

Asthma visit in 15 minutes

At Check-in:

- Provide families with intake forms that identify frequency of symptoms, nighttime awakenings, interference with activity, asthma ED/hospitalizations and SABA use.
- Complete ACT (TM) forms to assess control.
- Complete noninvasive testing if available and appropriate. (i.e. FeNO and/or Spirometry)

5 Minutes

Review Check-In Materials & Complete Assessment

- Control: ACT (TM), noninvasive tests, impairment
- Risk: number of ED visits, hospitalizations, steroid use in the past 12 months
- How often are maintenance & rescue medications being utilized
- Barriers to self-management eczema

2 Minutes

Physical Exam

- Could be normal
- Assess for signs of allergies and eczema

8 Minutes

Tx Plan & Educate

- Choose/Adjust medications based on stepwise approach guidelines
- Review maintenance vs. rescue medications
 - 11 refills for maintenance medications
 - 1 refill for rescue medication
- **Utilize teach-back method to ensure proper medication administration technique** (Prescribe and ensure utilization of spacer with all MDI's)
- Provide education on trigger avoidance strategies
- Update flu vaccine
- Discuss self-management barriers
- **Create and review AAP-involve patient and family to ensure understanding**
- **Complete School Medication administration authorization form**
- Discuss goals and schedule asthma follow-up visit at appropriate time (i.e. 1 month, 3 months, 6 months) based on control status

