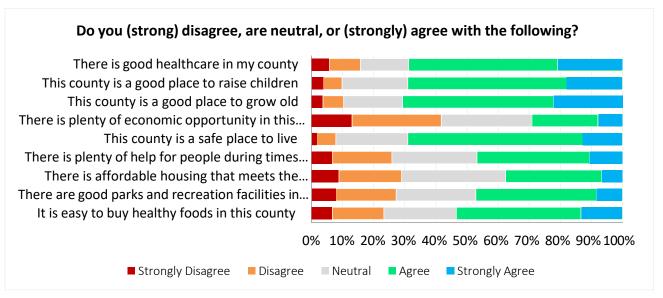


Figure 51: Beaufort County CHA Questionnaire

To see the results to all community survey questions, please click the link above and select your county.

In the first statement, "there is good healthcare in my county", less than 20% of people either strongly disagreed or disagreed, while more than 50% agreed and more than 20% strongly agreed.

Overall, far more people agreed than disagreed with the statement that Beaufort County is a safe place to live.

More than 40% of people either strongly disagreed or disagreed with the statement that there is plenty of economic opportunity in this county, while less than 30% agreed or strongly agreed.

#### QUESTION: Have you had a COVID-19 vaccine?

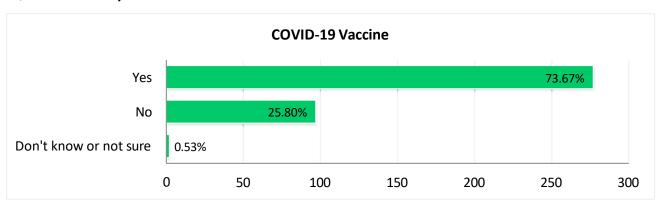


Figure 52: Beaufort County CHA Questionnaire

To see the results to all community survey questions, please click the link above and select your county.

### **Chapter 9: Community Prioritization Process**

Beaufort County Community Health Assessment Leadership Team, which consisted of Beaufort County Health Department (James Madson, JaNell Octigan, Anna Parker and Brittany Joseph) and ECU Health Beaufort Hospital (Pam Shadle & Kelly Ange), determined a list of stakeholders to invite that best represented the community. The list contained about 50 stakeholders who were invited to review CHNA data and prioritize focus areas. This prioritization meeting was held November 12, 2021. Leaders in attendance were presented the CHNA data and given the opportunity to ask questions. After questions were answered, stakeholders were given a list of all priority areas and asked to rank what they felt were the top 4 areas of focus. The consensus was that the following areas would be the focus areas:

#### 1. Chronic Disease

- To include prevention and management
- · Exercise and nutrition and weight

#### 2. Mental Health

- Substance Abuse
- · Education, Prevention and Treatment

#### 3. Economy

- Transportation
- Affordable Housing/Substandard Housing
- Education
- Food Insecurity
- 4. Vulnerable Populations
  - Minority Populations and Aging
  - Low Income

### **CHNA References**

Data Sources and References for ENC Health Community Health Assessment (2020-2021)

| Health Outcomes   | Source  | Years     |
|---|---|-----------|
| Life expectancy   | NC-DHHS State Center for Health Statistics                        | 2014-2018 |
| Leading causes of death   | NC-DHHS State Center for Health Statistics / CDC, NCHS            | 2019      |
| Fetal deaths and fetal death rates                                | NC-DHHS State Center for Health Statistics                        | 2014-2018 |
| Leading causes of injury death, hospitalization, and ED visits    | NC-DHHS, Injury & Violence Prevention Branch                      | 2016-2019 |
| Communicable diseases   | NC-DHHS State Center for Health Statistics                        | 2018      |
| Clinical Care   | Source  | Years     |
| Population per primary care physicians                            | Cecil G. Sheps, Center for Health Services Research, UNC          | 2017      |
| Physicians per population by county                               | Cecil G. Sheps, Center for Health Services Research, UNC          | 2019      |
| Health Insurance Coverage   | U.S. Census Bureau ACS 5-year Estimate                            | 2015-2019 |
| Government Health Insurance Only                                  | U.S. Census Bureau ACS 5-year Estimate                            |           |
| Health Behavior Factors   | Source  | Years     |
| BRFSS   | NC-DHHS State Center for Health Statistics                        | 2018      |
| Health ENC Primary Data Questions – Quality of Life, Behavior     | Health ENC Report   | 2020-2021 |
| Healthy NC, 2030  | NCIOM / NC DHHS<br>Robert Woods Johnson Foundation                | 2020      |
| County Health Rankings  | Robert Woods Johnson Foundation                                   | Varies    |
| Social and Economic Factors                                       | Source  | Years     |
| Population  | U.S. Census Bureau ACS 5-year Estimate                            | 2015-2019 |
| Projected Population  | NC Office of State Mgmt & Budget Pop Projections and<br>US Census | 2021      |
| General population characteristics                                | Census Population Estimates                                       | 2015-2019 |
| Education   | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Employment  | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Income  | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Minority Populations  | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Military Population   | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Veteran Population  | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Birth Rate  | NC State Center for Health Statistics                             | 2016-2019 |
|   |   | 2015-2019 |
| Poverty (% of population with income <200% of poverty level)      | U.S. Census Bureau, ACS 5-year Estimate                           |           |
| Poverty by race and ethnicity                                     | U.S. Census Bureau ACS 5-year Estimate                            | 2013-2019 |
| Children in poverty   | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Older adults in poverty   | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Disabled people in poverty  | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Housing – Median monthly costs                                    | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Housing – median monthly costs in surrounding counties            | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Employment by industries  | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Food Insecurity   | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Percent of population below 200% by zip code                      | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Educational attainment  | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| High School dropout rate (% dropout per 100 students)             | N.C. Dept of Public Instruction                                   | 2016-2020 |
| High School suspension rate (% suspension per 100 students)       | N.C. Dept of Public Instruction                                   | 2019-2020 |
| Transportation (% of workers commuting; % of workers drive alone) | U.S. Census Bureau, ACS 5-year Estimate                           | 2015-2019 |
| Tier Designation (County Distress Ranking)                        | N.C. Department of Commerce                                       | 2021      |
| Community and Safety Factors                                      | Source  | Years     |
| Crime and Safety  | N.C. State Bureau of Investigations, uniform crime report         | 2016-2019 |
| Juvenile Crime (% Undisciplined and % Delinquent per 1,000)       | NC. Dept. of Public Safety, juvenile justice county<br>Databook   | 2017-2020 |
| Incarceration (Rate per 100,000 population)                       | N.C. Dept. of Public Safety                                       | 2019-2020 |
| Child Abuse (Reports per 1000, age 0-18 years)                    | Annie E. Casey Foundation Kids Count Data Center                  | 2015-2018 |
| Severe housing problems   | Robert Woods Johnson County Health Rankings                       | 2013-2017 |

Note: This list is provided as a resource for data and information and may not include all of the above references noted in the slide set.

### **Appendices to the 2022 Community Health Needs Assessment**

Appendix A Resource Guide

Appendix B Community Survey Tool

Appendix C Healthy North Carolina (HNC 2030) State and Local Data

Appendix D Additional Secondary Data for the Community Health Needs Assessment

### **PRIMARY CARE**

| Facility:   | Contact/Hours:  | Services:  | More Information:   |
|---|---|--|---|
| AGAPE Community Health Clinic FQHC 120 E. M.L.K. Jr. Dr. Washington, NC  Healthworx 1201 Carolina Avenue Washington, NC | P: (252) 940-0602 F: (252) 940-0605 Monday 8am-7pm Tuesday-Friday 8am-5pm Saturday 8am-1pm P: (252) 833-0365 F: (252) 833-0364 Monday-Friday 8am-3pm  | <ul> <li>Primary Care</li> <li>Dental Health</li> <li>Mental/Behavioral Health</li> <li>Prescription Assistance</li> <li>Primary Care</li> <li>Urgent Care Services</li> <li>Drug Screenings</li> <li>DOT Physicals</li> </ul> | <ul> <li>Sliding Fee Scale         For Uninsured</li> <li>Walk-In's Welcome</li> <li>Same Day         Appointments</li> <li>Walk-In's Welcome</li> <li>Same Day         Appointments</li> </ul> |
| Coastal Family Practice<br>(Oneal's)<br>820 W. Main Street<br>Belhaven, NC  | P: (252) 943-0056<br>F: (888) 768-2015<br>Monday-Friday 9am-6pm   | Primary Care   | Walk-In's Welcome   |
| <b>Urgent Care Down East</b><br>853 West 15 <sup>th</sup> Street<br>Washington, NC                                      | P: (252) 623-2000<br>F: (877) 559-4667<br>Monday-Tuesday 8am-6pm<br>Wednesday 8am-5pm<br>Thursday-Friday 8am-6pm<br>Saturday 8am-4pm  | <ul> <li>Urgent Care Services</li> <li>Drug Screenings</li> <li>Workman's Compensation form</li> <li>DOT Physicals</li> <li>New Hire Physicals</li> <li>TB Skin Test</li> </ul>  | <ul> <li>Walk-In's Only</li> <li>Last Patient 30         Minutes Before         Closing     </li> </ul>   |
| ECU Health Family<br>Medicine- Aurora<br>151 3rd Street<br>Aurora, NC   | P: (252) 322-4021<br>F: (252) 322-5088<br>Monday/Friday 8am-5pm<br>Wednesday 8am-12pm<br>Tuesday/Thursday Closed  | <ul><li>Primary Care</li><li>Specialty Referrals</li></ul>   | Same Day     Appointments   |
| ECU Health<br>Multispecialty Clinic -<br>Belhaven<br>598 Old County Road<br>Belhaven, NC                                | P: (252) 943-0600 F: (252) 943-2377 Primary Care: Monday-Friday 8am-5pm Immediate Care: 7 days a week 7:30 am- 7:30 pm Cardiology: Wednesday 9am-1pm; every other Friday Physical Therapy: Monday-Friday 8am-4:30pm | <ul> <li>Primary Care (Health Coaching Provided)</li> <li>Prenatal Care</li> <li>Urgent Care 24/7</li> <li>Cardiology</li> <li>Physical Therapy</li> </ul>   | Walk-In's Welcome   |
| <b>ECU Health Family Medicine- Chocowinity</b> 740 Bragaw Lane Chocowinity, NC  | P: (252) 946-9562<br>F: (252) 946-9071<br>Monday-Thursday 7:30am-<br>5:30pm<br>Friday 7:30am-5pm  | Primary Care   | <ul> <li>Same Day         Appointments     </li> </ul>  |
| ECU Health Family<br>Medicine- Washington<br>501 W. 15th Street<br>Washington, NC                                       | P: (252) 975-2667<br>F: (252) 975-2507<br>Mony-Thurs 7:30am-5:30pm<br>Friday 7:30am-5pm   | <ul><li>Family Medicine</li><li>Primary Care</li></ul>   |   |
| <b>ECU Health Internal Medicine</b> 1380 Cowell Farm Rd Washington, NC  | P: (252) 946-2101<br>F: (252) 946-9896<br>Mon-Thurs 7:30am-5:30pm<br>Friday 7:30am-5pm<br>Saturday 8 am-4pm<br>Sunday 12pm-4pm  | Primary Care   | <ul> <li>Some Same Day<br/>Appointments</li> <li>COVID Testing<br/>Monday-Friday<br/>8am-4pm</li> </ul>   |

| Washington Pediatrics | P: (252) 946-4134        | • | Primary Care Pediatrics | • | Saturday Sick     |
|-----------------------|--------------------------|---|-------------------------|---|-------------------|
| 1206 Brown Street     | F: (252) 946-2432        |   | and Adolescents         |   | Patients Only     |
| Washington, NC        | Monday-Friday 8:15am-5pm |   |                         | • | Monday-Friday     |
|                       | Saturday 8:15am-12pm     |   |                         |   | Walk-In's Welcome |
|                       |                          |   |                         |   | 8:15am-11am And   |
|                       |                          |   |                         |   | 2pm-4pm           |

### **SPECIALIZED HEALTH CARE:**

| Beaufort County Public<br>Health Department<br>1436 Highland Drive<br>Washington, NC | P: (252) 946-1902<br>F: (252) 946-8430<br>Monday-Friday 8am-5pm   | <ul> <li>Breast &amp; Cervical Cancer<br/>Control Program</li> <li>Childhood &amp; Adult<br/>Immunizations</li> <li>Counseling Services<br/>(including psychiatry)</li> <li>Diabetes Prevention<br/>Program</li> <li>Diabetes Self-Management</li> <li>Environmental Health</li> <li>Family Planning Services &amp;<br/>Contraceptive</li> <li>Flu Immunizations</li> <li>Healthy Living Clinic</li> <li>Nutrition Counseling</li> <li>Prenatal Care</li> <li>STD Screenings &amp;<br/>Treatment</li> <li>TB Screenings</li> <li>Tobacco Counseling</li> <li>WIC Services</li> </ul> | • | Sliding Fee Scale For Uninsured Some Programs You Must Qualify For (Call For More Information) Interpreter Services Provided |
|--|---|--|---|--|
| ECU Health Women's<br>Care- Washington<br>1210 Brown Street<br>Washington, NC        | P: (252) 975-1188 F: (252) 975-3800 [main] F: (252) 974-9224 [referrals & appointments] Monday-Thursday 8am-5pm Friday 8am-12pm | <ul><li>Prenatal Care</li><li>Women's Health</li><li>Obstetrics</li><li>Gynecology</li></ul>   | • | Appointments only  |
| <b>ECU Health Urology</b><br>1202 Brown Street<br>Washington, NC                     | P: (252) 946-0136<br>F: (252) 946-0189<br>Monday-Thursday 8am-5pm<br>Friday 8am-12pm  | • Urology  |   |  |
| <b>Care- Washington</b><br>1204 Brown Street<br>Washington, NC                       | P: (252) 946-6544<br>F: (252) 975-6540<br>Monday-Friday 8am-5pm   | <ul><li>Primary Care for Women</li><li>Women's Health</li><li>Gynecology</li></ul>   |   |  |
| Care 2390 Hemby Lane Greenville, NC 27834  | P: (252) 744-4500<br>F: (252) 744-5713<br>Monday-Friday 7:45am-5pm  | <ul> <li>Treatment of Infectious         Disease (Flu, Lyme         Disease, HIV and AIDS,         and sexually transmitted         diseases~ Hepatitis C)</li> <li>Viral Infections including         West Nile and others</li> <li>Tuberculosis</li> <li>Fevers and parasitic         infections</li> <li>Malaria</li> <li>Treatment of antibiotic         resistant diseases (MRSA &amp;         other forms of staph         infections)</li> </ul>  | • | Mychart Accounts Infusion Center International Travel Clinic   |

### **BEHAVIORAL HEALTH:**

| Center for Family<br>Violence Prevention<br>111 E. 3 <sup>rd</sup> Street<br>Greenville, NC                   | P: (252) 758-4400<br>Emergency: (252) 752-3811<br>Monday-Friday 8:30am-5pm   | <ul> <li>Specialized classes (Anger Management, Domestic Violence 101)</li> <li>Court Advocacy</li> <li>Family Services</li> <li>SafeHouse</li> <li>Counseling for Domestic Violence Victims and Families (individual and group counseling)</li> </ul>  | • | Serves Pitt, Martin<br>And Washington<br>Counties  |
|---|--|---|---|--|
| DREAM Provider Care<br>Services<br>216 W. Stewart Pkwy<br>Washington, NC                                      | P: (252) 946-0585 Emergency: (1-866) 437-1821 F: (252) 946-0580 Monday/Tuesday/Wednesday/ Friday 8am-8pm Thursday 8am-7pm Saturday 8am-5pm   | <ul> <li>Comprehensive Clinical<br/>Assessment</li> <li>Individual, Marriage, and<br/>Family Therapy</li> <li>Substance Abuse Services</li> <li>Medication Management</li> <li>DWI Services</li> <li>Community Support Team-Adults</li> <li>Intensive In-Home<br/>Services-Child/Adolescents</li> <li>Day Treatment-Child/Adolescents</li> <li>Triple P Positive Parenting</li> </ul> | • | Spanish Interpreter<br>Available<br>Sliding Fee Scale<br>For Uninsured   |
| Integrated Family Services 2269 Statonsburg Rd Greenville, NC  2305 Executive Circle Suite 101 Greenville, NC | (Greenville) P: (252) 439-0700<br>(Mobile Crisis/Washington)<br>P: 1-866-437-4614 (24/7)<br>F: (252) 439-0900<br>Greenville & Washington<br>Office:<br>Monday-Friday 8am-5pm<br>Open Access Clinic:<br>Monday 12pm-5pm<br>Tuesday 8am-12pm | <ul> <li>Mobile Crisis Management</li> <li>Psychiatric Services</li> <li>Intensive In-Home<br/>Services</li> <li>Therapeutic Foster Care</li> <li>Mental Health</li> <li>Evaluations</li> </ul>   | • | Programs To Assist<br>Uninsured Clients  |
| <b>LifeQuest, Inc.</b><br>230 E. 8th Street<br>Washington, NC   | P: (252) 975-8080<br>F: (252) 975-8055<br>Monday-Friday 8am-4pm  | <ul><li>Outpatient<br/>Enhanced Services</li><li>Psychosocial Rehabilitation</li></ul>  | • | Admission Criteria<br>Can Be Found On<br>Their Website   |
| New Hope Counseling<br>Services<br>122 S. Harvey<br>St<br>Washington, NC                                      | P: (252) 833-4047<br>F: (252) 833- 4048<br>After Hours Crisis: (252) 947-<br>1072<br>Social Worker: (252) 412-<br>3207   | <ul> <li>Bipolar Disorder</li> <li>Anxiety/Phobias, Depression</li> <li>Attachment Disorders</li> <li>PTSD</li> </ul>   | • | Sliding Fee Scale<br>For Uninsured   |
| Pamlico Counseling<br>408 E. 11th Street<br>Washington, NC  | P: (252) 975-2027<br>F: (252) 975-3483   | <ul> <li>Anxiety/Phobias,<br/>Depression</li> <li>ADHD</li> <li>Bipolar Disorder</li> <li>Eating Disorders, OCD</li> <li>Personality Disorders</li> <li>PTSD</li> </ul>   | • | Sliding Fee Scale<br>For Uninsured<br>Hours Vary Based<br>on Clinician<br>After Hours &<br>Weekends<br>Appointments<br>Available |

| Passages Counseling<br>Services<br>131 North Market Street<br>Washington, NC | P: (252) 975-3111 F: (252) 975-3035 Monday-Thursday 9am-5pm Friday 9am-12pm OR by appointment for assessment and individual therapy Group Therapy Tuesday/Thursday 9am-11am & 6:30pm-8:30pm Saturday 8am-10am | <ul> <li>Abuse Recovery</li> <li>Drug/Alcohol Addiction,<br/>Substance Abuse</li> <li>Marriage Counseling</li> <li>Family Counseling</li> <li>Group/Individual<br/>Counseling</li> <li>Depression/Anxiety</li> <li>Anger Management</li> <li>Assessment &amp; Treatment<br/>for DWI</li> <li>Employee Assistance<br/>Program</li> </ul> |  |
|--|---|---|--|
| PORT Human<br>Services<br>1379 Cowell Farm Rd<br>Washington, NC              | P: (252) 975-8852<br>F: (252) 975-8887<br>Monday-Friday 8am-5pm   | <ul> <li>Criminal Justice/Court Ordered Services</li> <li>Psychosocial</li> <li>Rehabilitation Program</li> <li>Community Intervention Center</li> </ul>  |  |
| Real Crisis Intervention   | P: (252) 758-4357   | <ul> <li>24-hour Counseling and</li></ul>   | Walk-In's     Welcomed   |
| 1310 E Arlington Blvd.   | F: (252) 758-0455   | Referrals <li>Sexual Assault Services</li> <li>Advocacy</li> <li>Suicide Intervention /</li>  |  |
| Greenville, NC   | Open 24/7   | Prevention <li>Dial-A-Teen</li>   |  |
| <b>Trillium</b>  | P: 1-866-998-2597   | <ul> <li>Care Coordination</li> <li>Mental Health and</li></ul>   | <ul> <li>Inpatient &amp;         Outpatient</li> <li>Resources directly         connects Medicaid         and those who are         uninsured</li> </ul> |
| 201 W. 1 <sup>st</sup> Street  | Emergency: 1-877-685-2415   | Substance Abuse   |  |
| Greenville, NC   | F: (252) 215-6878   | Counseling  |  |

### **EMERGENCY NEEDS:**

| American Red Cross<br>135 N. Market Street<br>Washington, NC               | P: (252) 946-4110<br>or<br>1-800-RED CROSS | <ul> <li>Immediate One-Time         Assistance for fire/disaster         victims     </li> <li>Army Emergency Relief</li> </ul>   |
|--|--|---|
| <b>Salvation Army</b><br>112 East 7 <sup>th</sup> Street<br>Washington, NC | P: (252) 946-2523<br>Monday-Friday 9am-5pm | <ul> <li>Emergency Assistance         (9am-4pm): Food, rent,         clothing, utilities,         fire/disaster victims</li> <li>Thrift Store</li> <li>Food and Toy assistance at         Christmas</li> </ul>  |
| United Way 113 East 15 <sup>th</sup> Street Washington, NC                 | P: (252) 975-6209<br>Monday-Friday 9am-5pm | <ul> <li>Emergency Assistance:     fire/disaster victims</li> <li>GED prep</li> <li>Housing</li> <li>Cooking classes</li> <li>Prescriptions,     transportations for     mentally ill</li> <li>Weekend meals for kids</li> <li>Tax advice</li> <li>Adult literacy</li> <li>After school camps</li> <li>Fitness classes for seniors</li> </ul> |

### **FOOD ASSISTANCE:**

| Beaufort County Dept.<br>Social Services<br>632 W. 5th Street<br>Washington, NC  | P: (252) 975-5500<br>F: (252) 975-5555<br>Monday-Friday 8am-5pm  | <ul> <li>SNAP (Food Stamps)</li> <li>Congregate &amp; Home Delivered Meals</li> <li>Crisis Intervention Program (heating/cooling)</li> <li>APS, CPS</li> <li>Medical Transportation</li> <li>Childcare Assistance</li> <li>Medicaid (Adult and Family &amp; Children)</li> </ul> | <ul> <li>← Must Qualify</li> <li>← Must Qualify</li> <li>← Must Qualify</li> <li>← Must Qualify</li> </ul> |
|--|--|--|--|
| WIC Program Beaufort County Health Department 1436 Highland Drive Washington, NC | P: (252) 946-9705<br>F: (252) 946-8430<br>Monday-Friday 8am-5pm<br>*Tuesday's extended hours till<br>6pm | <ul> <li>Nutrition Education for<br/>pregnant women and<br/>children ages 0-5</li> <li>Provides ecards to assist<br/>with food, baby food,<br/>formula</li> <li>Breastfeeding Peer<br/>Counselor</li> </ul>  | <ul> <li>← Must         Qualify</li> <li>← Must Qualify</li> <li>← If On WIC</li> </ul>                    |

### **FOOD BANKS:**

| First Church of Christ<br>520 E. 10th Street<br>Washington, NC                | P: (252) 946-5236<br>2 <sup>nd</sup> Saturday Each Month<br>11am-12:30pm   | Food Distributions  | • | Each Person/Family<br>Can Only Be Served<br>Once A Month  |
|---|--|---|---|---|
| Athen's Chapel Church<br>of Christ<br>35 Della Wallace Rd<br>Bath, NC         | P: (252) 927-5401<br>1 <sup>st</sup> Saturday Each Month<br>10am-12pm  | Food Distributions  | • | Each Person/Family<br>Can Only Be Served<br>Once A Month  |
| Eagles Wings Haw Branch Mobile Food Pantry 1501 Haw Branch Rd Chocowinity, NC | P: (252) 946-5083<br>3 <sup>rd</sup> Saturday Each Month<br>11am-2pm   | Food Distributions  |   |   |
| Deeper Life Ministries<br>4470 Hwy 264 W.<br>Washington, NC                   | P: (252) 946-4400<br>Every Wednesday<br>9am-11am   | Food Distributions  | • | One Box Per Month   |
| Eagle's Wings Food<br>Pantry<br>932 W. 3rd Street<br>Washington, NC           | P: (252) 975-1138  Client Interviews & Food  Pickup: [Tuesdays Only]  9am-11:30am & 2pm-4:30pm  **Closed 5 <sup>th</sup> Tuesday of the  Month  Emergency Food Services:  1st Saturday of Month 9am-  11am | <ul> <li>Emergency Food Services</li> <li>Food Distributions</li> <li>Home Bound Food<br/>Deliveries</li> </ul> | • | Each Person/Family<br>Can Only Be Served<br>Once A Month<br>Must Qualify,<br>Interview Required<br>Medically Fragile<br>Individuals |
| Edward Christian Church<br>23 Academy St<br>Edward, NC                        | <b>Edward Christian Church:</b> 1 <sup>st</sup> Thursday of Month 10am-12pm  |   |   |   |
| Mallard Creek Apartments<br>245 S. 5 <sup>th</sup> Street<br>Aurora, NC       | Mallard Creek Apts:<br>2 <sup>nd</sup> Thursday of Month<br>10am-12pm  |   |   |   |

| Aurora United Methodist           |  |  |                                       |
|-----------------------------------|--|--|---------------------------------------|
| Church                            | Aurora UMC:                            |  |                                       |
| 327 E. Main Street                | 4 <sup>th</sup> Thursday of Month      |  |                                       |
| Aurora, NC                        | 10am-12pm                              |  |                                       |
| S W Snowden Elementary            |  |  |                                       |
| School                            | S W Snowden Elementary                 |  |                                       |
| 693 7 <sup>th</sup> Street        | 3 <sup>rd</sup> Saturday of Each Month |  |                                       |
| Aurora, NC                        | 9am-11am                               |  |                                       |
|                                   | P: (252) 833-4894                      | <ul> <li>Food Distributions</li> </ul>                         | Basic ID And Utility                  |
| ISAIAH 58 Food Pantry             | 3 <sup>rd</sup> Saturday of Month      |  | Bill For Address                      |
| Harvest Church                    |  |  | Verification                          |
| 2020 15th Street                  |  |  |                                       |
| Washington, NC                    |  |  |                                       |
| <b>Macedonia Church of</b>        | P: (252) 943-2195                      | <ul> <li>Food Distributions</li> </ul>                         | <ul> <li>Basic ID Required</li> </ul> |
| Christ                            | 3 <sup>rd</sup> Wednesday of Month     |  |                                       |
| 1678 Swamp Rd                     | 9am-1:30pm                             |  |                                       |
| Pantego, NC                       |  |  |                                       |
| Martha's Project                  | P: (252) 943-2124                      | Food Distribution  |                                       |
| 1014 US Hwy 264 Bypass            | 4 <sup>th</sup> Friday of Month        | <ul> <li>Clothing and Household</li> </ul>                     |                                       |
| Belhaven, NC                      | 8am-11am                               | Items  |                                       |
|                                   | P:                                     | Food Distribution  |                                       |
| Mt. Gilead Outreach               | Fridays 12pm-2pm                       | <ul><li>Food Distribution</li><li>Heating Assistance</li></ul> |                                       |
| Food Bank                         | riidays 12piii-2piii                   | • Heating Assistance   |                                       |
| 223 W. Main Street                |  |  |                                       |
| Belhaven, NC Refugee Tower Church | P: (252) 362-1294                      | Holiday programs   |                                       |
| Food Pantry                       | Thursday & Friday                      | <ul><li>Winter coats</li></ul>                                 |                                       |
| 611 E. 6th Street                 | 12pm-5pm                               | <ul><li>Small toys for children</li></ul>                      |                                       |
| Washington, NC                    | 12рт Эрт                               | <ul> <li>Food Distribution</li> </ul>                          |                                       |
| St. John's Church of              | P: (252) 975-3700                      | Food Distribution  |                                       |
| <b>Christ</b> 2240                | 4 <sup>th</sup> Saturday of Month      | - 1 coa bistribation   |                                       |
| St. John Church Rd.               | 2232.227                               |  |                                       |
| Washington, NC                    |  |  |                                       |
| St. Vincent de Paul               | P: (252) 946-2941                      | Food Distributions   | Basic ID Required                     |
| Pantry                            | Wednesday 10am-11am                    | Assistance with  | Interview Required                    |
| Mother of Mercy Catholic          | 11 2211 2224                           | medication, rent, utilities                                    | For Assistance                        |
| Church                            |  | 23.123.31.1, 1 2.11 <b>.2,</b> 2.12.1 <b>.3.</b>               |                                       |
| 114 W. 9th Street                 |  |  |                                       |
| Washington, NC                    |  |  |                                       |
| <u> </u>                          |  |  |                                       |

### **SOUP KITCHENS:**

| Maranatha 7th day<br>Adventist Soup Kitchen<br>501 E. 6th Street<br>Washington, NC       | P: (252) 975-1138<br>Saturday 1:30pm-           | Soup Kitchen |
|--|---|--------------|
| Zion Shelter and Soup<br>Kitchen<br>114 W. Martin Luther King<br>Drive<br>Washington, NC | P: (252) 975-1978<br>Monday-Friday 11am-11:30am | Soup Kitchen |

### **OTHER ASSISTANCE:**

| House of Hope<br>15th Street Church of God<br>336 E. 15th Street<br>Washington, NC | P: (252) 946-7771<br>Tuesdays 9am-12pm   | Clothing Ministry  |               |
|--|--|--------------------|---------------|
| Tideland EMC<br>PO Box 159<br>Pantego, NC 27860                                    | 24 Hour Member Service:<br>P: (252) 943-3046<br>F: (252) 943-3510<br>24 Hour Outage Reporting: | Utility Assistance | ←Must Qualify |
| Corporate Office<br>25831 Hwy 264 East<br>Pantego, NC                              | 800-882-1001<br>252-944-2400 (Beaufort<br>County)<br>Monday-Friday 8am-5pm                     |                    |               |

### **SHELTERS:**

| SHELIEKS.  |  |   |  |
|--|--|---|--|
| The Anchor House-Restore One PO Box 3278 Greenville, NC  Beaufort, Martin, Bertie Shelter Home                         | P: (252) 746-0302 National Human Trafficking Hotline: 1-888-3737-888 F: (252) 746-1321 Monday-Friday 9am-6pm Saturday 10am-7pm P: (252) 792-1883 P: (252) 792-8357   | <ul> <li>Shelter for male victims of<br/>sex trafficking age 12-18yo</li> <li>Shelter for 6 boys and 5<br/>girls ages 7-17 (for 90<br/>days)</li> </ul>   | <ul> <li>Males 12-18 Years<br/>Old</li> <li>Children 7-17 Years<br/>Old</li> </ul>   |
| 1081 Nai Radial Lane Williamston, NC (Call for Locations)  Coastal Women's Shelter 1333 S.Glenburnie Road New Bern, NC | P: (252) 638-4509<br>Crisis Line (24/7):<br>(252) 638-5995<br>Monday-Friday 8am-5pm  | <ul> <li>Women's Domestic</li> <li>Violence Shelter</li> <li>Court Advocacy</li> <li>DV Counseling</li> <li>Support Groups</li> </ul>   | Women And Children   |
| Community Crossroads Center 207 Manhattan Ave Greenville, NC   | P: (252) 752-0829 F: (252) 752-4366 After 6pm P: (252) 752-1107 Shelter Hours Monday-Friday 6pm-8am Saturday-Sunday 6pm-9am Office Hours Monday-Thurs 8am-4:30pm Friday 8am-4pm  | <ul> <li>Housing men, women, families; Take-In 6-8pm</li> <li>Stable Solutions Program</li> <li>Shelter Plus Program</li> <li>Solid Ground Program</li> </ul>   | <ul> <li>Must Prove         Homelessness</li> <li>Must Have State         Issued ID</li> <li>Night         Only/Emergency         Shelter</li> <li>Non-Sex Offenders         Only</li> </ul> |
| Open Door Community<br>Center<br>1240 Cowell Farm Road<br>Washington, NC 27889   | P: (252) 623 - 2150  | Safe housing  | Women & Children   |
| Religious Community<br>Services<br>919 George Street<br>New Bern, NC 28560   | P: (252) 633-2767  Food & Clothing: Monday-Friday 11am-1pm Rent & Utility: Registration 7:30am-8am (1st and 3rd Monday) Registered Clients Only 9am-1pm (1st and 3rd Monday) Community Kitchen: Monday-Saturday 10:30am-11:45am Sunday 8:30am-9:45am | <ul> <li>Housing men, women, families</li> <li>Financial, prescriptions, &amp; transportation assistance</li> <li>Rent and Utility assistance</li> <li>Food and Clothing</li> <li>Transportation</li> </ul> | Shelter 7 Days   |

| Ruth's House Domestic<br>Violence Shelter<br>Antique Shop<br>228 West Main Street<br>Washington, NC 27889 | Help Line:<br>(252) 940-0007<br>F: (252) 946-0709                 | <ul> <li>Women's Domestic</li> <li>Violence Shelter</li> <li>DV Counseling</li> <li>Court Advocacy</li> <li>Community Education and<br/>Outreach</li> </ul> | Women And Children |
|---|---|---|--------------------|
| <b>Zion Shelter</b><br>114 E. MLK Jr. Dr<br>Washington, NC  | P: (252) 975-1978<br><b>Office Hours</b><br>Monday-Friday 9am-5pm | <ul><li>Men's Shelter, Take-In<br/>9:30-11:00pm</li></ul>   | Men Only           |

### **HOUSING ASSISTANCE:**

| Martin County Community Action INC 689 Flanders Filter Road Washington, NC | P: (252) 946-5632<br>Monday-Saturday 10am-9pm<br>Sunday 1pm-6pm                                  | <ul> <li>Assist with weatherization and home repairs</li> <li>Low Income housing assistance</li> <li>Open Mon-Sat-10am-9pm; Sun-1pm-6pm</li> </ul> | • | Must Qualify |
|--|--|--|---|--------------|
| Mid-East Commission<br>1502 North Market St Suite<br>A<br>Washington, NC   | P: (252) 946-8043<br>F: (252) 946-5489<br>Monday-Friday 8am-5pm                                  | <ul><li>Low Income housing assistance</li><li>Section 8</li></ul>  | • | Must Qualify |
| Washington Housing<br>Authority<br>809 Pennsylvania Ave<br>Washington, NC  | P: (252) 946-0061<br>F: (252) 975-1279<br>Monday-Friday 8:30am-5pm<br>*Closed 12pm-1pm for lunch | <ul> <li>Low Income housing assistance</li> <li>Section 8</li> <li>Family Self-Sufficiency Program</li> <li>Homeownership Program</li> </ul>       | • | Must Qualify |

### **EMPLOYMENT ASSISTANCE:**

| Beaufort County<br>NCWorks Career<br>Center<br>1502 North Market St<br>Washington, NC        | P: (252) 940-0900<br>F: (252) 946-8700<br>Monday-Thursday 8am-5pm<br>Friday 9am-5pm | <ul> <li>Job Training Partnership         Act</li> <li>Welfare to Work,         Employment and Training</li> <li>Grant Job training,         educational assistance,         employment opportunities</li> </ul> |                                       |
|--|---|--|---------------------------------------|
| Blind Center/Division of<br>Services for the Blind<br>219 N. Harvey Street<br>Washington, NC | P: (252) 946-6208<br>Monday-Thursday 9am-5pm  | 15 15 15 15  | <ul> <li>Visual Impairment</li> </ul> |
| Tesi Staffing & Employee Services (Blue Arbor) 731 W. 15th Street Washington, NC             | P: (252) 946-1588<br>F: (252) 946-3718  | <ul><li>Staffing Agency</li><li>Employee Services</li></ul>  |                                       |
| NC Works Career Center<br>3101 Bismarck St<br>Greenville, NC                                 | P: (252) 355-9067<br>F: (252) 355-9075<br>Monday-Friday 8:30am-5pm                  | Job Search and<br>Development  |                                       |
| <b>Executive Personnel Group</b> 1989 W. 15 <sup>th</sup> Street Washington, NC              | P: (252) 946-7119<br>F: (252) 946-9856  | Staffing Agency  |                                       |

| Martin County  | P: (252) 974-2959                          | Addresses needs for   |   |
|--|--|---|---|
| <b>Community Action INC</b>  | P: (252) 946-5632                          | disabled, elderly, and low  |   |
| 689 Flanders Filter Rd   | P: (252) 792-7162                          | income  |   |
| Washington, NC   | Monday-Saturday 10am-9pm<br>Sunday 1pm-6pm | Job Counseling  |   |
| <b>Mega Force Staffing</b><br>2001 W.15 <sup>th</sup> Street<br>Washington, NC           | P: (252) 975-3150<br>Monday-Friday 8am-5pm | Staffing Agency   |   |
| Professional Staffing<br>Solutions<br>2289 W. 5th Street,<br>Suite 200<br>Washington, NC | P: (252) 940-0070<br>Monday-Friday 8am-5pm | Staffing Agency   |   |
| Vocational Rehabilitation 953 Washington Street Washington, NC 27889                     | P: (252) 946-0051<br>F: (252) 946-4995     | <ul> <li>Disability and vocational assessment</li> <li>Employment Training and Placement</li> <li>Counseling</li> <li>Can Assist with medical expenses</li> </ul> | <ul><li>Prior<br/>Authorization</li></ul> |

### **EDUCATION OPPORTUNITIES/ASSISTANCE:**

| Beaufort County<br>Community College<br>5337 US Hwy 264 E.<br>Washington, NC 27889                  | Main Campus Switchboard<br>P: (252) 946-6194       | <ul> <li>Offers various programs</li> <li>Basic skills, job readiness,<br/>job skills training</li> <li>GED</li> </ul>  |   |  |
|---|--|---|---|--|
| Beaufort County<br>Cooperative Extension<br>155 A Airport Road<br>Washington, NC                    | P: (252) 946-0111<br>F: (252) 975-5887             | <ul> <li>Consumer shopping skills</li> <li>Budgeting Meal Planning</li> <li>Family Record Keeping</li> <li>Conservation Practices</li> <li>4-H Youth Development</li> </ul>   |   |  |
| Beaufort County Public<br>Health Department<br>1436 Highland Drive<br>Washington, NC                | P: (252) 946-1902<br>F: (252) 946-8430             | <ul> <li>Diabetes Prevention         Program     </li> <li>Diabetes Self-Management         Classes     </li> <li>Miscellaneous Classes and         Presentations     </li> <li>Nutritional Counseling</li> <li>Hepatitis C, HIV, and         Syphilis Testing     </li> <li>Medical Nutrition Therapy</li> <li>Tobacco Counseling</li> </ul> | • | Referrals Required for Some Programs       |
| Family Resource Center<br>Mother of Mercy Catholic<br>Church<br>112 W. 9th Street<br>Washington, NC | P: (252) 946-2941 (ext.2)<br>Monday-Friday 9am-1pm | <ul><li>Educational and Job<br/>programs</li><li>Food pantry</li><li>Financial Assistance</li></ul>   |   |  |
| Literacy Volunteers of<br>Beaufort County 113 E.<br>15 <sup>th</sup> Street<br>Washington, NC 27889 | P: (252) 974-1812<br>Monday-Thursday 9am-1pm       | <ul> <li>Free, confidential, 1-on-2 tutoring sessions</li> <li>Help prepare for GED, ASVAB, NC drivers         License, US Citizenship test</li> <li>U.S. citizenship</li> <li>Read/feed summer programs</li> </ul>   | • | Anyone 18 & Older<br>Walk-In's<br>Welcomed |

| Purpose of God Annex<br>1015 E. 6th Street<br>Washington, NC                 | P: (252) 974-1484<br>Monday-Thursday 9am-5pm<br>*Summer Hours<br>Monday-Friday 9am-5pm | <ul> <li>GED Assistance</li> <li>Employment Skills and Job<br/>Preparedness</li> <li>On-The-Job Training ages<br/>18-55yo</li> </ul> |
|--|--|--|
| St. John's Church of<br>Christ<br>2240 St. John Church Rd.<br>Washington, NC | P: (252) 975-3700  | Budgeting & Finance  |

### **TRANSPORTATION:**

| <b>Beaufort Area Transit</b> P: (252) 946-5778 • Human services and general transportation ships of the services and general transportation | <ul> <li>Distance Traveled</li> <li>All Trips Are To Be Requested By 1pm The Day Before Scheduling An Appointment</li> <li>Requires 24hr Notice.</li> <li>Under 16 years of age requires a guardian</li> </ul> |
|--|--|
|--|--|

### **PHONE ASSISTANCE:**

| Assurance Wireless               | P: 1-888-898-4888  | <ul> <li>2GB Data per month &amp;<br/>unlimited texts &amp; 350<br/>Voice minutes</li> </ul> | Must Qualify      |
|----------------------------------|--|--|-------------------|
| SafeLink Wireless Cell<br>Phones | Enrollment & Plan Changes P: 1-800-723-3546 Technical Support P: 1-800-378-1684 Enrollment & Plan Changes Monday-Saturday 8am-10pm Sunday 8am-7pm Technical Support 8am-12am (7 days/week) | Government's Lifeline<br>support program   | One Per Household |

### **CHILDCARE ASSISTANCE:**

| Beaufort County<br>Community College<br>5337 US Hwy 264 E.<br>Washington, NC | Main Campus Switchboard<br>P: (252) 946-6194<br>F: (252) 940-6414 | <ul> <li>Childcare Assistance for<br/>Students</li> </ul>   | Must Qualify |
|--|---|---|--------------|
| <b>Beaufort County DSS</b><br>632 W. 5th Street<br>Washington, NC            | P: (252) 975-5500<br>F: (252) 975-5555<br>Monday-Friday 8am-5pm   | <ul> <li>Childcare Assistance<br/>Program</li> <li>Adult Protective Services</li> <li>Child Protective Services</li> <li>Transportation</li> <li>SNAP (Food Stamps)</li> <li>Foster Care</li> </ul> | Must Qualify |

Beaufort/Hyde Partnership For Children

979 Washington Sq. Mall Washington, NC

P: (252) 975-4647 F: (252) 975-4722

Monday-Thursday 8:30am-

5pm

• Childcare Referral Specialist to help assure quality childcare

**AFTER SCHOOL/SUMMER PROGRAMS:** 

| Adventure Zone Kids Washington Assembly Of God 2029 W 5 <sup>th</sup> Street Washington, NC | P: (252) 946-6185   | Summer Enrichment<br>Program  | School Aged     Children        |
|---|---|---|---------------------------------|
| Boys & Girl Club of<br>Beaufort<br>1089 N. Bridge Street<br>PO Box 2331<br>Washington, NC   | P: (252) 355-2345 Washington Location P: 844-440-2717 (Ext. 8320) Hours of Operation Monday-Friday 2:30pm-7pm Non-School & Summer Hours Monday-Friday 7am-6pm Early Release Days 12pm-6pm | <ul> <li>After School Program</li> <li>Summer Program</li> </ul>  |                                 |
| John Cotton Tayloe<br>Elementary School<br>910 Tarboro Street<br>Washington, NC             | Summer Enrichment Program<br>Registration<br>P: 252-975-2179<br>P: 252-946-3350   | <ul><li>After School Program</li><li>Summer Enrichment<br/>Program</li></ul>                            | School Aged     Children        |
| Purpose of God Annex<br>1015 E. 6th Street<br>Washington, NC                                | P: (252) 974-1484   | <ul> <li>After School Program</li> <li>Homebound Student<br/>Program</li> <li>Summer Program</li> </ul> | Students Ages 6-15<br>Years Old |
| Unity Christian<br>Academy<br>1501 Haw Branch Rd<br>Chocowinity, NC                         | P: (252) 946-5083   | <ul><li>After School Program</li><li>Summer Enrichment<br/>Program</li></ul>                            |                                 |

### **PARENTING SUPPORT:**

| Beaufort County Public<br>Health Department<br>1436 Highland Drive | P: (252) 946-1902<br>F: (252) 946-8430<br>Monday-Friday 8am-5pm | <ul><li>WIC Services</li><li>Care Coordination For<br/>Children</li></ul>   | <ul><li>← Must Qualify</li><li>← Medicaid Clients</li></ul> |
|--|---|---|---|
| Washington, NC   | , , ,   | <ul> <li>Pregnancy Care<br/>Management</li> </ul>   | ← Medicaid Clients  |
|  |   | <ul> <li>Breastfeeding Peer<br/>Counselor</li> <li>Car Seat Installations and<br/>Inspections</li> <li>Childhood Immunizations</li> <li>Healthy Beginnings<br/>Program</li> <li>Safe Sleep Program</li> </ul> | ← WIC Clients   |

| Beaufort/Hyde<br>Partnership For<br>Children   | P: (252) 975-4647<br>F: (252) 975-4722<br>Monday-Friday 8am-5pm | <ul><li>Car Seat Installations and<br/>Inspections</li><li>Pre-K Screenings</li></ul>   | ← Must Qualify  |
|--|---|---|---|
| 979 Washington Sq. Mall<br>Washington, NC  | rionady rinday com opin   | <ul> <li>Parents as Teachers         Program         FREE Playgroups in             Belhaven, Pinetown,             Aurora, and Washington         Lending Library         Toys For Tots Intake     </li> </ul> | ← Ages 2-5<br>← Must Qualify  |
| BHM Regional Library<br>158 N. Market Street<br>Washington, NC   | P: (252) 946-6401<br>Monday-Friday 9am-5pm                      | <ul><li>Playgroup</li><li>Tutoring</li></ul>  | , ruse quamy  |
| Breastfeeding Support<br>Group<br>ECU Health Wellness Center<br>2610 Stantonsburg Rd<br>Greenville, NC | P: (252) 847-7439<br>3 <sup>rd</sup> Monday of Month 6:30pm     | Support group for all<br>breastfeeding moms   | <ul> <li>Infants &amp; Children         Are Welcome     </li> <li>Child Care Is         Available     </li> </ul> |
| <b>Children's Home Society</b><br>920 Woodbridge Park Rd<br>Greenville, NC                             | P: 252-752-1166   | <ul><li>Adoption Services</li><li>Foster Care</li></ul>   |   |
| Coastal Pregnancy<br>Center<br>1312 John Small Ave<br>Washington, NC                                   | P: (252) 946-8040   | <ul> <li>Free Pregnancy Tests</li> <li>Counseling &amp; Supportive<br/>Services</li> <li>Parenting Classes &amp; Baby<br/>Items</li> <li>Adoption Referrals</li> </ul>  | No Specific Referral<br>Form  |
| <b>Cornerstone Family Worship Center</b> 1918 W. 5th Street Washington, NC                             | P: (252) 946-6109   | <ul> <li>Family Understanding<br/>Nurturing Program</li> <li>Dinner is served &amp;<br/>transportation provided</li> </ul>  | <ul> <li>Preschool,</li> <li>Pre-Adolescents, &amp;</li> <li>Adolescents</li> </ul>                               |
| Family Connects<br>198 NC HWY 45 N<br>Plymouth, NC   | P: (252) 793-1806   | <ul> <li>Specialized Registered         Nurse provides no-cost             postpartum and newborn             home visits             (including breastfeeding)     </li> </ul>                                 | <ul> <li>Serves All Residents         Of Beaufort, Hyde,         Bertie, And Chowan</li> </ul>                    |
| Family Resource Center Mother of Mercy Catholic Church 114 W. 9th Street Washington, NC                | P: (252) 946-2941   |   |   |
| <b>Hopeful Beginnings</b> ECU Health Medical Center Greenville, NC                                     | P: (252) 847-4819   | <ul> <li>Support group helps<br/>postpartum mothers<br/>cope</li> </ul>   | <ul> <li>Up To 1 Year After<br/>Delivery</li> </ul>   |
| Purpose of God Annex<br>1015 E. 6th Street<br>Washington, NC   | P: (252) 974-1484   | <ul><li>Tuff Luv Camp</li><li>Project New Hope</li><li>Advocacy Services</li></ul>  | <ul> <li>For Students Facing<br/>Suspension</li> <li>For Adults With<br/>Criminal<br/>Backgrounds</li> </ul>      |
| <b>Tender Hearts Support Group</b> ECU Health Wellness Center 2610 Stantonsburg Rd Greenville, NC      | P: (252) 847-4819<br>3 <sup>rd</sup> Wednesday of Month 7pm     |   |   |

### **MENTORSHIP:**

| Beaufort County Police<br>Activities League<br>(PALs)<br>Pamlico Pals<br>310 W. Main Street<br>Peterson Building<br>Suite 202D<br>Washington, NC | P: (609) 412-9743 | <ul> <li>Governor's 1-on-1         volunteer program</li> <li>Interpersonal skill         building program</li> </ul> | <ul> <li>Matches Troubled<br/>Youth With Mentors</li> <li>Ages 7-17</li> <li>Youth Referral<br/>Form Online</li> </ul> |
|--|-------------------|---|--|
| Purpose of God Annex<br>Outreach Center<br>1015 E. 6th Street<br>Washington, NC  | P: (252) 974-1484 | <ul><li>Project New Hope</li><li>Advocacy Services</li></ul>  | <ul> <li>For Men With<br/>Criminal<br/>Backgrounds</li> </ul>  |

### **SUPPORT GROUPS:**

| Alcoholics Anonymous of Northeastern NC   | Beaufort County Group<br>(252) 975-6113<br>Northeastern NC Hotline<br>1-888-991-7823   | <ul> <li>Counties served:         Beaufort, Bertie,         Camden, Chowan,         Currituck, Gates,         Hertford, Hyde,         Martin, Pasquotank,</li> </ul> | • | Closed Meetings<br>Are For Anyone<br>With A Desire To<br>Stop Drinking<br>Open Meetings Are<br>For Anyone, But |
|---|--|--|---|--|
| St. Peters Episcopal Church<br>101 N Bonner St.<br>Washington, NC                                 | St. Peters Episcopal Church Monday 7pm-Open Discussion Tuesday & Wednesday 1pm- Closed Discussion Thursday 7pm-Open Big Book Study Saturday 10am- Open Discussion Sunday 3pm-Open Discussion Newcomer's Steps 1,2, & 3 | Tyrrell, & Washington  |   | Those With An<br>Alcohol Program<br>Are Asked To<br>Participate In<br>Discussion Only                          |
| Trinity Episcopal Church<br>182 NC 33 West<br>Chocowinity, NC                                     | <b>Trinity Episcopal Church</b> Friday 7pm-Open Speaker  |  |   |  |
| <b>Belhaven- Sidney Fellowship Group</b> Free Will Baptist Church 5580 Sidney Rd Belhaven, NC     | P: (252) 964-4402  |  |   |  |
| Belhaven- Easy Does It<br>Group<br>White Plains Church<br>Ministry<br>718 Pine St<br>Belhaven, NC | P: (252) 943-3619<br>Saturdays 8am   | Open Speaker   |   |  |
| Celebrate Recovery Harvest Church 2020 West 15th Street Washington, NC                            | P: (252) 833-4894<br>Thursdays 6:30pm-8:30pm   | <ul> <li>Addiction support group</li> <li>Dinner at 5:45pm-small<br/>donation appreciated</li> </ul>   | • | Any Kind Of Addiction (Chemical, Co- Dependency, Over Eating Grief, Gambling, Shopping, Etc.)                  |

**Chocowinity- Grateful** P: (252) 946-9958 Open Speaker Group Friday 8pm Trinity Episcopal Church 182 NC Hwy 33 East Chocowinity, NC **Diabetes Support Group** P: (252)-975-9368 55 Years Or Older Grace Martin Harwell 3<sup>rd</sup> Tuesday of Month 11am-Senior Center 12pm 310 W. Main Street Washington, NC **Down East Area of** 24 Hour Helpline Narcotics Anonymous -(866) 321-1631 Sundays 8am-9pm-Discussion **Keep It Simple** Westbrook Housing & Open to Everyone Authority 100 Manual Drive Washington, NC **Washington- Beaufort** P: (252) 975-6113 **County Group** Monday 8pm-Open Speaker Westbrook Housing Tuesday 12pm-Closed Discussion Authority 100 Manual Drive Wednesday 6pm-Living Sober Washington, NC Discussion Saturday 12pm-Open Speaker

### **LEGAL AID:**

Legal Aid of NC
301 Evans Street #102
Greenville, NC

P: (252) 758-0113
Monday-Friday 9am-5pm
Free legal assistance in areas of civil law,
Involving basic human needs like safety, shelter, income etc.

### **COMMUNITY ALCOHOL ANONYMOUS MEETINGS:**

Sunday 3pm-Beginners

Discussion

| Ahoskie Turning Point Group St. Thomas Episcopal Church 424 Church St. West    | Thursday 8pm-Open                 |
|--|-----------------------------------|
| Chocowinity Grateful Group Trinity Episcopal Church 182 NC 33 West             | Friday 7pm-Open Speaker           |
| Coinjock Coinjock Principles Group Coinjock Baptist Church 193 Worth Guard Rd. | Saturday 9am-Closed Step<br>Study |

**Columbia** 

Tyrrell County Group

Wesley Memorial Methodist

Monday 7pm-Open Thursday 8pm-Open

Church 508 Main St.

**Edenton** 

Edenton/Chowan Group

Monday & Wednesday 8pm

Edenton United

Monday (Open Speaker) & Wednesday (Closed 12 Steps & Traditions Study)

Methodist Church

Tuesday & Thursday 12pm-Closed Discussion

225 Virginia Rd.

Friday 12:30pm-Closed Discussion

Saturday 10am-Open Beginners Meeting

Log Cabin Group

Monday 8pm-Closed Discussion

202 Bandon Rd. Arrowhead Beach Area

**Elizabeth City** 

Brown Bag Group

Serenity House Monday-Friday 12pm

300 E. Pearl St. Monday, Tuesday, Thursday, Friday (Open Discussion) & Wednesday (Open 12-Step Study)

Dry Dockers Group

Serenity House

Monday-Friday @ 7:00pm

300 E. Pearl St.

Primary Purpose Group

Riverside Methodist Church

1400 Edgewood Dr.

Wednesdays 7pm-Closed Big Book Study

Serenity Group

Cann Presbyterian Church

311 W. Main St.

Wednesday 8pm-Closed Discussion (Park Behind Church, Off Fearing St)

Friday Night 12 & 12

St. Phillips Chapel @ Christ

Church

200 S. McMorrine St.

Friday 8pm-Open Discussion (Park Behind Church, Off Fearing St)

Living Sober Group

Serenity House

Friday 7pm-Open Discussion

300 E. Pearl St.

Saturday 9am-Open Discussion/Study

Grupo Esperanza

Serenity House

Saturdays 6pm-Open Discussion (Spanish Speaking)

300 E. Pearl St.

On The Fence Group

Albermale Hospital, N.

Saturday 7pm-Open Big Book Topic

**Entrance** 

1144 N. Road St.

Men's Big Book Study

Cann Presbyterian Church

311 W. Main St.

Sunday 7pm-Closed Discussion (Park Behind Church, Off Fearing St)

Sunday Night Group

Salvation Army Church

906 Fourth St.

Sunday 8pm-Open Speaker 1st Sunday, Open Discussion Otherwise

63

| <u>Hertford</u>           |  |
|---------------------------|--|
| Hertford Group            |  |
| Hertford United Methodist | Thursday 8pm-Open Discussion               |
| Church                    |  |
| 207 W. Market St.         |  |
| <u>Moyock</u>             |  |
| Yes We Can Group          | Tuesday 8pm-Open Discussion                |
| Moyock Baptist Church     |  |
| 123 Oak St. (off NC 168)  |  |
| Wedgewood Lakes Group     |  |
| Crawford Fire House       | Thursday 8pm-Big Book Study                |
| 121 Shawboro Rd.          |  |
| <u>Murfreesboro</u>       |  |
| Murfreesboro Group        | Wednesday 8pm-Open                         |
| Murfree Center            |  |
| 201 Broad St.             |  |
| Powells Point             |  |
| Powells Point ABC Group   | Monday 8pm-Open Discussion                 |
| Powells Point Baptist     | Friday 6pm-Open Big Book                   |
| Church                    |  |
| 8383 Caratoke Hwy         |  |
| <u>Sunbury</u>            |  |
| Gates County Sunbury      | Tuesday 8pm-Open Discussion                |
| Group                     |  |
| Beulah Baptist Church     |  |
| 967 U.S. 158 E.           |  |
| <u>Washington</u>         | Monday 7pm-Open Discussion                 |
| Beaufort County Group     | Tuesday 1pm-Closed Discussion              |
| St. Peter's Episcopal     | Wednesday 1pm-Closed 12-Step               |
| Church                    | Thursday 7pm-Open Big Book Study           |
| 101 N. Bonner St.         | Saturday 10am-Open Discussion              |
|                           | Sunday 3 pm-Open, Newcomer's Steps 1,2, &3 |
| <u>Williamston</u>        |  |
| Martin County Group       | Thursday 8pm-Open Big Book                 |
| Macedonia Church          | Study/Discussion                           |
| 7640 Hwy 17               |  |

#### **Community Health Needs Assessment**

PID 1535

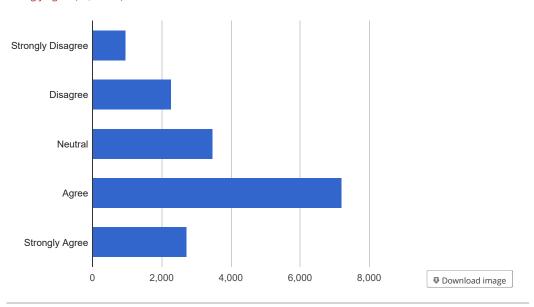
#### **Data Exports, Reports, and Stats**

#### **Beaufort County**

### There is good healthcare in my county. (healthcare)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 375                   | <u>2 (0.5%)</u> | 5      |

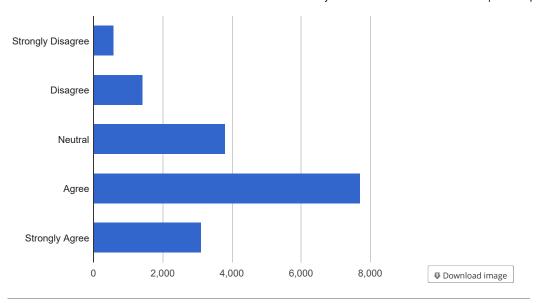
Counts/frequency: Strongly Disagree (17, 4.5%), Disagree (52, 13.9%), Neutral (70, 18.7%), Agree (184, 49.1%), Strongly Agree (52, 13.9%)



### This county is a good place to raise children. (raise\_children)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 375                   | <u>2 (0.5%)</u> | 5      |

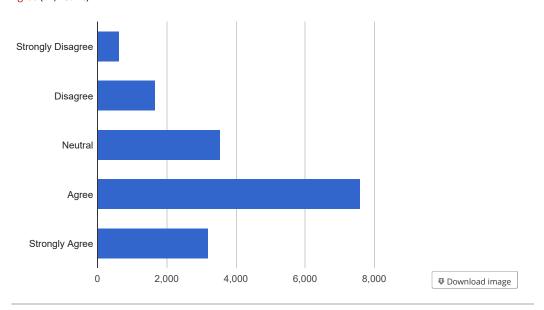
Counts/frequency: Strongly Disagree (12, 3.2%), Disagree (26, 6.9%), Neutral (66, 17.6%), Agree (207, 55.2%), Strongly Agree (64, 17.1%)



This county is a good place to grow old. (grow\_old)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 375                   | <u>2 (0.5%)</u> | 5      |

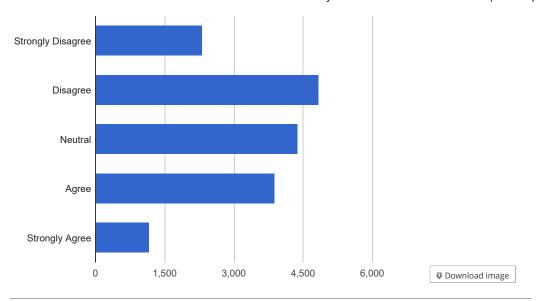
Counts/frequency: Strongly Disagree (8, 2.1%), Disagree (34, 9.1%), Neutral (44, 11.7%), Agree (215, 57.3%), Strongly Agree (74, 19.7%)



### There is plenty of economic opportunity in this county. (econ\_opp)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 375                   | 2 (0.5%) | 5      |

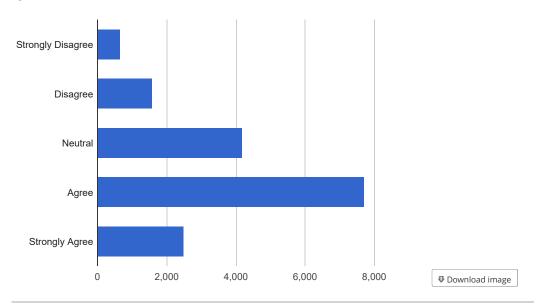
**Counts/frequency:** Strongly Disagree (56, 14.9%), Disagree (126, 33.6%), Neutral (106, 28.3%), Agree (78, 20.8%), Strongly Agree (9, 2.4%)



### This county is a safe place to live (safe)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 374                   | <u>3 (0.8%)</u> | 5      |

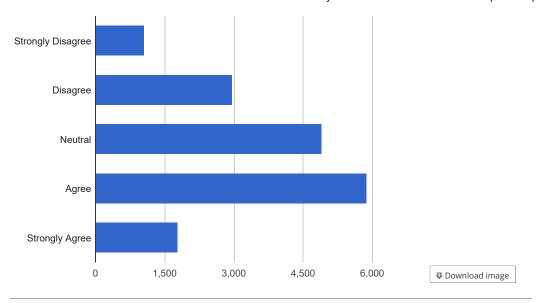
Counts/frequency: Strongly Disagree (5, 1.3%), Disagree (17, 4.5%), Neutral (69, 18.4%), Agree (236, 63.1%), Strongly Agree (47, 12.6%)



### There is plenty of help for people during times of need in this county. (help)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 375                   | 2 (0.5%) | 5      |

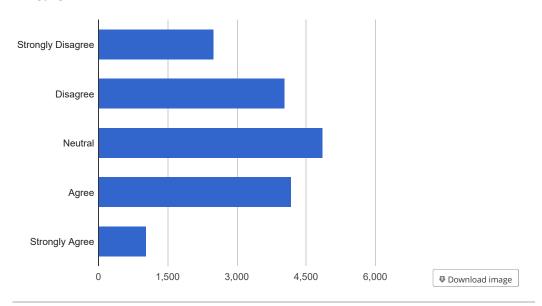
**Counts/frequency:** Strongly Disagree (24, 6.4%), Disagree (68, 18.1%), Neutral (125, 33.3%), Agree (136, 36.3%), Strongly Agree (22, 5.9%)



There is affordable housing that meets the needs in this county (affordable)

|   | Total<br>Count<br>(N) | Missing*        | Unique |
|---|-----------------------|-----------------|--------|
| ſ | 375                   | <u>2 (0.5%)</u> | 5      |

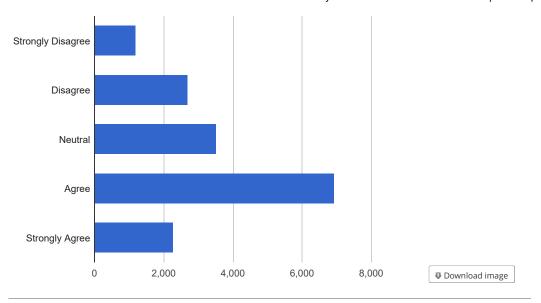
Counts/frequency: Strongly Disagree (51, 13.6%), Disagree (102, 27.2%), Neutral (124, 33.1%), Agree (85, 22.7%), Strongly Agree (13, 3.5%)



There are good parks and recreation facilities in this county. (parks)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 375                   | 2 (0.5%) | 5      |

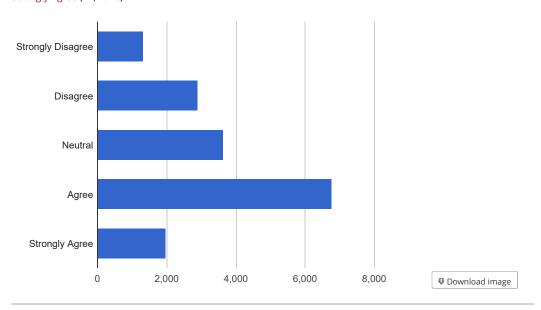
**Counts/frequency:** Strongly Disagree (20, 5.3%), Disagree (69, 18.4%), Neutral (81, 21.6%), Agree (164, 43.7%), Strongly Agree (41, 10.9%)



#### It is easy to buy healthy foods in this county. (healthyfood)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 376                   | <u>1 (0.3%)</u> | 5      |

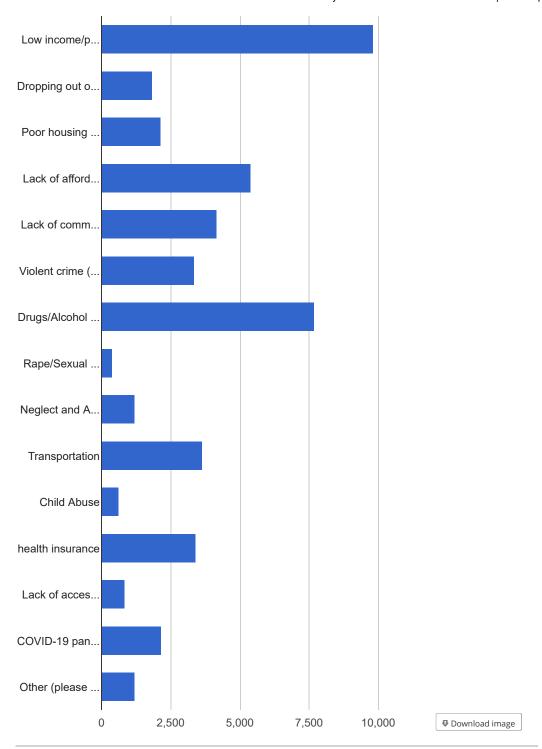
**Counts/frequency:** Strongly Disagree (30, 8.0%), Disagree (59, 15.7%), Neutral (85, 22.6%), Agree (175, 46.5%), Strongly Agree (27, 7.2%)



# Please select the top 3 issues which have the highest impact on quality of life in this county. (topissues)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 373                   | <u>4 (1.1%)</u> | 15     |

Counts/frequency: Low income/poverty (248, 66.5%), Dropping out of school (44, 11.8%), Poor housing conditions (45, 12.1%), Lack of affordable housing (128, 34.3%), Lack of community resources (100, 26.8%), Violent crime (murder, assault) Theft (22, 5.9%), Drugs/Alcohol (Substance Use) (178, 47.7%), Rape/Sexual Assault (2, 0.5%), Neglect and Abuse (27, 7.2%), Transportation (107, 28.7%), Child Abuse (8, 2.1%), health insurance (91, 24.4%), Lack of access to enough food (18, 4.8%), COVID-19 pandemic (56, 15.0%), Other (please specify) (17, 4.6%)



**Other** (topthreeother1)

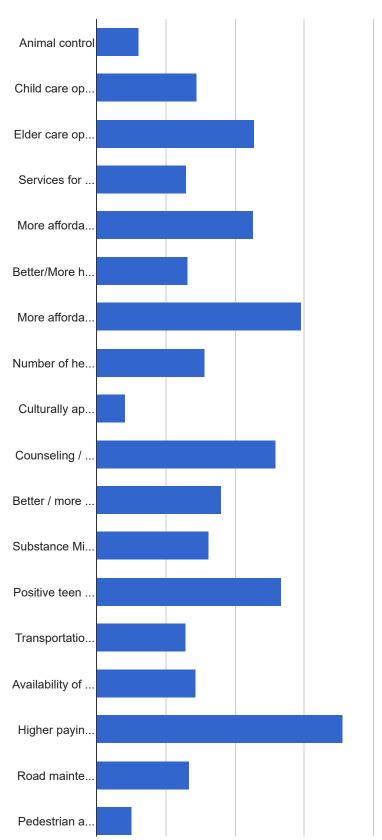
| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 16                    | <u>361 (95.8%)</u> |

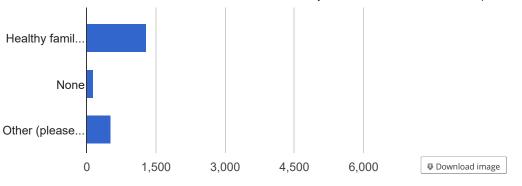
# Please select what you feel are the top 3 services that need the most improvement in your community. (improvements)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
|-----------------------|----------|--------|

372 <u>5 (1.3%)</u> 21

Counts/frequency: Animal control (11, 3.0%), Child care options (34, 9.1%), Elder care options (109, 29.3%), Services for disabled people (43, 11.6%), More affordable health services (76, 20.4%), Better/More healthy food choices (48, 12.9%), More affordable / better housing (97, 26.1%), Number of healthcare providers (58, 15.6%), Culturally appropriate health services (7, 1.9%), Counseling / mental and behavioral health / support groups (112, 30.1%), Better / more recreational facilities (parks, trails, community centers) (43, 11.6%), Substance Misuse Services/ Recovery Support (62, 16.7%), Positive teen activities (88, 23.7%), Transportation options (53, 14.2%), Availability of employment (58, 15.6%), Higher paying employment (116, 31.2%), Road maintenance (25, 6.7%), Pedestrian and cyclist road safety (17, 4.6%), Healthy family activities (26, 7.0%), None (5, 1.3%), Other (please specify) (9, 2.4%)





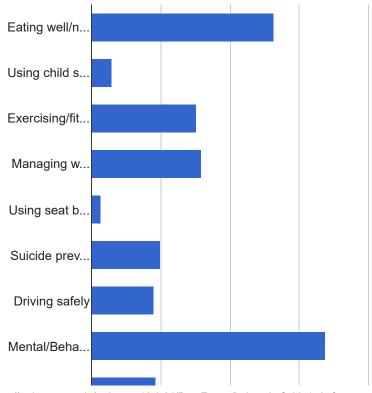
#### **Other** (improvement\_other)

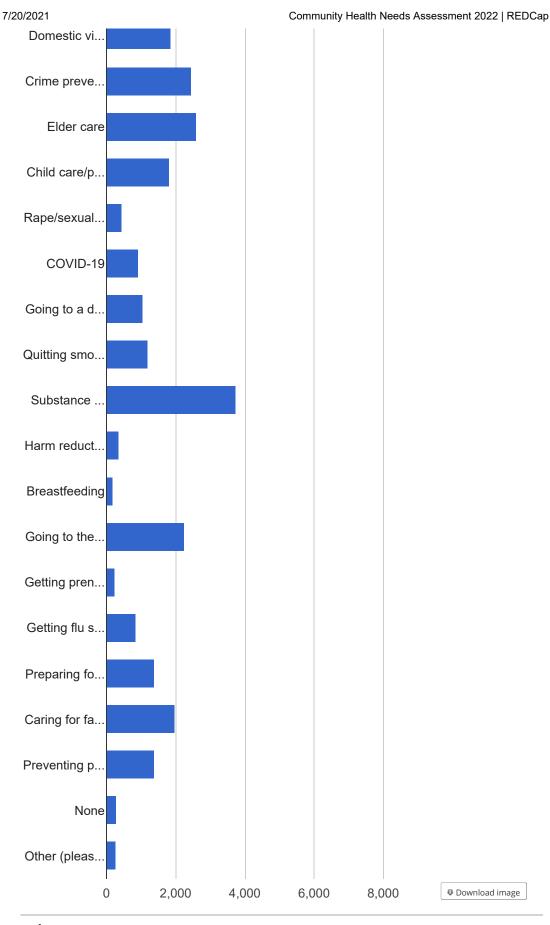
| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 8                     | <u>369 (97.9%)</u> |

## Please select the top 3 health behaviors that you feel people in your community need more information about. (health\_behavin)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 372                   | <u>5 (1.3%)</u> | 27     |

Counts/frequency: Eating well/nutrition (148, 39.8%), Using child safety car seats (7, 1.9%), Exercising/fitness (63, 16.9%), Managing weight (95, 25.5%), Using seat belts (1, 0.3%), Suicide prevention (41, 11.0%), Driving safely (28, 7.5%), Mental/Behavioral Health (171, 46.0%), Domestic violence prevention (36, 9.7%), Crime prevention (22, 5.9%), Elder care (83, 22.3%), Child care/parenting (45, 12.1%), Rape/sexual abuse prevention (5, 1.3%), COVID-19 (29, 7.8%), Going to a dentist for check-ups/preventive care (23, 6.2%), Quitting smoking/tobacco use prevention (28, 7.5%), Substance misuse prevention (95, 25.5%), Harm reduction (3, 0.8%), Breastfeeding (5, 1.3%), Going to the doctor for yearly check-ups and screenings (45, 12.1%), Getting prenatal care during pregnancy (12, 3.2%), Getting flu shots and other vaccines (16, 4.3%), Preparing for an emergency/disaster (18, 4.8%), Caring for family members with special needs / disabilities (46, 12.4%), Preventing pregnancy and sexually transmitted diseases (safe sex) (30, 8.1%), None (3, 0.8%), Other (please specify) (3, 0.8%)





**Other** (heath\_behavin\_other)

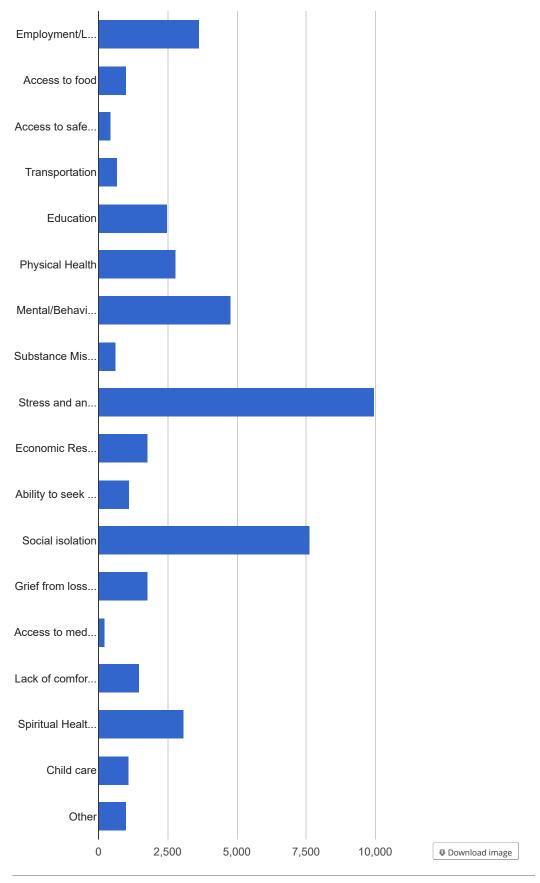
| Total<br>Count | Missing* |
|----------------|----------|
| (N)            |          |

3 374 (99.2%)

# Please select the top 3 areas where COVID-19 have impacted you most severely/significantly? (covid)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 372                   | <u>5 (1.3%)</u> | 18     |

Counts/frequency: Employment/Loss of Job (73, 19.6%), Access to food (20, 5.4%), Access to safe housing (8, 2.2%), Transportation (12, 3.2%), Education (41, 11.0%), Physical Health (64, 17.2%), Mental/Behavioral Health (107, 28.8%), Substance Misuse (9, 2.4%), Stress and anxiety (235, 63.2%), Economic Resources (36, 9.7%), Ability to seek medical care (26, 7.0%), Social isolation (173, 46.5%), Grief from loss of loved one (45, 12.1%), Access to medication (6, 1.6%), Lack of comfort in seeking medical care (28, 7.5%), Spiritual Health/Well-being (76, 20.4%), Child care (30, 8.1%), Other (23, 6.2%)



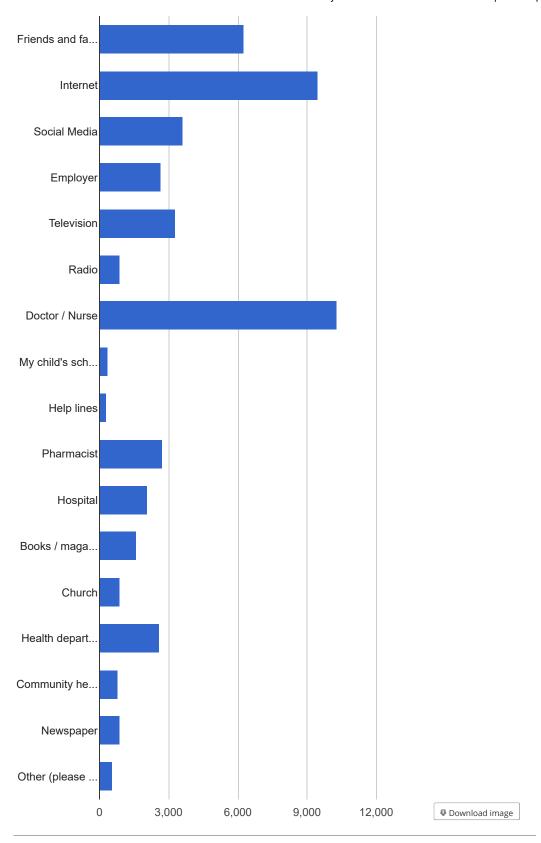
#### Other (other\_covid)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 18                    | <u>359 (95.2%)</u> |

## Where do you get most of your health-related information? (Please check all that apply) (health\_info)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 375                   | <u>2 (0.5%)</u> | 17     |

Counts/frequency: Friends and family (146, 38.9%), Internet (215, 57.3%), Social Media (76, 20.3%), Employer (83, 22.1%), Television (83, 22.1%), Radio (25, 6.7%), Doctor / Nurse (239, 63.7%), My child's school (7, 1.9%), Help lines (5, 1.3%), Pharmacist (51, 13.6%), Hospital (52, 13.9%), Books / magazines (39, 10.4%), Church (23, 6.1%), Health department (62, 16.5%), Community health worker (16, 4.3%), Newspaper (22, 5.9%), Other (please specify) (10, 2.7%)



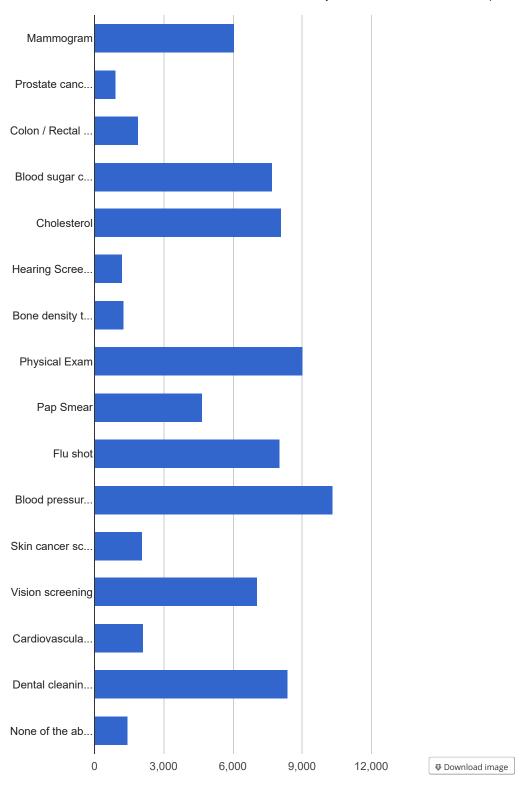
**Other** (health\_info\_other)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 8                     | <u>369 (97.9%)</u> |

# Which of the following preventative services have you had in the past 12 months? (Check all that apply) (prevent\_services)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 375                   | <u>2 (0.5%)</u> | 16     |

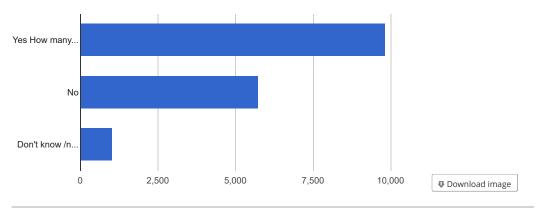
Counts/frequency: Mammogram (193, 51.5%), Prostate cancer screening (21, 5.6%), Colon / Rectal exam (43, 11.5%), Blood sugar check (194, 51.7%), Cholesterol (226, 60.3%), Hearing Screening (23, 6.1%), Bone density test (37, 9.9%), Physical Exam (240, 64.0%), Pap Smear (120, 32.0%), Flu shot (207, 55.2%), Blood pressure check (251, 66.9%), Skin cancer screening (62, 16.5%), Vision screening (182, 48.5%), Cardiovascular screening (53, 14.1%), Dental cleaning / x-rays (217, 57.9%), None of the above (17, 4.5%)



During a normal week, other than in your regular job, do you engage in any physical activity or exercise that lasts at least a half an hour? (Please select only one) (physicalactivity)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 374                   | <u>3 (0.8%)</u> | 3      |

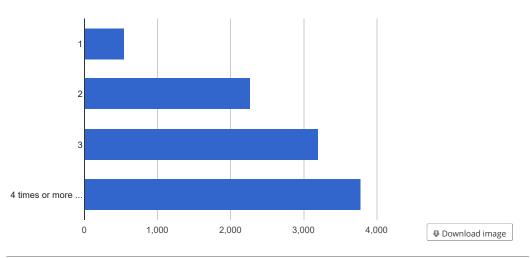
Counts/frequency: Yes How many times per week? (233, 62.3%), No (124, 33.2%), Don't know /not sure (17, 4.5%)



#### How many times per week? (excercisetimesweek)

| Total<br>Count<br>(N) | Missing*           | Unique |
|-----------------------|--------------------|--------|
| 233                   | <u>144 (38.2%)</u> | 4      |

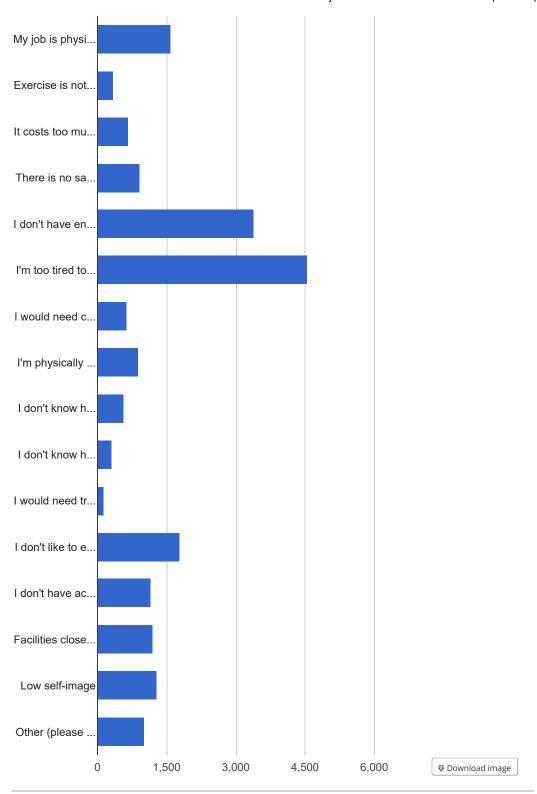
Counts/frequency: 1 (13, 5.6%), 2 (50, 21.5%), 3 (66, 28.3%), 4 times or more per week (104, 44.6%)



# If you do not exercise at least a half hour a few days each week, please select the reasons why you do not exercise? (Please select all that apply) (notexercise)

| Total<br>Count<br>(N) | Missing*    | Unique |
|-----------------------|-------------|--------|
| 247                   | 130 (34.5%) | 16     |

Counts/frequency: My job is physical or hard labor. (32, 13.0%), Exercise is not important to me. (2, 0.8%), It costs too much to exercise. (15, 6.1%), There is no safe place to exercise. (8, 3.2%), I don't have enough time to exercise. (87, 35.2%), I'm too tired to exercise. (123, 49.8%), I would need child care and I don't have it. (12, 4.9%), I'm physically disabled. (17, 6.9%), I don't know how to find exercise partners. (8, 3.2%), I don't know how to safely (6, 2.4%), I would need transportation and I don't have it. (3, 1.2%), I don't like to exercise. (49, 19.8%), I don't have access to a facility that has the things I need, like a pool, golf course, or a track. (22, 8.9%), Facilities closed due to COVID 19 (41, 16.6%), Low self-image (43, 17.4%), Other (please specify) (22, 8.9%)



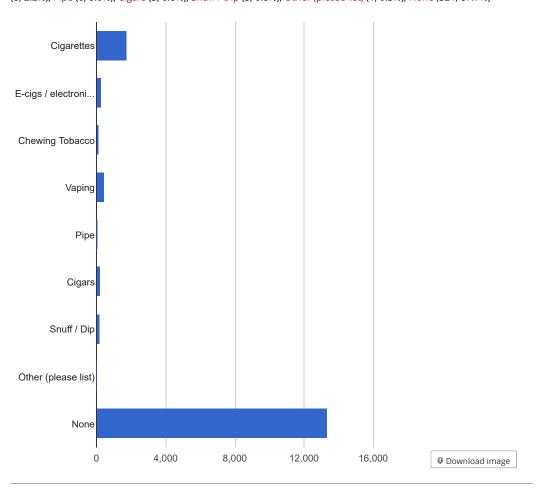
**Other** (exercise\_other)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 16                    | <u>361 (95.8%)</u> |

Please select any tobacco product you currently use, (please\_select\_any\_tobacco)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 366                   | <u>11 (2.9%)</u> | 8      |

Counts/frequency: Cigarettes (31, 8.5%), E-cigs / electronic cigarettes (4, 1.1%), Chewing Tobacco (3, 0.8%), Vaping (8, 2.2%), Pipe (0, 0.0%), Cigars (3, 0.8%), Snuff / Dip (3, 0.8%), Other (please list) (1, 0.3%), None (321, 87.7%)



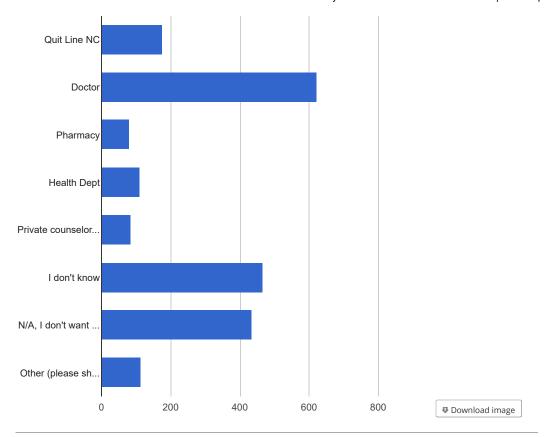
#### Other (please list) (other\_please\_list)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 1                     | <u>376 (99.7%)</u> |

#### Where would you go for help if you wanted to quit? (quit)

| Total<br>Count<br>(N) | Missing*           | Unique |
|-----------------------|--------------------|--------|
| 43                    | <u>334 (88.6%)</u> | 6      |

**Counts/frequency:** Quit Line NC (5, 11.6%), Doctor (13, 30.2%), Pharmacy (0, 0.0%), Health Dept (5, 11.6%), Private counselor / therapist (0, 0.0%), I don't know (11, 25.6%), N/A, I don't want to quit (6, 14.0%), Other (please share more) (3, 7.0%)



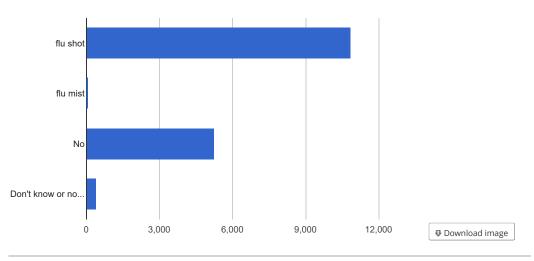
Other: (quit\_other)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 3                     | <u>374 (99.2%)</u> |

An influenza / flu vaccine can be a "flu shot" injected into your arm or a spray like "Flu Mist" which is sprayed into your nose. During the past 12 months, have you received a seasonal flu vaccine? (Choose only one)  $_{(flu)}$ 

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 376                   | <u>1 (0.3%)</u> | 3      |

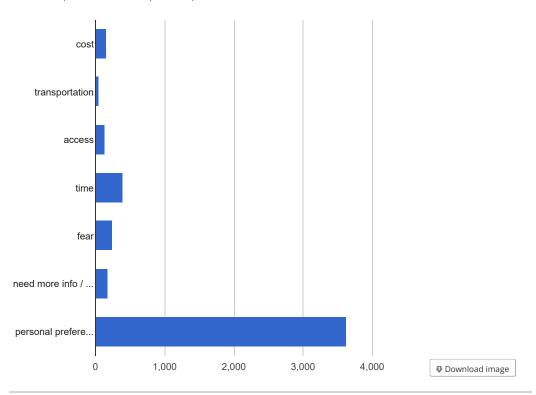
Counts/frequency: flu shot (275, 73.1%), flu mist (0, 0.0%), No (96, 25.5%), Don't know or not sure (5, 1.3%)



## If you did not get your flu vaccine, why not? Please check any barriers. (flu\_barriers)

| Total<br>Count<br>(N) | Missing*           | Unique |
|-----------------------|--------------------|--------|
| 83                    | <u>294 (78.0%)</u> | 5      |

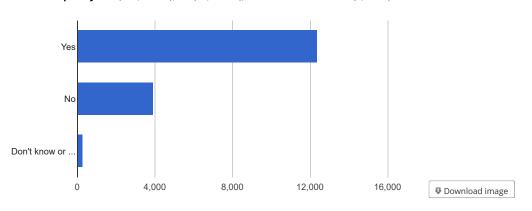
**Counts/frequency:** cost (0, 0.0%), transportation (0, 0.0%), access (1, 1.2%), time (4, 4.8%), fear (3, 3.6%), need more info / have questions (3, 3.6%), personal preference (72, 86.7%)



#### Have you had a COVID-19 vaccine? (covidshot)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 376                   | <u>1 (0.3%)</u> | 3      |

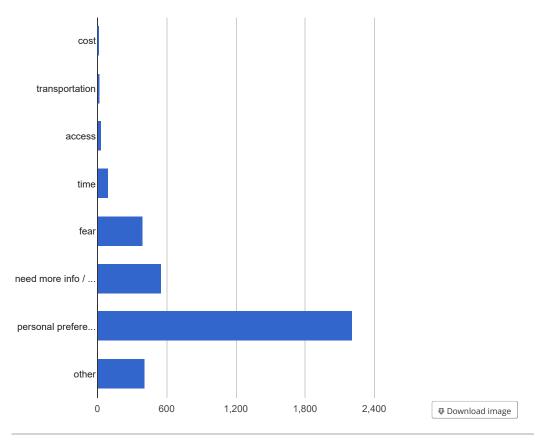
Counts/frequency: Yes (277, 73.7%), No (97, 25.8%), Don't know or not sure (2, 0.5%)



#### If you did not get your COVID-19 vaccine, why not? Please check any barriers. (covidyesskip)

| Total<br>Count<br>(N) | Missing*           | Unique |
|-----------------------|--------------------|--------|
| 93                    | <u>284 (75.3%)</u> | 5      |

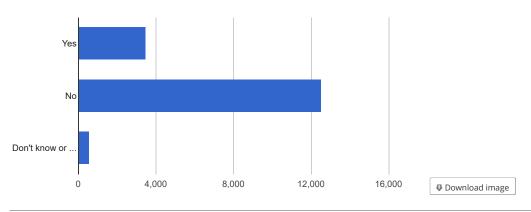
**Counts/frequency:** cost (0, 0.0%), transportation (0, 0.0%), access (0, 0.0%), time (1, 1.1%), fear (7, 7.5%), need more info / have questions (15, 16.1%), personal preference (64, 68.8%), other (6, 6.5%)



In the past 12 months, did you have a problem getting the health care you needed for you personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility? (Please choose only one) (healthcarehelp)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 375                   | 2 (0.5%) | 3      |

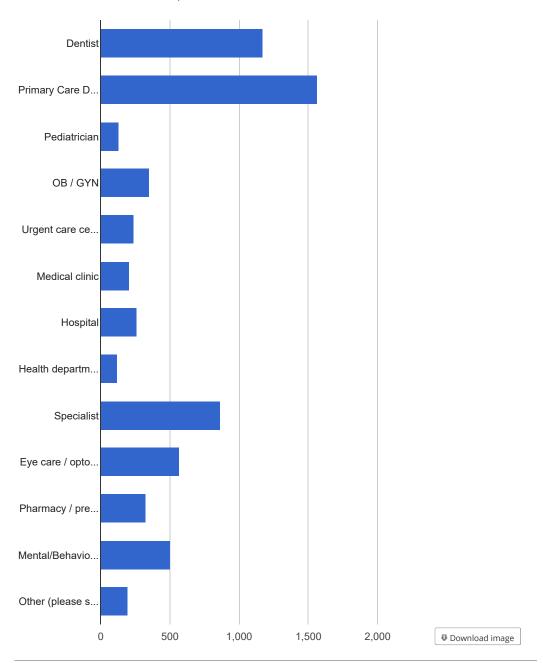
Counts/frequency: Yes (80, 21.3%), No (292, 77.9%), Don't know or not sure (3, 0.8%)



If yes, what type of provider or facility did you have trouble getting healthcare from? (Please choose all that apply) (healthcareproviderhelp)

| Total<br>Count<br>(N) | Missing*           | Unique |
|-----------------------|--------------------|--------|
| 78                    | <u>299 (79.3%)</u> | 13     |

Counts/frequency: Dentist (20, 25.6%), Primary Care Doctor (46, 59.0%), Pediatrician (5, 6.4%), OB / GYN (5, 6.4%), Urgent care center (8, 10.3%), Medical clinic (7, 9.0%), Hospital (6, 7.7%), Health department (1, 1.3%), Specialist (14, 17.9%), Eye care / optometrist / opthamologist (12, 15.4%), Pharmacy / prescriptions (6, 7.7%), Mental/Behavioral Health Providers (13, 16.7%), Other (please share more) (2, 2.6%)



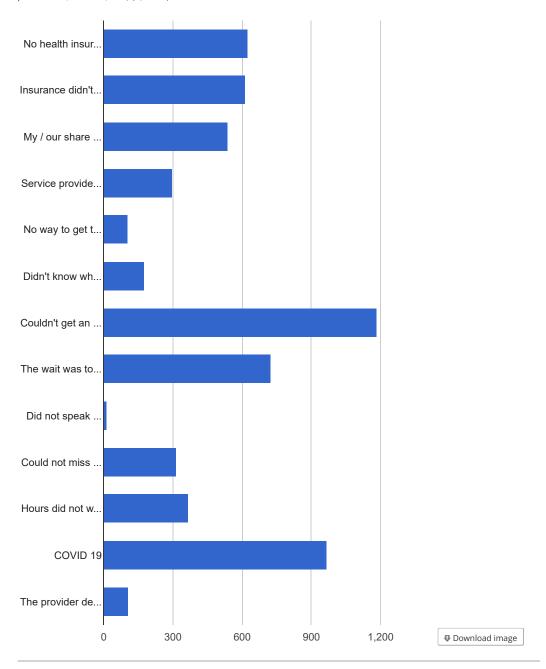
**Other** (healthcareprovider\_other)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 2                     | <u>375 (99.5%)</u> |

## Which of these problems prevented you from getting the necessary health care? (Please choose all that apply) (healthcarewhichproblems)

| Total<br>Count<br>(N) | Missing*           | Unique |
|-----------------------|--------------------|--------|
| 88                    | <u>289 (76.7%)</u> | 13     |

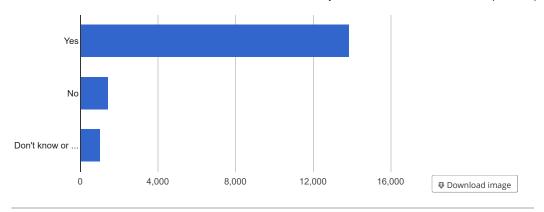
Counts/frequency: No health insurance (17, 19.3%), Insurance didn't cover what I / we needed. (9, 10.2%), My / our share of the cost (deductible / co-pay) was too high. (11, 12.5%), Service provider would not take my / our insurance or Medicaid. (4, 4.5%), No way to get there. (2, 2.3%), Didn't know where to go (6, 6.8%), Couldn't get an appointment (34, 38.6%), The wait was too long (22, 25.0%), Did not speak my language (1, 1.1%), Could not miss work to go (10, 11.4%), Hours did not work with my availability (12, 13.6%), COVID 19 (27, 30.7%), The provider denied me care or treated me in a discriminatory manner because of a protected status (age, race, sexual preference, disease, etc.) (4, 4.5%)



In a natural disaster (hurricane, flooding, tornado, etc.), do you feel like you know how to access or find the information you need to stay safe? (naturaldisasteraccess)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 374                   | <u>3 (0.8%)</u> | 3      |

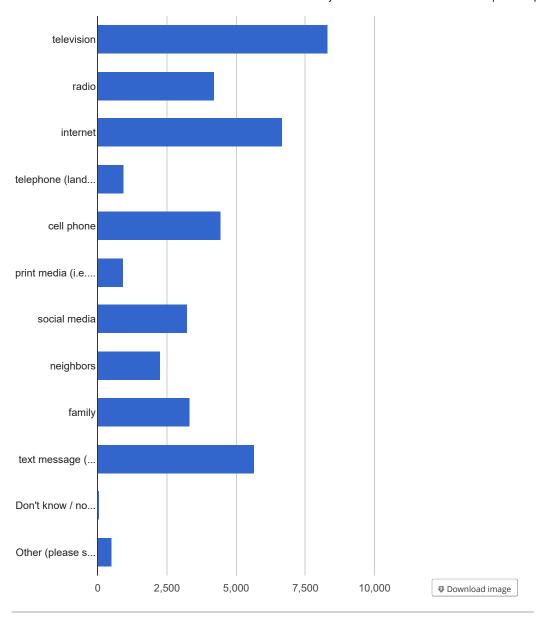
Counts/frequency: Yes (343, 91.7%), No (16, 4.3%), Don't know or not sure (15, 4.0%)



## If so, where do you get your information to stay safe? (naturaldisasterinfo)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 342                   | <u>35 (9.3%)</u> | 12     |

Counts/frequency: television (246, 71.9%), radio (130, 38.0%), internet (175, 51.2%), telephone (landline) (26, 7.6%), cell phone (131, 38.3%), print media (i.e.. newspaper) (22, 6.4%), social media (85, 24.9%), neighbors (72, 21.1%), family (90, 26.3%), text message (emergency alert system) (138, 40.4%), Don't know / not sure (3, 0.9%), Other (please specify) (9, 2.6%)



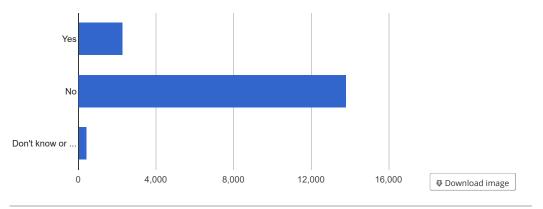
**Other** (natural\_disaster\_other)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 9                     | <u>368 (97.6%)</u> |

In the past 12 months, were you ever worried about whether your family's food would run out before you got money to buy more? (Please choose only one) (foodworried)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 376                   | <u>1 (0.3%)</u> | 3      |

Counts/frequency: Yes (34, 9.0%), No (336, 89.4%), Don't know or not sure (6, 1.6%)



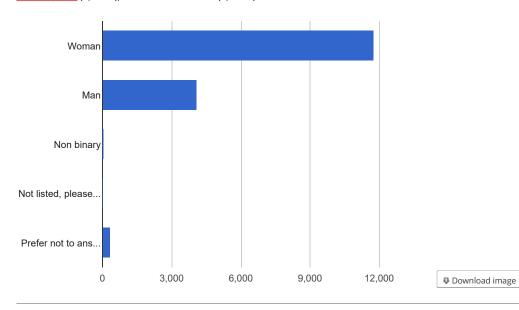
## Is there anything else you would like for us to know about your community? (anythingelse)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 56                    | <u>321 (85.1%)</u> |

#### How would you describe yourself? (gender)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 374                   | <u>3 (0.8%)</u> | 4      |

**Counts/frequency:** Woman (321, 85.8%), Man (49, 13.1%), Non binary (0, 0.0%), Not listed, please share more: \_\_\_\_\_\_(1, 0.3%), Prefer not to answer (3, 0.8%)



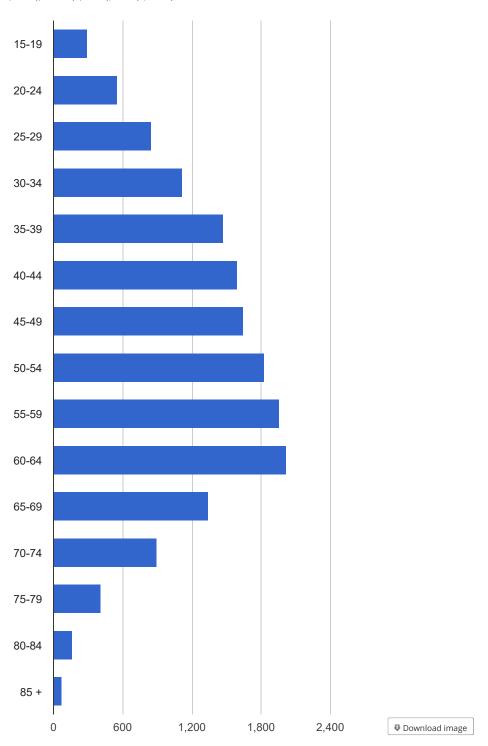
#### Please share more. (gender\_other)

| Total<br>Count<br>(N) | Missing*            |
|-----------------------|---------------------|
| 0                     | <u>377 (100.0%)</u> |

How old are you? (age)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 375                   | 2 (0.5%) | 14     |

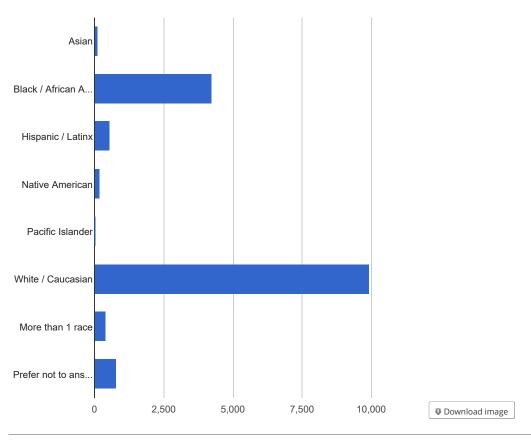
**Counts/frequency:** 15-19 (5, 1.3%), 20-24 (8, 2.1%), 25-29 (13, 3.5%), 30-34 (22, 5.9%), 35-39 (35, 9.3%), 40-44 (27, 7.2%), 45-49 (44, 11.7%), 50-54 (44, 11.7%), 55-59 (48, 12.8%), 60-64 (50, 13.3%), 65-69 (37, 9.9%), 70-74 (24, 6.4%), 75-79 (13, 3.5%), 80-84 (5, 1.3%), 85 + (0, 0.0%)



## How do you describe your race/ethnicity? (raceethnicity)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 377                   | 0 (0.0%) | 7      |

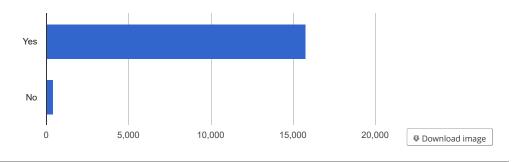
Counts/frequency: Asian (1, 0.3%), Black / African American (71, 18.8%), Hispanic / Latinx (6, 1.6%), Native American (0, 0.0%), Pacific Islander (1, 0.3%), White / Caucasian (278, 73.7%), More than 1 race (5, 1.3%), Prefer not to answer (15, 4.0%)



#### Is English the primary language spoken in your home? (language)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 376                   | <u>1 (0.3%)</u> | 2      |

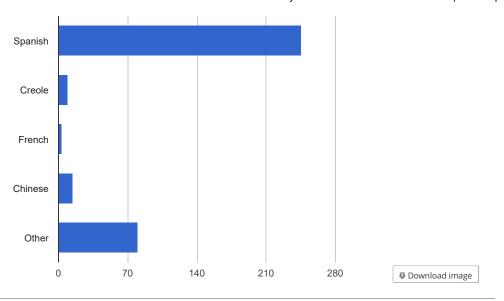
Counts/frequency: Yes (374, 99.5%), No (2, 0.5%)



If no, please share which primary language (languageno)

| Total<br>Count<br>(N) | Missing*           | Unique |
|-----------------------|--------------------|--------|
| 1                     | <u>376 (99.7%)</u> | 1      |

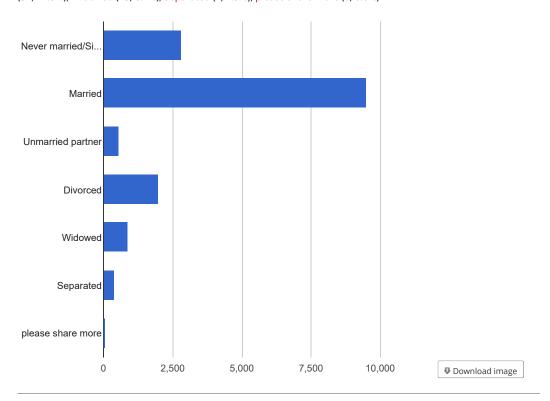
Counts/frequency: Spanish (0, 0.0%), Creole (0, 0.0%), French (0, 0.0%), Chinese (0, 0.0%), Other (1, 100.0%)



#### What is your marital status? (marriagestatus)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 372                   | <u>5 (1.3%)</u> | 6      |

**Counts/frequency:** Never married/Single (45, 12.1%), Married (231, 62.1%), Unmarried partner (12, 3.2%), Divorced (54, 14.5%), Widowed (23, 6.2%), Separated (7, 1.9%), please share more (0, 0.0%)



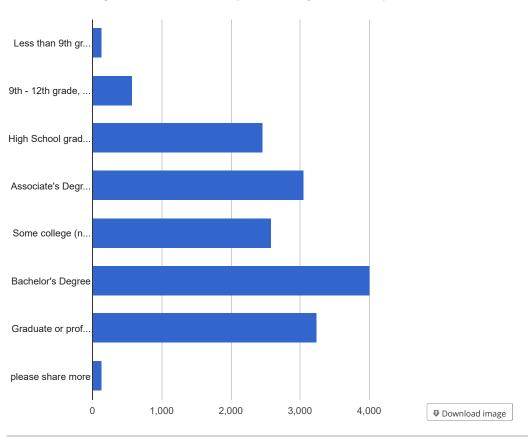
#### please share more. (marital\_other)

| Total<br>Count<br>(N) | Missing*            |
|-----------------------|---------------------|
| 0                     | <u>377 (100.0%)</u> |

#### What is the highest level of education you have completed? (education)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 374                   | <u>3 (0.8%)</u> | 8      |

**Counts/frequency:** Less than 9th grade (4, 1.1%), 9th - 12th grade, no diploma (10, 2.7%), High School graduate (or GED/equivalent) (37, 9.9%), Associate's Degree or Vocational Training (110, 29.4%), Some college (no degree) (39, 10.4%), Bachelor's Degree (78, 20.9%), Graduate or professional degree (95, 25.4%), please share more (1, 0.3%)



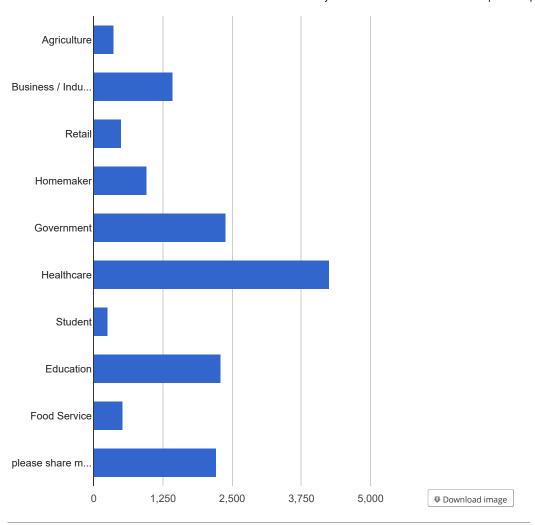
#### Please share more (please\_share\_more)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 1                     | <u>376 (99.7%)</u> |

#### How is your current job best described? (job)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 362                   | <u>15 (4.0%)</u> | 10     |

Counts/frequency: Agriculture (3, 0.8%), Business / Industry (20, 5.5%), Retail (7, 1.9%), Homemaker (16, 4.4%), Government (60, 16.6%), Healthcare (150, 41.4%), Student (4, 1.1%), Education (44, 12.2%), Food Service (12, 3.3%), please share more (46, 12.7%)



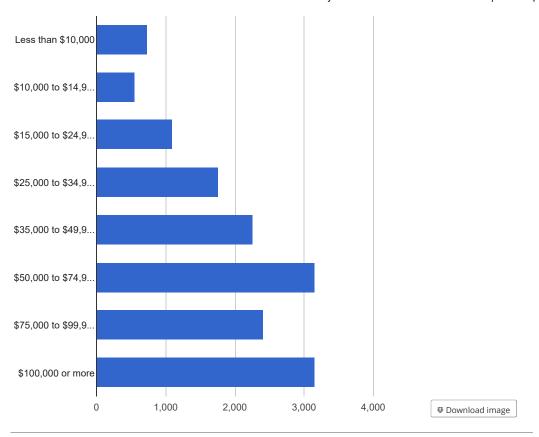
#### Please share more (job\_other)

| Total<br>Count<br>(N) | Missing*    |
|-----------------------|-------------|
| 42                    | 335 (88.9%) |

#### What is your total household income? (income)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 349                   | <u>28 (7.4%)</u> | 8      |

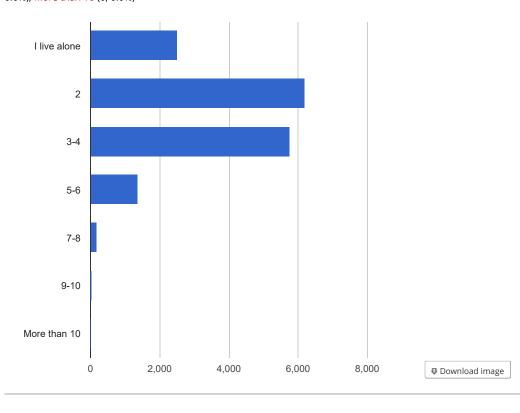
**Counts/frequency:** Less than \$10,000 (11, 3.2%), \$10,000 to \$14,999 (6, 1.7%), \$15,000 to \$24,999 (20, 5.7%), \$25,000 to \$34,999 (32, 9.2%), \$35,000 to \$49,999 (50, 14.3%), \$50,000 to \$74,999 (82, 23.5%), \$75,000 to \$99,999 (61, 17.5%), \$100,000 or more (87, 24.9%)



How many people live in your household? (householdnumber)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 369                   | <u>8 (2.1%)</u> | 5      |

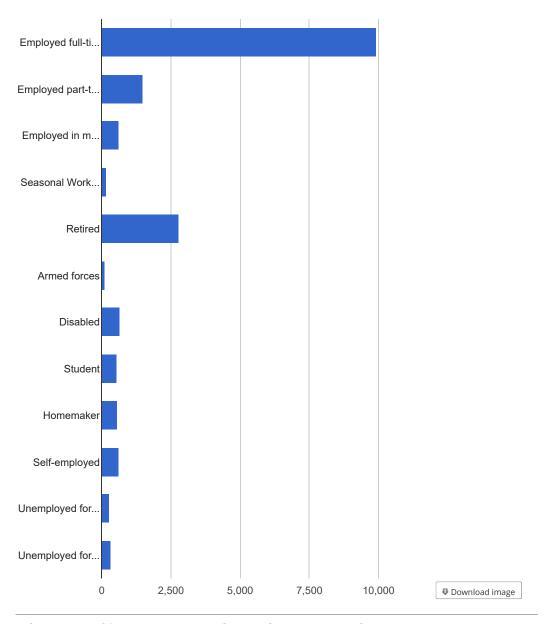
Counts/frequency: I live alone (49, 13.3%), 2 (183, 49.6%), 3-4 (108, 29.3%), 5-6 (28, 7.6%), 7-8 (1, 0.3%), 9-10 (0, 0.0%), More than 10 (0, 0.0%)



#### What is your employment status? Please check all that apply. (employment)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 373                   | <u>4 (1.1%)</u> | 12     |

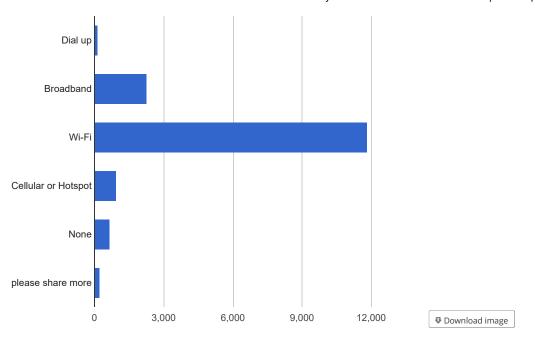
Counts/frequency: Employed full-time (266, 71.3%), Employed part-time (43, 11.5%), Employed in multiple jobs (13, 3.5%), Seasonal Worker/Temporary (3, 0.8%), Retired (54, 14.5%), Armed forces (1, 0.3%), Disabled (5, 1.3%), Student (10, 2.7%), Homemaker (7, 1.9%), Self-employed (11, 2.9%), Unemployed for 1 year or less (5, 1.3%), Unemployed for more than 1 year (2, 0.5%)



#### What type of internet access do you have at your home? (internet\_or\_wifi)

| Total<br>Count<br>(N) | Missing*        | Unique |
|-----------------------|-----------------|--------|
| 375                   | <u>2 (0.5%)</u> | 6      |

**Counts/frequency:** Dial up (2, 0.5%), Broadband (72, 19.2%), Wi-Fi (264, 70.4%), Cellular or Hotspot (24, 6.4%), None (10, 2.7%), please share more (3, 0.8%)



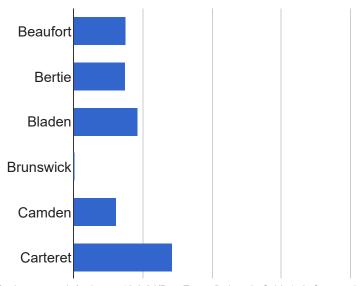
**Other** (internet\_or\_wifi\_other)

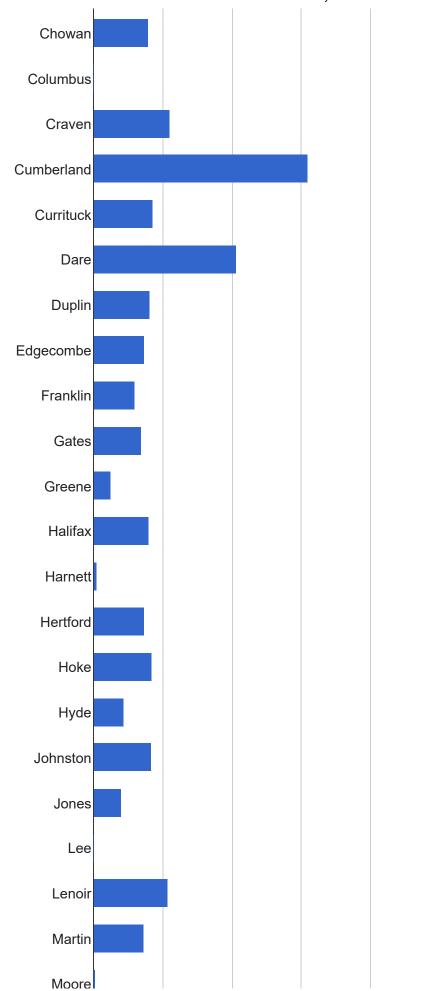
| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 3                     | <u>374 (99.2%)</u> |

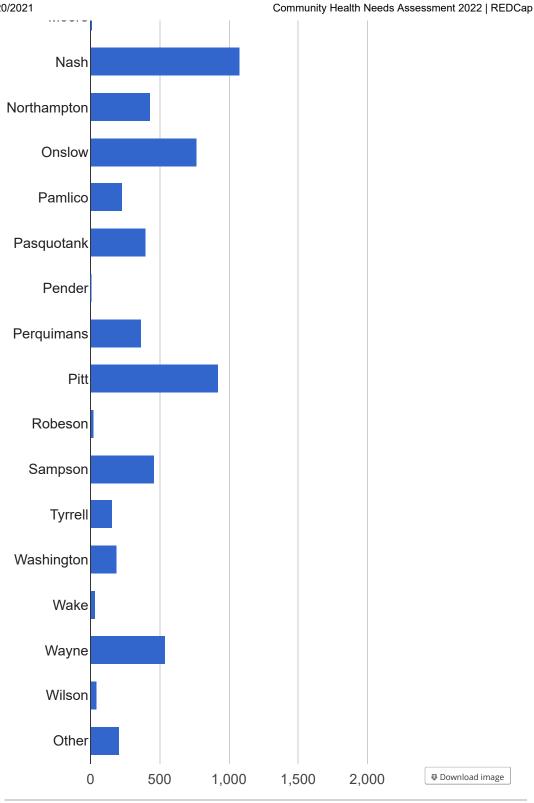
## Which county do you live in? (county)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 377                   | 0 (0.0%) | 1      |

Counts/frequency: Beaufort (377, 100.0%), Bertie (0, 0.0%), Bladen (0, 0.0%), Brunswick (0, 0.0%), Camden (0, 0.0%), Carteret (0, 0.0%), Chowan (0, 0.0%), Columbus (0, 0.0%), Craven (0, 0.0%), Cumberland (0, 0.0%), Currituck (0, 0.0%), Dare (0, 0.0%), Duplin (0, 0.0%), Edgecombe (0, 0.0%), Franklin (0, 0.0%), Gates (0, 0.0%), Greene (0, 0.0%), Halifax (0, 0.0%), Harnett (0, 0.0%), Hertford (0, 0.0%), Hoke (0, 0.0%), Hyde (0, 0.0%), Johnston (0, 0.0%), Jones (0, 0.0%), Leo (0, 0.0%), Leo (1, 0.0%), Martin (0, 0.0%), Moore (0, 0.0%), Nash (0, 0.0%), Northampton (0, 0.0%), Onslow (0, 0.0%), Pamlico (0, 0.0%), Pasquotank (0, 0.0%), Pender (0, 0.0%), Perquimans (0, 0.0%), Pender (0, 0.0%), Pitt (0, 0.0%), Robeson (0, 0.0%), Sampson (0, 0.0%), Tyrrell (0, 0.0%), Washington (0, 0.0%), Wake (0, 0.0%), Wayne (0, 0.0%), Wilson (0, 0.0%), Other (0, 0.0%)







Other (county\_other)

| Total<br>Count<br>(N) | Missing*            |  |
|-----------------------|---------------------|--|
| 0                     | <u>377 (100.0%)</u> |  |

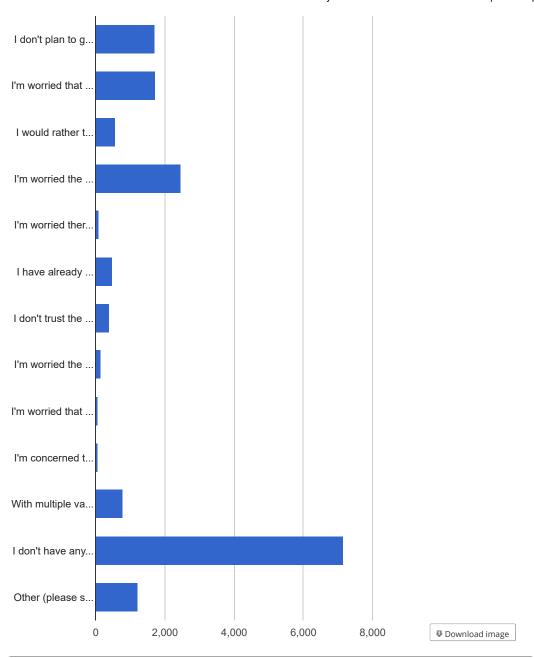
What is your 5 digit zip code? (zip\_code)

| Total<br>Count<br>(N) | Missing*          |
|-----------------------|-------------------|
| 292                   | <u>85 (22.5%)</u> |

# Which of the following concerns do you have, if any, about receiving a COVID-19 vaccine? (Please select all that apply) (covidconcerns)

| Total<br>Count<br>(N) | Missing*          | Unique |
|-----------------------|-------------------|--------|
| 330                   | <u>47 (12.5%)</u> | 13     |

Counts/frequency: I don't plan to get a vaccine. (63, 19.1%), I'm worried that the COVID-19 vaccine isn't safe. (43, 13.0%), I would rather take the risk of getting sick with COVID-19. (11, 3.3%), I'm worried the COVID-19 vaccine may be harmful or have side effects. (58, 17.6%), I'm worried there may be a cost associated with receiving the COVID-19 vaccine. (1, 0.3%), I have already had COVID-19 so I don't believe a vaccine is necessary. (17, 5.2%), I don't trust the distribution process of the COVID-19 vaccine. (6, 1.8%), I'm worried the COVID-19 vaccine has not been distributed fairly. (7, 2.1%), I'm worried that the location of the COVID-19 vaccine will be difficult to travel to. (1, 0.3%), I'm concerned that I won't have time to get the COVID-19 vaccine. (2, 0.6%), With multiple vaccines becoming available, I'm concerned about knowing which one is best for me. (19, 5.8%), I don't have any concerns about getting the COVID-19 vaccine. (187, 56.7%), Other (please specify) (34, 10.3%)



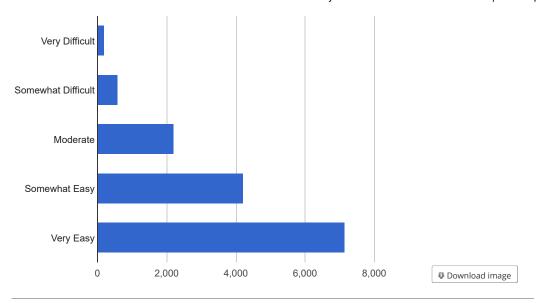
**Other** (covid\_concerns\_other)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 28                    | <u>349 (92.6%)</u> |

## Find the information you need related to COVID-19? (covideasy)

| Total<br>Count<br>(N) | Missing*  | Unique |
|-----------------------|-----------|--------|
| 362                   | 15 (4.0%) | 5      |

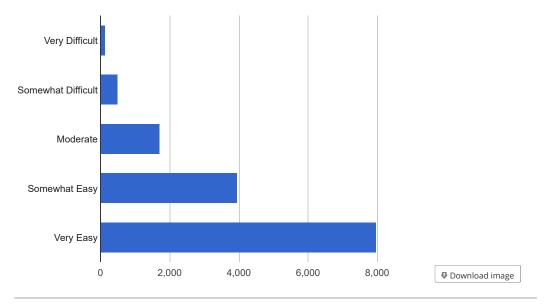
**Counts/frequency:** Very Difficult (3, 0.8%), Somewhat Difficult (21, 5.8%), Moderate (46, 12.7%), Somewhat Easy (109, 30.1%), Very Easy (183, 50.6%)



Find out where to go to get a COVID-19 vaccine? (covidwhere)

|   | Total<br>Count<br>(N) | Missing*         | Unique |
|---|-----------------------|------------------|--------|
| l | 361                   | <u>16 (4.2%)</u> | 5      |

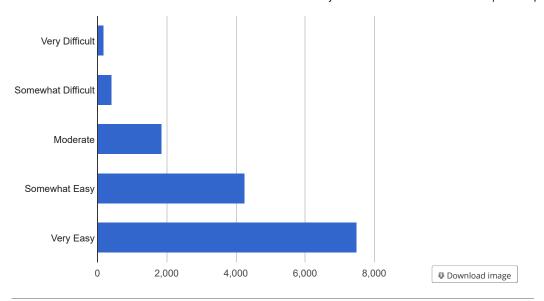
Counts/frequency: Very Difficult (3, 0.8%), Somewhat Difficult (12, 3.3%), Moderate (46, 12.7%), Somewhat Easy (98, 27.1%), Very Easy (202, 56.0%)



## Understand information about what to do if you think you have COVID-19? (covidunderstand)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 360                   | <u>17 (4.5%)</u> | 5      |

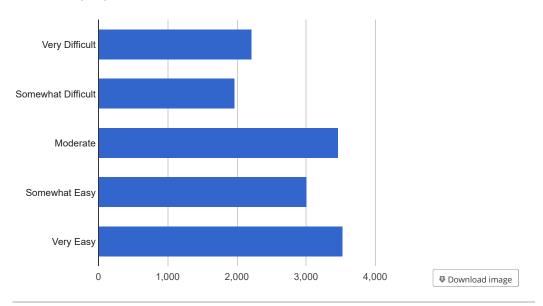
**Counts/frequency:** Very Difficult (2, 0.6%), Somewhat Difficult (12, 3.3%), Moderate (45, 12.5%), Somewhat Easy (101, 28.1%), Very Easy (200, 55.6%)



Trust if the information about COVID-19 in the media is reliable? (covidtrust)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 356                   | <u>21 (5.6%)</u> | 5      |

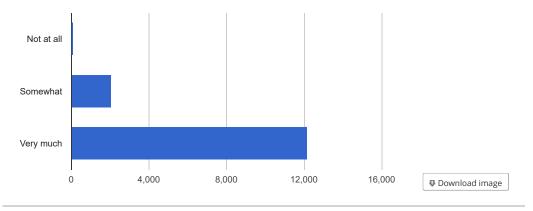
**Counts/frequency:** Very Difficult (53, 14.9%), Somewhat Difficult (59, 16.6%), Moderate (81, 22.8%), Somewhat Easy (72, 20.2%), Very Easy (91, 25.6%)



#### I know how to protect myself from coronavirus. (covidprotect)

| Total<br>Count<br>(N) | Missing*  | Unique |
|-----------------------|-----------|--------|
| 360                   | 17 (4.5%) | 3      |

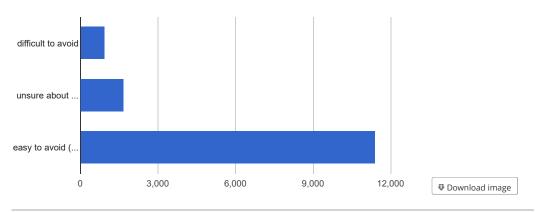
Counts/frequency: Not at all (7, 1.9%), Somewhat (48, 13.3%), Very much (305, 84.7%)



#### For me avoiding an infection with COVID-19 in the current situation is... (covidavoid)

|    | tal<br>unt<br>N) | Missing*         | Unique |
|----|------------------|------------------|--------|
| 36 | 51               | <u>16 (4.2%)</u> | 3      |

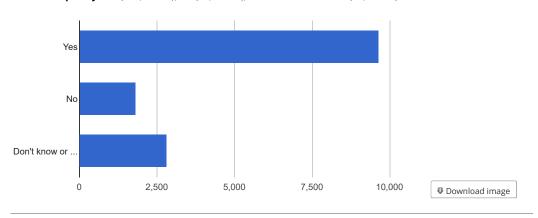
Counts/frequency: difficult to avoid (20, 5.5%), unsure about how to avoid (42, 11.6%), easy to avoid (I have no problem) (299, 82.8%)



## Do you think that global warming is happening? (warmingyesno)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 359                   | <u>18 (4.8%)</u> | 3      |

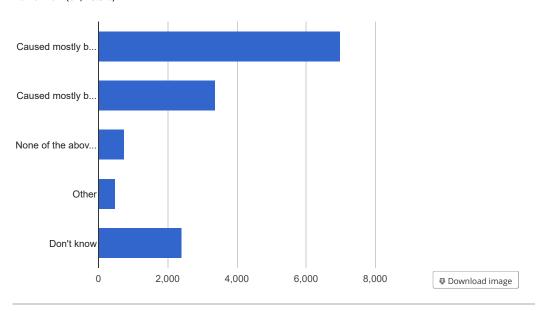
Counts/frequency: Yes (234, 65.2%), No (45, 12.5%), Don't know or unsure (80, 22.3%)



Assuming global warming is happening, do you think it is...? (warmingdoyouthink)

| Total<br>Count<br>(N) | Missing*  | Unique |
|-----------------------|-----------|--------|
| 354                   | 23 (6.1%) | 5      |

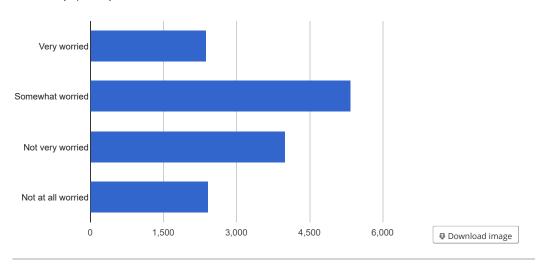
**Counts/frequency:** Caused mostly by human activities (166, 46.9%), Caused mostly by natural changes in the environment (86, 24.3%), None of the above because global warming isn't happening (16, 4.5%), Other (19, 5.4%), Don't know (67, 18.9%)



#### How worried are you about global warming? (warmingworried)

| Total<br>Count<br>(N) | Missing*  | Unique |
|-----------------------|-----------|--------|
| 354                   | 23 (6.1%) | 4      |

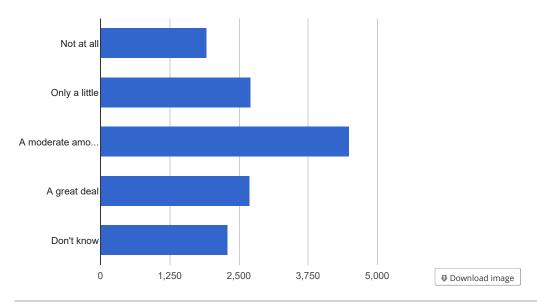
Counts/frequency: Very worried (48, 13.6%), Somewhat worried (140, 39.5%), Not very worried (107, 30.2%), Not at all worried (59, 16.7%)



#### How much do you think global warming will harm you personally? (warmingharm)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 356                   | <u>21 (5.6%)</u> | 5      |

**Counts/frequency:** Not at all (50, 14.0%), Only a little (83, 23.3%), A moderate amount (99, 27.8%), A great deal (61, 17.1%), Don't know (63, 17.7%)

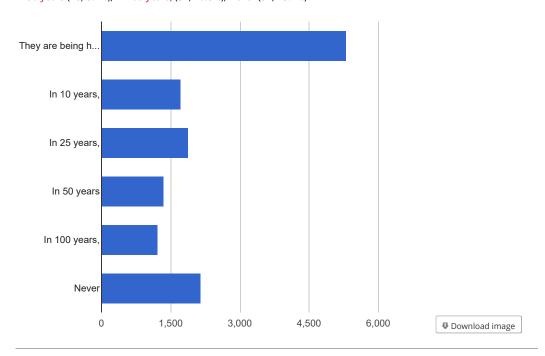


When do you think global warming will start to harm people in the United States?

(warmingwhenharm)

| Total<br>Count<br>(N) | Missing*  | Unique |
|-----------------------|-----------|--------|
| 344                   | 33 (8.8%) | 6      |

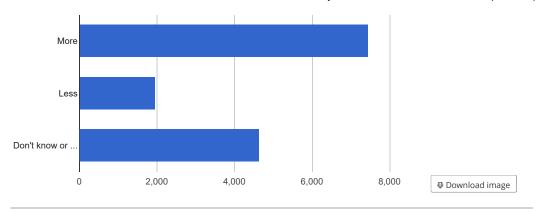
**Counts/frequency:** They are being harmed right now, (140, 40.7%), In 10 years, (37, 10.8%), In 25 years, (50, 14.5%), In 50 years (28, 8.1%), In 100 years, (37, 10.8%), Never (52, 15.1%)



# Do you think the government and politicians in your county should be doing more or less to address global warming? (warminggovt)

| Total<br>Count<br>(N) | Missing*  | Unique |
|-----------------------|-----------|--------|
| 356                   | 21 (5.6%) | 3      |

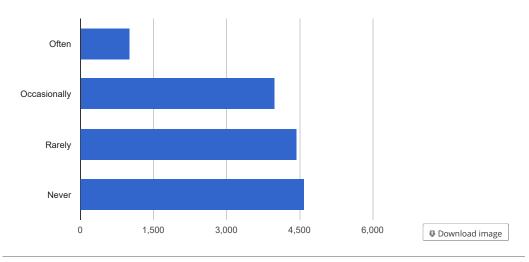
Counts/frequency: More (167, 46.9%), Less (51, 14.3%), Don't know or not sure (138, 38.8%)



#### How often do you discuss global warming with your friends and family? (warmingfriends)

| Total<br>Count<br>(N) | Missing* Uniqu |   |
|-----------------------|----------------|---|
| 354                   | 23 (6.1%)      | 4 |

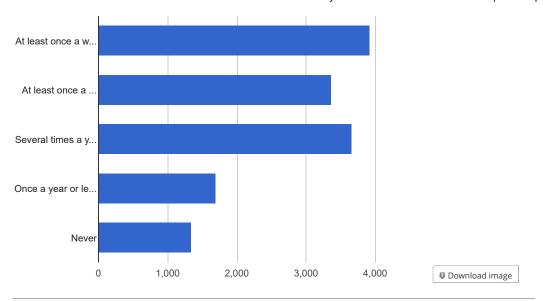
Counts/frequency: Often (26, 7.3%), Occasionally (92, 26.0%), Rarely (112, 31.6%), Never (124, 35.0%)



#### How often do you hear about global warming in the media? (warmingmedia)

| Total<br>Count<br>(N) | Missing*         | Unique |
|-----------------------|------------------|--------|
| 355                   | <u>22 (5.8%)</u> | 5      |

Counts/frequency: At least once a week (110, 31.0%), At least once a month (91, 25.6%), Several times a year (80, 22.5%), Once a year or less often (36, 10.1%), Never (38, 10.7%)



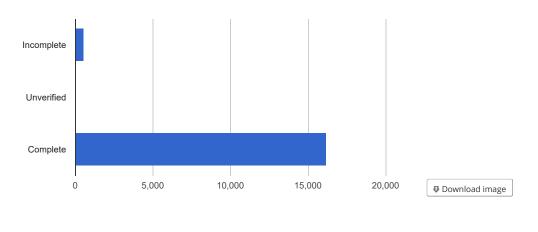
## Thank you for your participation! Please feel free to include any additional comments in the box below. (thankyou)

| Total<br>Count<br>(N) | Missing*           |
|-----------------------|--------------------|
| 28                    | <u>349 (92.6%)</u> |

#### **Complete?** (form\_1\_complete)

| Total<br>Count<br>(N) | Missing* | Unique |
|-----------------------|----------|--------|
| 377                   | 0 (0.0%) | 2      |

Counts/frequency: Incomplete (11, 2.9%), Unverified (0, 0.0%), Complete (366, 97.1%)



<sup>\*</sup> Note: Values listed as 'Missing' may include records with a Missing Data Code (if Missing Data Codes are defined).

## Appendix C: Healthy North Carolina (HNC 2030) State and Local Data

### **HNC 2030 County/State Data**

|                                       | 9   | Social and Economic Fac   | ctors   |                      |   |
|---------------------------------------|---|---|---|----------------------|---|
| Health Indicator                      | Desired Result  | Definition  | Beaufort<br>County                            | North<br>Carolina    | HNC 2030 Target   |
| Poverty*                              | All people in North Carolina are financially stable and have lifetime economic prosperity.  | Percent of individuals with incomes at or below 200% of the Federal Poverty Level   | No Data<br>Available                          | 31%<br>(2020)        | 27.0%   |
| Unemployment*                         | All people of working age in North Carolina have equitable pathway to fulfilling employment.  | Percent of population aged 16 and older who are unemployed but seeking work   | No Data<br>Available                          | 6.4%<br>(2020)       | Reduce unemployment disparity ratio between white and other populations to 1.7 or lower |
| Short-term<br>Suspensions             | All people in North Carolina are supported by a K-12 educational system that values diversity, equity, and inclusion for its students, faculty, staff, and communities.                                     | Number of out-of-<br>school short-term<br>suspensions in<br>educational<br>facilities for all<br>grades per 10<br>students  | DPI unable<br>to provide<br>update to<br>SCHS | 1.5<br>(2018-2019)   | 0.80  |
| Incarceration**                       | North Carolina embraces a fair and equitable justice system, free from racism and bias, where safety is foundational to all aspects of a free society, and all communities are free from harm and violence. | Incarceration in<br>North Carolina<br>prisons per 100,000<br>population   | 379<br>(2020)                                 | 288<br>(2020)        | 150   |
| Adverse<br>Childhood<br>Experiences   | All children in North<br>Carolina thrive in safe,<br>stable, and nurturing<br>environments.   | Percent of children who have experienced two or more Adverse Childhood Experiences at or below 200% FPL   | ACEs do<br>not have<br>county<br>level data   | 20.9%<br>(2019/2010) | 18.0%   |
| Third Grade<br>Reading<br>Proficiency | All children in North Carolina can discover the joy of reading at an early age and are supported in the home, school, and community to be lifelong readers.   | Percent of children<br>reading at a<br>proficient level or<br>above based on<br>third grade End of<br>Grade exams:<br>Proficiency defined<br>as Level 3 or higher | DPI unable<br>to provide<br>update to<br>SCHS | 56.8%<br>(2018-2019) | 80.0%   |

Notes for social and economic factor data:

\*Poverty and unemployment data come from American Community Survey – one-year estimates. 2020 ACS data are considered experimental and should not be compared to prior ACS data years. ACS data can only estimate county level data for a limited number of counties due to sample size, so 2019 data is reported here at the county level. ACS releases 5-year estimates in March 2022 that will be useful for comparisons going forward.

\*\* Incarceration data should be age adjusted, but 2020 data set is considered experimental and does not include 13 and older population. Prior 2020, the rate is per 100,00 NC population age adjusted.

|  | Phy   | rsical Environment  |                        |                        |                       |
|--|---|---|------------------------|------------------------|-----------------------|
| Health<br>Indicator                    | Desired Result  | Definition  | Beaufort<br>County     | North<br>Carolina      | HNC<br>2030<br>Target |
| Access to<br>Exercise<br>Opportunities | All people in North Carolina have equitable and adaptive/adaptable access to physical activity opportunities across the lifespan. | Percent of the population living half a mile from a park in any area, one mile from a recreational center in a metropolitan area, or three miles from a recreational center in a rural area | 53%<br>(2019)          | 74%<br>(2019)          | 92.0%                 |
| Limited Access to Healthy Food*        | All people in North Carolina have equitable access to affordable, nutritious, culturally  | Percent of people who are low-income that are not near a  | 4%<br>(2015)           | 7%<br>(2015)           | 5.0%                  |
| Food<br>Insecurity**                   | appropriate foods.  | grocery store   | 16%<br>(2018)          | 14%<br>(2018)          | (No<br>target)        |
| Severe Housing<br>Problems             | All people in North Carolina have safe, affordable, quality housing opportunities.  | Percent of households with at least 1 of 4 severe housing problems  | 14%<br>(2013-<br>2017) | 15%<br>(2013-<br>2017) | 14.0%                 |

Notes for Physical Environment data:

<sup>\*\*</sup> Food insecurity added to HNC 2030 because the data are updated annually (with a two-year delay in reporting).

|                         |   | Health Behaviors  |                    |                     |                    |
|-------------------------|---|---|--------------------|---------------------|--------------------|
| Health Indicator        | Desired Result  | Definition  | Beaufort<br>County | North<br>Carolina   | HNC 2030<br>Target |
| Drug Overdose<br>Deaths | All individuals and families in North Carolina with substance use disorder receive person-centered care incorporating evidence-based behavioral and pharmacological approaches. | Number of persons who die because of drug poisoning per 100,000 population (unintentional poisoning deaths/overdose deaths) | 43.40<br>(2020)    | 32.50<br>(2020)     | 18.0               |
|                         | All people in North Carolina live in communities that   | Percentage of high school students  |                    | MS: 10.4%<br>(2019) | 9.0%               |
| Tobacco Use*            | support tobacco-free/e-<br>cigarette-free lifestyles  | reporting current use of any tobacco product  |                    | HS: 27.3%<br>(2019) | 9.0%               |
|                         |   | Percentage of adults<br>reporting current use of<br>any tobacco product   | 24.8%<br>(2020)    | 22.6%<br>(2020)     | 15.0%              |
| Excessive<br>Drinking*  | All North Carolina communities support safe and responsible use of alcohol.   | Percent of adults reporting binge or heavy drinking   | 17.3%<br>(2020)    | 15.6%<br>(2020)     | 12.0%              |

<sup>\*</sup> The U.S. Department of Agriculture last updated this measure in 2015.

| Sugar-Sweetened<br>Beverage | All people in North Carolina live in communities that support healthy food and beverage choices.  | Percent of youth reporting consumption of one or more sugar-sweetened beverages per day  | DPI<br>unable to<br>provide<br>update to<br>SCHS | 30.1 %<br>(2019) | 17.0% |
|-----------------------------|---|--|--|------------------|-------|
| Consumption*                |   | Percent of adults reporting consumption of one or more sugar-sweetened beverages per day | 39.5%<br>(2019)                                  | 35.4%<br>(2019)  | 20.0% |
| HIV Diagnosis               | All people in North Carolina experience sexual health with equitable access to quality and culturally competent prevention, treatment, and management of sexually transmitted infections. | Number of new HIV<br>diagnoses per 100,000<br>population                                 | 17.2<br>(2020)                                   | 12.0<br>(2020)   | 6.0   |
| Teen Births                 | All people in North Carolina live in communities support healthy choices for family planning and have equitable access to high quality, affordable reproductive health services.          | Number of births to girls<br>aged 15-19 per 1,000<br>population                          | 26.5<br>(2019)                                   | 18.2<br>(2019)   | 10.0  |

Notes for Health Behaviors data:

Note: HIV Diagnosis \*2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic.

|                            |   | Health Outcomes   |                     |                         |   |
|----------------------------|---|---|---------------------|-------------------------|---|
| Health Indicator           | Desired Result  | Definition  | Beaufort<br>County  | North<br>Carolina       | HNC 2030<br>Target                      |
|                            | All babies in North Carolina are born healthy, thrive in  | Rate of infant deaths per 1,000 live births   | 14.0<br>(2020)      | 6.9<br>(2020)           | 6.0                                     |
| Infant Mortality           | caring and healthy homes, and see their first birthday.   | Disparity ratio between white non-Hispanic and African American, non-Hispanic infant deaths | 2.12<br>(2016-2020) | 2.59<br>(2016-<br>2020) | Black/White<br>disparity ratio<br>= 1.5 |
| Life Expectancy<br>(years) | All people in North Carolina have long and healthy lives. | Average number of years of life remaining for persons who have attained a given age         | 76<br>(2020)        | 76.4<br>(2020)          | 82.0                                    |

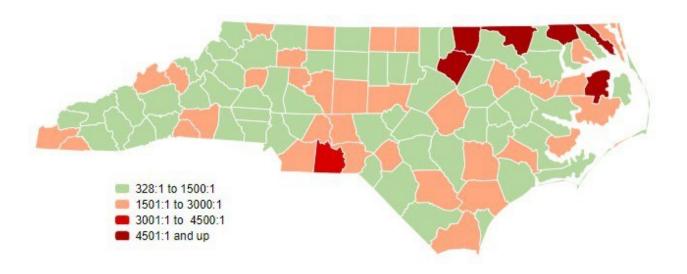
Notes on Health Outcomes:

<sup>\*</sup>Adult Tobacco Use, Adult Sugar-Sweetened Beverage Consumption, and Excessive Drinking data are only available as regional data from the Behavioral Risk Factor Surveillance System.

<sup>\*</sup>BRFSS Data for Adult Smoking, Adult Sugar Sweetened Beverage Consumption, and Excessive Drinking are reported for the LHD Region, and is not county level data.

<sup>\*</sup>Disparity ratio – Rates based on less than 10 deaths are unreliable and should be interpreted with caution. Source: NC Department of Health & Human Services State Center for Health Statistics, 29NOV2021. See table on website for more information. <a href="https://schs.dph.ncdhhs.gov/data/vital/ims/2020/2020-IMR-TABLE3b.html">https://schs.dph.ncdhhs.gov/data/vital/ims/2020/2020-IMR-TABLE3b.html</a>

|  |   | Clinical Care  |                      |                   |   |
|--|---|--|----------------------|-------------------|---|
| Health Indicator   | Desired Result  | Definition   | Beaufort<br>County   | North<br>Carolina | HNC 2030<br>Target  |
| Uninsured  | All people in North Carolina live in communities with access to comprehensive, high quality, affordable health insurance. | Population under age 65 without insurance  | No data<br>available | 12.9%<br>(2020)   | 8.0%  |
| Early Prenatal<br>Care   | All birthing people have healthy pregnancies and maternal birth outcomes.   | Percentage of women who receive pregnancy-related health care services during the first trimester of pregnancy   | 75.9%<br>(2020)      | 73.1%<br>(2020)   | 80.0%   |
| Suicide  | All people in North Carolina live in communities that foster and support positive mental health.                          | Age-adjusted number of deaths attributable to self- harm per 100,000 population  | 12.6<br>(2020)       | 13.3<br>(2020)    | 11.1  |
| Primary Care Clinicians (Counties at or below 1:1500 providersto population) | All people in North Carolina live in communities with access to comprehensive, high quality, affordable health care.      | Primary care workforce as a ration of the number of full- time equivalent primary care clinicians to county population (primary care provider to population ratio) | See map<br>below     |                   | 25% decrease<br>for counties<br>above 1:1500<br>provider to<br>population |



### **Appendix D: Additional Secondary Data for the Community Health Assessment**

### **County Data Tables (Spring 2021)**

| Table 1. Population Estimate, Beaufort County, North Carolina, and United States (2019)   |
|---|
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|---|
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| References  |

# **Table 1. Population Estimate, Beaufort County, North Carolina, and United States** (2019)

| (=01)  |       |  |  |  |      |
|--|-------|--|--|--|------|
| Beaufort County  |       | North Carolina   |  | United States  |      |
| 46,994   |       | 10,488,084   |  | 328,239,523  |      |
| Estimated Percent<br>Change April 1, 2010<br>to July 1, 2019 | -1.7% | Estimated Percent Change April 1, 2010 to July 1, 2019 |  | Estimated Percent<br>Change April 1, 2010<br>to July 1, 2019 | 6.3% |

Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate

https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/PST045219

| Table 2. Age Distribution, Beaufort County and North Carolina (2019) |                      |                      |  |
|--|----------------------|----------------------|--|
|  | Beaufort County (%)  | North Carolina (%)   |  |
| Age Group  | Beautoff County (70) | Tvortii Caronna (70) |  |
| Persons under 5 years  | 4.8%                 | 5.8%                 |  |
| Persons under 18 years   | 19.8%                | 21.9%                |  |
| Persons 65 years and over  | 24.6%                | 16.7%                |  |

Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate

https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/PST045219

| Table 3. Age Distribution by Age Gro | up, Beaufort County (2015 | -2019)  |
|--------------------------------------|---------------------------|---------|
| Age Group                            | Estimate                  | Percent |
| Total population                     | 47,168                    | 100%    |
| Under 5 years                        | 2,338                     | 5.0%    |
| 5 to 9 years                         | 2,415                     | 5.1%    |
| 10 to 14 years                       | 3,040                     | 6.4%    |
| 15 to 19 years                       | 2,777                     | 5.9%    |
| 20 to 24 years                       | 2,428                     | 5.1%    |
| 25 to 34 years                       | 4,663                     | 9.9%    |
| 35 to 44 years                       | 5,144                     | 10.9%   |
| 45 to 54 years                       | 6,068                     | 12.9%   |
| 55 to 59 years                       | 3,632                     | 7.7%    |
| 60 to 64 years                       | 3,650                     | 7.7%    |
| 65 to 74 years                       | 6,638                     | 14.1%   |
| 75 to 84 years                       | 3,152                     | 6.7%    |
| 85 years and over                    | 1,224                     | 2.6%    |
| Median age (years)                   | 46.2                      |         |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: DP05

https://data.census.gov/cedsci/table?q=DP05&g=0500000US37013&tid=ACSDP5Y2019.DP05&hidePreview=true&moe=false

| Table 4. Population Distribution by Gender, Beaufort County and North Carolina (2019) |                    |                          |
|---|--------------------|--------------------------|
| Gender  | Beaufort (Percent) | North Carolina (Percent) |
| Female  | 52.5%              | 51.4%                    |
| Male  | 47.5%              | 48.6%                    |

Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate. Sex estimates of the population are produced for the United States, states, and counties, as well as for the Commonwealth of Puerto Rico and its municipios (county-equivalents for Puerto Rico). Sex is based on the biological attributes of men and women (chromosomes, anatomy, and hormones). https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/RHI825219

| Table 5. Veterans, Beaufort County (2015-2019) |        |  |
|--|--------|--|
|  | Number | Percent of population 18 years and older |
| Veterans                                       | 2,989  | 8.0%                                     |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: S2101

https://data.census.gov/cedsci/table?text=veteran%20status&g=0500000US37013&tid=ACSS T5Y2019.S2101&moe=false&hidePreview=true

| Table 6. Race/Ethnicity, Beaufort County and North Carolina (2015-2019) |                 |         |                |         |
|---|-----------------|---------|----------------|---------|
| Race  | Beaufort County |         | North Carolina |         |
| Race  | Number          | Percent | Number         | Percent |
| White   | 33,969          | 72.0%   | 7,049,919      | 68.7%   |
| Black or African American   | 11,782          | 25.0%   | 2,200,761      | 21.4%   |
| American Indian and Alaska Native                                       | 124             | 0.3%    | 123,952        | 1.2%    |
| Asian   | 52              | 0.1%    | 292,992        | 2.9%    |
| Native Hawaiian and Other Pacific Islander                              | 0               | 0.0%    | 7,213          | 0.1%    |
| Hispanic or Latino (of any race)  | 3,658           | 7.8%    | 962,665        | 9.4%    |
| Some other race   | 405             | 0.9%    | 316,763        | 3.1%    |
| Two or more races   | 836             | 1.8%    | 273,276        | 2.7%    |
| Total   | 47,168          |         | 10,264,876     |         |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: DP05

https://data.census.gov/cedsci/table?text=DP05&g=0500000US37013&tid=ACSDP5Y2019.D P05&hidePreview=true&moe=false

| Table 7. Hispanic or Latino Origin and Race, Beaufort County and | d North Carolina |
|--|------------------|
| (2015-2019)  |                  |

|                 |       | Race and Hispanic or Latino Origin in the past 12 months |            |       |                |       |       |
|-----------------|-------|--|------------|-------|----------------|-------|-------|
|                 |       | Black or   | American   |       | Native         | Some  | Two   |
| County/State    | White | African  | Indian and | Asian | Hawaiian and   | Other | or    |
|                 | alone | American   | Alaska     | alone | other Islander | race  | more  |
|                 |       | American   | Native     |       | alone          | alone | races |
| Beaufort County | 65.8% | 24.9%  | 0.3%       | 0.1%  | 0.0%           | 0.0%  | 1.2%  |
| North Carolina  | 63.1% | 21.1%  | 1.1%       | 2.8%  | 0.1%           | 0.2%  | 2.2%  |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimate

Table ID: DP05

https://data.census.gov/cedsci/table?text=DP05&g=0500000US37013&tid=ACSDP5Y2019.D

P05&hidePreview=true&moe=false

| Table 8. Limited English-Speaking Househ | olds, Beaufort C | County (2015-2019) |
|--|------------------|--------------------|
| All households                           | 19,701           |                    |
| Limited English-speaking households      | $263 \pm 176$    | 1.3%               |
|  |                  |                    |
| Households Speaking:                     | Number           | Percent            |
| Spanish                                  | $1,116 \pm 183$  | 5.7%               |
| Other Indo-European languages            | $140 \pm 58$     | 0.7%               |
| Asian and Pacific Island languages       | $34 \pm 29$      | 0.2%               |
| Other languages                          | $18 \pm 17$      | 0.1%               |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates.

Table ID: S1602

 $\underline{\text{https://data.census.gov/cedsci/table?q=S1602\&g=0500000US37013\&tid=ACSST5Y2019.S16}}\\02\&\text{hidePreview=true}$ 

| Table 9. Educational Attainment Population | 25+ years, Beaufort County and North |
|--|--------------------------------------|
| Carolina (2015-2019)                       | •                                    |

|                                     | Beaufort County | North Carolina |
|-------------------------------------|-----------------|----------------|
| High School Graduate or Higher      | 87.7%           | 87.8%          |
| Less than 9 <sup>th</sup> Grade     | 4.7%            | 4.5%           |
| High School, No Diploma             | 7.6%            | 7.7%           |
| High School Graduate or Equivalency | 32.5%           | 25.7%          |
| Some College, No Degree             | 23.4%           | 21.2%          |
| Associate Degree                    | 11.2%           | 9.7%           |
| Bachelor's Degree                   | 12.5%           | 20.0%          |
| Graduate or Professional Degree     | 8.1%            | 11.3%          |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates Table ID: S1501

 $\underline{\text{https://data.census.gov/cedsci/table?q=S1501\&g=0500000US37013\&tid=ACSST5Y2019.S15}}\\01\&\text{hidePreview=true\&moe=false}$ 

| Table 10. SAT scores for Beaufort County Public Schools, State, and National (2016- |
|---|
| 2019)   |

| 1 /             |            |       |       |       |  |  |
|-----------------|------------|-------|-------|-------|--|--|
| Country         | SAT Scores |       |       |       |  |  |
| County          | 2019       | 2018  | 2017  | 2016  |  |  |
| Beaufort County | 1,017      | 1,026 | 1,030 | 1,380 |  |  |
| North Carolina  | 1,091      | 1,090 | 1,074 | 1,485 |  |  |
| United States   | 1,039      | 1,049 | NR    | NR    |  |  |

Source: North Carolina School Report Cards

https://ncreports.ondemand.sas.com/src/?county=Beaufort

Table 11. North Carolina ACT Benchmark Percentages by State, System, and School (2016-2019)

| County          | ACT Composite Mean |       |       |       |  |  |
|-----------------|--------------------|-------|-------|-------|--|--|
|                 | 2019               | 2018  | 2017  | 2016  |  |  |
| Beaufort County | 48.0%              | 47.0% | 51.5% | 54.7% |  |  |
| North Carolina  | 55.8%              | 57.9% | 58.8% | 59.9% |  |  |

Source: North Carolina School Report Cards

https://ncreports.ondemand.sas.com/src/?county=Beaufort

Table 12. Income per Household in the Past 12 Months (Inflation-Adjusted Dollars),
Beaufort County and North Carolina (2015-2019)

| Beautort County and North C | Beautort County and North Carolina (2015-2019) |                |  |  |  |  |  |  |  |
|-----------------------------|--|----------------|--|--|--|--|--|--|--|
| Income Level                | Beaufort County                                | North Carolina |  |  |  |  |  |  |  |
| Below \$10,000              | 7.9%   | 6.4%           |  |  |  |  |  |  |  |
| \$10,000-\$14,999           | 7.7%   | 5.0%           |  |  |  |  |  |  |  |
| \$15,000-\$24,999           | 12.8%  | 10.3%          |  |  |  |  |  |  |  |
| \$25,000-\$34,999           | 13.4%  | 10.3%          |  |  |  |  |  |  |  |
| \$35,000-\$49,999           | 11.3%  | 13.9%          |  |  |  |  |  |  |  |
| \$50,000-\$74,999           | 18.1%  | 18.0%          |  |  |  |  |  |  |  |
| \$75,000-\$99,999           | 10.8%  | 12.4%          |  |  |  |  |  |  |  |
| \$100,000-\$149,999         | 10.9%  | 13.1%          |  |  |  |  |  |  |  |
| \$150,000-\$199,999         | 4.2%   | 5.1%           |  |  |  |  |  |  |  |
| \$200,000 or more           | 2.8%   | 5.4%           |  |  |  |  |  |  |  |
| Median household income     | \$45,212                                       | \$54,602       |  |  |  |  |  |  |  |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: S1901

 $\underline{\text{https://data.census.gov/cedsci/table?q=income\&g=0500000US37013\&tid=ACSST5Y2019.S1}}{901\&\text{moe=false\&hidePreview=true}}$ 

| Table 13. Poverty Status in the Past 12 Months Disaggregated by Age, Beaufort | County |
|---|--------|
| and North Carolina (2015-2019)  |        |

|                 | Age Group |       |       |       |                   |          |  |
|-----------------|-----------|-------|-------|-------|-------------------|----------|--|
| County/State    | Under 5   | 5-17  | 18-34 | 35-64 | 60 years 65 years |          |  |
|                 | years     | years | years | years | and over          | and over |  |
| Beaufort County | 32.1%     | 28.4% | 22.0% | 17.0% | 11.9%             | 9.6%     |  |
| North Carolina  | 23.8%     | 20.2% | 18.3% | 11.3% | 9.8%              | 9.1%     |  |

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates

Table ID: S1701

 $\underline{https://data.census.gov/cedsci/table?q=income\&g=0500000US37013\&tid=ACSST5Y2019.S1}$ 

901&moe=false&hidePreview=true

| Table 14. Means of Transportation to Work, Beaufort County (2015-2019) |          |  |  |  |  |  |
|--|----------|--|--|--|--|--|
| Label  | Estimate |  |  |  |  |  |
| Total:   | 19,213   |  |  |  |  |  |
| Car, truck, or van:  | 17,782   |  |  |  |  |  |
| Drove alone  | 16,702   |  |  |  |  |  |
| Carpooled:   | 1,080    |  |  |  |  |  |
| In 2-person carpool  | 656      |  |  |  |  |  |
| In 3-person carpool  | 373      |  |  |  |  |  |
| In 4-person carpool  | 15       |  |  |  |  |  |
| In 5- or 6-person carpool  | 1        |  |  |  |  |  |
| In 7-or-more-person carpool  | 35       |  |  |  |  |  |
| Public transportation (excluding taxicab):                             | 20       |  |  |  |  |  |
| Bus  | 4        |  |  |  |  |  |
| Subway or elevated rail  | 0        |  |  |  |  |  |
| Long-distance train or commuter rail                                   | 0        |  |  |  |  |  |
| Light rail, streetcar, or trolley (carro público in Puerto Rico)       | 0        |  |  |  |  |  |
| Ferryboat  | 16       |  |  |  |  |  |
| Taxicab  | 8        |  |  |  |  |  |
| Motorcycle   | 0        |  |  |  |  |  |
| Bicycle  | 24       |  |  |  |  |  |
| Walked   | 325      |  |  |  |  |  |
| Other means  | 187      |  |  |  |  |  |
| Worked from home   | 867      |  |  |  |  |  |

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: B08301

 $\frac{\text{https://data.census.gov/cedsci/table?text=means\%20of\%20transportation\&g=0500000US3701}}{3\&\text{tid}=ACSDT5Y2019.B08301\&moe=false\&hidePreview=true}}$ 

| Table 15. Financial Characteristics for | r Housing Units | With a Mortgage in Beaufort |
|---|-----------------|-----------------------------|
| County (2015-2019)                      | - C             |                             |

| County (2013 2017)                       | Beaufort County, North Carolina |                      |  |  |  |
|--|---------------------------------|----------------------|--|--|--|
|  | Owner-occupied                  | % owner-occupied     |  |  |  |
|  | housing units with a            | housing units with a |  |  |  |
|  | mortgage                        | mortgage             |  |  |  |
| <b>Owner-Occupied Housing Units with</b> | 6,642                           | 6,642                |  |  |  |
| a Mortgage                               | ,                               | ,                    |  |  |  |
| Less than \$50,000                       | 533                             | 8.0%                 |  |  |  |
| \$50,000 to \$99,999                     | 1,411                           | 21.2%                |  |  |  |
| \$100,000 to \$299,999                   | 3,646                           | 54.9%                |  |  |  |
| \$300,000 to \$499,999                   | 858                             | 12.9%                |  |  |  |
| \$500,000 to \$749,999                   | 136                             | 2.0%                 |  |  |  |
| \$750,000 to \$999,999                   | 54                              | 0.8%                 |  |  |  |
| \$1,000,000 or more                      | 4                               | 0.1%                 |  |  |  |
| Median (dollars)                         | \$154,500                       | \$154,500            |  |  |  |
| Mortgage Status                          |                                 |                      |  |  |  |
| With either a second mortgage, or        | 901                             | 12 60/               |  |  |  |
| home equity loan, but not both           | 901                             | 13.6%                |  |  |  |
| Second mortgage only                     | 152                             | 2.3%                 |  |  |  |
| Home equity loan only                    | 749                             | 11.3%                |  |  |  |
| Both second mortgage and home equity     | 9                               | 0.1%                 |  |  |  |
| loan                                     | 9                               | 0.1%                 |  |  |  |
| No second mortgage and no home           | 5,732                           | 86.3%                |  |  |  |
| equity loan                              | 3,732                           | 80.3%                |  |  |  |
| <b>Household Income in the Past 12</b>   |                                 |                      |  |  |  |
| Months (in 2019 inflation-adjusted       |                                 |                      |  |  |  |
| dollars)                                 |                                 |                      |  |  |  |
| Less than \$10,000                       | 125                             | 1.9%                 |  |  |  |
| \$10,000 to \$24,999                     | 557                             | 8.4%                 |  |  |  |
| \$25,000 to \$34,999                     | 598                             | 9.0%                 |  |  |  |
| \$35,000 to \$49,999                     | 733                             | 11.0%                |  |  |  |
| \$50,000 to \$74,999                     | 1,476                           | 22.2%                |  |  |  |
| \$75,000 to \$99,999                     | 1,086                           | 16.4%                |  |  |  |
| \$100,000 to \$149,999                   | 1,295                           | 19.5%                |  |  |  |
| \$150,000 or more                        | 772                             | 11.6%                |  |  |  |
| Median household income (dollars)        | \$71,782                        | \$71,782             |  |  |  |

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates

Table ID: S2506

 $\underline{\text{https://data.census.gov/cedsci/table?q=S2506\&g=0500000US37013\&tid=ACSST5Y2019.S25}}\\06\&\text{hidePreview=true\&moe=false}$ 

| <b>Table 16. Financial Characteristics for Housing Units Without a Mortgage in Beaufort</b> |
|---|
| County (2015-2019)  |

|  | Beaufort County, North Carolina                 |   |  |  |  |  |
|--|---|---|--|--|--|--|
|  | Owner-occupied housing units without a mortgage | % owner-occupied housing units without a mortgage |  |  |  |  |
| Owner-Occupied Housing Units           | 7,123   | 7,123   |  |  |  |  |
| with a Mortgage                        |   |   |  |  |  |  |
| Less than \$50,000                     | 1,706   | 24.0%   |  |  |  |  |
| \$50,000 to \$99,999                   | 1,731   | 24.3%   |  |  |  |  |
| \$100,000 to \$199,999                 | 1,811   | 25.4%   |  |  |  |  |
| \$200,000 to \$299,999                 | 853   | 12.0%   |  |  |  |  |
| \$300,000 to \$499,999                 | 860   | 12.1%   |  |  |  |  |
| \$500,000 to \$749,999                 | 99  | 1.4%  |  |  |  |  |
| \$750,000 to 999,999                   | 26  | 0.4%  |  |  |  |  |
| \$1,000,000 or more                    | 37  | 0.5%  |  |  |  |  |
| Median (dollars)                       | \$105,100                                       | \$105,100   |  |  |  |  |
| <b>Household Income in the Past 12</b> |   |   |  |  |  |  |
| Months (in 2019 inflation-adjusted     |   |   |  |  |  |  |
| dollars)                               |   |   |  |  |  |  |
| Less than \$10,000                     | 441   | 6.2%  |  |  |  |  |
| \$10,000 to \$24,999                   | 1,444   | 20.3%   |  |  |  |  |
| \$25,000 to \$34,999                   | 1,107   | 15.5%   |  |  |  |  |
| \$35,000 to \$49,999                   | 845   | 11.9%   |  |  |  |  |
| \$50,000 to \$74,999                   | 1,340   | 18.8%   |  |  |  |  |
| \$75,000 to \$99,999                   | 768   | 10.8%   |  |  |  |  |
| \$100,000 to \$149,999                 | 732   | 10.3%   |  |  |  |  |
| \$150,000 or more                      | 446   | 6.3%  |  |  |  |  |
| Median household income (dollars)      | \$44,033  | \$44,033  |  |  |  |  |

Source: U.S. Census Bureau, American Community Survey, 5-Year Estimates Subject Tables. Table ID: S2507

https://data.census.gov/cedsci/table?q=without%20a%20Mortgage&g=0500000US37013&tid=ACSST5Y2019.S2507&moe=false&hidePreview=true

| Table 17. Live Births, Beaufort County and North Carolina (2018) |         |       |          |          |          |          |          |          |
|--|---------|-------|----------|----------|----------|----------|----------|----------|
|  |         |       | White-   | White    | Black,   | Black    |          |          |
| County/State   | Total   | Total | non-     | non-     | non-     | non-     | Hispanic | Hispanic |
| County/State   | Births  | Rate  | Hispanic | Hispanic | Hispanic | Hispanic | number   | rate     |
|  |         |       | number   | rate     | number   | rate     |          |          |
| Beaufort County  | 416     | 8.8   | 227      | 7.3      | 133      | 11.3     | 49       | 13.0     |
| North Carolina   | 118,957 | 11.5  | 64,637   | 9.8      | 28,719   | 12.5     | 18,359   | 18.4     |

Source: N.C. State Center for Health Statistics

https://schs.dph.ncdhhs.gov/data/vital/volume1/2018/Beaufort.html

| Table 18. Live Births by Sex, Beaufort County (2018) |       |               |                            |                                    |                            |                                    |          |               |  |  |
|--|-------|---------------|----------------------------|------------------------------------|----------------------------|------------------------------------|----------|---------------|--|--|
| County/State   | Total | Total<br>Rate | White,<br>Non-<br>Hispanic | White,<br>Non-<br>Hispanic<br>rate | Black,<br>non-<br>Hispanic | Black,<br>non-<br>Hispanic<br>rate | Hispanic | Hispanic rate |  |  |
| Male   | 193   | 4.1           | 106                        | 3.4                                | 63                         | 5.4                                | 21       | 5.6           |  |  |
| Females  | 223   | 4.7           | 121                        | 3.9                                | 70                         | 6.0                                | 28       | 7.4           |  |  |

Source: N.C. State Center for Health Statistics.

https://schs.dph.ncdhhs.gov/data/vital/volume1/2018/Beaufort.html

| Table 19.           | Fable 19. Low Birth Weight, Beaufort County and North Carolina (2014-2018) |        |      |        |              |        |       |        |       |        |       |        |      |
|---------------------|--|--------|------|--------|--------------|--------|-------|--------|-------|--------|-------|--------|------|
|                     |  |        |      |        | Non-Hispanic |        |       |        |       |        |       |        |      |
| Total               |  |        | al   | Total  |              | Whi    | White |        | Black |        | Other |        | nic  |
| County of Residence | Birth<br>Weight  | Births | %.   | Births | Pct.         | Births | Pct.  | Births | Pct.  | Births | Pct.  | Births | Pct. |
| NI41-               | Low  | 55,413 | 9.2  | 48,847 | 9.6          | 25,047 | 7.6   | 20,450 | 14.2  | 3,350  | 9.4   | 6,566  | 7.2  |
| North<br>Carolina   | Very<br>Low  | 10,222 | 1.7  | 9,080  | 1.8          | 4,011  | 1.2   | 4,591  | 3.2   | 478    | 1.3   | 1,142  | 1.3  |
| D f 4               | Low  | 240    | 10.7 | 226    | 11.5         | 103    | 8.5   | 121    | 16.8  | 2      | 7.4   | 14     | 4.8  |
| Beaufort<br>County  | Very<br>Low  | 45     | 2.0  | 44     | 2.2          | 16     | 1.3   | 28     | 3.9   | 0      | 0.0   | 1      | 0.3  |

Source: N.C. State Center for Health Statistics.

 $\underline{https://schs.dph.ncdhhs.gov/data/databook/CD6A-}$ 

B%20LBW%20&%20VLBW%20by%20race.html

# Table 20. Fetal Death Rates per 1,000 Deliveries, Beaufort County and North Carolina (2014-2018)

| (2017-2            | 1010 <i>)</i>            |                                 |  |  |  |  |  |   |                             |                                    |
|--------------------|--------------------------|---------------------------------|--|--|--|--|--|---|-----------------------------|------------------------------------|
|                    | Total<br>Fetal<br>Deaths | Total<br>Fetal<br>Death<br>Rate | White<br>Non-<br>Hispanic<br>Fetal<br>Deaths | White<br>Non-<br>Hispanic<br>Fetal Death<br>Rate | Af. Am.<br>Non-<br>Hispanic<br>Fetal<br>Deaths | Af. Am. Non- Hispanic Fetal Death Rate | Other<br>Non-<br>Hispanic<br>Fetal<br>Deaths | Other<br>Non-<br>Hispanic<br>Fetal<br>Death<br>Rate | Hispanic<br>Fetal<br>Deaths | Hispanic<br>Fetal<br>Death<br>Rate |
| North<br>Carolina  | 4,166                    | 6.9                             | 1,764  | 5.3  | 1,682  | 11.6                                   | 194  | 5.4   | 526                         | 5.7                                |
| Beaufort<br>County | 23                       | 10.1                            | 9  | *  | 11   | *                                      | 0  | *   | 3                           | *                                  |

Source: N.C. State Center for Health Statistics.

https://schs.dph.ncdhhs.gov/data/databook/CD8%20fetal%20death%20rates.rtf

Table 21. Cancer Incidence Rates for Selected Sites per 100,000 Population Age Adjusted to the 2000 U.S. Census, Beaufort County and North Carolina (2012-2016)

| C               | Colon/R | Lectum | Lung/Br | onchus | Female Breast |       | Prostate |       | All Cancers |       |
|-----------------|---------|--------|---------|--------|---------------|-------|----------|-------|-------------|-------|
| County          | Cases   | Rate   | Cases   | Rate   | Cases         | Rate  | Cases    | Rate  | Cases       | Rate  |
| North Carolina  | 21,168  | 37.1   | 40,216  | 68.8   | 49,457        | 161.8 | 35,584   | 115.9 | 277,277     | 481.9 |
| Beaufort County | 141     | 40.4   | 270     | 74.6   | 256           | 141.4 | 181      | 104.4 | 1,627       | 465.7 |

Source: North Carolina State Center for Health Statistics.

https://schs.dph.ncdhhs.gov/data/databook/CD13A%20leadingcancers.xlsx

Table 22. Neonatal (<28 Days) Death Rates per 1,000 Live Births, Beaufort County and North Carolina (2014-2018)

| 1 tor the Car      | i viiiia (2 | 2014-20.                   | 10)      |            |          |            |          |            |          |            |
|--------------------|-------------|----------------------------|----------|------------|----------|------------|----------|------------|----------|------------|
|                    |             | Т-4-1                      | White    | White      | Af. Am.  | Af. Am.    | Other    | Other      |          |            |
|                    | Total       | Total<br>neonatal<br>death | non-     | non-       | non-     | non-       | non-     | non-       | Hispanic | Hispanic   |
|                    | neonate     |                            | Hispanic | Hispanic   | Hispanic | Hispanic   | Hispanic | Hispanic   | neonatal | neonatal   |
|                    | deaths      |                            | neonatal | neonatal   | neonatal | neonatal   | neonatal | neonatal   | deaths   | death rate |
|                    |             | rate                       | deaths   | death rate | deaths   | death rate | deaths   | death rate |          |            |
| North              | 2,865       | 4.8                        | 1,092    | 3.3        | 1,247    | 8.7        | 160      | 4.5        | 366      | 4.0        |
| Carolina           | 2,803       | 4.0                        | 1,092    | 3.3        | 1,247    | 0.7        | 100      | 4.3        | 300      | 4.0        |
| Beaufort<br>County | 18          | *                          | 4        | *          | 11       | *          | 1        | *          | 2        | *          |

Prepared by N.C. Department of Health and Human Services State Center for Health Statistics Note: rates based on small numbers (fewer than 20 cases) are unstable and are not reported" <a href="https://schs.dph.ncdhhs.gov/data/databook/CD9A%20neonatal%20death%20rates.rtf">https://schs.dph.ncdhhs.gov/data/databook/CD9A%20neonatal%20death%20rates.rtf</a>

Table 23. Age-Adjusted Death Rates, Beaufort County (2014-2018)

Residence=Beaufort

|   | Wh<br>non-Hi | ,     | Am             | frican<br>nerican,<br>non-<br>spanic | Ind<br>n | erican<br>lian,<br>on-<br>panic | Ra<br>n | ther<br>ices,<br>on-<br>panic | His    | spanic | М          | <b>Tale</b> | Fen        | ıale  | Ove        | erall |
|---|--------------|-------|----------------|--------------------------------------|----------|---------------------------------|---------|-------------------------------|--------|--------|------------|-------------|------------|-------|------------|-------|
| Cause of Death:                                 | Death<br>s   | Rate  | De<br>ath<br>s | Rate                                 | De ath   | Rate                            | De ath  | Rate                          | De ath | Rate   | Death<br>s | Rate        | Death<br>s | Rate  | Death<br>s | Rate  |
| All Causes                                      | 2,253        | 852.6 | 776            | 1,026.6                              | 4        | N/A                             | 4       | N/A                           | 26     | 351.1  | 1,581      | 1,051.1     | 1,482      | 722.4 | 3,063      | 874.8 |
| Diseases of Heart                               | 504          | 178.2 | 158            | 201.4                                | 0        | N/A                             | 1       | N/A                           | 0      | N/A    | 362        | 228.5       | 301        | 139.4 | 663        | 179.5 |
| Acute Myocardial Infarction                     | 98           | 33.7  | 18             | N/A                                  | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 74         | 43.8        | 42         | 19.5  | 116        | 30.2  |
| Other Ischemic Heart<br>Disease                 | 206          | 71.9  | 48             | 58.4                                 | 0        | N/A                             | 1       | N/A                           | 0      | N/A    | 165        | 102.8       | 90         | 39.6  | 255        | 67.8  |
| Cerebrovascular Disease                         | 100          | 36.0  | 62             | 75.9                                 | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 78         | 49.2        | 84         | 38.6  | 162        | 43.1  |
| Cancer  | 488          | 168.7 | 180            | 227.2                                | 1        | N/A                             | 1       | N/A                           | 8      | N/A    | 361        | 214.4       | 317        | 154.4 | 678        | 181.0 |
| Colon, Rectum, and Anus                         | 43           | 17.3  | 20             | 25.9                                 | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 28         | 18.6        | 35         | 17.6  | 63         | 18.4  |
| Pancreas  | 33           | 10.4  | 11             | N/A                                  | 0        | N/A                             | 0       | N/A                           | 1      | N/A    | 22         | 12.5        | 23         | 10.2  | 45         | 11.3  |
| Trachea, Bronchus, and<br>Lung                  | 161          | 51.7  | 50             | 58.9                                 | 0        | N/A                             | 0       | N/A                           | 1      | N/A    | 117        | 64.2        | 95         | 44.0  | 212        | 53.0  |
| Breast  | 26           | 19.7  | 11             | N/A                                  | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 0          | N/A         | 37         | 20.7  | 37         | 20.7  |
| Prostate  | 19           | N/A   | 12             | N/A                                  | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 31         | 19.5        | 0          | N/A   | 31         | 19.5  |
| Diabetes Mellitus                               | 51           | 19.3  | 44             | 54.5                                 | 1        | N/A                             | 0       | N/A                           | 2      | N/A    | 59         | 37.6        | 39         | 18.2  | 98         | 26.9  |
| Pneumonia and Influenza                         | 41           | 14.2  | 8              | N/A                                  | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 21         | 13.0        | 28         | 12.8  | 49         | 13.0  |
| Chronic Lower Respiratory<br>Diseases           | 149          | 49.6  | 22             | 28.7                                 | 1        | N/A                             | 0       | N/A                           | 1      | N/A    | 80         | 50.4        | 93         | 42.7  | 173        | 45.3  |
| Chronic Liver Disease and<br>Cirrhosis          | 30           | 13.5  | 7              | N/A                                  | 0        | N/A                             | 1       | N/A                           | 1      | N/A    | 23         | 14.6        | 16         | N/A   | 39         | 12.7  |
| Septicemia                                      | 37           | 12.5  | 17             | N/A                                  | 0        | N/A                             | 0       | N/A                           | 1      | N/A    | 28         | 17.2        | 27         | 13.4  | 55         | 14.8  |
| Nephritis, Nephrotic<br>Syndrome, and Nephrosis | 36           | 12.8  | 26             | 34.0                                 | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 26         | 16.2        | 36         | 17.5  | 62         | 17.1  |
| Unintentional Motor Vehicle<br>Injuries         | 25           | 15.5  | 14             | N/A                                  | 0        | N/A                             | 0       | N/A                           | 4      | N/A    | 32         | 28.7        | 11         | N/A   | 43         | 18.3  |
| All Other Unintentional<br>Injuries             | 126          | 71.0  | 16             | N/A                                  | 0        | N/A                             | 0       | N/A                           | 2      | N/A    | 77         | 70.9        | 67         | 40.8  | 144        | 55.0  |
| Suicide   | 51           | 29.5  | 2              | N/A                                  | 0        | N/A                             | 0       | N/A                           | 1      | N/A    | 44         | 37.7        | 10         | N/A   | 54         | 21.5  |
| Homicide  | 3            | N/A   | 9              | N/A                                  | 0        | N/A                             | 0       | N/A                           | 1      | N/A    | 10         | N/A         | 3          | N/A   | 13         | N/A   |
| Alzheimer's disease                             | 107          | 38.1  | 25             | 33.2                                 | 0        | N/A                             | 1       | N/A                           | 1      | N/A    | 37         | 25.3        | 97         | 42.6  | 134        | 37.0  |
| Acquired Immune Deficiency<br>Syndrome          | 2            | N/A   | 5              | N/A                                  | 0        | N/A                             | 0       | N/A                           | 0      | N/A    | 4          | N/A         | 3          | N/A   | 7          | N/A   |

Source: N.C. State Center for Health Statistics.

https://schs.dph.ncdhhs.gov/data/databook/CD12B%20racespecific%20and%20sexspecific%20rates.rtf

Table 24. North Carolina Newly Diagnosed Chlamydia, Gonorrhea, and Early Syphilis (Primary, Secondary and Early Latent) infections by County of Residence at Time of Diagnosis, Beaufort County (2018-2020)

|          | C    | hlamyd | ia   | Gonorrhea |      |      | P. & S. Syphilis |      |      | E. L. Syphilis |      |      |
|----------|------|--------|------|-----------|------|------|------------------|------|------|----------------|------|------|
|          | 2018 | 2019   | 2020 | 2018      | 2019 | 2020 | 2018             | 2019 | 2020 | 2018           | 2019 | 2020 |
| County   | Jan- | Jan-   | Jan- | Jan-      | Jan- | Jan- | Jan-             | Jan- | Jan- | Jan-           | Jan- | Jan- |
|          | Mar  | Mar    | Mar  | Mar       | Mar  | Mar  | Mar              | Mar  | Mar  | Mar            | Mar  | Mar  |
| Beaufort | 69   | 71     | 83   | 16        | 27   | 29   | 0                | 0    | 0    | 1              | 0    | 0    |

Source: N.C. Division of Health and Human Services Communicable Disease Branch https://epi.dph.ncdhhs.gov/cd/stds/figures/vol20no1.pdf

Table 25. All Other Unintentional Injuries Death Rates per 100,000 Residents for Beaufort County and North Carolina (2018) and (2014-2018)

|                |             |            | ,                |                  |                         |
|----------------|-------------|------------|------------------|------------------|-------------------------|
| C              | Number of   | Death Rate | Number of Deaths | Death Rate 2014- | Age-Adjusted Death Rate |
| County/State   | Deaths 2018 | 2018       | 2014-2018        | 2018             | 2014-2018               |
| Beaufort       | 28          | 59.5       | 144              | 61.0             | 55.0                    |
| North Carolina | 4,478       | 43.1       | 19,576           | 38.6             | 37.0                    |

Source: N.C. State Center for Health Statistics.

https://schs.dph.ncdhhs.gov/data/vital/lcd/2018/otherinjuries.html

Table 26. Age-Adjusted Unintentional Motor Vehicle Injury Death Rates per 100,000 Residents for Beaufort County and North Carolina (2018) and (2014-2018)

|                 |                             | )                  |                               |                      |                                      |  |  |
|-----------------|-----------------------------|--------------------|-------------------------------|----------------------|--------------------------------------|--|--|
| County/State    | Number of<br>Deaths<br>2018 | Death<br>Rate 2018 | Number of Deaths<br>2014-2018 | Death Rate 2014-2018 | Age-Adjusted Death<br>Rate 2014-2018 |  |  |
| Beaufort County | 9                           | 19.1               | 43                            | 18.2                 | 18.3                                 |  |  |
| North Carolina  | 1,591                       | 15.3               | 7,553                         | 14.9                 | 14.5                                 |  |  |

Source: N.C. State Center for Health Statistics.

https://schs.dph.ncdhhs.gov/data/vital/lcd/2018/motorvehicle.html

| Table 27. Crime Rate per 100,000 persons, Beaufort County and North Carolina (2018) |               |         |            |                     |          |         |       |
|---|---------------|---------|------------|---------------------|----------|---------|-------|
|   |               | Violent | crime rate | Property crime rate |          |         |       |
| County/State  | Murder        | Rape    | Robbery    | Agg<br>Assault      | Burglary | Larceny | MVT   |
| North Carolina  |               | 3       | 56.6       | 2,406.6             |          |         |       |
| North Caronna   | 5.8           | 23.7    | 77.1       | 250.0               | 577.4    | 1,667.2 | 162.0 |
| Beaufort County   | 221.2 2,052.8 |         |            |                     |          | 2,052.8 |       |

Source: N.C. Bureau of Investigation.

http://ncsbi.gov/Services/SBI-Statistics/SBI-Uniform-Crime-Reports/2018-Annual-

Summary.aspx

| Table 28. Poisoning Mortality Rates per 100,000 North Carolina Resident Deaths, |
|---|
| Beaufort County and North Carolina (2015-2019)                                  |

| County of Residence | Total Deaths | Crude Rate | Age-Adjusted Rate |
|---------------------|--------------|------------|-------------------|
| North Carolina      | 9,367        | 18.25      | 18.80             |
| Beaufort County     | 57           | 24.17      | 30.20             |

Source: N.C. State Center for Health Statistics. (2015-2019). Poisoning Mortality Rates (per 100,000) 2015-2019 North Carolina Resident Deaths.

| Table 29. Poisoning Mortality Rates by Race/Ethnicity per 100,000 North Carolina |
|--|
| Resident Deaths (2019)   |

| Race/Ethnicity                | <b>Total Deaths</b> | Population<br>Estimate | Crude<br>Rate | Age-Adjusted<br>Rate |
|-------------------------------|---------------------|------------------------|---------------|----------------------|
| White, non-Hispanic           | 1,667               | 6,668,532              | 25.00         | 26.60                |
| Black, non-Hispanic           | 349                 | 2,320,112              | 15.04         | 15.20                |
| American Indian, non-Hispanic | 55                  | 124,642                | 44.13         | 47.10                |
| Other, non-Hispanic           | 15                  | 348,968                | 4.30          | 3.90                 |
| Hispanic                      | 62                  | 1,025,830              | 6.04          | 6.50                 |
| North Carolina Total          | 2,148               | 10,488,084             | 20.48         | 21.20                |

Source: N.C. State Center for Health Statistics. (2019). Poisoning Mortality Rates (per 100,000) by Race/Ethnicity 2019 North Carolina Resident Deaths.

| Table 30. Poisoning Mortality Rates by Sex 2019 per 100,000 North Carolina Resident |
|---|
| Deaths (2019)   |

| Gender               | <b>Total Deaths</b> | Population<br>Estimate | Crude<br>Rate | Age-Adjusted<br>Rate |
|----------------------|---------------------|------------------------|---------------|----------------------|
| Male                 | 1,485               | 5,100,264              | 29.12         | 30.00                |
| Female               | 663                 | 5,387,820              | 12.31         | 12.70                |
| North Carolina Total | 2,148               | 10,488,084             | 20.48         | 21.20                |

Source: N.C. State Center for Health Statistics. (2019). Poisoning Mortality Rates (per 100,000) by Sex 2019 North Carolina Resident Deaths.

Image 1. 2019 BRFSS Survey Results: North Carolina Regions Hypertension Awareness

|                    | Total                 |       | Yes  |           | No    |      |           |  |
|--------------------|-----------------------|-------|------|-----------|-------|------|-----------|--|
|                    | Respond. <sup>^</sup> | N     | %    | C.I.(95%) | N     | %    | C.I.(95%) |  |
| North Carolina     | 4,266                 | 1,674 | 35.1 | 33.5-36.8 | 2,592 | 64.9 | 63.2-66.5 |  |
| Medicaid Region 6  | 503                   | 159   | 31.9 | 27.3-36.9 | 344   | 68.1 | 63.1-72.7 |  |
| GENDER             |                       |       |      |           |       |      |           |  |
| Male               | 233                   | 75    | 30.5 | 23.9-37.9 | 158   | 69.5 | 62.1-76.1 |  |
| Female             | 270                   | 84    | 33.3 | 27.1-40.0 | 186   | 66.7 | 60.0-72.9 |  |
| RACE               |                       |       |      |           |       |      |           |  |
| Non-Hispanic White | 313                   | 96    | 29.2 | 23.9-35.1 | 217   | 70.8 | 64.9-76.1 |  |
| Non-Hispanic Black | 103                   | ***   | ***  | ***       | ***   | ***  | ***       |  |
| Other              | 87                    | 18    | 15.7 | 9.5-25.0  | 69    | 84.3 | 75.0-90.5 |  |
| AGE                |                       |       |      |           |       |      |           |  |
| 18-44              | 216                   | 29    | 13.4 | 9.0-19.5  | 187   | 86.6 | 80.5-91.0 |  |
| 45-64              | 179                   | 72    | 42.6 | 34.1-51.5 | 107   | 57.4 | 48.5-65.9 |  |
| 65+                | 98                    | ***   | ***  | ***       | ***   | ***  | ***       |  |

Source: N.C. State Center for Health Statistics

https://schs.dph.ncdhhs.gov/data/brfss/2019/Medicaid/region6/ RFHYPE.html

Image 2. 2019 BRFSS Survey Results: North Carolina Regions Chronic Health Conditions: History of any cardiovascular diseases

|                   | Total                 |     | Yes | i         | No    |      |           |  |
|-------------------|-----------------------|-----|-----|-----------|-------|------|-----------|--|
|                   | Respond. <sup>^</sup> | N   | %   | C.I.(95%) | N     | %    | C.I.(95%) |  |
| North Carolina    | 4,250                 | 495 | 9.7 | 8.8-10.8  | 3,755 | 90.3 | 89.2-91.2 |  |
| Medicaid Region 6 | 507                   | 29  | 5.6 | 3.8- 8.3  | 478   | 94.4 | 91.7-96.2 |  |

Source: N.C. State Center for Health Statistics.

https://schs.dph.ncdhhs.gov/data/brfss/2019/Medicaid/region6/cvdhist.html

Image 3. 2019 BRFSS Survey Results: North Carolina Regions Healthy Days: Frequent Mental Distress (within the past 30 days)

|                    | Total                 |     | Yes  | ;         |       | No   |           |
|--------------------|-----------------------|-----|------|-----------|-------|------|-----------|
|                    | Respond. <sup>^</sup> | N   | %    | C.I.(95%) | N     | %    | C.I.(95%) |
| North Carolina     | 4,214                 | 532 | 13.8 | 12.5-15.1 | 3,682 | 86.2 | 84.9-87.5 |
| Medicaid Region 6  | 500                   | 53  | 10.7 | 7.8-14.4  | 447   | 89.3 | 85.6-92.2 |
| GENDER             |                       |     |      |           |       |      |           |
| Male               | 235                   | 21  | 8.9  | 5.1-15.1  | 214   | 91.1 | 84.9-94.9 |
| Female             | 265                   | 32  | 12.5 | 8.7-17.6  | 233   | 87.5 | 82.4-91.3 |
| RACE               |                       |     |      |           |       |      |           |
| Non-Hispanic White | 309                   | 29  | 10.4 | 6.8-15.7  | 280   | 89.6 | 84.3-93.2 |
| Non-Hispanic Black | 102                   | 12  | 10.7 | 6.0-18.4  | 90    | 89.3 | 81.6-94.0 |
| Other              | 89                    | 12  | 12.4 | 6.9-21.5  | 77    | 87.6 | 78.5-93.1 |
| AGE                |                       |     |      |           |       |      |           |
| 18-44              | 215                   | 34  | 13.5 | 9.4-19.0  | 181   | 86.5 | 81.0-90.6 |
| 45-64              | 178                   | 15  | 12.3 | 6.4-22.1  | 163   | 87.7 | 77.9-93.6 |
| 65+                | 97                    | *** | ***  | ***       | 93    | 96.1 | 89.0-98.7 |

https://schs.dph.ncdhhs.gov/data/brfss/2019/Medicaid/region6/FMD.html

|                       | Leading Causes of Injury Dea<br>2016 to 2019<br>BEAUFORT  | ath                        | Leading Causes of Injury Hospitalization<br>2016 to 2019<br>BEAUFORT |   |                              |                       | Leading Causes of Injury ED Visits<br>2016 to 2019<br>BEAUFORT  |   |  |  |
|-----------------------|---|----------------------------|--|---|------------------------------|-----------------------|---|---|--|--|
| Rank                  | Cause   | #                          | Rank   | Cause   | #                            | Rank                  | Cause   | #                                       |  |  |
| 1<br>2<br>3<br>4<br>5 | Poisoning - Unintentional<br>MVT - Unintentional<br>Fall - Unintentional<br>Firearm - Self-Inflicted<br>Firearm - Assault | 49<br>35<br>34<br>25<br>10 | 1<br>2<br>3<br>4<br>5  | Fall - Unintentional<br>MVT - Unintentional<br>Poisoning - Unintentional<br>Poisoning - Self-Inflicted<br>Unspecified - Unintentional | 557<br>172<br>97<br>52<br>32 | 1<br>2<br>3<br>4<br>5 | Fall - Unintentional Unspecified - Unintentional MVT - Unintentional Struck Byl/Against - Unintentional Natural/Environmental - Unintentional | 4,649<br>2,469<br>1,979<br>1,376<br>732 |  |  |
| TOTAL                 | -   | 203                        | TOTAL  | -   | 1,115                        | TOTAL                 | -   | 16,444                                  |  |  |

Source: N.C. Injury & Violence Prevention Branch.

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016 2019Final.pdf

Image 5. Ages 0-14: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019)

|             | Leading Causes of Injury Death<br>2016 to 2019<br>BEAUFORT  |     |             | Leading Causes of Injury Hospitalization<br>2016 to 2019<br>BEAUFORT   |             |             | Leading Causes of Injury ED Visits<br>2016 to 2019<br>BEAUFORT  |                   |
|-------------|---|-----|-------------|--|-------------|-------------|---|-------------------|
| Rank        | Cause   | #   | Rank        | Cause  | #           | Rank        | Cause   | #                 |
| 1 2         | Suffocation - Unintentional<br>Unspecified - Assault; Other Land<br>Transport - Unintentional; Firearm -<br>Assault; Drowning/Submersion -<br>Unintentional | 2   | 1 2         | Fall - Unintentional<br>Fire/Burn - Unintentional  | 13<br>6     | 1 2         | Fall - Unintentional<br>Unspecified - Unintentional   | 724<br>371        |
| 3<br>4<br>5 |   | 0 0 | 3<br>4<br>5 | Struck By/Against - Unintentional<br>Unspecified - Unintentional; Other<br>Specified/Classifiable - Unintentional<br>Poisoning - Unintentional; MVT -<br>Unintentional; Cut/Pierce - Unintentional | 5<br>4<br>3 | 3<br>4<br>5 | Struck By/Against - Unintentional<br>Other Specified/Classifiable -<br>Unintentional<br>Natural/Environmental - Unintentional | 369<br>172<br>166 |
| TOTAL       | _   | 6   | TOTAL       | _  | 45          | тота        | L   | 2,545             |

Source: N.C. Injury & Violence Prevention Branch.

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016 2019 ages0-14Final.pdf

Image 6. Ages 15-34: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019)

|                       | Leading Causes of Injury Death<br>2016 to 2019<br>BEAUFORT  |                         | Leading Causes of Injury Hospitalization<br>2016 to 2019<br>BEAUFORT |   |                            | Leading Causes of Injury ED Visits<br>2016 to 2019<br>BEAUFORT |                                   |                                 |  |
|-----------------------|---|-------------------------|--|---|----------------------------|--|-----------------------------------|---------------------------------|--|
| Rank                  | Cause   | #                       | Rank   | Cause   | #                          | Rai  | nk Cause                          | #                               |  |
| 1<br>2<br>3<br>4<br>5 | Poisoning - Unintentional<br>MVT - Unintentional<br>Firearm - Assault<br>Firearm - Self-Inflicted<br>Suffocation - Self-Inflicted | 14<br>12<br>7<br>4<br>2 | 1<br>2<br>3<br>4<br>5  | MVT - Unintentional<br>Poisoning - Unintentional<br>Poisoning - Self-Inflicted<br>Fall - Unintentional<br>Firearm - Unintentional | 47<br>19<br>15<br>14<br>10 | 1<br>2<br>3<br>4<br>5  | Struck By/Against - Unintentional | 826<br>736<br>625<br>441<br>248 |  |
| TOTAL                 | •   | 42                      | TOTAL  | -   | 162                        | тот  | AL                                | 4,542                           |  |

Source: N.C. Injury & Violence Prevention Branch.

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016 2019 ages1 5-34Final.pdf

| Leading Causes of Injury Death<br>2016 to 2019<br>BEAUFORT |   |                          |                       | ading Causes of Injury Hospita<br>2016 to 2019<br>BEAUFORT  | llization                   | Leading Causes of Injury ED Visits<br>2016 to 2019<br>BEAUFORT |  |                                   |  |  |
|--|---|--------------------------|-----------------------|---|-----------------------------|--|--|-----------------------------------|--|--|
| Rank   | Cause   | #                        | Rank                  | Cause   | #                           | Rank   | Cause  | #                                 |  |  |
| 1<br>2<br>3<br>4<br>5                                      | Poisoning - Unintentional MVT - Unintentional Firearm - Self-Inflicted Poisoning - Self-Inflicted Suffocation - Self-Inflicted; Poisoning - Undetermined; Other Transport - Unintentional; Other Land Transport - Unintentional; Firearm - Assault; Fire/Burn - Unintentional; Fall - Unintentional | 33<br>15<br>11<br>7<br>2 | 1<br>2<br>3<br>4<br>5 | Fall - Unintentional<br>MVT - Unintentional<br>Poisoning - Unintentional<br>Poisoning - Self-Inflicted<br>Fire/Burn - Unintentional | 106<br>74<br>51<br>34<br>13 | 1<br>2<br>3<br>4<br>5  | Fall - Unintentional Unspecified - Unintentional MVT - Unintentional Struck By/Against - Unintentional Natural/Environmental - Unintentional | 1,414<br>911<br>757<br>377<br>272 |  |  |
| TOTAL  | -   | 87                       | TOTAL                 | -   | 337                         | тота   | -  | 5,535                             |  |  |

Source: N.C. Injury & Violence Prevention Branch.

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016 2019 ages3 5-64Final.pdf

Image 8. Ages 65+: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, (2016-2019)

|                       | Leading Causes of Injury Death<br>2016 to 2019<br>BEAUFORT  | h                       | Leading Causes of Injury Hospitalization<br>2016 to 2019<br>BEAUFORT |  |                            | Leading Causes of Injury ED Visits<br>2016 to 2019<br>BEAUFORT |  |                                   |  |
|-----------------------|---|-------------------------|--|--|----------------------------|--|--|-----------------------------------|--|
| Rank                  | Cause   | #                       | Rank   | Cause  | #                          | Rank   | Cause  | #                                 |  |
| 1<br>2<br>3<br>4<br>5 | Fall - Unintentional<br>Firearm - Self-Inflicted<br>MVT - Unintentional<br>Suffocation - Unintentional<br>Unspecified - Unintentional | 32<br>10<br>8<br>4<br>3 | 1<br>2<br>3<br>4<br>5  | Fall - Unintentional MVT - Unintentional Poisoning - Unintentional Unspecified - Unintentional Struck By/Against - Unintentional | 424<br>48<br>24<br>17<br>9 | 1<br>2<br>3<br>4<br>5  | Fall - Unintentional Unspecified - Unintentional MVT - Unintentional Struck By/Against - Unintentional Natural/Environmental - Unintentional | 1,886<br>451<br>233<br>189<br>121 |  |
| TOTAL                 | -   | 68                      | TOTAL  | -  | 571                        | тота   | L  | 3,822                             |  |

Source: N.C. Injury & Violence Prevention Branch.

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016 2019 ages6 5upFinal.pdf

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