ECU HEALTH

## Referral information

For more information about the Rehabilitation Center, please give us a call or visit our website.

2100 Stantonsburg Road, PO Box 6028
Greenville, NC 27835-6028

Referrals can be made by calling toll free 800-219-8850 or 252-847-7649.

252-847-8222 fax

**ECUHealth.org/Rehab**

## Data Collection Information Summary for Patients in Inpatient Rehabilitation Facilities

This notice is a simplified plain language summary of the information contained in the attached "Privacy Act Statement-Health Care Records"

As a hospital rehabilitation inpatient, you have the privacy rights listed below.

- **You have the right to know why we need to ask you questions.**
  - We are required by federal law to collect health information to make sure:
    1) you get quality health care, and
    2) payment for Medicare patients is correct.
- **You have the right to have your personal health care information kept confidential and secure.**
  - You will be asked to tell us information about yourself so that we can provide the most appropriate, comprehensive services for you.
  - We keep anything we learn about you confidential and secure. This means only those who are legally permitted to use or obtain the information collected during this assessment will see it.
- **You have the right to refuse to answer questions.**
  - You do not have to answer any questions to get services.
- **You have the right to look at your personal health information.**
  - We know how important it is that the information we collect about you is correct.
  - You may ask to review the information you provided. If you think we made a mistake, you can ask us to correct it.

In addition, you may ask the Centers for Medicare & Medicaid Services to see, review, copy or request correction of inaccurate or missing personal identifying health information which this Federal agency maintains in its IRF-PAI System of Records. For CONTACT INFORMATION or a detailed description of your privacy rights, refer to the attached PRIVACY ACT STATEMENT – HEALTH CARE RECORDS.

Note: The rights listed above are in concert with the rights listed in the hospital conditions of participation and the rights established under the Federal Privacy Rule.

**This is a Medicare & Medicaid Approved Notice.**

*Source: Centers for Medicare & Medicaid Services*

25-SL-025 05/06

# Pediatric Program

Our Pediatric Program is designed to meet the special rehabilitation needs of children and adolescents. Our team is trained to provide developmentally appropriate treatment and a family-centered approach to care.

**The specially designed eight-bed unit provides medical and rehabilitation nursing care 24 hours a day, seven days a week.**

## How we can help

We provide care for individuals from birth to 18 years of age or up to age 21 when still in high school. Children with limitations caused by the following conditions are served:

- Amputations
- Brain injury
- Cancer
- Cardiopulmonary disease
- Cerebral palsy
- Failure to thrive
- Orthopedic injuries and disease
- Spina bifida
- Spinal cord injury
- Stroke

Individuals in this program may need help with walking, bathing, dressing, toileting, communicating, thinking, learning and memory, making decisions, controlling their bowel or bladder, or controlling their behavior.

The medical conditions typically managed in this program include attention deficit, seizures, respiratory distress, tremors, nutritional deficiencies and dysphagia (problems swallowing). Persons served in this program may have difficulty returning to life activities such as school, communicating with peers, relationships with siblings, shopping, sporting events or other types of community recreation.

## Continuum of care

ECU Health provides a continuum of care from the time of admission through outpatient care. Rehabilitation services begin early in the recovery process and continue through post-discharge follow-up.

Our center is part of a major academic health system that offers a full range of medical, diagnostic, laboratory, pharmacy and other services on site. Medical specialists are available for emergency (within one hour), urgent (within four hours), and routine (within 12 hours) consultations. Our diagnostic, laboratory and pharmacy orders are transmitted real time through the hospital electronic system. Regularly scheduled follow-up services are provided through our outpatient clinics.

The Pediatric Program includes case management services that provide families with support and resources to help children advance through a treatment program. The rehabilitation case manager/social worker is your main contact person to discuss the child's needs, progress and plans for discharge. The case manager will arrange services for follow-up care. The case manager also can assist with information about local resources patients and families may need during their stay. The family plays an especially important role in helping to assess the child's readiness to move from one level of care to another. It is extremely important that families and caregivers participate in training to be prepared to care for their loved one when discharged.

Team members collaborate to help the child return to home, family, school and community. To facilitate transition after discharge, our team emphasizes communication with community schools and primary care physicians.

The Pediatric Program is a component of James and Connie Maynard Children's Hospital at ECU Health Medical Center which includes:

- Home health services
- Inpatient rehabilitation
- Outpatient rehabilitation
- Pediatric medical/surgical care
- Pediatric/neonatal intensive care

Children, families and staff benefit from services such as the Child Protection Team, two Ronald McDonald House locations, Children's Miracle Network, Eastern Carolina Injury Prevention Program and ECU Health Wellness Center.

## Team approach

Our team approach promotes family involvement and ensures the child's needs are met on every level throughout the course of treatment. The team develops a treatment plan that addresses the physical, cognitive, psychological, behavioral, leisure and educational needs. The child and family are integral team members, along with a range of professionals who strive to promote the best possible outcome.

Pediatric rehabilitation team members may include:

- Certified school teacher
- Chaplain
- Clinical Dietician
- Medical family therapist
- Occupational therapist
- Pediatric rehabilitation physician
- Physical therapist
- Recreational therapist/child life specialist
- Rehabilitation case manager/social worker
- Rehabilitation nurse
- Speech-language pathologist

Other available services include:

- Aquatic therapy
- Assistive technology
- Audiology
- Language interpreters
- Medical specialty consulting, including psychiatry, neurology, urology
- Neuropsychological evaluation
- Nutritional services
- Orthotics/prosthetics
- Pastoral services
- Respiratory therapy
- Substance abuse counseling
- Vocational rehabilitation

## To make a referral

We accept referrals from physicians, case managers, social workers, therapists, other types of health care providers and representatives of the patient. Referrals are considered on an individual basis, and each potential inpatient is evaluated by a rehabilitation preadmission nurse and a rehabilitation physician prior to admission.

For additional information or to make a referral for inpatient services, contact the Rehabilitation Center's Admissions Department between the hours of 8 a.m. and 4:30 p.m., Monday through Friday, toll free 800-219-8850 or 252-847-4345.

## General Admission Criteria

Children admitted to the center must meet the following general criteria:

- Be able to participate in therapy at least three hours a day, five days per week
- Have medical and nursing needs that require an inpatient admission
- Have two or more limited functions that require a planned program with an interdisciplinary team approach
- Have potential for functional and cognitive recovery
- Have the support and involvement of family or guardian

## Continuing stay criteria

To continue a successful inpatient rehabilitation program, a pediatric patient must:

- Continue to have medical and nursing needs that require an inpatient stay
- Be participating in three hours of therapy daily
- Be demonstrating progress in therapy programs

## Transition and discharge criteria

A child will be discharged when one or more of the following happens:

- Needs can be best served and resources will be conserved at another level of care
- 24-hour medical care is no longer needed
- Discharge goals have been met; there is no further demonstrated improvement with therapy
- Cannot participate in three hours of therapy per day
- Chooses not to participate in the program

## Financial arrangements

We accept any type of reimbursement including Medicaid and Medicare. We work with insurance providers on a case-by-case basis. No individual is denied admission based on the ability to pay. We will help individuals with limited financial coverage to identify additional financial resources. A disclosure of fees may be obtained by contacting our Central Billing Office at 252-847-4472.

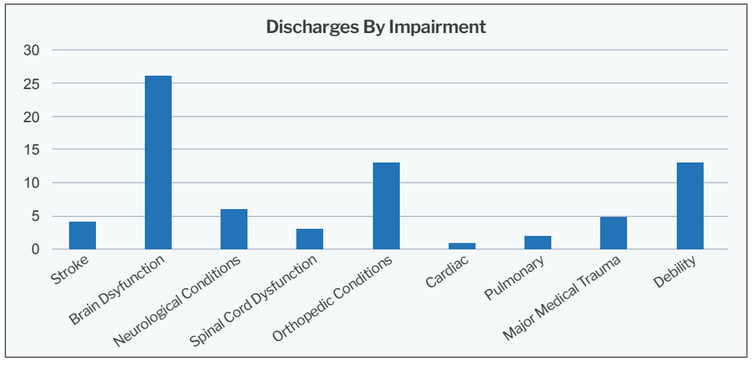
## Other resources

- **NC public schools, parent resources:** NCPublicSchools.org/ec/policy/resources
- **Parents of exceptional children:** ECAC-PARENTCENTER.ORG
- **Early intervention:** NECI.ORG.EI/ITP/CDSA/HTML
- **Disability:** SSA.gov/Disability
- **Disability Advocates and Resource Center (DARC):** 252-355-6215

## Whom did we serve?

**Pediatric Rehabilitation Program | 10/1/2023 – 9/30/2024**

| | |
|---|---|
| Number of persons served | 73 |
| Average age | 12.26 |
| Average number of days in rehabilitation | 15.22 |
| Average number of therapy hours per treatment day | 3.07 |
| Average number of therapy days per treatment week | 5.52 |
| Unplanned transfers to acute medical facilities | 12.3% |
| Community Discharges | 87.7% |
| Patient satisfaction with rehabilitation program | 86.96% of our patients reported they would recommend this program to a friend or family. |




# ECU Health Rehabilitation Center
# Pediatric Program

Your physician: _____

Your management team: Debra Jefferson, PT, CBIS, program manager
Fallon Joyner, BSN, RN, CRRN, nurse manager

Your case manager: _____

## Your personal information

Estimated length of stay: _____ days

How long you are in our program depends on your progress.

Services provided: Physician specializing in rehabilitation medicine daily visits

Nursing care: 24 hours a day

Physical therapy: _____ hour(s) per day, five to six days per week

Occupational therapy: _____ hour(s) per day, five to six days per week

Speech therapy:_____ hour(s) per day, five to six days per week

Additional services: ☐ Recreation therapy ☐ Medical family therapy ☐ Respiratory therapy ☐ Orthotics ☐ Other: _____

Therapy may begin as early as 7:30 a.m. to address activities of daily living and typically ends by 4 p.m. Please let therapists know if there are particular scheduling requests.

**The insurance/financial coverage you have for this rehabilitation stay is as follows:**

☐ Medicare Part A
☐ Medicare Part B for physician services
☐ Medicare Managed Care
  ☐ Humana Gold ☐ United Health Care Advantage ☐ Blue Cross Blue Shield Medicare Advantage
☐ Medicaid
☐ Medicaid Carolina Access
☐ Aetna
☐ Blue Cross Blue Shield of NC
☐ Blue Cross Blue Shield out of state: _____
☐ MedCost
☐ Tricare Humana
☐ Commercial Other: _____
☐ Managed Care Other: _____
☐ Workers Compensation: _____
☐ Other Payer: _____
☐ No identified third party payer: *Your case manager will assist you in applying for Medicaid benefits if eligible.*

Payment for continued rehabilitation services is dependent upon meeting the criteria set forth by the payer. If you would like more information concerning your insurance coverage, please contact your rehabilitation case manager.