

# ECU Health Chowan Hospital



## Unit Fact Sheets

### Critical Care

Intensive Care Unit

### Emergency

Emergency Department

### Medicine

Medical-Surgical (Med-Surg), Outpatient Specialty Clinic

### Peri-Operative

Main Operating Room, Post Anesthesia Care

### Surgical Services

Ambulatory Surgical

### Women's & Children's

Family Birth Center

# Intensive Care Unit

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 4-bed unit

**Staffing Ratios:** 1:2 RN-to-patient

**Shift Options:** Day, night, rotating day/night, rotating weekends

**Scheduling:** Self-scheduling

**Primary Population:** Acute stroke management, aggressive and complex management of various medical and surgical complications

**Leadership:** Courtney Hale, Nurse Manager, [Courtney.hale@ecuhealth.org](mailto:Courtney.hale@ecuhealth.org) / Brittany Proctor, Assistant Nurse Manager, [Brittany.proctor@ecuhealth.org](mailto:Brittany.proctor@ecuhealth.org)

### Patient Care

The population consists of patients requiring inpatient management of various medical and surgical conditions. This includes, but is not limited to:

- Acute stroke management (ischemic, hemorrhagic, SAH, etc.)
- Diabetic ketoacidosis (DKA)
- Pre and post-operative care of orthopedic, urological and general surgical patients
- Various infectious disease processes
- Various respiratory conditions
- Various cardiac conditions

Patients in this setting may require frequent assessments, interventions and collaborative evaluations to manage and improve the overall health of the patient. Continuity of care is facilitated in this unit through ICU transition for optimization of clinical outcomes.

Registered nurses provide care in conjunction with multi-disciplinary medical team. Assignments are based on the acuity of the patient condition, skill set of the scheduled nurses, and the resources available. There is no dedicated charge nurse on the unit; the house supervisor manages capacity management. BLS and ACLS are required upon hire; PALS is required within 6 months of hire.

#### Commonly utilized skills include:

- NIHSS
- Management of central lines and arterial lines
- Ventilator management
- Management of wound vacs
- Continuous bladder irrigation
- NGT placement and management
- IV start skills
- Peripheral lab draws
- Various intravenous drips (e.g. cardiac, insulin, heparin, sedation, paralytics and cardiac monitoring)

[Back to List](#)

# Emergency Department

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 14-bed unit

**Staffing Ratios:** 1:4 RN-to-patient

**Shift Options:** Day, night, rotating day/night, rotating weekends

**Scheduling:** Self-scheduling

**Primary Population:** Management of any emergent, urgent, or non-urgent patient

**Leadership:** Kaili Nixon, Nurse Manager, [knixon@ecuhealth.org](mailto:knixon@ecuhealth.org) / Caitlyn Ange, Assistant Nurse Manager, [caitlyn.ange@ecuhealth.org](mailto:caitlyn.ange@ecuhealth.org)

### Patient Care

The population consists of pediatrics and adults. This includes, but is not limited to:

- Acute stroke management (ischemic, hemorrhagic, SAH, etc.)
- Trauma/lacerations
- Seizure management (epilepsy, post-ictal and pseudo-seizures)
- Hypertensive emergencies
- Hyper/Hypoglycemia
- STEMI

Patients in this setting may require frequent assessments and collaborative evaluations to manage care status. Continuity of care is facilitated in this unit through admission, transfer, or consultation for optimization of clinical outcomes.

Registered nurses provide care in conjunction with the nursing assistant and providers.

#### Commonly utilized skills include:

- IV start skills
- Peripheral lab draws
- Various intravenous drips (e.g. cardiac, insulin, heparin, and cardiac monitoring)
- NIHSS
- Collaboration with the multidisciplinary team

[Back to List](#)

# Medical/Surgical Unit

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 16-bed unit (intermediate and general)

**Staffing Ratios:** 1:6 RN-to-patient (general), 1:4 RN-to-patient (intermediate)

**Shift Options:** Day, Night

**Scheduling:** Self-scheduling

**Primary Population:** Provide continuous care to medical patients admitted with various diagnosis including, but not limited to sepsis, UTI, acute stroke management, DKA, pancreatitis, various cardiac and respiratory conditions and care of the pre and post-operative general surgical, gynecological and orthopedic patient population.

**Leadership:** Courtney Hale, Nurse Manager, [Courtney.hale@ecuhealth.org](mailto:Courtney.hale@ecuhealth.org) / Brittany Proctor, Assistant Nurse Manager, [Brittany.proctor@ecuhealth.org](mailto:Brittany.proctor@ecuhealth.org)

### Patient Care

The population consists of patients requiring inpatient management of various medical and surgical conditions. This includes, but is not limited to:

- Acute stroke management (ischemic, hemorrhagic, SAH, etc.)
- Pre and post-operative care of orthopedic, urological and general surgical patients
- Diabetic ketoacidosis (DKA)
- Various infectious disease processes
- Various respiratory conditions
- Various cardiac conditions

Patients in this setting may require frequent assessments, interventions and collaborative evaluations to manage and improve the overall health of the patient. Continuity of care is facilitated in this unit through ICU transition for optimization of clinical outcomes.

Registered nurses provide care in conjunction with the nursing assistant and medical team. Assignments are based on the patient's needs, the geographical location of the patients, and the resources available. The charge nurse does not have a patient assignment. BLS is required upon hire.

### Commonly utilized skills include:

- NIHSS
- Management of central lines
- Management of wound vacs
- Continuous bladder irrigation
- NGT placement and management
- IV start skills
- Peripheral lab draws
- Various intravenous drips (e.g. insulin, heparin, and cardiac monitoring)

[Back to List](#)

# Outpatient Specialty Clinic

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 6 exam rooms, 12 infusion chairs

**Staffing Ratios:** 1:4 RN-to-patient for chemotherapy, varies for other specialties

**Shift Options:** Day, Monday-Friday

**Scheduling:** Manager scheduling

**Primary Population:** Adult and pediatric outpatient specialty care

**Leadership:** Kelli Joco, MSN, RN, Nurse Manager, [kjoco@ecuhealth.org](mailto:kjoco@ecuhealth.org) / Carolyn Hare, RN, Assistant Nurse Manager and Oncology Navigator, [chare@ecuhealth.org](mailto:chare@ecuhealth.org)

### Patient Care

The population consists adult and pediatric outpatient specialties. This includes, but is not limited to:

- Cardiology (adult and pediatric)
- EMG
- Hematology/medical oncology and chemotherapy (adult only)
- Infusion therapy
- Nephrology (adult)
- Sleep medicine (adult)
- Wound healing

Patients seen in this multi-specialty outpatient setting will receive high quality, evidence-based, coordinated care aimed at providing access to screenings, prevention, early detection and intervention of acute and chronic disease processes. Continuity of care is facilitated in this unit through communication and collaboration with all members of the patient's healthcare team to help ensure optimization of clinical outcomes.

Registered nurses provide care in conjunction with the nursing assistant and medical team. Assignments are based on the patient's needs and the resources available. BLS, ACLS, and PALS is required.

### Commonly utilized skills include:

- EKGs
- Chemotherapy administration
- Exercise and pharmacological stress testing
- Comprehensive wound care (compression therapy and wound vacs)
- IV start skills
- Peripheral and central line management, including phlebotomy
- Infusion therapy (e.g. antimicrobial therapy, blood transfusions, bone strengtheners, IV hydration, monoclonal antibodies, rabies vaccines)
- Assisting with procedures (e.g. simple biopsies, wound debridement, bone marrow biopsies)

[Back to List](#)

# Operating Room

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 3 OR suites, 1 cesarean section suite, 1 endoscopy suite

**Staffing Ratios:** 1 RN and minimum of 1 ST depending on case will be provided for each patient

**Shift Options:** Day, M-F call 1530-0700, Weekend call Friday 1530-Monday 0700

**Scheduling:** Assistant Nurse Manager completes schedule

**Primary Population:** Pediatric patients (1 year or older) and adult surgical patients

**Leadership:** Taylor Lewis, Nurse Manager, [taylor.lewis@ecuhealth.org](mailto:taylor.lewis@ecuhealth.org) / Sharon Bush, Assistant Nurse Manager, [Sharon.Summerlin@ecuhealth.org](mailto:Sharon.Summerlin@ecuhealth.org)

### Patient Care

- Surgical services are provided across a continuum of care that includes preoperative, intraoperative, and postoperative treatment areas.
- We provide age appropriate care quality care to patients requiring surgical services with the goal of providing a safe, effective surgical experience.
- Surgical services include:
  - General surgery/endoscopy
  - Orthopedic surgery
  - Urologic surgery
  - OB/GYN surgery
  - Podiatry surgery

Care in peri-operative services areas will be delivered by qualified staff with documented skills in the type of surgical care being provided. Types of staff include nurses and surgical technologist. Staffing ratios are determined based on the level of intervention, patient acuity and needs, and types of procedures being performed.

# Post Anesthesia Care Unit

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 4 patient bays

**Staffing Ratios:** Two competent nursing team members, one of whom is an RN competent in Phase 1 recovery, are in the same room or unit where the patient is receiving care. Staffing ratios are adjusted based on patient acuity and age.

**Shift Options:** Day

**Scheduling:** Assistant Nurse Manager completes schedule

**Primary Population:** Pediatric patients (1 year or older) and adult surgical patients

**Leadership:** Taylor Lewis, Nurse Manager, [taylor.lewis@ecuhealth.org](mailto:taylor.lewis@ecuhealth.org) / Sharon Bush, Assistant Nurse Manager, [Sharon.Summerlin@ecuhealth.org](mailto:Sharon.Summerlin@ecuhealth.org)

### Patient Care

- Surgical services are provided across a continuum of care that includes pre-operative, intra-operative, and post-operative treatment areas.
- We provide age appropriate care quality care to patients requiring surgical services with the goal of providing a safe, effective surgical experience.
- Post anesthesia care is given to patients requiring the following services:
  - General surgery/endoscopy
  - Orthopedic surgery
  - Urologic surgery
  - OB/GYN surgery
  - Podiatry surgery

Care in peri-operative services areas will be delivered by qualified staff with documented skills in the type of surgical care being provided. Types of staff include nurses and surgical technologist. Staffing ratios are determined based on the level of intervention, patient acuity and needs, and types of procedures being performed.

# Ambulatory Surgical Unit

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 10 individual patient bays

**Staffing Ratios:** 1:1-2 RN to Patient

**Shift Options:** Day

**Scheduling:** Assistant Nurse Manager completes schedule

**Primary Population:** Pediatric (1 year or older) to adult who require surgery and pain management procedures

**Leadership:** Taylor Lewis, Nurse Manager, [taylor.lewis@ecuhealth.org](mailto:taylor.lewis@ecuhealth.org) / Blake Perry, Assistant Nurse Manager, [ryan.perry@ecuhealth.org](mailto:ryan.perry@ecuhealth.org)

### Patient Care

The Ambulatory Surgery Unit provides quality care to patients in our service area who are in need of surgical and pain management procedures. Specific services provided include:

- Pre-operative care of surgery patients for all surgery services
- Post-operative care of surgery patients for all surgery services
- Outpatient lithotripsy (contracted services)
- Pain management procedures
- Surgical services include general surgery, orthopedic surgery, urologic surgery, and OB/GYN surgery

Every patient is assessed and a complete medical, surgical, and medication history is obtained and reviewed. Care for the patient is individualized according to the needs made known by these or other measures.

[Back to List](#)



# Family Birth Center

## ECU Health Chowan Hospital



### Overview

**Bed Count:** 5 LDRPs, 1 postpartum room, 2-bed triage

**Staffing Ratios:** 3 RNs scheduled on each shift. Dependent upon unit census in accordance with AWHONN Perinatal Unit Staffing Guidelines. 2 RNs must be in the building at all times.

**Shift Options:** Day, night, rotating day/night, rotating weekends

**Scheduling:** Self-scheduling

**Primary Population:** Maternal and newborn patients

**Leadership:** Allison Eure, Nurse Manager, [Allison.Eure@ecuhealth.org](mailto:Allison.Eure@ecuhealth.org)

### Patient Care

The population consists of maternal patients throughout various stages from antepartum, labor, delivery, and postpartum as well as newborns. The unit recovers patients after undergoing a cesarean section as well as some other general surgery patients. We offer quality prenatal care and childbirth services to women throughout the surrounding counties we serve. The unit provides care to patients 35 weeks gestation or greater. Those under 35 weeks are stabilized and transferred to a higher level of care. The unit also provides care to GYN surgery patients as needed.

Patients in this setting require ongoing assessments for maternal/fetal status changes. The team must be able to recognize changes and respond appropriately to emergency situations in collaboration with the provider.

Registered nurses provide care in conjunction with the OB providers. Assignments are based upon unit census in accordance with AWHONN Perinatal Unit Staffing Guidelines. BLS is required upon hire. ACLS and NRP are required within 6 months of hire.

#### Commonly utilized skills include:

- IV start skills
- Peripheral lab draws and newborn heel sticks
- Various intravenous drips/titrations (e.g. Pitocin, Magnesium Sulfate)
- Cervical exams
- Fetal monitoring interpretation

[Back to List](#)